2012 MN FFF NLSA Conference Finals Meet
July 17, 2012
NLSA Conference

Sponsored By: Fergus Falls Flyers
Sanctioned By: Minnesota Swimming, Inc. and USA Swimming, Inc.
Sanction Number: MN12S – 06 – 153Y

Meet Director: Jana Emery (218) 731-7268; flyers@fergusfallsswimming.org
Meet Marshal: Darcy Koeckeritz (218) 998-4780; flyers@fergusfallsswimming.org

Inquiries: Jana Emery (218) 731-7268; flyers@fergusfallsswimming.org
Entries: Darcy Koeckeritz (218) 998-4780; flyers@fergusfallsswimming.org

Team Coaches: Coach Tom Uvaas and Coach Joyce Monk

Club Officials: Al Koeckeritz, Sheri McKeever and Susan Rohde

Officials: MSI Qualified Officials **Team President:** Jana Emery

Registration Chair: Cassy Shapley, 1001 Highway # 7, Hopkins, MN 55305 (952)988-4184

Meet Type: This is a meet for all swimmers with Zone, Champ, A, B, C, and Pre-C level events from teams in the NLSA conference.

Teams Attending: Fergus Falls, Alexandria, Bemidji, Detroit Lakes, Moorhead, Morris, and Perham.

Pool Location: Fergus Falls Kennedy School Pool, 601 Randolph Ave. E., Fergus Falls, MN 56537
Fergus Falls Police Dept. (218) 736-5438
(If true emergency, explain the problem to police, they will come out to the pool with message)

Time Schedule: Warm-up 4:45 pm, Meet Start 6:00 pm. There will be a coaches meeting 10 minutes prior to the start of the meet.

Facility: 6 Lane, 25-yard indoor pool, with lane lines and backstroke pennants. Slanted starting blocks are 30 inches above the water surface. The minimum water depth, measured in accordance with Article 103.2.3 is 11 feet, ½ inches at the start end and 3 feet, ½ inches at the turn end.

Course Certification: The competition course has not been certified in accordance with 104.2.2C(4).

Timing: Electronic timing system with backup buttons and/or watches, horn start and touchpads at start end of the pool.

Entry Limitations: Age of a swimmer is determined by their age on the first day of the meet. A swimmer may compete in a maximum of 4 individual events per day, not including relays. All seed times must be in yards. All entries must have a seed time.

Entry Due Date: 5:00 PM Monday, July 9th
Emailed entries are preferred. Email entries to**: flyers@fergusfallsswimming.org**

1. Use Hy-Tek Team Manager (Version 4.0) to send entries.
2. Email a TEXT FILE of your entries along with the TEAM MANAGER FILE – this allows the Entries Chair to double check that the number of swimmers and entries on TM matches the number of swimmers and entries in your Text File. If they match, everything is ok, if they do NOT match, we can trouble shoot BEFORE the meet is seeded to **make sure no swimmers are left out of the meet. This is extremely IMPORTANT!**
3. Please include coach's name, phone numbers and email address so we may contact you if there is any problem with your entry data.
4. Any REVISIONS to entries must be a COMPLETE REPLACEMENT of the previous entries file. The previous entries will be deleted! A REVISED TEXT FILE must accompany the REVISED TEAM MANAGER file.
5. Bring the Fee Calculation Form and your **payment** to the meet and see the Meet Director or Entries Chair before you write your check.
6. Meet Results will be EMAILED unless otherwise arranged. Please indicate your email address on the Fee Calculation Form.
7. **If you email your entries, you will receive an email reply as confirmation. If you DO NOT receive an email reply from the Entries Chair that means that he has NOT ENTERED YOUR SWIMMERS! Call or email him until he confirms that he has received your entries.)**

Awards: See attachment 1.

Scoring: See attachment 1.

Fees: $15.00 entry fee (includes $1.50 MSI non-scheduled meet fee).

Checks must accompany entries and made payable to: Fergus Falls Flyers

Concessions: Will be provided.

Four-Hour Rule for Age Group Sessions: The USA Swimming four-hour rule will be followed. If the meet becomes too large, MSI 4-Hour Rule Policy (#244) will be followed.

MEET INFORMATION, RULES AND REGULATIONS: All information rules and regulations, including time standards, schedules, orders of events, meet operations and requirements will be found in the Minnesota Competitive Rules and Regulations and United States Swimming Rules and Regulations current editions.

USA SWIMMING MEMBERSHIP: All swimmers must be current 2012 registered athlete members of USA Swimming. All coaches must be current 2012 registered non-athlete members of USA Swimming and have certification required to be a USA Swimming Coach. Any club or individual entering a non-USA Swimming registered swimmer will be subject to a $25.00 fine per event per swimmer.

WARM-UP: Current MSI and USA Swimming Rules will govern all aspects of the warm-ups and competition. Swimmers and coaches are expected to be acquainted with all rules and obligations. Failure to follow will result in disqualification of swimmer(s) or coach(es) from next individual event or expulsion from the meet. The NO Diving and Slip-In Entry rules will be strictly enforced.

Racing start certification: Any swimmer entered in the meet must be certified by a USA Swimming member-coach as being proficient in performing a racing start or must start each race from within the water. When unaccompanied by a member-coach, it is the responsibility of the swimmer or the swimmer's legal guardian to ensure compliance with this requirement.

