**SANCTION:** This meet is sanctioned by USA Swimming, Inc. and Indiana Swimming, Inc. with the Indiana Sanction #IN19328

**SPONSOR(S):** Northwest Indiana Swim Conference (NWISC)

**LOCATION:** LaPorte High School Natatorium, 602 “F” Street, LaPorte, Indiana 46350

**FACILITIES:** Eight lane, 25-yard pool with non-turbulent lane markers; Colorado electronic timing and display board. The competition course has not been certified in accordance with 104.2.2C(4). Depth at start end is 5ft and 3ft 6 in at turn end. Locker rooms and showers will be available. Diving well is available for warm-up and warm-down only. Ample spectator seating.

Enter the building through door 23

**IMAGE** All participants agree to be filmed and photographed by the official photographer(s) and

**AUTHORIZATION**network(s) of USA Swimming under the conditions authored by USA Swimming, and allow event organizers the right to use names, pictures, likenesses, and biographical information before, during or after the period of participation in USA Swimming competitions to promote such competitions.

**PARKING: Please use “F” Street parking lot and entrance**.

**RULES:** Current USA Swimming Rules, including the Minor Athlete Abuse Prevention Policy (“MAAPP”), will govern this meet.

At a sanctioned competitive event, USA Swimming athlete members must be under the supervision of a USA Swimming member coach during warm-up, competition, and warm-down. The Meet Director or Meet Referee shall assist the athlete in making arrangements for such supervision.

Any swimmer entered in the meet, unaccompanied by a USA Swimming member coach, must be certified by a USA Swimming member coach as being proficient in performing a racing start or must start each race from within the water. It is the responsibility of the swimmer or the swimmer’s legal guardian to ensure compliance with this requirement.

Use of audio or visual recording devices, including a cell phone, is not permitted in changing areas, rest rooms or locker rooms.

Changing into or out of swimsuits other than in locker rooms or other designated areas is prohibited

**202.4.9 J**: Operation of a drone, or any other flying apparatus, is prohibited over the venue (pools, athlete/coach areas, spectator areas and open-ceiling locker rooms) any time athletes, coaches, officials and/or spectators are present.  Exceptions may be granted with prior written approval by the Program Operations Vice Chair.​

In swimming competitions, the competitor must wear only one swimsuit in one or two pieces except as provided in USA Swimming rule 205.10.1. All swimsuits shall be made from textile materials. For men, the swimsuit shall not extend above the navel nor below the knees, and for women, shall not cover the neck, extend past the shoulder, nor extend below the knee.

**ELIGIBILITY:** Swimmers must be registered with USA Swimming to be accepted into the meet. Age as of July 12, 2019, shall determine the swimmer's age for the entire meet. Indiana Swimming does not process on-site athlete registration.

This meet is open only to members of clubs of the Northwest Indiana Swim Conference.

A cutoff of 10% over the Divisional time standard is in effect for events 200 yards or longer. Proof of achievement is required for missed cuts. If proof cannot be shown, there will be a $5.00 fine, if paid before the end of the meet; or a $6.00 fine after the meet. If the fee is not paid within 30 days, the offending club will be assessed an additional fine of $50.00. The club and swimmer will be suspended if the fine is not paid within 60 days. There will be no points awarded who do not supply proof of time for swims with missed cuts.

## TIMES ENTERED SLOWER THAN THE CUTS WILL NOT BE ACCEPTED! PLEASE DO NOT ALLOW YOUR TEAM MANAGER TO CONVERT TIMES! SWIMMERS THAT ARE UNATTACHED ON THE FIRST DAY OF THE MEET WILL NOT BE ENTERED!

**ENTRY LIMITS:** Swimmers are limited to three (3) individual events and one (1) relay, or two (2) individual events and two (2) relays.

**ENTRY** All NWISC teams entering the meet should submit their entries in Hy-Tek or TeamUnify

**INFORMATION:** format submitted via email to the Entry Chair listed below.

Entries must be in the hands of the entry chair by 6:00 PM on Friday, June 28th. Entries will be accepted starting June 1st. Please make sure to number updated entries so that the entry chair can distinguish between entries received and in what order they were received (i.e., “YOUR TEAM NAME Entries for NWISC 2”)

Individual team entries will be sent by June 29th to all teams in PDF format for corrections. Any additions/corrections are due to entry chair penalty-free no later than 11:59 pm on July 5th. Changes received on or after July 5th, if accepted by the host team, are subject to a $50 late fee per change/addition per swimmer made payable to host team. The complete psych sheet will be sent to all teams in PDF format the Wednesday prior to the start of the meet.

