NORTHRIDGE AREA SWIMMING ASSOCIATION

***2019 IN NASA OFF THE BLOCK INVITATIONAL***

***MAY 4, 2019***

**Start the season with a splash! Make every swim a lifetime best!**

**SANCTION:** Held under the sanction of USA Swimming and Indiana

Swimming. Sanction # IN19294

**SPONSOR:** Northridge Area Swimming Association

Head Coach and Club Director: Kyle Hembree [coachhembree@nasaswimming.org](mailto:coachhembree@nasaswimming.org)

Meet Director: Mike Weber

Phone: 574-320-7964

Email: mike.weber1916@gmail.com

Entry Chair: Tim Hartzell

56779 Northridge Dr.

Middlebury IN 46540

Phone: 574-584-4244

E-mail: tghartzell@gmail.com

**DATE:** MAY 4, 2019

**LOCATION:** NORTHRIDGE HIGH SCHOOL POOL

56779 Northridge Drive, (Pool door faces US 20 – Door 11)

Middlebury, Indiana 46540

(for directions use the intersection of US 20 and County Road 35, Middlebury, IN 46540 – from this intersection turn North on CR 35, turn right onto Northridge Dr and follow signs to the pool)

**FACILITIES:** 10 lane, 25 yard competition pool. The competition course has been certified in accordance with 104.2.2C(4). The copy of such certification is on file with USA Swimming. Depth at start end of the pool is 13.5 ft. Depth at turn end of pool is 5 ft – 6 ft. Non-turbulent lane lines. Daktronics Automatic timing system with backup. Full color score boards. Warm up/warm down area available. Stadium seating.

Swimmers rest area maybe available in adjacent field house.

**TIME SCHEDULE:** **Saturday Morning Session**: Warm-ups:

11 & Over : 7:30-8:20AM

10 & Under: 8:20-8:50 AM

Meet begins: 9:00 AM

**We are currently planning on running one session for this meet. All age groups will swim in morning session. If necessary due to timeline, we will run the traditional morning and afternoon sessions. Afternoon session would be** **11 & over, while morning session would be 10 and under. Coaches will be notified on Monday before meet if two sessions will be run with start times for warm ups and meet.**

**ELIGIBILITY:** Swimmers must be registered with USA Swimming and their

registration numbers must accompany the entry. Age as of

May 4, 2019 will determine age for the meet. Indiana Swimming does not process on-site registration.

**ENTRY LIMITS:** Each swimmer may enter five (5) individual events plus one (1)

relay. If the meet is not full, deck entries may be accepted at the discretion of the meet director. Teams will not be split. Deck entries will be $10.00 per event. Deck entries and NT entries will be placed in the slowest heats.

**ENTRY FEES:** $5.00 per individual event. $8.00 per relay. $2.00 INDIANA Swimming surcharge per swimmer. Make checks payable to Northridge Area Swimming Association (NASA). Checks must accompany the entry or be paid by the start of the meet. No entry fees will be returned UNLESS the host team shall limit the number of swimmers in any one or more events to maintain a reasonable length of the meet. In the event that entries are limited, the host team must return the entry fees to the club(s) whose swimmers are not allowed to compete in the specific event(s).

**ENTRY DEADLINE:** Entries will be accepted starting Monday, April 8, 2019 and must be received no later than Friday, April 20, 2019. The deadline will be extended if the meet is not full. You will receive confirmation of your entry as it is received.

**Send entries to:** **Tim Hartzell**

**56779 Northridge Dr.**

**Middlebury IN 46540**

**Phone: 574-584-4244**

**E-mail: tghartzell@gmail.com**

If the meet is over-entered, NASA has sole discretion to determine which entries to accept. In making this decision, teams will not be split and the number of officials and timers will be considered. Order of arrival of entries submitted before the entry deadline will not be a consideration. Teams will be notified by email of their status by 8:00 pm, April 29, 2019.

**AWARDS:** MAKE EVERY SWIM “A LIFE TIME BEST”!! All swimmers with lifetime best swims will be awarded a ribbon. No awards for 15 & over athletes. Awards need to be picked up at the end of the meet and will not be mailed.

