**SANCTION:** This meet is sanctioned by USA Swimming and Indiana Swimming.

Sanction **IN19251**

**HOST:** Fishers Area Swimming Tigers, P.O. Box 453, Fishers, Indiana 46038

**POOL:** Fishers High School Aquatic Center   
13000 Promise Road   
Fishers, Indiana 46038

**FACILITY**: Competition Pool: One 50-meter pool with ten 7.5-foot wide lanes each with non-turbulent lane markers. Daktronics 2000 Time System will be used. For all sessions, Lanes 1-9 will be utilized for competition, with Lane 10 reserved for warm-up and warm-down. FAST reserves the right to use all ten lanes for the Saturday/Sunday afternoon sessions and not have a warm-up/warm-down lane. In the event of circumstances necessitating changes during the meet, information will be updated on the FAST website at [www.fasttigers.com](http://www.fasttigers.com). Balcony spectator seating is available.

The West (scoreboard) end of the pool has a minimum depth of five foot nine inches (5’9”) and a maximum depth of six foot ten inches (6’ 10”). The East (diving well) end of the pool has a minimum depth of twelve feet (12’) for the first five meters. The competition course has not been certified in accordance with rule 104.2.2C(4).

**PARKING:** Free parking will be available in the lots adjacent to the Fishers HS Aquatic Center. Enter the Fishers High School Natatorium through entrance FH6.

**RULES:** Current USA Swimming and Indiana Swimming rules will govern the meet.

At a sanctioned competitive event, USA Swimming athlete members must be under the supervision of a USA Swimming member coach during warm-up, competition and warm-down. The Meet Director or Meet Referee may assist the member in making arrangements for such supervision, but it is the swimmer’s responsibility to make such arrangements prior to the start of the meet. (202.5.3)

Any swimmer entered in the meet must be certified by a USA Swimming-member coach as being proficient in performing a racing start or must start each race from within the water. When unaccompanied by a member-coach, it is the responsibility of the swimmer or the swimmer’s legal guardian to ensure compliance with this requirement.

Coaches must constantly display their USA Swimming coach credential for deck access. The meet referee or meet director may ask for coach credentials and deny access if the coach does not comply.

Use of audio or visual recording devices, including a cell phone, is not permitted in changing areas, rest rooms, or locker rooms.

Deck changes are prohibited.

**RULES, cont.:** Operation of a drone, or any other flying apparatus, is prohibited over the venue (pools, athlete/coach areas, spectator areas, and open-ceiling locker rooms) any time athletes, coaches, officials, and/or spectators are present. Exceptions may be granted with prior written approval by the Program Operations Vice Chair.

**ELIGIBILITY:** Swimmer(s) must be registered with USA Swimming to be accepted into this meet. These registration numbers must accompany entry. Age as of May 18, 2018, shall determine each swimmer's age for the meet. All swimmers must be registered with USA Swimming. Indiana Swimming does not process on-site registrations.

**MEET FORMAT:** All events at the 2019 FAST 500 Invitational will be TIMED FINALS. This meet will run with split sessions on Saturday and Sunday. The Friday evening session consists of the following groups: 11-12, 13-14, and Open events. The Saturday and Sunday morning sessions will consist of the following age groups: 13-14 and Open events. The Saturday and Sunday afternoon sessions will consist of the following age groups: 8 & Under, 9-10, and 11-12 events.

Age groups 13-14 and Open will compete together, but be awarded and score separately. The 8 & Under and 9-10 Age Groups will compete together, but be awarded and scored separately.

The Fishers Area Swimming Tigers reserves the right to limit the number of heats in all events to keep the timeline manageable. There will be refunds for all swimmers not making the top heats. Limits will be posted to the Fishers Area Swimming Tigers’ website on Tuesday, May 14, 2019.

If a swimmer misses their event, they will be declared a “no show” and will not be placed in any other heat to make-up the swim.

The Fishers Area Swimming Tigers reserves the right to use “fly-over” starts for all events. Those swimming the 1500 Free may be required to provide one time and one lap counter.

**POSITIVE**  Positive check-in means, “I am here and I intend to swim.” There will be

**CHECK-IN:** positive check-in for each session. Check-in will close 45 minutes before the session start time.

Positive check-in sheets will be located at the security tables as you enter the pool area from the lobby on the deck level. **All swimmers not declaring intent to swim will be scratched.**

**EVENT**  There will be a positive check-in for all events. FAST reserves the right to

**SEEDING:** pre-seed all Friday night events, if they so desire. Check-in will close 45 minutes before the session’s start time. The 1500 Free will be swum from fastest to slowest. The 1500 Free may be swum with 2 per lane, depending on the number of entries.

