



**MEMORIAL DAY CLASSIC
STAR SWIM TEAM**

Friday, May 27, 2022 — to — Saturday, May 28, 2022

Sanction Number: MN22S-03-167MA

Held under the sanction of USA Swimming.

It is understood and agreed that USA Swimming shall be free and held harmless from any liabilities or claims for damages arising by reason of injuries, including exposure to or infected with COVID-19 which may result in illness, personal injury, permanent disability, and/or death, to anyone during the conduct of the event.

It is further understood and agreed that Minnesota Swimming shall be free and held harmless from any liabilities or claims for damages arising by reason of injuries, including exposure or and infected with COVID-19 which may result in illness, personal injury, permanent disability, and/or death, to anyone during the conduct of the event.

An inherent risk of exposure to COVID-19 exists in any public place where people are present. COVID-19 is an extremely contagious disease that can lead to severe illness and death. According to the Centers for Disease Control and Prevention, senior citizens and individuals with underlying medical conditions are especially vulnerable.

USA Swimming, Inc., cannot prevent you (or your child(ren)) from becoming exposed to, contracting, or spreading COVID-19 while participating in the USA Swimming sanctioned events. It is not possible to prevent against the presence of the disease. Therefore, if you choose to participate in a USA Swimming sanctioned event, you may be exposing yourself to and/or increasing your risk of contracting or spreading COVID-19.

BY ATTENDING OR PARTICIPATING IN THIS COMPETITION, YOU VOLUNTARILY ASSUME ALL RISKS ASSOCIATED WITH EXPOSURE TO COVID-19 AND FOREVER RELEASE AND HOLD HARMLESS USA SWIMMING AND MINNESOTA SWIMMING, STAR SWIM TEAM AND EACH OF THEIR OFFICERS, DIRECTORS, AGENTS, EMPLOYEES OR OTHER REPRESENTATIVES FROM ANY LIABILITY OR CLAIMS INCLUDING FOR PERSONAL INJURIES, DEATH, DISEASE OR PROPERTY LOSSES, OR ANY OTHER LOSS, INCLUDING BUT NOT LIMITED TO CLAIMS OF NEGLIGENCE AND GIVE UP ANY CLAIMS YOU MAY HAVE TO SEEK DAMAGES, WHETHER KNOWN OR UNKNOWN, FORESEEN OR UNFORESEEN, IN CONNECTION THEREWITH.

You acknowledge the contagious nature of COVID-19 and voluntarily assume the risk that your family, including child(ren), may be exposed to or infected by COVID-19 while on site at the pool or facility and that such exposure or infection may result in the personal injury, illness, permanent disability, and death. You understand that the risk of becoming exposed to or infected by COVID-19 at the pool or facility may result from the actions, omissions, or negligence of myself and others, including, but not limited to, the STAR SWIM TEAM and other swim teams participating in the meet and pool management company's employees, volunteers, and program participants and their families.

STAR SWIM TEAM and participating teams will include the above information in meet announcements, heat sheets and posted around the pool facility. STAR SWIM TEAM reserves the right to cancel this meet at anytime.

Meet Director:	SUE LUNDSTEN, STARSWIM@HOTMAIL.COM 651-704-0024
Meet Officials	Meet Referee: Jim Hanton Admin Referee or Admin Official: TBD Deck Referee: TBD Starter: Chantal Bui Stroke & Turn Officials: TBD, TBD
Inquiries:	SUE LUNDSTEN, STARSWIM@HOTMAIL.COM 651-704-0024
Emergency Phone:	651-253-0630
Meet Type:	OPEN INVITATIONAL FOR USA SWIMMING MEMBERS, AAU MEMBERS, USMS MEMBERS
Teams Invited:	MEET IS OPEN TO ALL TEAMS. FIRST COME, FIRST SERVE. Teams will comply with the current state, local, health and USA Swimming guidelines available on the meet date and should meet or exceed all requirements in their facility during the meet.
Fees:	12 & UNDER SWIMMERS \$30.00. ALL OPEN SWIMMERS \$50.00. \$2.20 PER SPLASH.
Time Schedule:	FRIDAY AFTERNOON WARMUP AT 3:30 PM. MEET STARTS AT 4:40 PM. SATURDAY 12 & UNDER MORNING SESSION WARMUP AT 8:00 AM. MEET STARTS AT 9:10 AM. SATURDAY 13 & OVER AFTERNOON SESSION WILL START 1 HOUR AND 10 MINUTES AFTER THE COMPLETION OF THE MORNING SESSION.
Awards, Prizes and Scoring:	UNIQUE HEAT WINNER AWARDS FOR EVERY HEAT.
Programs:	Programs will be available via PDF on MNSI and host websites.
Amenities:	CITY OF ST. PAUL CONCESSIONS WILL BE AVAILABLE.

