2020 CHASESTRONG Swim Invitational

Hosted by Indian Creek Aquatic Club

www.icacsharks.org

Trafalgar, Indiana

January 10-12, 2020

SANCTION: This meet is sanctioned by USA Swimming and Indiana Swimming.

Sanction number: IN20180

LOCATION: Indian Creek Natatorium

Indian Creek High School

803 W. Indian Creek Drive

Trafalgar, IN 46181

FACILITY: The Indian Creek Natatorium has a 25 yard, 8 lane pool with 6 additional 20 yard lanes for continuous warm-up/cool down. Water depth is 5’0” at the starting end and 5’6” at the turn end. The competition course has been certified in accordance with 104.2.2C(4). Copy of certification is on file with USA Swimming. Daktronics timing system and touchpads will be used with an 8-lane readout scoreboard.

ELIGIBILITY: Swimmers must be registered with USA Swimming to be accepted into this meet. Indiana Swimming does not process on-site athlete registration. Age as of January 10, 2020, will determine the swimmer’s age for the entire meet.

RULES: Current USA Swimming rules, including the Minor Athlete Abuse Prevention Policy (“MAAPP”) and Indiana Swimming rules will govern this meet. USA Swimming rules state that at a sanctioned competitive event, USA Swimming athletes members must be under the supervision of a USA Swimming coach during warm-up, competition, and warm-down. The Meet Director or Meet Referee may assist in making arrangements for such supervision, but it is the swimmer’s responsibility to make such arrangements prior to the start of the meet. Any swimmer entered in the meet, must be certified by a USA Swimming-member coach as being proficient in performing a racing start or must start each race from within the water. When unaccompanied by a member-coach, it is the responsibility of the swimmer or the swimmer’s legal guardian to ensure compliance with this requirement.

Coaches and Officials MUST display their current USA Swimming coach credential or Deck Pass to gain deck access. The meet referee and/or meet director reserves the right to ask for coach credential or Deck Pass and/or deny deck access if coach does not comply or card is no longer valid/current.

In swimming competitions, the competitor must wear only one swimsuit in one or two pieces except as provided in USA Swimming Rule 205.10.1. All swimsuits shall be made from textile materials. For men, the swimsuit shall not extend above the navel nor below the knee, and for women, shall not cover the neck, extend past the shoulder, nor extend below the knee. Changing into or out of swimsuits other than in locker rooms or designated areas is prohibited. Deck changes are prohibited.

Use of audio or visual recording devices, including a cell phone, is not permitted in changing areas, rest rooms, or locker rooms.

Operations of a drone, or any other flying apparatus, is prohibited over the venue (pools, athlete/coaches areas, spectator areas, and open ceiling locker rooms) any time athletes, coaches, officials, and/or spectators are present. Exceptions may be granted with prior written approval by the Program Operations Vice Chair.

SCHEDULE: **Friday, January 10**

Warm-ups 4:30-5:20p Meet starts 5:30p

**Saturday, January 11**

**AM session**

Warm-ups 7:30-8:20a Meet starts 8:30a

**PM session**

Warm-ups 12:00-12:35p Meet starts 12:45p

**Sunday January 12**

Warm-ups 11:00-11:50a Meet starts 12:00p

FORMAT: All events will be TIMED FINALS. ICAC reserves the right to limit entries in any event in order to ensure a reasonable timeline. Fastest seeded times will be the determining factor. The number of heats will be determined after receipt of all entries and reviewing the timeline. REFUNDS WILL BE MADE IF ENTRIES ARE LIMITED.

This meet is designed to promote the aerobic base of our age-group swimmers, providing opportunities for HS swimmers to obtain cuts in events that are not offered in the high school setting, to promote IM swimming, and most importantly, to encourage the fun of the sport. Keeping the last two objectives in mind, we will be combining the times for the four strokes (100’s for 13 and over, 50’s for 11-12 and 10 and under, and 25”s for 8 and under) and the IM (200 for 13 & over, 11-12 and 10 and Under, 100 for 8 and Under)) to come up with a composite IM time for a “pentathlon” award in each age-group. This applies to all ages on Saturday. Swimmers will need to participate in all 5 of the listed events to be considered for the “pentathlon” awards.