**Entry Chair:** Jim Stange

[jestange89@gmail.com](mailto:jestange89@gmail.com)

219-741-3753

**Meet Director:** Channon Lane  
(219) 369-7725  
channont@hotmail.com

|  |  |  |  |  |
| --- | --- | --- | --- | --- |
| **WARM UPS &**  **START TIMES:** | **DAY** | **GROUP** | **Warm Up Time** | **Start Time** |
| Friday | 8 & Under | 5:00 pm | 6:15 pm |
| Saturday | 9-10 | 7:30 am | 9:00 am |
| 11-12 | 1:00 pm or immediately after the morning session, whichever is later | 1 ½ hour after warm up begins |
| Sunday | 13-14  15 & Over | 7:30 am | 9:00 am |

**NOTICE:** The 8 & Under group will have warm ups split into three 20 minute sessions, with one 15-minute open session following the third warm-up session. All other age groups will have warm ups split into three 25 minute sessions with one 15-minute session following the third warm up session. Warm ups will be assigned according to preference, distance, and team size but not necessarily in that order.

If you have a preference for warm ups, please indicate it with your entry. The host club has the final decision in assigning warm ups and lanes. The host team’s meet director will send notification of your warm up time and lane prior to the start of the meet.

**COACHES** The coaches meeting will begin at the end of the third warm up session with the meet

**MEETING:** beginningimmediately following the fourth session. At least one representative from each team must be present at the meeting.

**SCORING:** Individual Events: 16 - 13 - 12 - 11 - 10 - 9 - 7 - 5 - 4 - 3 - 2 - 1

Relay Events: 32 - 26 - 24 - 22 - 20 - 18 - 14 - 10 - 8 - 6 - 4 - 2

**AWARDS:** Individual Events: Neck Medals - 1st thru 6th places Ribbons - 7th thru 12th places

Relay Events: Neck Medals - 1st thru 6th places Ribbons - 7th thru 12th places

Only two (2) relays per team score.

High Point team trophy in each age group:

Boys: 8 & Under, 9-10, 11-12, 13-14, 15 & Over

Girls: 8 & Under, 9-10, 11-12, 13-14, 15 & Over

Overall High Point team trophy, Second and Third place team trophies

**SPECIAL NOTES:** Coaches **MUST** constantly display their USA Swimming coaching credentials to gain deck access. The meet referee reserves the right to ask for a coach to display credentials and/or deny deck access if the coach does not comply or card is no longer valid/current.

Host team will run and man a Clerk of the Course for all 8 & Under events.

## NO CHANGING OF EVENTS WILL BE PERMITTED. INDIVIDUAL LATE CHANGES / ADDITIONS WILL BE ACCEPTED BETWEEN THE ADDITIONS / CORRECTIONS DEADLINE AND 5 PM OF THE FIRST DAY OF THE MEET, IF ACCOMPANIED BY A $50 LATE FEE.

**ORDER OF EVENTS**

FRIDAY EVENING – 8 & UNDER AGE GROUP

|  |  |  |  |  |  |  |  |  |
| --- | --- | --- | --- | --- | --- | --- | --- | --- |
| **BOYS** | **Cut SCY** | **Cut LCM** | **Cut SCM** | **EVENT** | **Cut SCY** | **Cut LCM** | **Cut SCM** | **GIRLS** |
| 1 |  |  |  | 100 Medley Relay |  |  |  | 2 |
| 3 |  |  |  | 100 IM |  |  |  | 4 |
| 5 |  |  |  | 50 Back |  |  |  | 6 |
| 7 |  |  |  | 25 Free |  |  |  | 8 |
| 9 |  |  |  | 50 Breast |  |  |  | 10 |
| 11 |  |  |  | 25 Fly |  |  |  | 12 |
| 13 |  |  |  | 50 Free |  |  |  | 14 |
| 15 |  |  |  | 25 Back |  |  |  | 16 |
| 17 |  |  |  | 100 Free |  |  |  | 18 |
| 19 |  |  |  | 50 Fly |  |  |  | 20 |
| 21 |  |  |  | 25 Breast |  |  |  | 22 |
| 23 |  |  |  | 100 Free Relay |  |  |  | 24 |

