



**2022 MN MAN Red White & Blue Invite  
Hosted by MANTAS SWIM CLUB**

**Friday, June 24, 2022 — to — Sunday, June 26, 2022**

**Sanction Number:** MN22S-04-190M

**Held under the sanction of USA Swimming.**

It is understood and agreed that USA Swimming shall be free and held harmless from any liabilities or claims for damages arising by reason of injuries, including exposure to or infected with COVID-19 which may result in illness, personal injury, permanent disability, and/or death, to anyone during the conduct of the event.

It is further understood and agreed that Minnesota Swimming shall be free and held harmless from any liabilities or claims for damages arising by reason of injuries, including exposure or and infected with COVID-19 which may result in illness, personal injury, permanent disability, and/or death, to anyone during the conduct of the event.

An inherent risk of exposure to COVID-19 exists in any public place where people are present. COVID-19 is an extremely contagious disease that can lead to severe illness and death. According to the Centers for Disease Control and Prevention, senior citizens and individuals with underlying medical conditions are especially vulnerable.

USA Swimming, Inc., cannot prevent you (or your child(ren)) from becoming exposed to, contracting, or spreading COVID-19 while participating in the USA Swimming sanctioned events. It is not possible to prevent against the presence of the disease. Therefore, if you choose to participate in a USA Swimming sanctioned event, you may be exposing yourself to and/or increasing your risk of contracting or spreading COVID-19.

**BY ATTENDING OR PARTICIPATING IN THIS COMPETITION, YOU VOLUNTARILY ASSUME ALL RISKS ASSOCIATED WITH EXPOSURE TO COVID-19 AND FOREVER RELEASE AND HOLD HARMLESS USA SWIMMING AND MINNESOTA SWIMMING, MANTAS SWIM CLUB AND EACH OF THEIR OFFICERS, DIRECTORS, AGENTS, EMPLOYEES OR OTHER REPRESENTATIVES FROM ANY LIABILITY OR CLAIMS INCLUDING FOR PERSONAL INJURIES, DEATH, DISEASE OR PROPERTY LOSSES, OR ANY OTHER LOSS, INCLUDING BUT NOT LIMITED TO CLAIMS OF NEGLIGENCE AND GIVE UP ANY CLAIMS YOU MAY HAVE TO SEEK DAMAGES, WHETHER KNOWN OR UNKNOWN, FORESEEN OR UNFORESEEN, IN CONNECTION THEREWITH.**

You acknowledge the contagious nature of COVID-19 and voluntarily assume the risk that your family, including child(ren), may be exposed to or infected by COVID-19 while on site at the pool or facility and that such exposure or infection may result in the personal injury, illness, permanent disability, and death. You understand that the risk of becoming exposed to or infected by COVID-19 at the pool or facility may result from the actions, omissions, or negligence of myself and others, including, but not limited to, the MANTAS SWIM CLUB and other swim teams participating in the meet and pool management company's employees, volunteers, and program participants and their families.

MANTAS SWIM CLUB and participating teams will include the above information in meet announcements, heat sheets and posted around the pool facility. MANTAS SWIM CLUB reserves the right to cancel this meet at anytime.

**Meet Director:** Daisy Felty - manmeetdirector@gmail.com

**Meet Officials**  
Meet Referee: Pat Thompson  
Admin Referee or Admin Official: TBD  
Deck Referee: Steve Pattee  
Starter: TBD  
Stroke & Turn Officials: TBD, TBD

**Inquiries:** Alex Lindstrom - headcoach@mantasswimclub.com

**Emergency Phone:** Daisy Felty: Cell - 612-730-8766

**Meet Type:** Invitational

**Teams Invited:** MAN, FOXJ, RSC, WEST, SEMS, NEP, WSJ, WOLF, RWSC, VCTY, STRM and Other teams as the timeline dictates. Teams will comply with the current state, local, health and USA Swimming guidelines available on the meet date and should meet or exceed all requirements in their facility during the meet.