\*\*\*CHASESTRONG Challenge\*\*\*: The 400 IM/200 Fly event combination, as currently in the Age Group State lineup, is considered a personal challenge to Chase Smith (an ICAC swimmer currently battling Ewing's Sarcoma for the second time). Therefore, we will offer the CHASESTRONG Challenge on Friday evening in his honor. Any swimmer who successfully competes (no DQ’s) this event combination will receive a special award.

ENTRIES: Swimmers are limited to five (5) events per day.

Entries may be submitted by email or in writing. Entry fees and the signed release form must be received by the start of the meet on Friday, January 10, 2020. Teams whose fees have not been received by the deadline will not be allowed to compete. A complete list of USA swimming registration numbers for all swimmers in the meet must be included with your entry.

DEADLINE: Entries will be accepted starting December 13, 2019, at 8am. Entry deadline will be December 27, 2019. We will extend the deadline if the meet is not full.

FEES: Entry fee is $5.00 per event plus a $2.00 Indiana Swimming surcharge per swimmer. Make checks payable to Indian Creek Aquatic Club. In the event that entries have to be limited, ICAC will return the entry fees to the clubs whose swimmers are not allowed to compete in the specific limited events.

Fees for deck entries will be $8.00 per event. Entries after December 27, 2019, will be considered on deck and charged accordingly.

CHECK-IN and ALL SWIMMERS MUST CHECK-IN BEFORE WARM-UPS. Check-in sheets will be taken

WARM-UP: down 20 minutes after the start of warm-ups. Swimmers who fail to check-in will be scratched. Lane assignments for warm-ups will be disseminated at the meet. Coaches will need to work together within their lane assignments and may start sprints within their lane(s) when all agree.

CLERK OF COURSE: This will be a card-less meet. 8 & Unders will be clerked and escorted to blocks.

AWARDS: Ribbons for 1-16 place will be awarded for each 12&U individual event. 12&U will be scored separately in OPEN events. Special awards will be given to the top eight finishers in the IM pentathlon for boys and girls in each of the following age-groups: 8&Under, 9-10, 11-12, 13-14, 15 & Over.

FINAL RESULTS: Electronic result files will be provided to every participating club.

ADMISSION & Spectator admission will be $5/day or $10/meet. Price includes heat sheets.

HEAT SHEETS: 10&Unders admitted free

ENTRY CHAIR Brad Smith

& MEET DIRECTOR [icaccoach@gmail.com](mailto:icaccoach@gmail.com)

317-850-1689

PO Box 40

Trafalgar, IN 46181

WEBSITE: [www.icacsharks.org](http://www.icacsharks.com) for current meet info

# 2020 CHASESTRONG Swim Invitational

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January 10-12, 2020

Friday, January 10: Session I

Warm-up 4:30-5:20p Meet starts 5:30p

|  |  |  |  |
| --- | --- | --- | --- |
| Girls | Events  CHASESTRONG Challenge | | Boys |
| 1 | OPEN | 400 IM | 2 |
| 3 | OPEN | 200 Butterfly | 4 |
| 5 | 12&Under | 500 Freestyle | 6 |
| 7 | OPEN | 1000 Freestyle | 8 |

Saturday, January 11: Session II

Warm-up 7:30-8:20a Meet starts 8:30a

|  |  |  |  |
| --- | --- | --- | --- |
| Girls | Events | | Boys |
| 9 | 13&Over | 100 Freestyle | 10 |
| 11 | 11-12 | 50 Freestyle | 12 |
| 13 | 13&Over | 100 Breaststroke | 14 |
| 15 | 11-12 | 50 Breaststroke | 16 |
| 17 | 13&Over | 100 Backstroke | 18 |
| 19 | 11-12 | 50 Backstroke | 20 |
| 21 | 13&Over | 100 Butterfly | 22 |
| 23 | 11-12 | 50 Butterfly | 24 |
| 25 | 13&Over | 200 IM | 26 |
| 27 | 11-12 | 200 IM | 28 |

