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| **SANCTION:** | | This meet is sanctioned by USA Swimming and Indiana Swimming. | | | | |
|  | **SANCTION # IN19137** | | |  | | |
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| **HOST:** | | Three Rivers Aquatics Club, Ft. Wayne, IN | | | |
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| **COACHES:** | | Stephanie Jamison - Head Coach | | |
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| **LOCATION:** | | Helen P. Brown Natatorium, South Side High School, 3601 South Calhoun St. Fort Wayne, IN | | | |
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| **FACILITY:**  **COURSE INFO:**  **ELIGIBILITY:**  **RULES:** | | The facility is an indoor, 50 meter by 25-yard pool. Fully automatic touch pad, timing and Daktronics scoreboard will be used.  The competition course has not been certified in accordance with 104.2.2C(4). The water depth at the starting blocks ranges from 5ft to 12.5 ft.  Current USA and Indiana Swimming Short Course rules will govern.  Swimmer(s) must be registered with USA Swimming prior to the competition. Age of January 19, 2018 will determine age group for this meet. Indiana Swimming does not process on site athlete registration. Coaches MUST constantly display their USA Swimming coach credential to gain deck access. The meet referee reserves the right to ask for coach credential display and/or deny deck access if coach does not comply or card is no longer valid/current.  At a sanctioned competitive event, USA Swimming athlete members must be under supervision of a USA Swimming member coach during warm-up, competition, and warm-down. The Meet Director or Meet Referee shall assist the athlete in making arrangements for such supervision. “Any swimmer entered in the meet, unaccompanied by a USA Swimming member coach, must be certified by a USA Swimming member coach as being proficient in performing a racing start or must start each race from within the water. It is the responsibility of the swimmer or the swimmer’s legal guardian to ensure compliance with this requirement.  Use of audio or visual recording devices, including a cell phone, is not permitted in changing areas, restrooms or locker rooms. Deck changes are prohibited  Current USA Swimming and Indiana Swimming rules will govern this meet.  202.5.3- At a sanctioned competitive event, USA Swimming athlete members must be under the supervision of a USA Swimming member coach during warm-up, competition, and warm-down. The Meet Director or Meet Referee shall assist the athlete in making arrangements for such supervision, but it is the swimmer’s responsibility to make such arrangements prior to the start of the meet.  202.4.9 D. - Any swimmer entered in the meet, unaccompanied by a USA Swimming member coach, must be certified by a USA Swimming member coach as being proficient in performing a racing start or must start each race from within the water. It is the responsibility of the swimmer or the swimmer’s legal guardian to ensure compliance with this requirement.  202.4.9 J. Operation of a drone, or any other flying apparatus, is prohibited over the venue (pools, athlete/coach areas, spectator areas, and open-ceiling locker rooms) any time athletes, coaches, officials, and/or spectators are present. Exceptions may be granted with prior written approval by the Program Operations Vice Chair. | | | | |
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| **RULES:**  **SWIMSUITS:** | | 202.4.9 K. It is understood and agreed that USA Swimming shall be free from any liabilities or claims for damages arising by reason of injuries to anyone during the conduct of the event.  ISI rule - Coaches MUST constantly display their current USA Swimming coach credential to gain deck access. The meet referee reserves the right to ask for coach credential display and/or deny deck access if coach does not comply or card is no longer valid/current.  ISI rule to include USA-S 102.8.1 B - In swimming competitions, the competitor must wear only one swimsuit in one or two pieces except as provided in USA Swimming rule  202.2.9 H - Use of audio or visual recording devices, including a cell phone, is not permitted in changing areas, rest rooms or locker rooms  202.2.9 I - Except where venue facilities require otherwise, changing into or out of swimsuits other than in locker rooms or other designated areas is not appropriate and is prohibited.  In swimming competitions, the competitor must wear only one swimsuit in one or two pieces except as provided in 205.10.1. All swimsuits shall be made from textile materials. For men, the swimsuit shall not extend above the navel nor below the knees, and for women, shall not cover the neck, extend past the shoulder, nor extend below the knee. | | | | |
