**CAST**

**Turkey Trot**

**November 23, 2019**

**SANCTION:** This meet is sanctioned by USA Swimming and Indiana Swimming.

 **Sanction #IN20116**

**HOST:** Connersville Area Swim Team (CAST)

 Website: [www.connersvilleareaswimteam.com](http://www.connersvilleareaswimteam.com)

**LOCATION:**  Connersville Senior High School Natatorium, 1100 Spartan Drive Connersville, IN 47331

**FACILITY:** The facility contains a 6 lane 25 yard pool with turbulent control lane markers.

 The pool has a minimum depth of a 4’1” and is eligible for use with starting

 blocks in a manner prescribed by USA Swimming. The competition course has

 not been certified in accordance with 104.2.2C(4). Each lane is equipped with

 Daktronics electronic timing system. Digital watches are used as backup. Bleacher spectator seating is provided.

**ELIGIBILITY:** Swimmer(s) must be registered with USA Swimming to be accepted into this

 meet. Age as of November 23, 2019 shall determine the swimmer’s age for the

 entire meet. **Indiana Swimming does not process on-site memberships.**

**RULES:** Current USA Swimming Rules, including the Minor Athlete Abuse Prevention Policy (“MAAPP”), will govern this meet.

 At a sanctioned competitive event, USA Swimming athlete members must be

 under the supervision of a USA Swimming member coach during warm-up,

 competition, and warm-down. The Meet Director or Meet Referee may assist

 in making arrangements for such supervision, but it is the swimmer’s

 responsibility to make such arrangements prior to the start of the meet.

 Any swimmer entered in the meet, must be certified by a USA Swimming-

 Member coach as being proficient in performing a racing start or start each race

 from within the water. When unaccompanied by a member-coach, it is the

 responsibility of the swimmer or the swimmer’s legal guardian to ensure

 compliance with this requirement.

 Use of audio or visual recording devices, including a cell phone, is not permitted

 in changing areas, restrooms or locker rooms.

 Deck changes are prohibited.

Operation of a drone, or any other flying appartus, is prohibited over the venue

 (pools, athlete/coach areas, spectator areas and open-ceiling locker rooms) any

 time athletes, coaches, officials, and/or spectators are present. Exceptions may be

 granted with prior written approval by the President of CAST.

 The water depth at the start end of the pool is 12 feet. The water depth at the turn

 end of the pool is 4 feet. Any start in the shallow end will begin in the water.

 A complete schedule of lanes and times for all warm-ups, which must be adhered

 to by all participants, will be posted at the meet.

 It is understood and agreed that USA Swimming shall be free from any liabilities

 or claims for damages arising by reason of injuries to anyone during the conduct

 of the event.

 Coaches and Officials MUST display their current USA Swimming coach

 credential or Deck Pass to gain access. The meet referee and/or Meet Director

 reserves the right to ask for coach credential or Deck Pass and/or deny deck

 access if the coach does not comply or card is no longer valid/current.

 In swimming competitions, the competitior must wear only one swimsuit in

 one or two pieces except as provided in the USA Swimming rule 205.10.1. All

 swimsuits shall be made from textile materials. For men, the swimsuit shall not

 extend above the navel nor below the knees, and for women, shall not cover the

 neck, extend past the shoulder, nor extend below the knee.

**ENTRIES:** Please submit Entry File using Hy-Tek’s Team Manager, Team Unify or similar

 through email to the Entry Chair.

 All fees will be due at the start of the meet.

 All times not entered in short course yards will be converted to short course yards

 by Hy-Tek’s Meet Manager.

 Any club with 5 or more swimmers with individual events MUST submit an entry

 file, or pay a $50 data input fee.

 A printed copy of your entry is not necessary as the electronic data (i.e. the Hy-

 Tek file) will considered CORRECT.

 Enter each swimmer with their first and last names with middle initial, age, date

 of birth and USA number.

 We will accept “No times.”

**ENTRY LIMITS:** Swimmers may enter Four (4) individual events per day plus relays. Entries

 submitted with an individual entered in more events than allowed will be placed

 in the first events entered in numerical order. If a swimmer is cut because of a

 timeline problem. they may be placed back into the meet if there is a scratch.

