

MINNESOTA SWIMMING 2017-2018 TIME STANDARDS

SHORT COURSE YARDS

Effective: 10/17/17

KEY: * See MSI Website for Junior National Bonus Event Cuts for both Winter 2017 and Summer 2018 meets
 All C, 8 & Under, 100 IM times are not National Age Group Motivational Time Standards (referred to as NAG).
 CH times are for MSI State meets
 Zone times are the 2017-2020 "AAA" NAG Time standard
 New faster "CH" time
 "CH" time in bold is slower than previous "CH"
 "A" and "CH" time are the same

Adopted: 10/17/17

Last saved: 2/7/18

GIRLS 8 & UNDER										BOYS 8 & UNDER					
C	B	BB	A	CH	ZONE	Distance	Stroke	ZONE	CH	A	BB	B	C		
				10&U	10&U			10&U	10&U						
55.29	48.09	44.69	41.49	31.39	28.89	50	Free	28.59	30.99	41.49	44.69	48.09	55.29		
2:03.49	1:47.39	1:39.79	1:32.79	1:10.49	1:04.19	100	Free	1:03.69	1:09.69	1:32.79	1:39.79	1:47.39	2:03.49		
1:03.89	55.59	51.69	47.99	36.69	33.29	50	Back	33.59	37.09	47.99	51.69	55.59	1:03.89		
1:12.29	1:02.89	58.49	54.39	41.79	37.99	50	Breast	37.29	40.99	54.39	58.49	1:02.89	1:12.29		
1:08.29	59.39	55.19	51.29	36.19	32.49	50	Fly	31.99	35.39	51.29	55.19	59.39	1:08.29		
2:17.69	1:59.79	1:51.39	1:43.59	1:20.79		100	IM		1:19.49	1:43.59	1:51.39	1:59.79	2:17.69		
GIRLS 10 & UNDER / GIRLS 9-10										BOYS 10 & UNDER / BOYS 9-10					
44.79	38.89	35.19	31.39	31.39	28.89	50	Free	28.59	30.99	34.49	38.09	43.79			
1:42.99	1:29.59	1:19.99	1:10.49	1:10.49	1:04.19	100	Free	1:03.69	1:09.69	1:09.69	1:18.79	1:27.79	1:40.99		
3:48.99	3:19.19	2:57.39	2:35.59	2:35.59	2:20.99	200	Free	2:16.89	2:29.39	2:29.39	2:47.99	3:06.69	3:34.59		
9:41.79	8:26.09	7:35.49	6:44.89	6:44.89	6:11.09	500	Free	6:04.19	6:37.39	6:37.39	7:26.99	8:16.69	9:30.99		
54.09	46.99	41.89	36.69	36.69	33.29	50	Back	33.59	37.09	42.39	47.69	54.89			
1:57.29	1:41.99	1:30.69	1:19.29	1:19.29	1:11.79	100	Back	1:12.19	1:19.19	1:19.19	1:29.69	1:40.19	1:55.19		
1:01.29	53.29	47.49	41.79	41.79	37.99	50	Breast	37.29	40.99	46.59	52.09	59.89			
2:15.79	1:58.09	1:44.99	1:31.89	1:31.89	1:23.09	100	Breast	1:22.39	1:30.19	1:30.19	1:41.89	1:53.59	2:10.59		
54.49	47.39	41.79	36.19	36.19	32.49	50	Fly	31.99	35.39	40.49	45.69	52.59			
2:11.09	1:53.99	1:39.09	1:24.09	1:24.09	1:14.19	100	Fly	1:13.89	1:23.49	1:23.49	1:37.99	1:52.39	2:09.19		
1:57.99	1:42.59	1:31.69	1:20.79	1:20.79		100	IM		1:19.49	1:29.39	1:39.39	1:54.29			
4:11.19	3:38.49	3:15.59	2:52.69	2:52.69	2:37.39	200	IM	2:36.19	2:50.99	3:13.19	3:35.49	4:07.69			
GIRLS 11-12										BOYS 11-12					
38.89	33.79	31.49	29.09	27.49	26.79	50	Free	25.59	27.49	27.89	30.29	32.59	37.49		
1:24.59	1:13.59	1:08.29	1:03.09	58.99	57.79	100	Free	55.79	58.99	1:00.89	1:05.89	1:10.99	1:21.59		
3:05.29	2:41.19	2:29.69	2:18.19	2:07.89	2:06.69	200	Free	2:02.39	2:07.89	2:13.49	2:24.59	2:35.69	2:58.99		
8:13.29	7:09.09	6:38.39	6:07.79	5:42.79	5:37.09	500	Free	5:27.89	5:42.79	5:57.69	6:27.49	6:57.29	7:59.69		
17:00.79	14:48.09	13:44.69	12:41.19	12:09.49	11:37.79	1000	Free	11:25.59	12:09.49	12:27.89	13:30.19	14:32.59	16:42.99		
28:38.29	24:53.99	23:07.29	21:20.59	20:27.19	19:33.89	1650	Free	19:08.59	20:00.79	20:52.99	22:37.49	24:21.89	28:00.39		
44.09	38.29	35.59	32.89	31.89	30.09	50	Back	29.39	31.89	32.29	35.29	38.19	43.89		