SATURDAY MORNING – 9-10 AGE GROUP

|  |  |  |  |  |  |  |  |  |
| --- | --- | --- | --- | --- | --- | --- | --- | --- |
| **BOYS** | **Cut SCY** | **Cut LCM** | **Cut SCM** | **EVENT** | **Cut SCY** | **Cut LCM** | **Cut SCM** | **GIRLS** |
| 25 |  |  |  | 200 Medley Relay |  |  |  | 26 |
| 27 | 03:17.44 | 03:44.28 | 03:38.23 | 200 Free | 03:14.69 | 03:42.30 | 03:33.39 | 28 |
| 29 |  |  |  | 100 Back |  |  |  | 30 |
| 31 | 03:43.51 | 04:20.91 | 04:05.73 | 200 IM | 03:40.32 | 04:13.54 | 04:03.97 | 32 |
| 33 |  |  |  | 50 Fly |  |  |  | 34 |
| 35 |  |  |  | 50 Free |  |  |  | 36 |
| 37 |  |  |  | 100 Breast |  |  |  | 38 |
| 39 |  |  |  | 50 Back |  |  |  | 40 |
| 41 |  |  |  | 100 Free |  |  |  | 42 |
| 43 |  |  |  | 100 Fly |  |  |  | 44 |
| 45 |  |  |  | 50 Breast |  |  |  | 46 |
| 47 |  |  |  | 200 Free Relay |  |  |  | 48 |

SATURDAY AFTERNOON – 11-12 AGE GROUP

|  |  |  |  |  |  |  |  |  |
| --- | --- | --- | --- | --- | --- | --- | --- | --- |
| **BOYS** | **Cut SCY** | **Cut LCM** | **Cut SCM** | **EVENT** | **Cut SCY** | **Cut LCM** | **Cut SCM** | **GIRLS** |
| 49 |  |  |  | 200 Medley Relay |  |  |  | 50 |
| 51 | 02:50.05 | 03:14.91 | 03:06.99 | 200 Free | 02:49.61 | 03:14.36 | 03:05.56 | 52 |
| 53 |  |  |  | 100 Back |  |  |  | 54 |
| 55 | 03:12.49 | 03:43.07 | 03:30.75 | 200 IM | 03:09.52 | 03:40.54 | 03:27.45 | 56 |
| 57 |  |  |  | 50 Fly |  |  |  | 58 |
| 59 |  |  |  | 50 Free |  |  |  | 60 |
| 61 |  |  |  | 100 Breast |  |  |  | 62 |
| 63 |  |  |  | 50 Back |  |  |  | 64 |
| 65 | 07:31.43 | 06:57.44 | 06:35.11 | 500 Free | 07:31.10 | 06:51.61 | 06:34.78 | 66 |
| 67 |  |  |  | 100 Free |  |  |  | 68 |
| 69 |  |  |  | 100 Fly |  |  |  | 70 |
| 71 |  |  |  | 50 Breast |  |  |  | 72 |
| 73 |  |  |  | 200 Free Relay |  |  |  | 74 |