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| **MEET FORMAT:** | | Timed Finals for all Age Groups. The Friday evening session will consist of distance events including the 400 IM, the 200 IM (10 & Under / 11-12), the 500 Free (11 & Over), and the 200 Free (10 & Under). We will run one heat each (girls & boys) of the 1650 based on the top eight times submitted. These events may be limited for time and **heats will be run fastest to slowest** . Refunds will be provided to those swimmers who are cut. Relays for the 13 and over swimmers will be eliminated if the timeline warrants. Refunds will be given if relays are cut.  The no recall starting procedure will be observed for all events in this meet.    TRAC Reserves the right to configure the pool set up and session warmup/start times based upon meet entries. | | | | |
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| **ENTRY**  **INFORMATION:** | | | 1. Each 10 & Under swimmer will be limited to no more than 2 events on Friday and 4 events per day plus one relay per day on Saturday and Sunday. Each 11 & Over swimmer will be limited to no more than 3 events on Friday 5 events per day plus one relay on Saturday and Sunday  2. E-mailed entries only. Enter swimmers using YARD Times  5. 3. Deck entries will be allowed. Deck entries are $8.00 per event, $10.00 per relay. We reserve the right to limit deck entries.  8. 4. No session will exceed 4 hours. |
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| **ENTRY FEES:** | | There will be an entry fee of $5.00 per individual event; $6.00 per relay. A $2.00 per swimmer surcharge has been instituted by Indiana Swimming effective October 2013. A HPB Natatorium surcharge of $1.50 per swimmer is in affect as of 2018 Indiana Swimming HOD. Checks for entry fees should be made payable to: Three Rivers Aquatic Club | |
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| **FINAL RESULTS:** | | Final results will be E-mailed to participating teams following the conclusion of the meet. | |
| **DEADLINE:** | | Entries will be accepted starting December 16, 2018. The entry deadline will be January 5, 2018. E-mail to **entries@tracswim.org**. No hand deliveries, facsimiles or phone reservations will be accepted. Mail ONLY completed Summary of Entries and check and money order (no cash please) for fees to:  **Mark Hammes Telephone**  **1814 Glenlivet CT (847) 921-4331**  **Fort Wayne, IN 46804**    Note: Please complete contact information in Team Manager. | |
| **ACCEPTANCE CRITERIA:** | | If the meet is over-entered, TRAC has the sole discretion to determine which entries to accept. In exercising its discretion, TRAC will consider:   1. Teams will not be broken. 2. Number of officials and timers provided by the team. 3. Level of competition. 4. Geographic diversity. 5. When entry was received 6. Participation in other TRAC Meets | |
| **SCORING:** | | Age groups are 10 & Under, 11 - 12, 13 – 14; 15 & Over will not be scored.  Individual scoring: 1st through 16th  Points will be awarded as follows: 20-17-16-15-14-13-12-11-9-7-6-5-4-3-2-1 | |
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| **AWARDS:** | | Individual Events - 1st through 8th places - custom ribbons (14 & under only)    Random 10&U heats will be selected to receive Special  Awards  Relays - 1st through 3rd places - custom ribbons  High Point awards will be given for 1st and 2nd place in each boy/girl age group. NO 15 and OVER | |
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| **SCHEDULE:** | FRI. Evening  SAT. Morning  SAT. Afternoon    SUN. Morning  SUN. Afternoon | Warm-ups: 5:00 -5:45 p.m.  Meet Starts: 6:00 p.m.  Warm-ups: 7:00-8:00 a.m.  Meet Starts: 8:15 a.m.  Warm-ups: Not before 12:00 p.m.  (30 minute warm-up)  Meet Starts: Not before 12:45p.m. or 45 minutes after warmups  Warm-ups: 7:00-8:00 a.m.  Meet Starts: 8:15 a.m.  Warm-ups: Not before 12:00 p.m.  (30 minute warm-up)  Meet Starts: Not before 12:45 p.m. or 45 minutes after warmups |
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**EVENT SCHEDULE**