**ENTRIES &** No team entry will be broken. Each swimmer will be limited to four (4)

**LIMITS:** individual events per day. If an entry is submitted with an individual entered in more than this rule allows, the entry will be made by order of events starting with Event #1 until the rule is satisfied; there will be NO refunds.

FAST reserves the right to limit entries in events in maintain a reasonable timeline. Teams will be notified prior to the start of the meet if their swimmer is scratched from an event being limited due to timeline issues.

FAST reserves the right to determine which entries to accept. Among the items FAST will consider when making these determinations are: teams who have attended the meet the year before, teams will not be broken, the number of officials and volunteers provided by the team, balance of age group and gender in entry, level of competition, and geographic location.

**ENTRY FEES:** All entry fees must be paid by Friday, May 17, 2019. Please make check payable to: **FISHERS AREA SWIMMING TIGERS**. Timed finals events are $4.00 each. There is also a $2.00 per swimmer, per meet, Indiana Swimming surcharge which must accompany entry.

**DECK ENTRIES:** Deck entries will be accepted if the meet is not filled ONLY as NEW ADDITIONS. Deck entries are only for swimmers on teams already entered into the meet. Entry fee for deck entries is $8.00 per individual event.

**ENTRY** We expect this meet to fill up very quickly. **Entries will be accepted**

**PROCEDURE: beginning Monday, April 15, 2019, at 8:00 AM ET.** The final entry date for entries to be received is 11:59 PM ET on Friday, April 19, 2019, or when the meet is full, whichever is later. Teams not accepted will have their entries returned as soon as possible, but no later than by Friday, May 3, 2019, via email or US Postal depending on the form of entry.

Any accepted team entries may be updated until midnight on Monday, May 13, 2019. Updated times must be received via email. No Phone updates will be accepted.

The entry deadline will be extended if the meet is not full. E-mail confirmation of receipt will be returned. All email entries must be followed by a paper entry and check for entry fees. Please make your check payable to Fishers Area Swimming Tigers and enclose it in your entry. The meet will be run using Hy-Tek Meet Manager computer program. A printed copy of your meet entries must follow your submission of entries via email. In all cases, the printed copy is the final word in any disputes involving entries. Entries not submitted via email in Hy-Tek format will be subject to a $50.00 data processing fee. A psych sheet will be posted on the Fishers Area Swimming Tigers’ website (www.fasttigers.com) after the close of entries.

**ENTRY**  All times must be submitted in Long Course Meters (LCM) times and completed

**PROCEDURE,** to the hundredth of a second. Converted times should use the Hy-Tek Time

**cont.:** Converter.

**Mail entries and fees to the Entry Chairperson:**

Alec Haley

P.O. Box # 453

Fishers, Indiana 46038

307-258-8868

Email: [entries@fasttigers.com](mailto:entries@fasttigers.com)

**FINAL** Final results will be posted on the FAST website at [www.fasttigers.com](http://www.fasttigers.com).

**RESULTS:**

**AWARDS:** Medals will be awarded for 1st through 3rd place and ribbons will be awarded for 4th through 10th place finishers in all individual events for only 8 & Under, 9-10, and 11-12 age groups. High point award 1st through 3rd in each age group (8 & Under, 9-10, 11-12, 13-14, and Open). **AWARDS WILL NOT BE MAILED.**

**SCHEDULE:** *Please note:* All times are Eastern Daylight Time.

**Friday, May 17, 2019**

11-12, 13-14, & Open Age Groups  
Warm-Ups Start Not Before 4:00 PM  
Meet Starts Not Before 5:00 PM

**Saturday, May 18, 2019 & Sunday, May 19, 2019**

13-14 & Open Age Groups

Warm-Ups Start Not Before 6:30 AM

Meet Starts Not Before 7:45 AM

8-Under, 9-10, & 11-12 Age Groups

Warm-Up Starts Not Before 1:00 PM on Saturday; Noon on Sunday

Meet Starts Not Before 2:00 PM on Saturday; 1:00 PM on Sunday

**CLERK OF** There will NOT be a Clerk of Course at this meet. Lane assignments will be

**COURSE:** posted around the pool. We highly encourage coaches to cover check-in, scratch, and meet procedures with their swimmers and parents. ABSOLUTELY NO PARENTS ARE ALLOWED ON THE POOL DECK. *This is an insurance requirement of USA Swimming.*

**CONCESSIONS:** Concessions will be available at the concession stand on the first level outside the pool.

**ADMISSION:** An admission of $6.00 per person for each session will be charged (includes electronic heat sheet). There will also be an all-day pass sold for $12.00. Children 10-under are free.