 CAST reserves the right to limit the number of swimmers in any one or more

 events to maintain a reasonable length of the meet. In the event that entries are

 limited, CAST will return the entry fees to the club(s) whose swimmers are not

 allowed to compete in the specific event(s). Otherwise, THERE WILL BE NO

 REFUNDS.

**ENTRY FEES:** $4.00 per individual event

 $6.00 per relay

 There is a $2.00 per swimmer surcharged assessed by Indiana Swimming.

 Deck entries will be accepted at the discretion of the Meet Director if the meet is

 not filled. Entry fee for deck entries is $8.00 for an indiviudal and $12.00 for a

 relay

 All entry fees must be paid prior to the start of the meet payable to: ***Connersville***

 ***Area Swim Team.***

**DEADLINE:** Entries will be accepted starting October 27, 2019 .

 Entry deadline is November 16, 2019 .

 Updates to an existing entry may be submitted up until November 19, 2019 .

**ENTRY CHAIR:** Lyndsie Kemker

 P.O. Box 936

 Connersville, IN 47331

 765-265-8910

 ldkemker16@gmail.com

**MEET DIRECTOR:** Jessica Wells

765-265-4942

 jessicawells81@gmail.com

 Any necessary phone calls to the meet entry chair or meet director must be

 limited to those made by either the coach or the club official submitting the entry.

**CHECK-IN:** All swimmers MUST check in 45 minutes priot to the start of the session. Failure

 to do so may cause the swimmer to be scratched for the day. Sign-in sheets will

 be posted outside the pool area.

 **SIGN-IN SHEETS WILL BE TAKEN DOWN AT 8:15 A.M. SATURDAY.**

**MEET TIMES:** Saturday morning session: Warm-ups 7:45 a.m.- 8:45 a.m.

 Meet Begins 9:00 a.m.

Saturday afternoon session: warm-ups begin not before noon. Meet will begin 15 minutes after warm-ups end, but will not begin before one p.m.

**AWARDS:** Individual Events 1st-6th

 Relay Events 1st-3rd

 For scoring purposes, Saturday 10U events will score 6U, 7-8, 9-10, 11-12, and 13 & over age groups seperately.

 1st place Individual High Point Medallions will be awarded to both boys and girls for each age group: 6U, 7-8, 9-10, 11-12, and 13 & Over.

**FINAL RESULTS:** Final results will be provided through Hy-Tek Meet results file will be

 emailed to the email address noted for the entry chair on page 6 of this packet.

**ADDITIONAL:** Heat Sheets will be for sale.

 Concession stand will be available.

 No glass containers are allowed in the pool area.

 Locker rooms with showers and restrooms are available.

 There is no smoking allowed anywhere on the CHS Campus.

 CAST will not be responsible for lost or stolen items.

**CAST Turkey Trot**

**November 23, 2019**

**Order of Events**

**Morning session warm-ups 7:45 a.m.-8:45 a.m. Meet begins at 9 a.m.**

|  |  |  |  |
| --- | --- | --- | --- |
| **Girls** | **Age Group** | **Event** | **Boys** |
| **1** | **8 & U** | **100 Medley Relay** | **2** |
| **3** | **11-12** | **200 Medley Relay** | **4** |
| **5** | **8 & U** | **50 Freestyle** | **6** |
| **7** | **11-12** | **100 Freestyle** | **8** |
| **9** | **8 & U** | **25 Butterfly** | **10** |
| **11** | **11-12** | **50 Butterfly** | **12** |
| **13** | **8 & U** | **25 Backstroke** | **14** |
| **15** | **11-12** | **50 Backstroke** | **16** |
| **17** | **8 & U** | **100 IM** | **18** |
| **19** | **11-12** | **200 IM** | **20** |
| **21** | **8 & U** | **25 Breast** | **22** |
| **23** | **11-12** | **50 Breast** | **24** |
| **25** | **8 & U** | **25 Free** | **26** |
| **27** | **11-12** | **50 Free** | **28** |
| **29** | **8 & U** | **100 Free Relay** | **30** |
| **31** | **11-12** | **200 Free Relay** | **32** |

