

EARLY SUMMER SLAM

May 3-5, 2019

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| **SANCTION:** | This meet is sanctioned by USA Swimming and Indiana Swimming.Sanction #IN18275 |
| **HOST:** | Zach DeWitt / FRSTFranklin Community High School2600 Cumberland Drive Franklin, IN 46131 |
| **FACILITY:** | Franklin Community High School2600 Cumberland Drive Franklin, IN 46131 |
| **FACILITY NOTE:** | Eight-lane 50 meter pool, seating for 750 spectators; Daktronics timing system with touch pads will be used with two 8 lane readout scoreboards.FRST intends to run the meet in lanes 1-7, using Lane 8 as a Warm-Up/Warm-Down place, using 3 Lane Lines. FRST, however, does reserve the right to change lane configuration based on entries. Swimmer ‘camping’ will be on deck and in designated areas. The competition course has not been certified in accordance with 104.2.2C(4). The pool depth ranges from 5’0” to 4’O” feet.**Franklin Franklin Community High School is a tobacco free facility.** The Franklin High School Aquatic Center is one of the most beautiful high school facilities in the USA. It is important that all people attending this meet, whether it is swimmers, coaches, or spectators, treat this facility with the utmost care. The following rules will be strictly enforced: 1. **Keep all trash picked up (swimmers and teams in particular).** 2. Do not go, or let children go, in any unauthorized areas.  **Please keep children supervised at all times.**3. Due to USA Swimming insurance requirements, **ONLY** swimmers, coaches, officials and volunteers are allowed on deck.  **There can be no exceptions!** 4.No radios, balls, or anything that will be an inconvenience to swimmers, coaches, officials, workers, or spectators will be allowed.The Franklin Regional Swim Team will have volunteers roaming the deck and locker room areas. If any swimmer is caught abusing the building or facility, they will immediately be asked to leave the meet and will be barred from further competition. |
| **MEET FORMAT:** | The meet will be timed finals format with one session on Friday, and two sessions on Saturday, and Sunday. **As there is only one session on Friday we will not be having any 1500 freestyle swims at this meet.** FRST reserves the right to limit the number of entries and any event to achieve a 4-hour maximum timeline. No team will be broken if entry limits are applied. The Meet Entry Chair will notify all accepted teams of any limited events and will refund the fees for those events limited or reduced from the original entry.  |
| **ENTRY LIMITS:** | **Each swimmer will be limited to 4 events per day** |
| **ELIGIBILITY:** | Swimmers must be registered with USA Swimming to be accepted into this meet. Age as of May 3, 2019 shall determine the swimmers age for the entire meet. |
| **RULES:** | EFFECTIVE OCTOBER 1, 2009 - USA Swimming Swim Suit Rule (102.9.1 B): In swimming competitions, the competitor must wear only one swimsuit in one or two pieces except as provided in 205.10.1. All swimsuits shall be made from textile materials. For men, the swimsuit shall not extend above the navel nor below the knees, and for women, shall not cover the neck, extend past the shoulder, nor extend below the knee.Current USA Swimming and Indiana Swimming Rules will govern this meet. USA Swimming Rules 202.5.3: At a sanctioned competitive event, USA Swimming athlete members must be under the supervision of a USA Swimming member coach during warm-up, competition, and warm-down.  The Meet Director or Meet Referee may assist in making arrangements for such supervision, but it is the swimmer’s responsibility to make such arrangements prior to the start of the meet. Any swimmer entered in the meet, must be certified by a USA Swimming-member coach as being proficient in performing a racing start or must start each race from within the water. When unaccompanied by a member-coach, it is the responsibility of the swimmer or the swimmer’s legal guardian to ensure compliance with this requirement.Use of audio or visual recording devices, including a cell phone, is not permitted in changing areas, restrooms or locker rooms. Deck changes are prohibited. 202.4.9 J – Operation of a drone, or any other flying apparatus, is prohibited over the venue (pools, athlete/coach areas, spectator areas and open-ceiling locker rooms) any time athletes, coaches, officials and/or spectators are present. Exceptions may be granted with prior written approval by the Program Operations Vice Chair.Swimmer(s) must be registered with USA Swimming to be accepted into this meet. Age as of May 3, 2019 shall determine the swimmer’s age for the entire meet. Indiana Swimming does not process onsite memberships. The competition course has been certified in accordance with 104.2.2C(4). The copy of such certification is on file with USA Swimming; or The competition course has not been certified in accordance with 104.2.2C(4).Coaches and Officials MUST display their current USA Swimming coach credential or Deck Pass to gain deck access. The meet referee and/or meet director reserves the right to ask for coach credential or Deck Pass and/or deny deck access if coach does not comply or card is no longer valid/current. |
| ENTRY FEES: | The entry fee for all individual events is $5.00. There will be a $2.00 per swimmer surcharge (which will be payable back to Indiana Swimming). All checks should be made payable to Franklin Regional Swim Team. Please send only ONE check per team. Deck entries of $8.00 per event may be allowed at the discretion of the Meet Director and Meet Referee.  |
| **ENTRY FORMAT:** | Hy-Tek Team Manager meet entry files will be accepted by e-mail, which is the preferred entry method. A confirmation entry list will be emailed back to the person who sent the email entry. All team entries larger than 5 swimmers must be submitted in Hy-Tek file format. Team entries larger than 5 swimmers not in electronic Hy-Tek format will be charged a $50.00 administration fee. Be sure to age-up swimmers before completing the entry. |
| **ENTRY DEADLINE:** | No entries will be accepted before **8:00 a.m. Saturday, April 16th, 2019**. Any entries arriving before **8:00 a.m. Saturday, April 16th, 2019** will not be processed until all entries received during the entry period are processed. Traditionally we’ve been able to work with teams, allowing changes in their entries until the week leading up to the meet. Entry deadline will be **11:59pm Friday April 26th, 2019**. Any entries arriving after **11:59pm Friday April 26th, 2019** will be considered deck entries and are subject to that fee. Deadline may be extended if the meet is not full. All entries must arrive via e-mail (preferred method), US mail, or other parcel carrier. No hand deliveries will be accepted. Changes and corrections (including entry times) will be accepted via email only through **Monday, April 29th, 2019 at 5:00pm.** FRST will try to accommodate all entered teams until the meet is considered at capacity. |
| **AWARDS**: | Ribbons for places 1st-8th in individual events for 12 & Under swimmers and 1st-8th place for 13-14 athletes swimmers. There will be no ribbons given to the Open Divison. Age group categories for awards will be 8-under, 9-10, 11-12, 13-14. Points will be awarded for the top 16 places in each event per standard scoring (20-17-16-15-14-13-12-11-9-7-6-5-4-3-2-1) for individual events. Event such as Open 400IM, Open 400 Free, Open 800 Free, etc. will be scored out as just open. If a 12U athlete chooses to “swim up” from their respective age group, the points won in that Open event will not count towards their high point total. Due to the nature of the competition, it may be to a point scoring advantage to “swim-up” if less athletes are in an Open event. An athlete may only score points within their age group.   Individual high point awards will be given to the top swimmer in the follwoing age groups: (8&Under, 9-10, 11-12, 13-14)Coaches should pick up awards at the end of the meet. No awards will be mailed. |
| **OFFICIALS:****HOSPITALITY:** | The Franklin Regional Swim Team will need the help of your **USA Swimming Officials.** If you have officials that are willing to help at our meet, please provide his/her name & email address on the Official’s Volunteer Form and submit it with your entry fees and summary page. Further info will be available at Meet Deadline.A hospitality area will be available for coaches, officials and volunteers. |
| **ADMISSION:** | To help defray the rental costs of the facility, there will be a daily admission charge. Children 10&Under will be admitted free of charge. We will attempt to offer the ability to pay with debit/credit card or cash. |
| **PSYCH SHEETS:** | Psych sheets will be posted on meet mobile. They will not be available for sale..Heat sheets will be available for purchase at the meet for $3 (Heat Sheets will be available 10 minutes prior to start of meet in the main atrium). |