Swimmers Without a Coach Present: USA Swimming athlete members must be under the supervision of a USA Swimming member coach during warm-up, competition and warm-down. The Meet Director or Meet Referee shall assist the athlete in making arrangements for such supervision.

PURPOSE: To encourage and promote competitive swimming among age group swimmers.

ENTRIES: All entries must be completed by the entering club or individual who will be solely responsible for the accuracy of the entry. A fine of $25.00 per event will be charged for falsifying an entry. Please call the entries person for directions if you need to hand deliver.

TIMED FINALS: This meet is pre-seeded. All swimmers must report to their blocks for the start of their heat.

TIME STANDARDS: 2009-2012 MN Swimming Time Standards – the most current edition published on the MSI website will be used. Senior events will use the 15-16 age group time standards to qualify.

TIMELINES: Any timelines provided, whether through the MSI phone line, on the MSI web site, or in the meet program, are for information purposes only. Session start times are only approximations, be aware that sessions may start earlier than published.

CHANGES TO THE MEET INFORMATION: Any changes to the meet information will be discussed, reviewed and voted on at the coaches meeting held each morning before the beginning of the first session of the day. Changes must be approved by a 100% vote of coaches in attendance at the appointed meeting.

MEET COMMITTEE: A meet committee will be formed by the meet referee. It will consist of at least one official (excluding the meet referee), one coach (not from the host club) and one athlete (not from the host club). Judgment decisions cannot be protested.

COACH'S MEETINGS: Will take place on a regular basis at the discretion of the referee.

Use of audio or visual recording devices, including a cell phone, is not permitted in changing areas, rest rooms or locker rooms.

Attachment 1:

- Age groups are 8&U, 9-10, 11-12, 13-14, 15 &over for all divisions
- B and above division Top 6 for placing get rosette ribbons, by age group and gender
- B and above division Top 3 for high point scoring get medals, by age group and gender
- C and below division Top 6 for placing get strip ribbons, by age group and gender
- C and below division Top 3 for high point scoring get medals, by age group and gender
- Any changes on deck (once the meet programs are distributed) will be marked exhibition (to discourage last minute changes to score more points)
- 25 yard events are not scored (since there are not time standards for 25s)
- A swimmer can only earn one (1) high point medal, either in the B Division or the C Division, but not both.
- Proof of time is not required but seed times are. If you don't have a seed time use your best estimate that matches the ability of the swimmer.

Meet Calculation Form

2012 MN FFF NLSA Conference Finals Meet
FFF
Tuesday, July 17th 2012

Sanction # MN12S – 06 – 153Y

Entering Club's Name: _____ Club Code: _____

Coach: _____ Phone # _____

Entries Person: Darcy Koeckeritz Phone # 218-998-4780

Entry Data Costs:

MSI Entry Fee: _____# of Swimmers entered x $1.50 = $_____

Meet Entry Fee: _____# of Swimmers entered x $13.50 = $_____

Total Due = $_____

Make checks payable to: Fergus Falls Flyers All fees are due with your entry.

Mail summaries to: Name _____

Address _____

The undersigned team representative certifies by his/her signature that all athletes participating in this meet are currently registered athlete members of USA Swimming, Inc. The under signed further certifies that any person appearing on deck in this meet in the capacity of coach is currently a coach member of USA Swimming, Inc.

_____

Who should we contact if there is a problem with your entry disk?

Name _____Phone ~ Day_____ Night _____

2012 MN FFF NLSA Conference Finals Meet

Tuesday, July 17th 2012

ORDER OF EVENTS

Event # Age Distance Event

Event #	Gender	Age	Event		Event #	Gender	Age	Event
1	Female	Open	50 Free		2	Male	Open	50 Free
3	Female	Developmental	25 Free		4	Male	Developmental	25 Free
5	Female	9 & Over	100 Back		6	Male	9 & Over	100 Back
7	Female	13 & Over	200 Breast		8	Male	13 & Over	200 Breast
9	Female	Developmental	25 Fly		10	Male	Developmental	25 Fly
11	Female	12 & Under	50 Fly		12	Male	12 & Under	50 Fly
13	Female	Open	100 Free		13	Male	Open	100 Free
15	Female	9 & Over	200 IM		15	Male	9 & Over	200 IM
17	Female	Developmental	25 Breast		17	Male	Developmental	25 Breast
19	Female	12 & Under	50 Breast		19	Male	12 & Under	50 Breast
21	Female	9 & Over	100 Fly		21	Male	9 & Over	100 Fly
23	Female	9 & Over	200 Free		23	Male	9 & Over	200 Free
25	Female	13 & Over	200 Back		25	Male	13 & Over	200 Back
27	Female	Developmental	25 Back		27	Male	Developmental	25 Back
29	Female	12 & Under	50 Back		29	Male	12 & Under	50 Back
31	Female	9 & Over	100 Breast		31	Male	9 & Over	100 Breast
33	Female	Open	100 IM		33	Male	Open	100 IM
35	Female	13 & Over	200 Fly		35	Male	13 & Over	200 Fly
37	Female	13 & Over	400 IM		37	Male	13 & Over	400 IM
39	Female	11 & Over	500 Free		39	Male	11 & Over	500 Free