**RESULTS:** A copy of the final results will be sent to each participating team in the formats indicated on the Summary of Entry Form. Teams may receive the final results on USB flash drive immediately following the meet.

**RULES:** Current USA Swimming and Indiana Swimming rules will govern this meet. USA Swimming rules 202.5.2 – At a sanctioned competitive event, USA Swimming athlete members must be under the supervision of a USA Swimming member coach during warm-ups, competition, and warm-down. The Meet Director or Meet Referee may assist the athlete in making arrangements for such supervision, but it the swimmer’s responsibility to make such arrangements prior to the meet. The No-Recall procedure will be used. Any swimmer entered in the meet, unaccompanied by a USA Swimming member coach, must be certified by a USA Swimming member coach as being proficient in performing a racing start or must start each race from within the water.  It is the responsibility of the swimmer or the swimmer’s legal guardian to ensure compliance with this requirement. Use of audio or visual recording devices, including a cell phone, is not permitted in changing areas, rest rooms or locker rooms.

Changing into or out of swimsuits other than in locker rooms or other designated areas is **prohibited.**

**202.4.9 J**: Operation of a drone, or any other flying apparatus, is prohibited over the venue (pools, athlete/coach areas, spectator areas and open-ceiling locker rooms) any time athletes, coaches, officials and/or spectators are present.  Exceptions may be granted with prior written approval by the Program Operations Vice Chair.​

**SUIT RULE**: THE USA SWIMMING SWIM SUIT RULE (102.9.1 B) IS IN EFFECT. In swimming competitions, the competitor must wear only one swimsuit in one or two pieces except as provided in 205.10.1. All swimsuits shall be made from textile materials. For men, the swimsuit shall not extend above the navel or below the knees, and for women, shall not cover the neck, extend past the shoulders, nor extend below the knee.

:

**CHECK-IN:** Positive check-in is required for all swimmers. Swimmers must check in no later than 45 minutes prior to the start of each session. Clerk of Course will be available for 8 & unders only. Swimmers are encouraged to check in prior to warm-ups. Swimmers who do not check in will be scratched.

COACHES: Coaches and Officials MUST display their current USA Swimming coach credential or Deck Pass to gain deck access. The meet referee and/or meet director reserves the right to ask for coach credential or Deck Pass and/or deny deck access if coach does not comply or card is no longer valid/current.

**MEET WORKERS:** Each team with 5 or more swimmers is asked to supply at least 1 Official and 2 timers for each session. Please include the names of anyone interested in helping along with phone numbers with your entry or in your email.

**ADMISSION**: Admission is $5 per session

**CONCESSIONS:** The Starfish Cafe which provides an excellent variety of food and drinks will be available. No food or drinks are allowed in the pool area or in the field house. Food and drinks are permitted in the spectator area. NO smoking is allowed on the premises.

**HEAT SHEETS:** Heat sheets will be available for $2.00 for the day.

**PARKING:** Parking is available near the pool entrance as well as in other lots around the building. PLEASE DO NOT park on the grass or along the edge of the campus roads. Thank you!!

**FACILITIES:** We are excited to be able to use the facilities at Northridge High School for our meet under a long-standing agreement between the administration and our club. This is a newer facility and we are privileged to be able to use it! PLEASE respect our facility rules and all school property. NO SMOKING is permitted on the school premises. NO food or drinks are allowed in the pool area or in the field house. NO coolers are allowed in the swimmer rest area or the pool area. Coolers can be kept in the hall near the swimmer rest area.

It is understood and agreed that USA Swimming shall be free from any liabilities or claims for damages arising by reason of injuries to anyone during the conduct of the event.