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| **SALES:** | Aquatic outfitting vending will be provided by an exclusive Arena Diamond Dealer in the main atrium and will predominantly feature the Arena brand. FRST also expects multiple other vendors to be available. |
| **PARKING:** | Free parking will be available in the parking lot on the west side of the high school. Parking lot located closest to football field. Please use door #14 (Athletic Entrance) to enter. |
| **MEET ENTRY CHAIR:** | Paul Ziegler654 Walnut St. Franklin, IN 46131zieglerpw@gmail.com |
| **INQUIRIES** | Direct all **ENTRY** inquiries to the Entry Chair. |
| **SIGN IN:****CLERK OF COURSE:****RELAYS:** | Positive check-in will be required. Each swimmer must highlight his/her name on the Sign in Sheet located in the hallway just past the pool no later than **45 minutes** before the start of each session. Failure to do so will result in the swimmer being scratched from that day’s events. There will be no Clerk of Course during this meet. Both the officials as well as parent volunteers will plan to athletes however.Relay cards will be provided in your coach’s packet. Relay cards will be due within one (1) hour after the start of each session (by 9:00 am for the morning sessions and 2:00 pm for the afternoon sessions) |
| **WARM-UPS:** | Friday EveningSat./Sun. MorningSat./Sun. Afternoon | 4:15-5:05 p.m.7:00-7:45 a.m.Not before 12:00 p.m. (45 mins in duration)  |