**Fees:** \$12.20 per splash (this includes 2.20 for MNSI) + \$5.00 Facility Fee (Tourtellotte Starting Block Fund)

**Time Schedule:**  
Friday Timed Finals: Warm-Up: 2:30pm Meet Start: 4:00pm  
Saturday Prelims (13&O): Warm-Up: 7am Meet Start: 8:15am  
Saturday Timed Finals (12&U): Will not start before 11am following a 60-minute warm-up  
Saturday Finals (13&O): Will not start before 5pm following a 45-minute warm-up  
Sunday Timed Finals (12-U): Warm-up 7:00am Meet Start: 8:15am  
Sunday Timed Finals (13&O): Will not start before 11:00am following a 60-minute warm-up

**Awards, Prizes and Scoring:**  
12 & U/11-12 Events: Medals will be awarded to 1st-8th place for the following age groups: 8&U, 9-10 & 11-12.  
13 & Over Events: All events, unless otherwise noted, will be seeded by time and gender but will be separated into the following age groups for results and advancement to finals (Prelim/Final events): 13-14, 15-16 and 17&O.  
Prelim/Finals Events: Top 8 from each 13 & Over age group will advance to evening finals. A T-shirt will be awarded to the winner of each age group Finals heat.

**Programs:** Programs will be available via Meet Mobile and as a PDF on host and MNSI Website.

**Amenities:** Limited Concessions will be available on site.  
The pool is located in a City park allowing plentiful off-deck camping.

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## **FACILITY/LOCATION**

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**Meet Location:** Tourtellotte Pool, 300 E. Mabel Street, Mankato MN 56001 (507) 387-7946.

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<b>Directions:</b>	<a href="https://goo.gl/maps/TC9N6yJC42x">https://goo.gl/maps/TC9N6yJC42x</a>
<b>Facility:</b>	8 lanes, 50 meter outdoor pool with lanelines and backstroke pennants. Slanted Starting blocks are 30 inches above the water surface.
<b>Water depth:</b>	The minimum water depth, measured in accordance with Article 103.2.3 is 5 ft at the start end and 3.5 ft at the turn end.
<b>Course certification:</b>	The competition course has NOT been certified in accordance to 104.2.2C(4).
<b>COVID-19 Procedures/Requirements:</b>	The host team will abide by the COVID-19 Preparedness Plans for the facility the meet is taking place at, including entry/exit procedures into the facility and cleaning protocols.  Spectators ARE allowed at this event.  Masks ARE NOT required at this event.  Meet WILL NOT be live-streamed.  Changes to plans regarding spectators, masks, etc will be communicated to all teams attending prior to the meet.

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## ENTRIES

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<b>Entries To:</b>	Kelly Burrows Email: mantasswimclub@gmail.com Cell: (507) 995-1075
<b>Form of Entries:</b>	Email Entries Required
<b>Entry Start Date:</b>	Entries will be accepted beginning at 8:00pm on Sunday, May 01, 2022
<b>Entry Close Date:</b>	Entries will close at 8:00 PM on Tuesday, June 14, 2022. This is the final date that entries will be accepted for the meet.
<b>Entry Limitations:</b>	Age of a swimmer is determined by their age on the first day of the meet. All seed times must be in meters. Friday PM – 12&U max of 3 events / 13&O max of 2 events Saturday AM – 13&O max of 3 events Saturday PM – 12&U max of 4 events Sunday AM – 12&U max of 4 events Sunday PM – 13&O max of 4 events

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## ELIGIBILITY / ATHLETES

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<b>Eligibility:</b>	This meet is open to all USA Swimming-registered athletes of all ages and abilities. Athletes will not be allowed to enter an event with an NT seed time.
<b>Racing start Certification:</b>	Any swimmer entered in the meet must be certified by a USA Swimming member-coach as being proficient in performing a racing start or must start each race from within the water. When unaccompanied by a member-coach, it is the responsibility of the swimmer or the swimmer's legal guardian to ensure compliance with this requirement.

