



LSC Sanction Requirements

In applying for the sanctioned meet on **Aug 2, 2021**, the Host Team, **MN Flyers**, agrees to comply with and to enforce health and safety mandates and guidelines of USA Swimming, Minnesota Swimming, the State of Minnesota and **Hennepin** County.

Statement of Local Protocols and Requirements

Guidelines and recommendations for Youth Sports can be found on the MNSI website [COVID-19 HUB](#).

As of **July 14, 2021** which is the date the sanction request was submitted to MNSI, each facility/host team can set requirements specific to their facility/meet.

The Host Team will follow all current state, local, health and USA Swimming guidelines and/or requirements on the date(s) of the meet.

Plan for Spectators

Due to the current COVID-19 environment and limited pool deck space at the facility, the Host Team IS or IS NOT allowing spectators at this time, however there are many volunteer roles that will be required. The host team will continuously monitor the evolving guidelines pertaining to group size as it relates to COVID-19 and guidelines from various local and state agencies.

Plan for Ingress and Egress

Volunteers, officials, swimmers, **spectators**, and coaches will use the **main gate** to enter and the **main gate** to exit the facility.

Locker Rooms

Locker rooms **CAN** be used for changing during the meet. **The Host Team is recommending that locker room use be minimized during the meet.**

Total Planned Number of Individuals in All Areas Used for Swim Meet

Pool Deck

- Swimmers - 50
- Coaches - 10
- Officials - 10
- Volunteers - 10
- Spectators - 50

Other Area – Not Applicable

- Swimmers - N/A
- Coaches - N/A
- Officials - N/A
- Volunteers – N/A
- Spectators – N/A

The Host Team will adjust planned number individuals on the meet date(s) to meet all current guidelines and requirements. Any changes to plans will be communicated to all teams attending the meet in a timely manner.

Safe Sport Considerations

The Host Team will encourage parents to volunteer during the swim meet to reduce the number of people in the facility. The Host Team will provide areas for parents to ensure they have access to and/or opportunity to observe their swimmer.



**MINNESOTA
SWIMMING**

Minnesota Swimming Open Water State Championship

Monday, August 02, 2021

Open Water Sanction Number: MN21S-07-007OW

Held under the sanction of USA Swimming.

It is understood and agreed that USA Swimming shall be free and held harmless from any liabilities or claims for damages arising by reason of injuries, including exposure to or infected with COVID-19 which may result in illness, personal injury, permanent disability, and/or death, to anyone during the conduct of the event.

It is further understood and agreed that Minnesota Swimming shall be free and held harmless from any liabilities or claims for damages arising by reason of injuries, including exposure or and infected with COVID-19 which may result in illness, personal injury, permanent disability, and/or death, to anyone during the conduct of the event.

An inherent risk of exposure to COVID-19 exists in any public place where people are present. COVID-19 is an extremely contagious disease that can lead to severe illness and death. According to the Centers for Disease Control and Prevention, senior citizens and individuals with underlying medical conditions are especially vulnerable.

USA Swimming, Inc., cannot prevent you (or your child(ren)) from becoming exposed to, contracting, or spreading COVID-19 while participating in the USA Swimming sanctioned events. It is not possible to prevent against the presence of the disease. Therefore, if you choose to participate in a USA Swimming sanctioned event, you may be exposing yourself to and/or increasing your risk of contracting or spreading COVID-19.

BY ATTENDING OR PARTICIPATING IN THIS COMPETITION, YOU VOLUNTARILY ASSUME ALL RISKS ASSOCIATED WITH EXPOSURE TO COVID-19 AND FOREVER RELEASE AND HOLD HARMLESS USA SWIMMING AND MINNESOTA SWIMMING, MINNESOTA FLYERS AND EACH OF THEIR OFFICERS, DIRECTORS, AGENTS, EMPLOYEES OR OTHER REPRESENTATIVES FROM ANY LIABILITY OR CLAIMS INCLUDING FOR PERSONAL INJURIES, DEATH, DISEASE OR PROPERTY LOSSES, OR ANY OTHER LOSS, INCLUDING BUT NOT LIMITED TO CLAIMS OF NEGLIGENCE AND GIVE UP ANY CLAIMS YOU MAY HAVE TO SEEK DAMAGES, WHETHER KNOWN OR UNKNOWN, FORESEEN OR UNFORESEEN, IN CONNECTION THEREWITH.

You acknowledge the contagious nature of COVID-19 and voluntarily assume the risk that your family, including child(ren), may be exposed to or infected by COVID-19 while on site at the pool or facility and that such exposure or infection may result in the personal injury, illness, permanent disability, and death. You understand that the risk of becoming exposed to or infected by COVID-19 at the pool or facility may result from the actions, omissions, or negligence of myself and others, including, but not limited to, the MINNESOTA FLYERS and other swim teams participating in the meet and pool management company's employees, volunteers, and program participants and their families.

MFLY and participating teams will include the above information in meet announcements, heat sheets and posted around the pool facility. MFLY reserves the right to cancel this meet at anytime.