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|  | FRST Early Summer SlamMay 3-5, 2019Order of Events |  |
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|  | Friday EveningWarm-up: 4:15-5:05 pm Start: 5:15 pm |  |
| Women's |  | Men's |
| Event # | Event Description | Event # |
| 1 | 10 & Under 200m IM | 2 |
| 3 | 11-12 200m IM | 4 |
| 5 | 13 & Over 400m IM | 6 |
| 7 | 10 & Under 200m Free | 8 |
| 9 | 11-12 400m Free | 10 |
| 11 | 13 & Over 400m Free | 12 |
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|  |  |  |
|  | Saturday Morning |  |
| Women's | Warm-up: 7:00-7:45 am Start: 8:00 am | Men's |
| Event # | Event Description | Event # |
| 13 | Open 100m Breast | 14 |
| 15 | 13-14 200m Breast | 16 |
| 17 | Open 200m Free | 18 |
| 19 | 13-14 100m Free | 20 |
| 21 | Open 100m Back | 22 |
| 23 | 13-14 200m Back | 24 |
| 25 | Open 200m Fly | 26 |
| 27 | 13-14 100m Butterfly | 28 |
| 29 | Open 50m Free | 30 |
| 31 | 13-14 200m IM | 32 |
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|  | Saturday Afternoon |  |
| Women's | Warm-up: Not before 12:00 pm Start:1:00 pm | Men's |
| Event # | Event Description | Event # |
| 33 | 11-12 100m Breast | 34 |
| 35 | 10 & Under 50m Breast | 36 |
| 37 | 11-12 50m Back | 38 |
| 39 | 10 & Under 100m Back | 40 |
| 41 | 11-12 100m Butterfly | 42 |
| 43 | 10 & Under 50m Butterfly | 44 |
| 45 | 11-12 100m Free | 46 |
| 47 | 10 & Under 100m Free | 48 |
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|  |  |  |
|  | Sunday Morning |  |
| Women's | Warm-up: 7:00-7:45 am Start: 8:00 am | Men's |
| Event # | Event Description | Event # |
| 49 | Open 200m Breast | 50 |
| 51 | 13-14 100m Breast | 52 |
| 53 | Open 100m Free | 54 |
| 55 | 13-14 200m Free | 56 |
| 57 | Open 200m Back | 58 |
| 59 | 13-14 100m Back | 60 |
| 61 | Open 100m Butterfly | 62 |
| 63 | 13-14 200m Fly | 64 |
| 65 | Open 200m IM | 66 |
| 67 | 13-14 50m Free | 68 |
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|  |  |  |
|  |  |  |
|  | Sunday Afternoon |  |
| Women's | Warm-up: Not before 12:00 pm Start:1:00 pm | Men's |
| Event # | Event Description | Event # |
| 69 | 11-12 200m Free | 70 |
| 71 | 11-12 50m Breast | 72 |
| 73 | 10 & Under 100m Breast | 74 |
| 75 | 11-12 100m Back | 76 |
| 77 | 10 & Under 50m Back | 78 |
| 79 | 11-12 50m Butterfly | 80 |
| 81 | 10 & Under 100m Butterfly | 82 |
| 83 | 11-12 50m Free | 84 |
| 85 | 10 & Under 50m Free | 86 |
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**Summary Page**

Please complete the requested information below and mail with your entry forms and check.

Make check payable to **Franklin Regional Swim Team.**

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| Club Name: |  | Club Code: |  |
| Indiana Swimming Athlete Surcharge: # Boys |  | + # Girls |  | X $2.00 = |  |
| Number of Boy’s IEs: |  | X $5.00 = |  |
| Number of Girl’s IEs: |  | X $5.00 = |  |
| Club Official Submitting entry: |  |  | Coaches Names: |
| Name: |  |  |
| Address: |  |  |
| City: |  |  |
| State, Zip: |  |  |
| Phone #: |  |  |
| Email: |  |  |

**Release and Hold Harmless Agreement:**

In consideration of being permitted to participate in this swim meet, and for other good and valuable consideration, the undersigned for himself, his successors and assigns, hereby releases and forever discharges the host club (FRST) Franklin Regional Swim Team, USA Swimming and each of their respective officers, agents, employees, members, successors and any other persons in any way connected with this meet, from any and all liabilities, claims, demands, actions or causes of action of whatever kind of character arising out of or in connection with said event. Further, the undersigned shall indemnify and hold harmless the host club FRST, USA Swimming, Franklin Community School Corp. and the officers, trustees, agents, employees and members of the foregoing and all other persons in any way and claims arising out of or in connection with any injury, including death, or alleged injury of damage to property sustained or alleged to have sustained in connection with or to have arisen out of said event

Executed this \_\_\_\_\_\_\_\_\_\_\_ day of \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_,2019

Signature of Club Official or Coach: \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

Printed Name of Signature: \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

You may have one designated spokesperson for your team to talk to the referee or Clerk-of-Course. The coach would be the logical person. Please print the name of your spokesperson:

\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

Did you include:

\_\_\_\_\_\_\_\_ Check

\_\_\_\_\_\_\_\_ I have read the entry letter and understand it