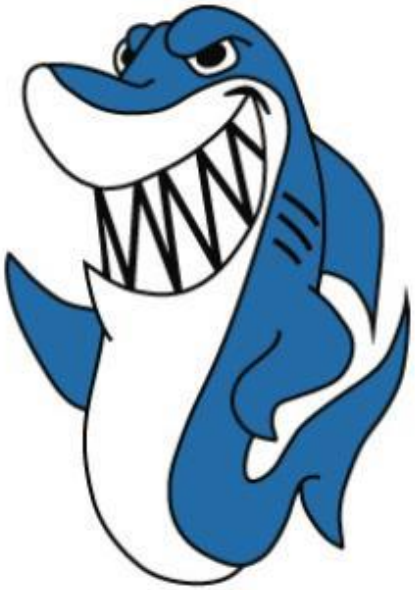

Minnesota Achievement Championships
NORTHFIELD BULL SHARKS SWIM CLUB

Saturday, March 03, 2018 — to — Sunday, March 04, 2018

Sanction Number: MN18W-01-04Y
Time Trial Sanction Number: MN18W-01-04YTT

Held under the sanction of USA Swimming.
It is understood and agreed that USA Swimming shall be free and held harmless from any liabilities or claims for damages arising by reason of injuries to anyone during the conduct of the event.

It is further understood and agreed that Minnesota Swimming shall be free and held harmless from any liabilities or claims for damages arising by reason of injuries to anyone during the conduct of the event.

Meet Director: Angie Enedy (meetdirector@northfieldswimclub.org, 507-321-1009)

Inquiries: Gunnar Teigen (headcoach@northfieldswimclub.org, 262-719-8779) or Angie Enedy (meetdirector@northfieldswimclub.org, 507-321-1009).

Emergency Phone: Gunnar Teigen, 262-719-8779

Meet Type: This is a 2 day meet for all swimmers with verifiable time slower than a "B" time standard. All "C" and "Pre-C" times qualify. This is a closed meet: Only swimmers from the MN LSC can participate.

Fees: $3.00 per entrant listed on the entry sheet, $5.50 per individual splash, $22.00 per relay. Summary cost per calculation sheet. No Facility Fee and No Program Fee.

Time Schedule: Warm-up start time: 7:20 am. Warm-up end time: 8:20 am. Meet start time: 8:30 am. Afternoon sessions will not start before 11:30 am following a 60-minute warm-up.

Awards: Individual Events: Events: Strip Ribbons, $1^{st} – 8^{th}$. Relays: Strip Ribbons, $1^{st} – 8^{th.}$ Certificates will be issued for new Champ, A and B times. Awards will be given out to athletes 30 minutes after the posting of the final results, barring complications with the results.

Programs:	Programs will be on sale during the meet for $10.00 and we are offering a downloadable version of the program for $5.00. A QR code will be posted at the registration deck and posted around the camping areas so individuals can scan and pay at the meet. We will also post a QR code on the Northfield Bull Sharks website 3 days prior to the meet for anyone to pre-download.
Amenities:	Concessions will be provided. Camping allowed only in designated areas.

FACILITY/LOCATION

Meet Location:	Northfield Middle School, 2200 Division St. South, Northfield, MN 55057.
Directions:	Take I-35 to Hwy 19. Turn east and travel about 6 miles into downtown Northfield. Turn south (right) on Hwy 3 and travel about 1 mile. Turn east (left) onto Jefferson Parkway and travel 3/4 mile. Turn south (right) onto Division Stree (Hwy 246). Northfield Middle School is on the right.
Facility:	8 lanes, 25 yard indoor pool with lanelines and backstroke pennants. Slanted Starting blocks are 30 inches above the water surface.
Water depth:	The minimum water depth, measured in accordance with Article 103.2.3 is 12 ft at the start end and 3.5 ft at the turn end.
Course certification:	The competition course has NOT been certified in accordance to 104.2.2C(4).
Other:	We ask that no food be eaten on deck and that the athletes use the locker room door to enter and exit the pool area. the main entrance to the pool can be used by officials and coaches.