**MEET** Meet Programs (Psych Sheets and/or Heat Sheets) will be available for

**PROGRAMS:** purchase.

**WARM-UPS:** Lanes for warm-ups will be assigned. Check the website at [www.fasttigers.com](http://www.fasttigers.com) and your coach’s packet.

**MEET** Drew Alexander

**DIRECTOR:**  [drewax99@gmail.com](mailto:drewax99@gmail.com)

**MEET REFEREE:** John Mybeck

[jkmyb@yahoo.com](mailto:jkmyb@yahoo.com)

**OFFICIALS:** FAST will need the help of your **USA Swimming Officials**. If you have a member that is in charge of your officials, please provide his/her name and email address on the entry summary form where requested.

**USA SWIMMING** In swimming competitions, the competitor must wear only one swimsuit

**SUIT RULES:** in one or two pieces, except as provided in USA Swimming rule 205.10.1. All swimsuits shall be made from textile materials. For men, the swimsuit shall not extend above the navel nor below the knees, and for women, shall not cover the neck, extend past the shoulder, nor extend below the knee.

**FACILITY NOTE:** The Fishers High School Aquatic Center is one of the most beautiful high school facilities in the USA. It is important that all people attending this meet, whether it is swimmers, coaches, or spectators, treat this facility with the utmost care. The following rules will be strictly enforced:

* Keep all trash picked up (swimmers and teams in particular).
* Do not go, or let children go, in any unauthorized areas. This means any place other than the lobby or seating areas.
* Due to USA Swimming insurance requirements, **only** swimmers, coaches, officials, and volunteers are allowed on deck. **There can be no exceptions!**
* ABSOLUTELY NO SMOKING OR TOBACCO IS PERMITTED IN THE BUILDING.

The Fishers Area Swimming Tigers will have security people roaming the deck and locker room areas. Anyone caught abusing the building or facility, will be asked to leave the facility immediately and barred from further competition.

**ORDER OF EVENTS**

**FRIDAY, MAY 17, 2019**

|  |  |  |
| --- | --- | --- |
| **Girls** | **Evening Session (Session #1)**  Warm-Up Not Before 4:00 PM  Meet Starts Not Before 5:00 PM | **Boys** |
| 1 | 13-14 & Open 400 Individual Medley | 2 |
| 3 | 11-12 400 Freestyle | 4 |
| 5 | 13-14 & Open 400 Freestyle | 6 |

**SATURDAY, MAY 18, 2019**

|  |  |  |
| --- | --- | --- |
| **Girls** | **Morning Session (Session #2)**  Warm-Ups Not Before 6:30AM  Meet Starts Not Before 7:45 AM | **Boys** |
| 7 | 13-14 & Open 200 Breaststroke | 8 |
| 9 | 13-14 & Open 100 Freestyle | 10 |
| 11 | 13-14 & Open 100 Butterfly | 12 |
| 13 | 13-14 & Open 100 Backstroke | 14 |
| 15 | 13-14 & Open 200 Individual Medley | 16 |
| 17 | 13-14 & Open (Women Only) 1500 Freestyle |  |

|  |  |  |
| --- | --- | --- |
| **Girls** | **Afternoon Session (Session #3)**  Warm-Ups Not Before 1:00 PM  Meet Starts Not Before 2:00 PM | **Boys** |
| 19 | 11-12 200 Freestyle | 20 |
| 21 | 8 & Under & 9-10 100 Freestyle (10-Under) | 22 |
| 23 | 11-12 50 Breaststroke | 24 |
| 25 | 8 & Under & 9-10 50 Breaststroke (10-Under) | 26 |
| 27 | 11-12 100 Butterfly | 28 |
| 29 | 8 & Under & 9-10 100 Butterfly (10-Under) | 30 |
| 31 | 11-12 50 Backstroke | 32 |
| 33 | 8 & Under & 9-10 50 Backstroke (10-Under) | 34 |
| 35 | 11-12 200 Freestyle | 36 |
| 37 | 8 & Under & 9-10 200 Freestyle (10-Under) | 38 |