Friday Evening  
Warm-ups 5:00 - 5:45 p.m.

Meet Begins: 6:00 p.m

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| **Female** | **Age** | **Event** | **Male** |
| 1 | 12 & Under | 200 IM | 2 |
| 3 | 13 & Over | 400 IM | 4 |
| 5 | 10 & Under | 200 Free | 6 |
| 7 | 11 & Over | 500 Free | 8 |
| 9 | 13 & Over | 1650 Free | 10 |

Sunday Morning  
Warm-ups 7:00- 8:00 a.m.

Meet Begins: 8:15 a.m

Saturday Morning   
Warm-ups 7:00- 8:00 a.m.

Meet Begins: 8:15 a.m

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| **Female** | **Age** | **Event** | **Male** |
| 55 | 13 & Over | 100 Breast | 56 |
| 57 | 11-12 | 100 Breast | 58 |
| 59 | 13 & Over | 200 IM | 60 |
| 61 | 11-12 | 50 Fly | 62 |
| 63 | 13 & Over | 200 Fly | 64 |
| 65 | 11-12 | 100 Free | 66 |
| 67 | 13 & Over | 100 Free | 68 |
| 69 | 11-12 | 100 Back | 70 |
| 71 | 13 & Over | 100 Back | 72 |
| 73 | 11-12 | 200 Medley Relay | 74 |
| 75 | 13-14 | 200 Medley Relay | 76 |

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| **Female** | **Age** | **Event** | **Male** |
| 11 | 11-12 | 50 Back | 12 |
| 13 | 13 & Over | 200 Back | 14 |
| 15 | 11-12 | 100 Fly | 16 |
| 17 | 13 & Over | 100 Fly | 18 |
| 19 | 11-12 | 50 Free | 20 |
| 21 | 13 & Over | 50 Free | 22 |
| 23 | 11-12 | 50 Breast | 24 |
| 25 | 13 & Over | 200 Breast | 26 |
| 27 | 11-12 | 200 Free | 28 |
| 29 | 13 & Over | 200 Free | 30 |
| 31 | 11-12 | 200 Free Relay | 32 |
| 33 | 13-14 | 200 Free Relay | 34 |

Saturday Afternoon

Warm-ups: Not Before 12:00 p.m. - (30 Mins)

Meet Begins: 15 minutes after warm-ups end

Sunday Afternoon

Warm-ups: Not Before 12:00 p.m. - (30 Mins)

Meet Begins: 15 minutes after warm-ups end

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| **Female** | **Age** | **Event** | **Male** |
| 77 | 8 & U | 50 Back | 78 |
| 79 | 9-10 | 100 Back | 80 |
| 81 | 8 & U | 25 Free | 82 |
| 83 | 9-10 | 50 Free | 84 |
| 85 | 8 & U | 50 Breast | 86 |
| 87 | 9-10 | 100 Breast | 88 |
| 89 | 8 & U | 25 Fly | 90 |
| 91 | 9-10 | 50Fly | 92 |
| 93 | 8 & U | 100 Medley Relay | 94 |
| 95 | 9-10 | 200 Medley Relay | 96 |
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| **Female** | **Age** | **Event** | **Male** |
| 35 | 8 & U | 50 Fly | 36 |
| 37 | 9-10 | 100 Fly | 38 |
| 39 | 8 & U | 25 Back | 40 |
| 41 | 9-10 | 50 Back | 42 |
| 43 | 8 & U | 50 Free | 44 |
| 45 | 9-10 | 100 Free | 46 |
| 47 | 8 & U | 25 Breast | 48 |
| 49 | 9-10 | 50 Breast | 50 |
| 51 | 8 & U | 100 Free Relay | 52 |
| 53 | 9-10 | 200 Free Relay | 54 |
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| **SPECIAL NOTICE:** | To receive meet packet and get on deck, Coaches & Officials (except timers) will be required to display proof of current USA registration. All Coaches & Officials must keep credentials on them at all times while on deck. **All individuals requiring access to the pool deck will be required to show a government issued photo i.d. (FW Community School rule)** |
| **FACILITY NOTE:** | We are using a beautiful, state of the art facility. We ask your cooperation in taking care not to cause damage or misuse it. There is to be no food or drink (except water) in the POOL AREA. Please keep all trash picked up. Do not go or allow anyone to go into any unauthorized area. Chairs and coolers may not be brought into the seating area. No loud whistling, radios, balls, or anything that will be an inconvenience to swimmers, coaches, officials, workers, or spectators will be allowed. Failure to comply with the rules stated above can result in expulsion from the meet and/or the facility.  Use of audio or visual recording devices, including a cell phone is not permitted in changing area, rest rooms or locker rooms. |
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| **ADMISSION:** | Admission to the spectator area will be $6.00 per session / $10 per day for adults and non-athletes over 12. Heat sheets are $3.00 per session.  **Weekend Package:**  $30 for family - includes admission and heat sheets for all sessions.  $20 for individual - includes admission and heat sheets for all sessions. |
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| **POSITIVE CHECK-IN** | **Check-In:** Positive check in will be required for all sessions. Sign in sheets will be taken down 45 minutes prior to the start of each session.  **Relay Check-In:** There will be no positive sign-in sheets for relays. Additionally, there will be no positive scratch for relays. Submission of a relay card prior to the deadline noted shall suffice as "positive check-in" for that relay. Any relay team for whom a relay card is not submitted by the deadline will be scratched. |
| **CLERK OF COURSE:** | There will be a Clerk of Course for the 8 and under swimmers only. Heat and lane assignments will be posted on the walls at various locations. It will be the swimmer’s responsibility to check for their heat and lane assignments for each event. |
| **UPCOMING MEETS:** | TRAC will be hosting a Long Course Meet in June 2018. |
| **MEET**  **DIRECTOR:** | For further information and assistance  **Amy Dankert / Stephanie Eddy/ Janette Richardson**  **amydankert73@gmail.com**  **(260) 417-7631 \_**  **Fort Wayne, IN 46804** |
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**SUMMARY OF ENTRIES**