Meet Director:	Scott Tripps (scott@genesisaquatics.org)
Meet Officials:	Meet Referee: Travis Ahlquist Admin Official: Kim Togstad On Water Referees: TBD & TBD Starter: TBD Chief Judge: TBD On Water Judges: TBD & TBD
Inquiries:	Scott Tripps (scott@genesisaquatics.org)
Emergency Phone:	612.385.3235 (text or phone)
Meet Type:	Open Water State Championships
Teams Invited:	All MNSI Teams
Fees:	\$35.00 (includes \$2.20 MNSI Splash Fee)
Time Schedule:	7:00AM Check in 7:15AM Safety meeting 7:30AM Swim Start Note: Plan is to start 10 and unders at 7:30AM, 5K at 7:35AM, 2.5 k at 7:40AM, 1.25 k at 7:45AM. The goal to have everyone done by 9 a.m. for awards.
Technical Meeting Pre-Race meeting:	7:15AM Safety Meeting
Warm-up/Warm Down:	20 minute, lifeguard supervised, maximum of 50 meters out.
Awards, Prizes	Medals for top 8 in each age group (M/F): 10 & Under, 11-12, 13-14 and 15 & Over. Patches for the first-place winners.
Scoring:	Team scoring will be cumulative. TRUE TEAM FORMAT. This means that each team will be allowed a maximum of 5 eligible point scorers for each event (M/F): 10 and under, 11-12, 13-14, 15 and over Each event points will be determined based on the event with the maximum number of eligible point scorers. (Example: Female 11-12 event is the largest event with 21 entrants. All events will be scored 1-21.) No team can score points for more than 5 entrants in any individual event.
Programs:	Programs will be provided via: Pdf on MNSI website
Amenities:	No concessions will be provided

FACILITY/LOCATION – Open Water Location

Meet Location:	Shady Oak Lake, Hopkins MN
Directions:	From 494: 1 mile east on Hwy 7 and 1 mile south on Shady Oak Rd From 494: 1 mile east on Hwy 62 and 1 mile north on Shady Oak Rd

Lake Information:	<p>Fresh water lake. Depth at the Start end is 3 ft 5 inches and the minimum depth of the course is 3 ft 5 inches and the maximum depth is 10 feet.</p> <p>The air temperature is 70°. The water temperature is 65°. The combined air and water temperature are 135°</p> <p>Water conditions for the athlete: race is in a bay across the swimming area at city park. Basic lake fish and rocks on the bottom of the lake.</p> <p>Turn buoy heights is 8 ft. The turn buoy color is orange and they are round. The intermediate buoy color is white.</p> <p>The canopy on the beach is the finish markings and structure.</p>
Medical Information:	<p>Methodist Hospital is 4.2 miles away from course and takes approximately 10 minutes to transport. EMT and Lifeguards will be onsite for medical care. First responders/Lifeguards – there will be a minimum of 7 on paddle boards or kayaks.</p>
Life Guard & Watercraft:	<p>1 – 2 lifeguards in kayaks, watching groups of up to 12 swimmers paddling within about 25’ of group; each guard with rescue tube and whistle; each craft with red flag and air horn; each craft with a radio.</p>
Athlete Accountability:	<p>Method of athlete body numbering: Both shoulders/upper back, front of right leg, caps Different neon colored caps will be worn for each age group. Safety monitor and meet director confirm count as start of race. Volunteer counters at each corner buoy. Safety monitor, meet director and time keeper to confirm count at finish. The maximum number of swimmers on the course at one time will be 50.</p>
Missing Athlete plan:	<p>Stop event and time clock; confirm missing; activate deep water search between last confirmed buoy turn and missed swimmer turn.</p>
Communications:	<p>There will be radios and cell phones on each boat and on shore.</p>
Severe Weather:	<p>We will delay up to 45 minutes; otherwise we will cancel. In case of evacuation a shelter is available onsite. If the event needs to be postponed or cancelled it will be announced over a portable megaphone and the area will be cleared</p>
COVID-19 Procedures/Requirements:	<p>The host team will abide by the COVID-19 Preparedness Plans for the facility the meet is taking place at, including entry/exit procedures into the facility and cleaning protocols.</p> <p>Spectators ARE allowed at this event.</p> <p>Masks ARE NOT required at this event but are recommended if not fully vaccinated.</p> <p>Social Distancing is recommended.</p> <p>Changes to plans regarding spectators, masks, etc. will be communicated to all teams attending prior to the meet.</p>

ENTRIES

Entries To:	Scott Tripps (scott@genesisaquatics.org)
Form of Entries:	online – Check the MNSI website. www.mnswim.org
Entry Start Date:	Entries will be accepted beginning at 8:00 pm on Monday, July 19, 2021. Online entries only. Must have at least 40 registered participants from USAS in order to hold event.

Entry Close Date: Entries will close at 10:00 pm on Monday, July 26, 2021. This is the final date that entries will be accepted for the meet.