ENTRIES

Entries To:	Gunnar Teigen, (headcoach@northfieldswimclub.org, 262-719-8779)
Form of Entries:	Email entries preferred. Please call the entries person for directions if you need to hand deliver.
Entry Start Date:	Entries will be accepted beginning at 8:00 pm on Thursday, February 01, 2018
Entry Close Date:	An Email copy of your entry is due **Wednesday, February 21, 2018 by 8:00 PM**. **Please include your Proof of Times with your emailed entries.**
To correct entry mistakes:	The host will confirm the entries received from each team as soon as it is administratively feasible. In the event there are mistakes, the entering team may submit corrections to the host for swimmers already in the meet. This is not to add swimmers or events for those who missed the February 21, 2018 deadline.
To add new qualifiers only:	Swimmers qualifying for new events between the entry deadline and 2:00pm on Monday, February 26, 2018, require the entering team to email all the initial entries AND the new qualifiers in a single new entry file to the host club, and bring to the meet a new hard copy with all the events and changes highlighted along with a check for the entry fees. This is not to add swimmers or events for those who missed the February 21, 2018 deadline. No new entries will be accepted after the 2:00 PM Monday deadline. It is the duty of the entering team to make sure their entry is correct. It is not the duty of the host to interpret the wishes of the entering team.
Entry Limitations:	Age of a swimmer is determined by their age on the first day of the meet. A swimmer may compete in a maximum of 4 individual events per day and 1 relay. All swimmers must have verifiable time slower than a B time standard. These times must be verifiable from January 1, 2017 to present. The meet will be seeded with conforming times first and non-conforming times thereafter.

MAC Relays:

200 Freestyle Relays will be offered according to the following categories – 10&U, 12&U and 13&O for each gender on Saturday and Mixed 10&U, 12&U and Open Relays on Sunday. Each club is limited to three (3) relays per event. Ribbons for 1st-8th place will be awarded for each relay event.

- No "relay only" swimmers will be permitted to participate on relays. All swimmers must have qualified and be entered to swim an individual event in MAC in order to participate on a relay.
- Once a swimmer is qualified and entered for a MAC individual event there are no time requirements to participate on a relay.
- 10&U and 12&U relays must be comprised of swimmers up to the maximum age for the event.
- 13&O relays the must be comprised of swimmers age 13 or older.
- **Mixed 200 Free Relays on Sunday must be comprised of two boys and two girls.**

Proof of Times:

A qualifying time may be achieved at USA Swimming sanctioned or approved, or observed swims. These times are verified through the USA Swimming SWIMS database.

A qualifying time may also be achieved at a bona fide meet sanctioned and conducted by a recognized organization (i.e. high school, college, YMCA) with verifiable and independently obtainable results published by the meet host or that organization. This proof of time must come from the actual published results of the meet. Each team or individual is responsible for providing their proof of times.

A swimmer failing to achieve an event's qualifying time standard at the meet must provide proof of their qualifying time if it is not in the SWIMS database. If a time is not proven the entering party will incur a $100 fine. Fines are to be paid to the host club except for swimmers attached to the host club. In that case, those fines will be payable to ASCA-MN. All fines must be paid by the end of the meet. After the conclusion of the meet, swimmers/clubs have one week to prove their times and have their fine refunded. Failure of the team to pay the fine by the first meet of the following season's entry deadline will result in the team's charter being suspended until the fine is paid.

When an event does not have a qualifying time standard but requires a verifiable entry time, the swimmer must provide proof of that time if it is not in the SWIMS database. If the entry time cannot be verified the swimmer will be withdrawn from the event and any times they may have achieved in that event at the meet will not be included in the official results.

ELIGIBILITY / ATHLETES

Eligibility:

Swimmers must have a verifiable time to enter.

Athletes with disabilities:

Swimmers with a permanent disability as defined by USA Swimming are welcome to participate in this meet in any event corresponding to the swimmer's gender within the daily individual event limit for the meet. There is no qualifying time or proof of entry time requirement for disabled swimmers. The entering coach or swimmer must contact the Referee to discuss any modification for the disabled swimmer to participate. Swimmers entering under this criterion must be noted on the team's Proof of Time report.
Participation in this meet by a disabled swimmer shall constitute a season-ending championship competition, unless the disabled swimmer earns a new time that qualifies them for the next level meet.

Racing start Certification:

Any swimmer entered in the meet must be certified by a USA Swimming member-coach as being proficient in performing a racing start or must start each race from within the water. When unaccompanied by a member-coach, it is the responsibility of the swimmer or the swimmer's legal guardian to ensure compliance with this requirement.

USA Swimming Membership: No swimmer will be permitted to compete unless the swimmer is a member as Provided in Article 302 of USA Swimming Rules. All coaches must be current members as provided in Article 302 of USA Swimming Rules. Any club or individual entering a non-USA Swimming registered swimmer will be subject to a $25 fine per swimmer.