FACILITY/LOCATION

Meet Location:	HIGHLAND PARK AQUATIC CENTER, 1840 Edgcumbe Rd., St. Paul, 55106
Directions:	from 94; exit on Snelling Ave., South on Snelling Ave., Left on Montreal, right on Edgcumbe, Pool is on the left.
Facility:	8 lanes, 50 meter outdoor pool with lanelines and backstroke pennants. Slanted Starting blocks are 24 inches above the water surface.
Water depth:	The minimum water depth, measured in accordance with Article 103.2.3 is 7 ft at the start end and 3.5 ft at the turn end.
Course certification:	The competition course has NOT been certified in accordance to 104.2.2C(4).
COVID-19 Procedures/Requirements:	The host team will abide by the COVID-19 Preparedness Plans for the facility the meet is taking place at, including entry/exit procedures into the facility and cleaning protocols.

Spectators ARE allowed at this event.

Masks ARE NOT required at this event.

Meet WILL NOT be live-streamed.

Changes to plans regarding spectators, masks, etc will be communicated to all teams attending prior to the meet.

ENTRIES

Entries To:	Alex van Oosterom, starswimteamentry@gmail.com.
Form of Entries:	Email entries required. Please give all swimmers entry times.
Entry Start Date:	Entries will be accepted beginning at 2:00 PM on Monday, April 11, 2022
Entry Close Date:	Entries will close at 8:00 PM on Tuesday, May 17, 2022. This is the final date that entries will be accepted for the meet.
Entry Limitations:	Age of a swimmer is determined by their age on the first day of the meet. A swimmer may compete in a maximum of 4 individual events per day and 1 relays per day. All seed times must be in meters.

ELIGIBILITY / ATHLETES

Eligibility:	All swimmers are welcome to swim.
Racing start Certification:	Any swimmer entered in the meet must be certified by a USA Swimming member-coach as being proficient in performing a racing start or must start each race from within the water. When unaccompanied by a member-coach, it is the responsibility of the swimmer or the swimmer's legal guardian to ensure compliance with this requirement.
USA Swimming Membership:	No swimmer will be permitted to compete unless the swimmer is a member as Provided in Article 302 of USA Swimming Rules. All coaches must be current members as provided in Article 302 of USA Swimming Rules. Any club or individual entering a non-USA Swimming registered swimmer will be subject to a \$25 fine per event per swimmer.
Swimmers without A Coach Present:	USA Swimming athlete members must be under the supervision of a USA Swimming member coach during warm-up, competition and warm-down. The Meet Director or Meet Referee shall assist the athlete in making arrangements for such supervision.

MEET ADMINISTRATION, CONDUCT

Coach's Meeting:	Will take place on a regular basis at the discretion of the referee.
Deck Access - Coach & Official check-in:	<p>Due to USA Swimming insurance, only athletes, working coaches or officials, authorized meet volunteers and facility personnel are allowed on deck. All others must remain off the pool deck unless timing for an event in which swimmers must provide their own timer.</p> <ul style="list-style-type: none">❖ Coaches must check in at the timing table. The required check in sheets will be available and we will cross reference with the app and the current printed spreadsheets with names and qualifications. The non-athlete membership and

required certification expiration dates must be valid for the duration of the meet.

- ❖ Working officials must check-in with the Referee (or designee) at the timing table. The required check in sheets will be available and we will cross reference with the app and the current printed spreadsheets with names and qualifications. The non-athlete membership and required certification expiration dates must be valid for the duration of the meet.

All working coaches or officials, and any other person required by sanction to be members of USA Swimming shall visibly display the valid membership credential for the meet at all times.

The Referee and/or Meet Director(s) (or their designees) reserve the right to ask a working coach or official for proof of their active membership during the meet, and/or deny deck access if a working coach or official does not comply or any membership requirement is no longer valid.

Warm-up:

Current MNSI and USA Swimming Rules will govern all aspects of the warm-ups. If warmup procedures have been modified to accommodate the size of the meet, the procedures MUST be prominently posted in the pool area.