Entry Limitations: Age of a swimmer is determined by their age on the first day of the meet. A swimmer may compete in a maximum of 1 individual event.

ELIGIBILITY / ATHLETES

Eligibility: Must have at least SILVER time in 200 fr (9-10), 400/500 fr (11&O)

Racing start Certification: Any swimmer entered in the meet must be certified by a USA Swimming member-coach as being proficient in performing a racing start or must start each race from within the water. When unaccompanied by a member-coach, it is the responsibility of the swimmer or the swimmer's legal guardian to ensure compliance with this requirement.

USA Swimming Membership: No swimmer will be permitted to compete unless the swimmer is a member as Provided in Article 302 of USA Swimming Rules. All coaches must be current members as provided in Article 302 of USA Swimming Rules. Any club or individual entering a non-USA Swimming registered swimmer will be subject to a \$25 fine per event per swimmer.

Swimmers without A Coach Present: USA Swimming athlete members must be under the supervision of a USA Swimming member coach during warm-up, competition and warm-down. The Meet Director or Meet Referee shall assist the athlete in making arrangements for such supervision.

MEET ADMINISTRATION, CONDUCT

Coach's Meeting: Will take place on a regular basis at the discretion of the referee.

Deck Access - Coach & Official check-in: Due to USA Swimming insurance, only athletes, working coaches or officials, authorized meet volunteers and facility personnel are allowed on deck. All others must remain off the pool deck unless timing for an event in which swimmers must provide their own timer.

- ❖ Coaches must check in at the guard house. The required check in sheets will be available and we will cross reference with the app and the current printed spreadsheets with names and qualifications. The non-athlete membership and required certification expiration dates must be valid for the duration of the meet.
- ❖ Working officials must check-in with the Referee (or designee) at the guard house. The required check in sheets will be available and we will cross reference with the app and the current printed spreadsheets with names and qualifications. The non-athlete membership and required certification expiration dates must be valid for the duration of the meet.

All working coaches or officials, and any other person required by sanction to be members of USA Swimming shall visibly display the valid membership credential for the meet at all times.

The Referee and/or Meet Director(s) (or their designees) reserve the right to ask a working coach or official for proof of their active membership during the meet, and/or deny deck access if a working coach or official does not comply or any membership requirement is no longer valid.

Warm-up: Current MNSI and USA Swimming Rules will govern all aspects of the warm-ups. If warmup procedures have been modified to accommodate the size of the meet, the procedures MUST be prominently posted in the pool area.

Swimmers and coaches are expected to be acquainted with all rules and regulations. Entry rules will be strictly enforced.

Rules and Regulations:

All information, rules and regulations including time standards, schedules, order of events, meet operations, and requirements will be in accordance with Minnesota Swimming Inc. policies, rules and regulations and USA Swimming Rules and Regulations current edition, and take precedence over any errors or omissions on this form.

All applicable adults participating in or associated with this meet, acknowledge that they are subject to the provisions of the USA Swimming Minor Athlete Abuse Prevention Policy (“MAAPP”), and that they understand that compliance with the MAAPP policy is a condition of participation in the conduct of this competition.

Changes to the Meet Information:

Any changes to the meet information will be discussed, reviewed and voted on at the coaches meeting held each morning before the beginning of the first session of the day. Changes must be approved by a 100% vote of coaches in attendance at the appointed meeting.

Prohibited:

- ✓ **Deck changing: Deck changes are prohibited.**
- ✓ **Use of audio or visual recording devices** including a cell phone, is not permitted in changing areas, rest rooms locker rooms nor behind the blocks at either the start of the race or as swimmers exit the pool.
- ✓ **Operations of a drone or any other flying apparatus** is prohibited over the venue (pools, athlete/coach areas, spectator areas and open ceiling locker rooms) any time athletes, coaches, officials and/or spectators are present.

Time Standards:

Must have at least B time in 200 fr (9-10), 400/500 fr (11&O)

ORDER OF EVENTS

10 & Under (500m/ .5K)

11-12 (1.25k)

13-14 (2.5k)

15 & Over (5k)



**MNSI Open Water State Championship
Minnesota Flyers (MFLY)**

Monday, August 2, 2021

Open Water Sanction Number: MN21S-07-007OW

Entering Club's Name: _____ **Club Code** _____

Coach: _____ **Phone #** _____

Entries Person: _____ **Phone #** _____

Entry Data Costs:

_____ # of Swimmers entered x \$35.00 = \$_____.

Total Due = \$_____

Make checks payable to: MFLY. **All fees are due within 30 days of the meet.**

E-Mail results to: Name _____

Email Address _____

The undersigned team representative certifies by his/her signature that all athletes participating in this meet are currently registered athlete members of USA Swimming, Inc. The undersigned further certifies that any person appearing on deck in this meet in the capacity of coach is currently a coach member of USA Swimming, Inc.

Who should we contact if there is a problem with your entry file?

Name _____

Phone: Day _____ **Night** _____

Email Address: _____