Swimmers without A Coach Present: USA Swimming athlete members must be under the supervision of a USA Swimming member coach during warm-up, competition and warm-down. The Meet Director or Meet Referee shall assist the athlete in making arrangements for such supervision.

MEET ADMINISTRATION, CONDUCT

Coach's Meeting: Will take place on a regular basis at the discretion of the referee.

Warm-up: Current MSI and USA Swimming Rules will govern all aspects of the warm-ups. If warmup procedures have been modified to accommodate the size of the meet, the procedures MUST be prominently posted in the pool area.

Swimmers and coaches are expected to be acquainted with all rules and regulations; the NO Diving and Slip-In Entry rules will be strictly enforced.

Rules and Regulations: All information, rules and regulations including time standards, schedules, order of events, meet operations, and requirements will be in accordance with Minnesota Swimming Inc. policies, rules and regulations and USA Swimming Rules and Regulations current edition, and take precedence over any errors or omissions on this form.

Changes to the Meet Information: Any changes to the meet information will be discussed, reviewed and voted on at the coaches meeting held each morning before the beginning of the first session of the day. Changes must be approved by a 100% vote of coaches in attendance at the appointed meeting.

Prohibited:

- ✓ **Deck changing*:* Deck changes are prohibited.**
- ✓ **Use of audio or visual recording devices** including a cell phone, is not permitted in changing areas, rest rooms or locker rooms.
- ✓ **Operations of a drone or any other flying apparatus**, is prohibited over the venue (pools, athlete/coach areas, spectator areas and open ceiling locker rooms) any time athletes, coaches, officials and/or spectators are present.

Distance Events:

400 IM, 500 Free, 1000 Free, & 1650 Freestyle: These events will be deck seeded upon completion of the positive check-in. Positive check-in is required by the time stated at the coaches meeting at the timing table. Minnesota Scratch rules will be in effect. Heats for distance events may be combined across gender at the Meet Referee's discretion.

Saturday AM: The 400 IM will be swum slowest to fastest. The 1650 will be swum fastest to slowest.

Saturday PM: The 400 IM will be swum slowest to fastest. The 500 and 1650 will be swum fastest to slowest and combine age groups when seeding.

Sunday AM: The 500 free will be swum fastest to slowest and combine age groups when seeding. The 1000 free will be swum fastest to slowest.

Sunday PM: The 400 IM will be swum slowest to fastest. The 500 free and 1000 free will be swum fastest to slowest and combine age groups when seeding.

Additional criteria for entering the 1000 Freestyle or the 1650 Freestyle events:

1. Swimmers with at least a "C" time in the 400/500 Free may use that time to become eligible for the 1000 or 1650 provided they have not swum these events before (enter using "NT"). Note: this rule applies to this meet but not to the Minnesota Regional Championships or STATE meet.
2. Swimmers with at least a "C" time in the 800/1000 may use that time to become eligible for the 1650 and vice-versa provided they have not swum the event before (enter using "NT"). Note: this rule applies to this meet but not to the Minnesota Regional Championships or STATE meet.

Time Trials:

Time trials will be offered, time permitting at the discretion of the meet referee. Time trials are open only to swimmers in the meet. Time trials count toward a swimmer's daily entry limit (but not against their overall individual championship event total for the meet -See Entry Limitations). Sign up will be at the Admin/Meet Management table. There will be a cost of $10.00 per time trial event. A 10 minute warm-up for time trials will be allowed as time permits at the discretion of the meet referee. Time trial swimmers are required to supply their own timer.

- Any time trial must be submitted by the athlete's coach.

Time Standards:

MN Swimming Time Standards – the most current edition published on the MSI website will be used.

Meet Lane Timing Needs:

A motion was passed on 10/20/1998 that states: "During all MSI regularly bid, sanctioned events, visiting clubs will provide timers as necessary for the duration of the competition. The meet will not begin until the timing needs have been met. The host club may not place requirements on any individual team to participate at any specific level."

If your club would like to help out on a specific time or day, please contact the Meet Director.