**SUNDAY, MAY 19, 2019**

|  |  |  |
| --- | --- | --- |
| **Girls** | **Morning Session (Session #5)**  Warm-Up @ Not Before 6:30AM  Meet Starts @ Not Before 7:45 AM | **Boys** |
| 40 | 13-14 & Open 200 Freestyle | 39 |
| 42 | 13-14 & Open 100 Breaststroke | 41 |
| 44 | 13-14 & Open 200 Backstroke | 43 |
| 46 | 13-14 & Open 200 Butterfly | 45 |
| 48 | 13-14 & Open 50 Freestyle | 47 |
|  | 13-14 & Open (Men Only) 1500 Freestyle | 50 |

|  |  |  |
| --- | --- | --- |
| **Girls** | **Afternoon Session (Session #6)**  Warm-Up @ Not Before 12:00 Noon  Meet Starts @ Not Before 1:00 PM | **Boys** |
| 51 | 11-12 100 Breaststroke | 52 |
| 53 | 8 & Under & 9-10 100 Breaststroke (10-Under) | 54 |
| 55 | 11-12 50 Freestyle | 56 |
| 57 | 8 & Under & 9-10 50 Freestyle (10-Under) | 58 |
| 59 | 11-12 100 Backstroke | 60 |
| 61 | 8 & Under & 9-10 100 Backstroke (10-Under) | 62 |
| 63 | 11-12 50 Butterfly | 64 |
| 65 | 8 & Under & 9-10 50 Butterfly (10-Under) | 66 |
| 67 | 11-12 200 Individual Medley | 68 |
| 69 | 8 & Under & 9-10 200 Individual Medley (10-Under) | 70 |

**GENERAL** Each team is responsible for its own valuables.

**INFORMATION:** Each coach is responsible for the conduct of their team.

Only swimmers and coaches will be allowed in the deck area, except during the 1500 Free, at which time a designated timer and counter will be allowed on deck to help with that event. There are two men’s and two women’s locker rooms on deck.

**FEE SUMMARY**

This summary form must be completed and returned with all entry fee by the start of the session on Friday, May 17, 2019. Please make certain to include all of the following:

1. Individual entry sheets

2. Check for entries made payable to: **Fishers Area Swimming Tigers**

3. Computer disk enclosed unless sent via email (must still include printed copy)

4. This completed summary form

Mail all of the above to:

Alec Haley

P.O. Box 453

Fishers, Indiana 46038

307-288-8868

Email: [entries@fasttigers.com](mailto:entries@fasttigers.com)

Club\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_ Club Code\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

Number of swimmers entered: Boys \_\_\_\_\_\_\_ + Girls \_\_\_\_\_\_\_ = Total\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

Number of swimmers entered: Indiana Swimming Surcharge \_\_\_\_\_\_ @ $2.00 = $\_\_\_\_\_\_\_\_

Number of prelims/finals individual entries N/A @ $5.00 = $ N/A\_\_\_

Number of timed finals individual entries\_\_\_\_\_\_\_\_\_\_\_\_ @ $4.00 = $\_\_\_\_\_\_\_\_

TOTAL AMOUNT ENCLOSED = $\_\_\_\_\_\_\_\_\_\_

**Contact Information:**

Club Official submitting entry: Coach’s Name:

Name:

Address:

City:

State, Zip:

Telephone:

Email:

**Please indicate the preferred manner of receiving final results:**

\_\_\_\_\_\_\_\_ Hard Copy

\_\_\_\_\_\_\_\_ Meet Manager Backup (Emailed)

\_\_\_\_\_\_\_\_ Team Manager .cl2 file (Emailed)

\_\_\_\_\_\_\_\_ All of the above

Email address to send above to: \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

**VISITING USA SWIMMING OFFICIALS SIGN-UP**

Please indicate the names of any officials who would be willing to help officiate at the meet and the session(s) they would be willing to work:

Name:

Phone & Email (If Known):

Sessions: Friday PM \_\_\_ Saturday AM \_\_\_ Saturday PM \_\_\_ Sunday AM\_\_\_ Sunday PM\_\_

Name:

Phone & Email (If Known):

Sessions: Friday PM \_\_\_ Saturday AM \_\_\_ Saturday PM \_\_\_ Sunday AM\_\_\_ Sunday PM\_\_

