

 MINNESOTA SWIMMING	POLICY & PROCEDURE	POLICY NUMBER: <p style="text-align: center;">243A</p>
	Subject: <p style="text-align: center;">Seeding Distance Events</p>	EFFECTIVE DATE: <p style="text-align: center;">11-21-2013</p> <p style="text-align: center;">Amended: 01-15-2013 9-17-2013 11-21-13</p> <p style="text-align: center;">Retired:</p>

All meets shall, unless otherwise stated in the meet announcement, seed an individual event of a distance 400 yards/meters or more in the following manner:

- Positive check-in is required for all entrants. Minnesota Scratch Rule applies to those that check in for the event.
- Within a session combine all events of the same stroke, distance, and gender.
- The combined event is seeded fastest to slowest, alternating women's heats with men's heats. Unfilled heats of women and men may be combined.
- The results will be separated back into the original events for awards and scoring.

The Meet Referee may waive the combining 12&U events if those events immediately precede the same events for 13&O or Open/Senior events in the order of events.