



2019 SPEEDO SPRING SECTIONAL AT INDIANAPOLIS MEET TIME STANDARDS

March 28-31: Indiana University Natatorium on the Campus of IUPUI

Hosted by Indiana Swimming

This is a LCM competition and open to teams outside of the Central Zone.

Qualifying Period: January 1, 2018, through the entry deadline for Spring Meet.

WOMEN

MEN

SCY	LCM	Event	LCM	SCY
24.99	28.49	50 FREE	25.69	22.39
54.19	1:01.19	100 FREE	55.99	48.59
1:56.69	2:11.89	200 FREE	2:01.89	1:45.89
5:08.99	4:36.09	400/500 FREE	4:16.89	4:46.39
10:38.29	9:31.89	800/1000 FREE	9:00.49	9:57.99
17:49.89	18:15.59	1500/1650 FREE	17:20.99	16:43.89
1:00.79	1:10.09	100 BACK	1:03.19	55.39
2:10.59	2:29.69	200 BACK	2:18.59	1:58.79
1:08.59	1:18.59	100 BREAST	1:11.99	1:01.59
2:27.69	2:48.79	200 BREAST	2:36.19	2:13.79
59.49	1:07.29	100 FLY	1:00.59	53.29
2:11.19	2:27.49	200 FLY	2:16.19	1:59.29
2:11.89	2:29.59	200 IM	2:17.69	1:59.39
4:37.69	5:15.99	400 IM	4:55.79	4:16.99
3:41.99	4:09.99	400/200 FREE RELAY*	3:50.99	3:18.99
7:45.99	8:50.99	800 FREE RELAY	8:15.99	7:13.99
4:05.99	4:40.99	400/200MEDLEY RELAY*	4:17.99	3:42.99

*200 MEDLEY AND 200 FREE RELAYS USE THE 400 TIME STANDARDS; IF YOU HAVE THE QUALIFYING TIMES IN THE 400 RELAYS, YOU ARE ELIGIBLE FOR THE 200 RELAYS.

ENTRY LIMITS AND BONUS EVENTS:

A swimmer may enter an unlimited number of individual events but may compete in no more than 6 individual events for the meet and in no more than 3 individual events per day including time trials.

Swimmers who have achieved fewer than 4 individual event time standards may supplement their entry with bonus events so that the total of individual events (time standards plus bonus swims) does not exceed 4 for the meet. (i.e. 1 qualified and 3 bonus, 2 qualified and 2 bonus, 3 qualified and 1 bonus). Swimmers entering bonus events may be entered at their actual time or a NT. Please be certain to check the box indicating "bonus" for each event that is a bonus entry. When entering a NT, OME time must be entered as 59.59.59. There are no Bonus Time Standards for this meet.