**USA Swimming  
Membership:**

No swimmer will be permitted to compete unless the swimmer is a member as Provided in Article 302 of USA Swimming Rules. All coaches must be current members as provided in Article 302 of USA Swimming Rules. Any club or individual entering a non-USA Swimming registered swimmer will be subject to a \$25 fine per event per swimmer.

**Swimmers without  
A Coach Present:**

USA Swimming athlete members must be under the supervision of a USA Swimming member coach during warm-up, competition and warm-down. The Meet Director or Meet Referee shall assist the athlete in making arrangements for such supervision.

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**MEET ADMINISTRATION, CONDUCT**

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**Coach's Meeting:**

Will take place on a regular basis at the discretion of the referee.

**Deck Access - Coach  
& Official check-in:**

Due to USA Swimming insurance, only athletes, working coaches or officials, authorized meet volunteers and facility personnel are allowed on deck. All others must remain off the pool deck unless timing for an event in which swimmers must provide their own timer.

- ❖ Coaches must check in at the West gate. The required check in sheets will be available and we will cross reference with the app and the current printed spreadsheets with names and qualifications. The non-athlete membership and required certification expiration dates must be valid for the duration of the meet.
- ❖ Working officials must check-in with the Referee (or designee) at the West gate prior to proceeding to the Officials check-in under the hospitality tent. The required check in sheets will be available and we will cross reference with the app and the current printed spreadsheets with names and qualifications. The non-athlete membership and required certification expiration dates must be valid for the duration of the meet.

All working coaches or officials, and any other person required by sanction to be members of USA Swimming shall visibly display the valid membership credential for the meet at all times.

The Referee and/or Meet Director(s) (or their designees) reserve the right to ask a working coach or official for proof of their active membership during the meet, and/or deny deck access if a working coach or official does not comply or any membership requirement is no longer valid.

**Warm-up:**

Current MNSI and USA Swimming Rules will govern all aspects of the warm-ups. If warmup procedures have been modified to accommodate the size of the meet, the procedures MUST be prominently posted in the pool area.

Swimmers and coaches are expected to be acquainted with all rules and regulations; the NO Diving and Slip-In Entry rules will be strictly enforced.

Violation of MNSI Meet Warm-up Policy (Policy #250) will result in the offending swimmer being barred from his/her next individual event in the meet.

**Rules and  
Regulations:**

All information, rules and regulations including time standards, schedules, order of events, meet operations, and requirements will be in accordance with Minnesota Swimming Inc. policies, rules and regulations and USA Swimming Rules and Regulations current edition, and take precedence over any errors or omissions on this form.

All applicable adults participating in or associated with this meet, acknowledge that they are subject to the provisions of the USA Swimming Minor Athlete Abuse Prevention Policy (“MAAPP”), and that they understand that compliance with the MAAPP policy is a condition of participation in the conduct of this competition.

**Changes to the Meet Information:**

Any changes to the meet information will be discussed, reviewed and voted on at the coaches meeting held each morning before the beginning of the first session of the day. Changes must be approved by a 100% vote of coaches in attendance at the appointed meeting.

**Prohibited:**

- ✓ **Deck changing: Deck changes are prohibited.**
- ✓ **Use of audio or visual recording devices** including a cell phone, is not permitted in changing areas, rest rooms, locker rooms nor behind the blocks at either the start of the race or as swimmers exit the pool.
- ✓ **Operations of a drone or any other flying apparatus** is prohibited over the venue (pools, athlete/coach areas, spectator areas and open ceiling locker rooms) any time athletes, coaches, officials and/or spectators are present.

**Distance Events:**

Heats for distance events may be combined across gender at the Meet Referee’s discretion. Minnesota Scratch rules will be in effect. The 400 IM, 400 Free, and 1500 Free will be seeded fastest to slowest. There will be a 10-minute warm-up preceding the 13&O 1500 Free.

**Time Trials:**

Time trials will NOT be offered at this meet.