# **NASA OFF THE BLOCK INVITATIONAL**

## SUMMARY OF ENTRY

In addition to your HyTek entry, please fill out the information requested

below and submit it with your check made payable to NASA to be received no later than

the start of the meet. If mailing this form and your payment please send to:

**Tim Hartzell**

**56779 Northridge Dr.**

**Middlebury IN 46540**

**Phone: Phone: 574-584-4244**

**E-mail: tghartzell@gmail.com**

Name of Club: Club Code:

Total individual entries: X $5.00 = $

Total relay entries: \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_X $8.00 = $\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

Total # swimmers entered \_\_\_\_\_\_\_\_\_ X $2.00 swimmer surcharge = $\_\_\_\_\_\_\_\_\_\_\_\_\_

(IN Swimming surcharge)

Total enclosed (payable before the start of the meet) = $

Person filling out this entry:

Address:

City: State: Zip:

Phone: email:

Head Coach: Asst. Coach:

In consideration of your acceptance of this entry, I intend to be legally bound, for all

financial responsibilities incurred and do hereby for myself, my heirs, executors, and

Administrators, waive and release any and all rights to claim against Northridge High School

and Northridge Are Swimming Association for damage for myself and all swimmers

covered by this entry for any and all injuries at said meet.

Signature of Club Official

Please indicate how your club would like to receive the final results:

\_\_\_\_\_\_ Hard copy ( US Mail or .htm file emailed)

\_\_\_\_\_\_ Meet Manager Backup (emailed)

\_\_\_\_\_\_ Team Manager .cl2 file (emailed)

\_\_\_\_\_\_ All of the above

Email address for meet results:\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

**SUMMARY OF EVENTS**

### NASA OFF THE BLOCK INVITATIONAL MAY 4, 2019

### SATURDAY, MAY 4, 2019 MORNING SESSION

**Warm-ups Start: 11 & Over: 7:30am**

**10 & Under: 8:20am**

**Meet Starts: 9:00 am**

**GIRLS BOYS**

1 13 & OVER 100 YD FREESTYLE 2

3 11-12 100 YD FREESTYLE 4

5 9-10 100 YD FREESTYLE 6

7 8 & UNDER 50 YD FREESTYLE 8

9 13 & OVER 50 YD BREASTSTROKE 10

11 11-12 50 YD BREASTSTROKE 12

13 9-10 50 YD BREASTSTROKE 14

15 8 & UNDER 25 YD BREASTSTROKE 16

17 13 & OVER 50 YD BACKSTROKE 18

19 11-12 50 YD BACKSTROKE 20

21 9-10 50 YD BACKSTROKE 22

23 8 & UNDER 25 YD BACKSTROKE 24

25 13 & OVER 50 YD BUTTERFLY 26

27 11-12 50 YD BUTTERFLY 28

29 9-10 50 YD BUTTERFLY 30

31 8 & UNDER 25 YD BUTTERFLY 32

33 13 & OVER 100 YD I.M. 34

35 11-12 100 YD I.M. 36

37 9-10 100 YD I.M. 38

39 8 & UNDER 100 YD I.M. 40

41 13 & OVER 50 YD FREESTYLE 42

43 11-12 50 YD FREESTYLE 44

45 9-10 50 YD FREESTYLE 46

47 8 & UNDER 25 YD FREESTYLE 48

49 13 & OVER 200 YD FREESTYLE RELAY 50

51 11-12 200 YD FREESTYLE RELAY 52

53 9-10 200 YD FREESTYLE RELAY 54

55 8 & UNDER 100 YD FREESTYLE RELAY 56

***NASA OFF THE BLOCK INVITATIONAL***

***OFFICIALS/TIMERS VOLUNTEER FORM***

Please list the names, phone numbers, and level of officials/timers from your

club that are willing to work. Please indicate the sessions each

volunteer can be available. Thank you for your help!

***CLUB NAME:\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_***

***VOLUNTEER COORDINATOR:\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_***

***EMAIL:\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_***

|  |  |  |
| --- | --- | --- |
|  |  |  |
| ***Name*** | | | | | ***PHONE*** | ***LEVEL*** | ***SESSIONS*** |
|  | | | | |  |  |  |
|  | | | | |  |  |  |
|  | | | | |  |  |  |
|  | | | | |  |  |  |
|  | | | | |  |  |  |
|  | | | | |  |  |  |
|  | | | | |  |  |  |
|  | | | | |  |  |  |