Swimmers and coaches are expected to be acquainted with all rules and regulations; the NO Diving and Slip-In Entry rules will be strictly enforced.

Violation of MNSI Meet Warm-up Policy (Policy #250) will result in the offending swimmer being barred from his/her next individual event in the meet.

Rules and Regulations:

All information, rules and regulations including time standards, schedules, order of events, meet operations, and requirements will be in accordance with Minnesota Swimming Inc. policies, rules and regulations and USA Swimming Rules and Regulations current edition, and take precedence over any errors or omissions on this form.

All applicable adults participating in or associated with this meet, acknowledge that they are subject to the provisions of the USA Swimming Minor Athlete Abuse Prevention Policy ("MAAPP"), and that they understand that compliance with the MAAPP policy is a condition of participation in the conduct of this competition.

Changes to the Meet Information:

Any changes to the meet information will be discussed, reviewed and voted on at the coaches meeting held each morning before the beginning of the first session of the day. Changes must be approved by a 100% vote of coaches in attendance at the appointed meeting.

Prohibited:

- ✓ **Deck changing: Deck changes are prohibited.**
- ✓ **Use of audio or visual recording devices** including a cell phone, is not permitted in changing areas, rest rooms, locker rooms nor behind the blocks at either the start of the race or as swimmers exit the pool.
- ✓ **Operations of a drone or any other flying apparatus** is prohibited over the venue (pools, athlete/coach areas, spectator areas and open ceiling locker rooms) any time athletes, coaches, officials and/or spectators are present.

Distance Events:

Heats for distance events may be combined across gender at the Meet Referee's discretion. Minnesota Scratch rules will be in effect. All distance events (400 and over) will be swum fastest to slowest alternating heats of women and men.

Time Trials: Time trials will NOT be offered at this meet.

Open Lane Swims: The MNSI "Open Lane Swim" procedure will be available at this meet. The open lane fee is \$ 10.00. Sign-up is on a first come basis at the timing table. Swimmers must be registered in the swim meet in order to have the opportunity to participate in Open Lane Swims. In the event of a missed heat, the Referee will determine if the missed swim may occur and how it is conducted. Swimmers may swim events for which they have no times. Swimmers may not exceed the event limit of 4 events including Open Lane Swims. Swimmers may scratch an event in order to swim on Open Lane Swim to stay within the entry limit. No refunds will be given for scratched events.

Time Standards: No Senior time standards will be used for this meet.

ORDER OF EVENTS

FRIDAY -OPEN			SATURDAY AM - 12&U		
<u>GIRLS</u>	<u>EVENTS</u>	<u>BOYS</u>	<u>GIRLS</u>	<u>EVENTS</u>	<u>BOYS</u>
1	200 IM	2	11	50 FLY	12
3	400 FREE	4	13	50 BACK	14
5	50 FREE	6	15	100 BREAST	16
7	400 IM	8	17	100 FREE	18
9	200 FREE	10	19	200 IM	20
			21	100 FLY	22
			23	100 BACK	24
			25	200 FREE	26
			27	50 BREAST	28
			29	50 FREE	30
				SATURDAY PM -OPEN	
			31	200 FLY	32
			33	100 FREE	34
			35	200 BACK	36
			37	100 BREAST	38
			39	200 FREE	40
			41	100 FLY	42
			43	200 BREAST	44
			45	100 BACK	46

**MEMORIAL DAY CLASSIC
STAR SWIM TEAM
MAY 27-28, 2022**

Sanction Number: MN22S-03-167MA

Entering Club's Name: _____ Club Code _____

Coach: _____ Phone # _____

Entries Person: _____ Phone # _____

Entry Data Costs:

_____ Total # swimmers x Flat Fee of \$ \$50 FOR OPEN - \$30 FOR 12&U = \$_____

of boys _____ # of girls _____

_____ Total Splashes x \$ 2.20 = \$_____ # of boys _____ # of girls _____

_____ Total Relays x \$ 8.80 = \$_____

Total Due = \$_____

Make checks payable to: Star Swim Team **All fees are due** at the meet.

E-Mail results to: Name _____

Email Address _____

The undersigned team representative certifies by his/her signature that all athletes participating in this meet are currently registered athlete members of USA Swimming, Inc. The undersigned further certifies that any person appearing on deck in this meet in the capacity of coach is currently a coach member of USA Swimming, Inc.

Who should we contact if there is a problem with your entry file?

Name _____

Phone: Day _____ Night _____

Email Address: _____