ORDER OF EVENTS

SATURDAY AM			
Girls	**Age**	**Event**	**Boys**
	12&U	200 Free Relay	1
2	10&U	200 Free Relay	3
BREAK			
	11-12	400 IM	4
	11-12	50 FR	5
6	9-10	50 FR	7
8	8&U	50 FR	9
	11-12	100 FL	10
11	10&U	100 FL	12
13	8&U	50 BK	14
	11-12	100 BK	15
16	10&U	100 BK	17
18	8&U	100 IM	19
	11-12	100 IM	20
21	9-10	100 IM	22
	11-12	50 BR	23
24	9-10	50 BR	25
	11-12	200 FR	26
27	10&U	200 FR	28
	11-12	200 BR	29
	BREAK		
	11-12	1650 FR	30

SATURDAY PM			
Girls	**Age**	**Event**	**Boys**
31	13&O	200 Free Relay	32
33	12&U	200 Free Relay	
BREAK			
34	11-12	400 IM	
35	11-12	50 FR	
36	13-14	100 FL	
37	15&O	100 FL	
	13&O	100 FL	38
39	11-12	200 BR	
40	13-14	100 IM	
41	15&O	100 IM	
	13&O	100 IM	42
43	11-12	100 FL	
44	13-14	200 FR	
45	15&O	200 FR	
	13&O	200 FR	46
47	11-12	100 BK	
48	13-14	100 BR	
49	15&O	100 BR	
	13&O	100 BR	50
51	11-12	100 IM	
52	13-14	200 IM	
53	15&O	200 IM	
	13&O	200 IM	54
55	11-12	50 BR	
56	13-14	100 BK	
57	15&O	100 BK	
	13&O	100 BK	58
59	11-12	200 FR	
BREAK			
60	13-14	500 FR	
61	15&O	500 FR	
	13&O	500 FR	62
63	11-12	1650 FR	
64	13&O	1650 FR	65

SUNDAY AM			
Girls	**Age**	**Event**	**Boys**
66	12&U	Mixed 200 FR Relay*	
67	10&U	Mixed 200 FR Relay*	
BREAK			
	11-12	200 IM	68
69	10&U	200 IM	70
71	8&U	50 BR	72
	11-12	50 BK	73
74	9-10	50 BK	75
	11-12	200 FL	76
77	8&U	100 FR	78
	11-12	100 FR	79
80	9-10	100 FR	81
82	8&U	50 FL	83
	11-12	100 BR	84
	11-12	200 BK	85
86	9-10	50 FL	87
	11-12	50 FL	88
89	10&U	100 BR	90
BREAK			
	11-12	500 FR	91
92	10&U	500 FR	93
	11-12	1000 FR	94

SUNDAY PM			
Girls	**Age**	**Event**	**Boys**
95	Open	Mixed 200 FR Relay*	
BREAK			
96	13-14	400 IM	
97	15&O	400 IM	
	13&O	400 IM	98
99	11-12	200 IM	
100	13-14	200 FL	
101	15&O	200 FL	
	13&O	200 FL	102
103	11-12	50 BK	
104	13-14	50 FR	
105	15&O	50 FR	
	13&O	50 FR	106
107	11-12	200 FL	
108	13-14	200 BR	
109	15&O	200 BR	
	13&O	200 BR	110
111	11-12	100 FR	
112	13-14	100 FR	
113	15&O	100 FR	
	13&O	100 FR	114
115	11-12	100 BR	
116	11-12	200 BK	
117	13-14	200 BK	
118	15&O	200 BK	
	13&O	200 BK	119
120	11-12	50 FL	
BREAK			
121	11-12	500 FR	
122	11-12	1000 FR	
123	13&O	1000 FR	124

***Sunday Mixed 200 Free Relays MUST have two boys and two girls**

Meet Calculation Form

Minnesota Achievement Championships
Northfield Bull Sharks Swim Club
March 3-4, 2018

Sanction Number: MN18W-01-04Y
Time Trial Sanction Number: MN18W-01-04YTT

Entering Club's Name: _____ **Club Code** _____

Coach: _____ **Phone #** _____

Entries Person: _____ **Phone #** _____

Entry Data Costs:

MSI Entry Fee: _____# of Swimmers entered x $3.00 = $_____.

_____Total Splashes x $ 5.50 = $_____ # of boys_____ # of girls _____

_____Total Relays x $ 22.00 = $_____

Total Due = $_____

Make checks payable to: Northfield Bull sharks Swim Club **All fees are due** at the meet.

E-Mail results to: Name _____

Email Address _____

The undersigned team representative certifies by his/her signature that all athletes participating in this meet are currently registered athlete members of USA Swimming, Inc. The undersigned further certifies that any person appearing on deck in this meet in the capacity of coach is currently a coach member of USA Swimming, Inc.

_____

Who should we contact if there is a problem with your entry file?

Name _____

Phone: Day_____ **Night** _____

Email Address _____