**DATEINSTRUCTOR’S SIGNATURE**

Reaching Assist with Equipment

Reaching Assist without Equipment

Reaching Assist without Equipment from a Position in the Water

Throwing Assist – Ring Buoy

Two-Person Removal from the Water Using a Backboard

Hip and Shoulder Support

Head Splint – Face Up & Face Down

Name of Student:

Address: City/State/Zip:

Date of ARC STSC Online Course Completion Certificate Presented:

Signature of Student:

Name of Instructor Who Tested the In-Water Portion:

Lifeguard Instructor Certification Agency: Date of Expiration:

Your current certification that permits you to test for these skills

Address: City/State/Zip:

Phone: ( ) E-Mail:

Signature of Instructor:

This signature verifies your certifications meet the USA Swimming guidelines that are acceptable for skill testing for the certification of Safety Training for Swim Coaches in-water portion of their skills.

Currently Approved Agencies:

* American Lifeguard Association – Instructor
* American Red Cross – Lifeguarding Instructor, Instructor Trainer, Water Safety Instructor, or Safety Training for Swim Coach Instructor
* Boy Scouts of America Lifeguard Instructor
* Ellis & Associates – International Lifeguard Training Instructor
* Starguard – StarGuard Instructor
* YMCA – Lifeguarding Instructor

Present this form and your ARC STSC on-line completion certificate to your LSC Registrar for verification of completing the STSC requirement for USA Swimming Coaches registration. Send to:

Becky Vonderharr – Minnesota Swimming email: [bvonderharr@mnswim.org](mailto:bvonderharr@mnswim.org)

Cassy Shapley – Minnesota Swimming email: [cshapley@mnswim.org](mailto:cshapley@mnswim.org)

Minnesota Swimming Fax #: 952-988-4183 Address: 1001 Highway #7, Hopkins, MN 55305

Disclaimer: USA Swimming reserves the right to verify the authenticity of instructor credentials with the certifying agency. Falsification of this record may constitute a Code of Conduct violation and result in a Board of Review complaint.