**Open Lane Swims:**

The MNSI “Open Lane Swim” procedure will be available at this meet. The open lane fee is \$ 15.00. Sign-up is on a first come basis at the timing table. Swimmers must be registered in the swim meet in order to have the opportunity to participate in Open Lane Swims. In the event of a missed heat, the Referee will determine if the missed swim may occur and how it is conducted. Swimmers may swim events for which they have no times. Swimmers may not exceed the daily event limit of 6 events including Open Lane Swims on Friday PM, Saturday PM and Sunday AM & AM. Saturday AM event limit including open lane swims of 3 events. Swimmers may scratch an event in order to swim on Open Lane Swim to stay within the entry limit. No refunds will be given for scratched events.

**Time Standards:**

No Senior time standards will be used for this meet.

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**ORDER OF EVENTS**

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**FRIDAY AFTERNOON 4:00pm Start (Event Max 12&U – 3/13&O - 2)**

<u>Girls</u>	<u>Event</u>	<u>Boys</u>	
1	12 & Under 200 Breast	2	
3	12 & Under 200 Fly	4	
5	OPEN 400 IM	6	Seeded fastest to slowest/Positive Check-In
7	12 & Under 200 Back	8	
9	OPEN 400 FREE	10	Seeded fastest to slowest/Positive Check-In

**Saturday AM 13 & Over Prelims 8:30am Start (Event Max 3)**

<u>Girls</u>	<u>Event</u>	<u>Boys</u>
11	13 & Over 200 IM	12
13	13 & Over 50 Free	14
15	13 & Over 200 Back	16
17	13 & Over 100 Breast	18
19	13 & Over 100 Fly	20
21	13 & Over 200 Free	22

**Saturday PM 12 & Under Timed Finals (Event Max 4)**

<u>Girls</u>	<u>Event</u>	<u>Boys</u>
23	12 & Under 200 IM	24
25	12 & Under 50 Breast	26
27	12 & Under 100 Back	28
29	12 & Under 100 Free	30
31	12 & Under 50 Fly	32

**Sunday AM 12 & Under Timed Finals (Event Max 4)**

<u>Girls</u>	<u>Event</u>	<u>Boys</u>
33	12 & Under 50 Free	34
35	12 & Under 100 Breast	36
37	12 & Under 50 Back	38
39	12 & Under 200 Free	40
41	12 & Under 100 Fly	42

**Sunday PM 13 & Over Timed Finals (Event Max 4)**

<u>Girls</u>	<u>Event</u>	<u>Boys</u>	
43	13 & Over 200 Breast	44	
45	13 & Over 100 Free	46	
47	13 & Over 200 Fly	48	
49	13 & Over 100 Back	50	Followed by 10 Minute 1500 Free Warm-up
51	OPEN 1500 Free	52	Seeded Fastest to Slowest/Positive Check-In

Meet Calculation Form

**2022 MN MAN Red White & Blue Invite  
Mantas Swim Club  
JUNE 24-26, 2022**

Sanction Number: MN22S-04-190M

Entering Club's Name: \_\_\_\_\_ Club Code \_\_\_\_\_

Coach: \_\_\_\_\_ Phone # \_\_\_\_\_

Entries Person: \_\_\_\_\_ Phone # \_\_\_\_\_

**Entry Data Costs:**

\_\_\_\_\_ Total Splashes x \$ 12.20 = \$ \_\_\_\_\_ # of boys \_\_\_\_\_ # of girls \_\_\_\_\_

\_\_\_\_\_ Total # swimmers x \$ 5.00 (Facility fee) = \$ \_\_\_\_\_

**Total Due = \$ \_\_\_\_\_**

**Make checks payable to:** Mantas Swim Club **All fees are due** before the meet starts.

**E-Mail results to:** Name \_\_\_\_\_

Email Address \_\_\_\_\_

The undersigned team representative certifies by his/her signature that all athletes participating in this meet are currently registered athlete members of USA Swimming, Inc. The undersigned further certifies that any person appearing on deck in this meet in the capacity of coach is currently a coach member of USA Swimming, Inc.

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**Who should we contact if there is a problem with your entry file?**

Name \_\_\_\_\_

Phone: Day \_\_\_\_\_ Night \_\_\_\_\_

Email Address: \_\_\_\_\_