Name:

Phone & Email (If Known):

Sessions: Friday PM \_\_\_ Saturday AM \_\_\_ Saturday PM \_\_\_ Sunday AM\_\_\_ Sunday PM\_\_

Name:

Phone & Email (If Known):

Sessions: Friday PM \_\_\_ Saturday AM \_\_\_ Saturday PM \_\_\_ Sunday AM\_\_\_ Sunday PM\_\_

Name:

Phone & Email (If Known):

Sessions: Friday PM \_\_\_ Saturday AM \_\_\_ Saturday PM \_\_\_ Sunday AM\_\_\_ Sunday PM\_\_

Name:

Phone & Email (If Known):

Sessions: Friday PM \_\_\_ Saturday AM \_\_\_ Saturday PM \_\_\_ Sunday AM\_\_\_ Sunday PM\_\_

Please attach additional sheets, if necessary.

**RELEASE AND HOLD HARMLESS AGREEMENT**

In consideration of being permitted to participate in this swim meet, and for other good and valuable consideration, the undersigned, for himself, his successors and assigns, hereby releases and forever discharges Fishers Area Swimming Tigers, and its’ Board of Directors, USA Swimming, Fishers High School and each of their respective officers, agents, employees, members, successors and assigns, and all other persons in any way connected with this swim meet, from any and all liabilities, claims, demands, actions, or causes of action of whatever kind of character arising out of or in connection with said event. Further the undersigned shall indemnify and hold harmless Fishers Area Swimming Tigers, USA Swimming, and the Fishers High School and the officers, trustees, agents, employees and members of the foregoing and all other persons in any way connected with this event, from any and all other losses, expenses, damages, demands and claims arising out of or in connection with any injury, including death or alleged injury or damage to property sustained or alleged to have sustained in connection with or to have arisen out of said event.

Executed this \_\_\_\_\_\_\_\_\_\_\_\_ day of \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_, 2019.

Signature of Club Official or Coach \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

Printed Name of Club Official or Coach \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

**FISHERS AREA HOTEL INFORMATION**

The town of Fishers has a number of excellent hotels within 15 minutes from the pool. Contact the hotels for rates and availability.

|  |  |  |
| --- | --- | --- |
| Hampton Inn & Suites  11575 Commercial Drive  Fishers, Indiana 46038  317-913-0300  2.6 Miles From Pool | Cambria Suites  13500 Tegler Drive  Noblesville, Indiana 46060  317-773-4970  3.5 Miles From Pool | Holiday Inn Express & Suites  13625 Teglar Drive  Noblesville, Indiana 46060  855-239-9222  3.5 Miles From Pool |
| AmericInn  9780 North By NE Boulevard  Fishers, Indiana 46037  317-578-9000  4.4 Miles From Pool | Hotel Indigo  9791 North By NE Boulevard  Fishers, Indiana 46037  317-558-4100  4.4 Miles From Pool | Staybridge Suites  9780 Crosspoint Boulevard  Indianapolis, Indiana 46256  317-577-9500  4.4 Miles From Pool |
| Spring Hill Suites by Marriott  9698 Hague Road  Indianapolis, Indiana 46256  317-841-0416  4.4 Miles From Pool | Residence Inn By Marriott  9765 Crosspoint Boulevard  Indianapolis, Indiana 46256  317-842-1111  4.4 Miles From Pool | Holiday Inn Express  9791 North By NE Boulevard  Fishers, Indiana 46037  317-558-4100  4.4 Miles From Pool |
| Hilton Garden Inn  9785 North By NE Boulevard  Fishers, Indiana 46037  317-577-5900  4.4 Miles From Pool | Comfort Suites  9760 Crosspoint Boulevard  Fishers, Indiana 46256  623-209-7611  4.4 Miles From Pool | Fairfield Inn & Suites  17960 Foundation Drive  Noblesville, Indiana 46060  317-776-9900  5.0 Miles From Pool |
| Candlewood Suites  8111 Bash Street  Indianapolis, Indiana 46250  317-595-9292  7.5 Miles From Pool | Hampton Inn  6817 East 82nd Street  Indianapolis, Indiana 46250  317-849-4338  7.5 Miles From Pool | Quality Inn  17070 Dragonfly Lane  Noblesville, Indiana 46060  623-748-7636  4.0 Miles From Pool |