SUNDAY – 13-14 and 15 & OVER AGE GROUPs

|  |  |  |  |  |  |  |  |  |
| --- | --- | --- | --- | --- | --- | --- | --- | --- |
| **BOYS** | **Cut SCY** | **Cut LCM** | **Cut SCM** | **EVENT** | **Cut SCY** | **Cut LCM** | **Cut SCM** | **GIRLS** |
| 75 |  |  |  | 13-14 200 Med Relay |  |  |  | 76 |
| 77 |  |  |  | 15 & O 400 Med Relay |  |  |  | 78 |
| 79 | 02:30.69 | 02:54.01 | 02:45.10 | 13-14 200 Free | 02:37.51 | 03:00.28 | 02:52.58 | 80 |
| 81 | 02:21.34 | 02:41.14 | 02:34.87 | 15 & O 200 Free | 02:35.64 | 02:54.89 | 02:50.49 | 82 |
| 83 |  |  |  | 13-14 50 Fly |  |  |  | 84 |
| 85 |  |  |  | 15 & O 50 Fly |  |  |  | 86 |
| 87 | 02:50.16 | 03:19.53 | 03:08.09 | 13-14 200 Back | 02:56.10 | 03:24.48 | 03:12.71 | 88 |
| 89 | 02:40.70 | 03:05.12 | 02:57.64 | 15 & O 200 Back | 02:53.46 | 03:16.56 | 03:09.85 | 90 |
| 91 | 06:07.94 | 07:09.43 | 06:44.79 | 13-14 400 IM | 06:19.93 | 07:25.60 | 06:55.79 | 92 |
| 93 | 05:44.62 | 06:37.75 | 06:19.16 | 15 & O 400 IM | 06:19.82 | 07:07.12 | 06:55.57 | 94 |
| 95 |  |  |  | 13-14 100 Fly |  |  |  | 96 |
| 97 |  |  |  | 15 & O 100 Fly |  |  |  | 98 |
| 99 |  |  |  | 13-14 50 Free |  |  |  | 100 |
| 101 |  |  |  | 15 & O 50 Free |  |  |  | 102 |
| 103 | 03:17.55 | 03:50.00 | 03:37.79 | 13-14 200 Breast | 03:24.59 | 03:57.15 | 03:43.40 | 104 |
| 105 | 03:00.83 | 03:28.22 | 03:19.42 | 15 & O 200 Breast | 03:20.19 | 03:48.02 | 03:38.67 | 106 |
| **15 Minute Break** | | | | | | | | |
| 107 |  |  |  | 13-14 100 Back |  |  |  | 108 |
| 109 |  |  |  | 15 & O 100 Back |  |  |  | 110 |
| 111 | 06:41.82 | 06:11.79 | 05:51.66 | 13-14 500 Free | 06:59.31 | 06:25.98 | 06:12.78 | 112 |
| 113 | 06:24.55 | 05:47.48 | 05:36.48 | 15 & O 500 Free | 06:58.98 | 06:10.47 | 06:12.56 | 114 |
| 115 |  |  |  | 13-14 50 Breast |  |  |  | 116 |
| 117 |  |  |  | 15 & O 50 Breast |  |  |  | 118 |
| 119 |  |  |  | 13-14 100 Free |  |  |  | 120 |
| 121 |  |  |  | 15 & O 100 Free |  |  |  | 122 |
| 123 | 02:57.42 | 03:29.54 | 03:16.01 | 13-14 200 Fly | 03:05.12 | 03:33.83 | 03:24.59 | 124 |
| 125 | 02:41.25 | 03:05.56 | 02:58.08 | 15 & O 200 Fly | 02:58.52 | 03:21.62 | 03:17.33 | 126 |
| 127 |  |  |  | 13-14 50 Back |  |  |  | 128 |
| 129 |  |  |  | 15 & O 50 Back |  |  |  | 130 |
| 131 | 02:51.48 | 03:18.87 | 03:07.76 | 13-14 200 IM | 03:00.06 | 03:27.67 | 03:17.22 | 132 |
| 133 | 02:39.05 | 02:59.73 | 02:54.12 | 15 & O 200 IM | 02:55.55 | 03:19.53 | 03:12.27 | 134 |
| 135 |  |  |  | 13-14 100 Breast |  |  |  | 136 |
| 137 |  |  |  | 15 & O 100 Breast |  |  |  | 138 |
| 139 |  |  |  | 13-14 200 Free Relay |  |  |  | 140 |
| 141 |  |  |  | 15 & O 400 Free Relay |  |  |  | 142 |

NAME OF CLUB:

COACHES:

**Entry Contact Information:** (circle one) **Coach Club Representative Parent**

NAME:

ADDRESS:

CITY:

STATE: ZIP:

TELEPHONE: EMAIL:

|  |  |  |
| --- | --- | --- |
| **NUMBER OF SWIMMERS ENTERED** | Boys: |  |
| Girls: |  |
| Total: |  |

NWISC will pay $2.00 Indiana Swimming Surcharge this season.

**FINAL RESULTS:**

SUMMARY OF ENTRIES PAGE - Please check off all that you would like to receive after the meet.

Hard Copy (snail mailed OR .pdf file emailed)

Meet Manager Backup (Emailed)

Team Manager .cl2 file (Emailed)

**WAIVER**

In consideration of the acceptance of this entry, I, intending to be legally bound, hereby consign, waive and release any and all rights and claims for damages which may accrue against United State Swimming, Inc., The Indiana Competitive Swim Corporation, Northwest Indiana Swim Conference, Merrillville Marlins Swim Club and its Board of Directors, Merrillville High School, their representatives, employees, directors, officers or successors, for any or all injuries suffered by me or any contestant or representative in said meet as a representative of my Club.

Date: Signature:

Please include the following with this summary sheet:

1. Print-out of your team entries
2. List of Officials / Timers who can work
3. Coaches' proof of USA Swimming membership

**REMINDER:**

All clubs are required to provide 2 timers per session except for the host team and the team that is hosting the next NWISC Championship Meet. The team hosting the next NWISC Championship Meet will be responsible for providing 2-3 workers per session to the host team to handle awards for this championship meet. A penalty of $20.00 per session will be assessed if you do not have a timer present by the start of the timers meeting, but it is your responsibility to find replacements, not the host club.