Please fill out the information requested below and mail with your entry form and check made payable to:

Three Rivers Aquatic Club

NAME OF CLUB CODE

Number of Swimmers Entered: Boys Girls Total

Number of Boys' Individual Entries x $5.00 each = $

Number of Girls' Individual Entries x $5.00 each = $

Total Number of Swimmers Entered \_\_\_\_\_\_\_\_\_\_\_\_ x $2.00 each = $\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

(Indiana Swimming surcharge)

Total Number of Swimmers Entered\_\_\_\_\_\_\_\_\_\_\_\_ x $1.50 each - $\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

(HPB Natatorium surcharge)

Total Number of Relay Entries x $6.00 each = $

Total Amount Enclosed $

**Club Official Submitting Entry: Coaches Names:**

Name

Address

City

State/Zip

Telephone

In consideration of your acceptance of this entry, I, intending to be legally bound, do hereby for myself, my heirs, executors, and administrator, waive and release any and all claims for damages we may have against USA Swimming, Inc., Indiana Swimming, Inc., TRAC Swim Team Parents, Inc., the Helen P. Brown Natatorium, their representatives, successors, and assignee for any and all injuries to us at the said meet.

I have read the Positive Check-In / Scratch and Clerk Of Course Rules on Page 4 of this entry packet and have relayed that information to our team.

Authorized Club Signature Date

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Did you include:

This cover page: \_\_\_\_\_\_\_\_\_\_ Check

Individual entry sheets: Meet Assistance Contact

**TRAC Meet Assistance Form**

Due to the difficulty in staffing meets of this nature, the TRAC Swim Team will require assistance from participating teams. Assistance will be needed with timing and officiating.

The TRAC Swim Team reserves the right to give priority to those teams that agree to provide volunteer officials and timers for our meet.

Please provide the name of a contact person that will coordinate your team's volunteers in the space below and return with your entry. Our Meet Director will contact that person prior to the meet. Please have in mind how many workers you will be able to provide.

**We are asking each team to provide a minimum of 3 timers and 1 official per session.**

**TRAC Meet Assistance Contact**

Team Code: Team Name: \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

Volunteer Person: \_\_\_\_\_\_\_\_\_\_

Phone Number: (daytime-include Area Code) \_(night-include Area Code)

# of Timers / Session Available:

**Yes, our team can supply an official / session**

**FINAL RESULTS**

Please choose how your club would like their results

\_\_\_\_\_ Hard Copy (pdf file emailed)

\_\_\_\_\_ Meet Manager Backup (Emailed)

\_\_\_\_\_ Team Manager .cl2 file (Emailed)

\_\_\_\_\_ ALL of the above

Email address to send above to: \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

#### HOTEL INFORMATION

**1.6 Miles**

Courtyard Marriott Downtown

1150 South Harrison Street, Fort Wayne, IN 46802 (260) 490-3629

Hilton Fort Wayne at the Grand Wayne Convention Center

1020 S Calhoun St, Fort Wayne, IN 46802 (260) 420-1100

**4.5 Miles**

TownePlace Suites by Marriott Fort Wayne North

3949 Ice Way, Fort Wayne, IN 46805 (260) 483-1160

**5.3 Miles**

Holiday Inn Ft. Wayne-IPFW & Coliseum

4111 Paul Shaffer Dr, Fort Wayne, IN 46825 (260) 482-3800

Candlewood Suites Fort Wayne

N 5251 Distribution Dr, Fort Wayne, IN 46825 (260) 484-1400

10+ additional hotels are located off of I69 exit 311 (6.1 Miles)