Saturday, January 11: Session III

Warm-up 12:00-12:35p Meet starts 12:45p

|  |  |  |  |
| --- | --- | --- | --- |
| Girls | Events | | Boys |
| 29 | 10&Under | 50 Freestyle | 30 |
| 31 | 8&Under | 25 Freestyle | 32 |
| 33 | 10&Under | 50 Breaststroke | 34 |
| 35 | 8&Under | 25 Breaststroke | 36 |
| 37 | 10&Under | 50 Backstroke | 38 |
| 39 | 8&Under | 25 Backstroke | 40 |
| 41 | 10&Under | 50 Butterfly | 42 |
| 43 | 8&Under | 25 Butterfly | 44 |
| 45 | 10&Under | 200 IM | 46 |
| 47 | 8&Under | 100 IM | 48 |

Sunday January 12: Session IV

Warm-up 11:00-11:50a Meet starts 12:00p

|  |  |  |  |
| --- | --- | --- | --- |
| Girls | Events | | Boys |
| 49 | 13 & Over | 50 Freestyle | 50 |
| 51 | Open | 200 Freestyle | 52 |
| 53 | 13 & Over | 50 Breaststroke | 54 |
| 55 | Open | 200 Breaststroke | 56 |
| 57 | 13 & Over | 50 Backstroke | 58 |
| 59 | Open | 200 Backstroke | 60 |
| 61 | 13 & Over | 50 Butterfly | 62 |
| 63 | Open | 500 Freestyle | 64 |

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Entry Summary

In addition to returning your completed entry form, please fill out the requested information below and mail with your check payable to Indian Creek Aquatic Club to the entry chair at the address shown.

Entry Chair: Brad Smith, PO Box 40, Trafalgar, IN 46181

317-850-1689 [icaccoach@gmail.com](mailto:icaccoach@gmail.com)

Team Name\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_Code\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

Entry Chair\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

Address\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

Phone\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_ Email\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

Coaches Names\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

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RELEASE AND HOLD HARMLESS AGREEMENT

In consideration of being permitted to participate in this swim meet, and for the good and valuable consideration, the undersigned for himself, his successors and assigns, hereby releases and forever discharges USA Swimming, Indiana Swimming, Indian Creek Aquatic Club, the Nineveh-Hensley-Jackson United School Corporation, and each of their respective officers, agents, employees, members, successors and any other persons in any way connected with this meet, from any and all liabilities, claims, demands, actions, or causes of action of whatever kind of character arising out of or in connection with said event. Further the understanding shall indemnify and hold harmless USA Swimming, Indiana Swimming, Indian Creek Aquatic Club, the Nineveh-Hensley-Jackson United School Corporation, and each of their respective officers, agents, employees, members, and members of the foregoing and all other persons in any way and claims arising out of in connection with any injury, including death, or alleged injury of damage to property sustained or alleged to have sustained in connection with or to have arisen out of this meet. It is understood and agreed that USA Swimming shall be free from any liabilities or claims for damages arising by reason of injuries to anyone during the conduct of the event.

Executed\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_, 20\_\_\_\_\_ Team Representative Signature\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

Total Number of Swimmers Entered\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_x$2.00=\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

(Indiana Swimming surcharge)

Number of Girl Entries\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_x$5.00 = \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

Number of Boy Entries\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_x$5.00 = \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

TOTAL DUE = \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

How would you like results sent to you?

\_\_\_\_\_ Hard Copy (.htm/.pdf file emailed)

\_\_\_\_\_ Meet Manager Back-up (emailed)

\_\_\_\_\_ Team Manager .cl2 file (emailed)

\_\_\_\_\_ All of the above

Email address to send above: \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_