**Afternoon session warm-ups not before noon with meet beginning 15 minutes after warm-ups ending, but not before 1 p.m.**

|  |  |  |  |
| --- | --- | --- | --- |
| **Girls** | **Age Group** | **Event** | **Boys** |
| **33** | **9-10** | **200 Medley Relay** | **34** |
| **35** | **13 & Over** | **200 Medley Relay** | **36** |
| **37** | **9-10** | **100 Free** | **38** |
| **39** | **13 & Over** | **100 Free** | **40** |
| **41** | **9-10** | **50 Butterfly** | **42** |
| **43** | **13 & Over** | **100 Butterfly** | **44** |
| **45** | **9-10** | **50 Back** | **46** |
| **47** | **13 & Over** | **100 Back** | **48** |
| **49** | **9-10** | **200 IM** | **50** |
| **51** | **13 & Over** | **200 IM** | **52** |
| **53** | **9-10** | **50 Breast** | **54** |
| **55** | **13 & Over** | **100 Breast** | **56** |
| **57** | **9-10** | **50 Free** | **58** |
| **59** | **13 & Over** | **50 Free** | **60** |
| **61** | **9-10** | **200 Free Relay** | **62** |
| **63** | **13 & Over** | **200 Free Relay** | **64** |

#### Connersville Area Swim Team

Turkey Trot

#### November 23, 2019

**Summary of Entries**

Please supply the information requested below and mail with your Entry Forms and check to the Entry Chairperson. Make check payable to: **CONNERSVILLE AREA SWIM TEAM**

Club Name \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_ Club Code \_\_\_\_\_\_\_\_\_\_\_\_\_

Number of Swimmers Entered: Girls \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_ + Boys \_\_\_\_\_\_\_\_\_\_\_\_\_\_ = Total \_\_\_\_\_\_\_\_

Number of Girls Individual Entries \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_ x $4.00 ea. = $\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

Number of Boys Individual Entries \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_ x $4.00 ea. = $ \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

Total Number of Relay Entries \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_ x $6.00 ea. = $ \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

Number of Swimmers \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_ x $2.00 ea. IN Swimming Athlete Surcharge = $ \_\_\_\_\_\_\_\_\_\_

 Total Amount Enclosed $ \_\_\_\_\_\_\_\_\_\_

How would you like to receive your results:

\_\_\_\_\_ Meet Manager Backup (emailed)

\_\_\_\_\_ Team Manager .cl2 file (emailed)

\_\_\_\_\_ All of the above

Email address to send above to: \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

Club Official Submitting Entry: Coaches Names:

Name: \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_ \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

Address: \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_ \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

City \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_ \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

State/Zip Code \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_ \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

###### **Release and Hold Harmless Agreement**

This form must be included with your entries and payment

In consideration of being permitted to participate in the swim meet, club, and its swimmers, coaches, parents, members, and volunteers hereby release and forever discharge Connersville Area Swim Team, USA Swimming, Indiana Swimming, Connersville High School, Fayette County School Corporation, the respective directors, officers, agents, employees, members, successors, and assigns of each of them, and all other persons or entities in any way connected with the sponsoring or holding this swim meet, of and from any and all liabilities, claims, demands, actions, causes of action, losses, damages, or expenses, of whatever kind of character, arising out of or in connection with said swim meet and the facilities and personnel for it. Further, club, and its swimmers, coachers, parents, members, and volunteers shall indemnify and hold harmless Connersville Area Swim Team, USA Swimming, Indiana Swimming, Connersville High School, Fayette County School Corporation, the respective directors, officers, agents, employees, members, successors, and assigns of each of them, and all other persons or entities in any way connected with sponsoring or holding this swim meet, of and from any and all liabilities, claims, demands, actions, causes of action, losses, damages or expenses, of whatever kind or character, arising out of or in connection with any injury to any person, including death, or injury or damage to any property.

The undersigned represents that he/she is authorized by the club, and its swimmers, coaches, parents, members, and volunteers to execute this release and hold harmless agreement on behalf of each of them, binding club, and its swimmers, coaches, parents, members and volunteers to the terms hereof.

Executed this \_\_\_\_\_ day of \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_, 201\_

Signature \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

#### Connersville Area Swim Team

Turkey Trot

#### November 23, 2019

In order for our meet to run as smoothly as possible, we would like to solicit your help in identifying officials from your club who might be willing to work at the meet. We are in need of an admin official, starter, and S&T officials. We will be contacting them regarding their availability . Thank you for your help.

CLUB NAME \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

Officials name/level Telephone number Email

\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_