1:37.99	1:25.19	1:18.49	1:11.79	1:07.29	1:05.09	100	Back	1:02.79	1:07.29	1:09.29	1:15.79	1:22.19	1:34.49		
3:22.99	2:56.59	2:43.99	2:31.39	2:23.99	2:18.79	200	Back	2:15.69	2:23.99	2:27.99	2:40.29	2:52.69	3:18.49		
49.59	43.09	39.99	36.89	36.19	33.89	50	Breast	32.79	36.19	36.19	39.59	42.89	49.29		
1:48.59	1:34.39	1:27.39	1:20.39	1:17.29	1:13.49	100	Breast	1:11.29	1:17.29	1:18.39	1:25.49	1:32.49	1:46.39		
3:53.49	3:23.09	3:08.59	2:54.09	2:46.19	2:39.59	200	Breast	2:33.19	2:46.19	2:47.09	3:00.99	3:14.89	3:44.09		
42.19	36.69	34.09	31.49	30.49	28.89	50	Fly	28.19	30.39	31.19	34.19	37.09	42.69		
1:37.89	1:25.09	1:18.29	1:11.49	1:07.29	1:04.69	100	Fly	1:02.79	1:07.29	1:09.59	1:16.49	1:23.29	1:35.79		
3:27.99	3:00.89	2:47.89	2:34.99	2:34.99	2:22.09	200	Fly	2:18.79	2:31.39	2:31.39	2:43.99	2:56.59	3:22.99		
1:37.09	1:24.39	1:18.39	1:12.29	1:07.99		100	IM	1:07.99	1:09.09	1:14.99	1:20.89	1:32.99			
3:27.69	3:00.69	2:47.79	2:34.89	2:24.99	2:21.99	200	IM	2:17.49	2:24.99	2:30.89	2:44.19	2:57.59	3:24.19		
7:21.59	6:24.19	5:56.79	5:29.29	5:19.19	5:01.89	400	IM	4:53.19	5:19.19	5:19.79	5:46.39	6:13.09	7:08.89		
GIRLS 13-14										BOYS 13-14					
37.59	32.69	30.29	27.99	25.99	25.69	50	Free	23.59	24.49	25.69	27.89	29.99	34.49		
1:21.39	1:10.79	1:05.79	1:00.69	55.69	55.69	100	Free	51.59	52.19	56.29	1:00.89	1:05.59	1:15.39		
2:56.09	2:33.19	2:22.19	2:11.29	2:00.39	2:00.39	200	Free	1:52.39	1:53.89	2:02.59	2:12.79	2:22.99	2:44.39		
7:50.59	6:49.39	6:20.09	5:50.89	5:21.69	5:21.69	500	Free	5:03.79	5:09.99	5:31.39	5:58.99	6:26.59	7:24.39		
16:07.89	14:01.99	13:01.79	12:01.69	11:07.79	11:01.59	1000	Free	10:29.49	10:58.09	11:26.69	12:23.89	13:21.19	15:20.99		
26:53.29	23:23.49	21:43.19	20:02.99	18:49.29	18:22.79	1650	Free	17:31.99	18:19.79	19:07.59	20:43.19	22:18.89	25:38.99		
1:28.79	1:17.19	1:11.69	1:06.19	1:02.69	1:00.59	100	Back	56.59	1:00.19	1:01.79	1:06.89	1:12.09	1:22.89		
3:12.29	2:47.29	2:35.39	2:23.39	2:14.39	2:11.49	200	Back	2:03.49	2:09.79	2:14.69	2:25.89	2:37.09	3:00.59		
1:41.99	1:28.69	1:22.39	1:15.99	1:12.49	1:09.69	100	Breast	1:03.99	1:08.19	1:09.79	1:15.59	1:21.39	1:33.59		
3:40.69	3:11.99	2:58.29	2:44.59	2:35.99	2:30.89	200	Breast	2:20.09	2:26.29	2:32.89	2:45.59	2:58.39	3:25.09		
1:28.39	1:16.89	1:11.39	1:05.99	1:01.99	1:00.49	100	Fly	56.09	58.89	1:01.29	1:06.39	1:11.49	1:22.19		
3:15.59	2:50.09	2:37.89	2:25.79	2:21.99	2:13.59	200	Fly	2:04.39	2:11.29	2:15.69	2:26.99	2:38.29	3:01.99		
1:33.49	1:21.29	1:15.59	1:09.49	1:05.29		100	IM		1:02.49	1:04.49	1:10.09	1:15.39	1:26.69		
3:17.19	2:51.49	2:39.19	2:26.99	2:15.89	2:14.69	200	IM	2:05.69	2:08.09	2:17.19	2:28.59	2:39.99	3:03.89		
7:00.49	6:05.79	5:39.69	5:13.59	4:49.19	4:47.39	400	IM	4:28.59	4:37.89	4:52.99	5:17.39	5:41.79	6:32.89		
GIRLS 15-16 / GIRLS 17 & OVER / SENIOR										BOYS 15-16 / BOYS 17 & OVER / SENIOR					
					Winter Nationals	2018 Junior Nationals			Winter Nationals						
C	B	BB	A	CH	Nationals	Nationals	Distance	Stroke	Nationals	Nationals	CH	A	BB	B	C
36.89	32.09	29.79	27.49	25.49	23.49	22.79	50	Free	20.49	20.99	23.19	24.79	26.79	28.89	33.29
1:19.99	1:09.59	1:04.59	59.59	54.69	50.99	49.69	100	Free	44.39	45.79	49.69	53.89	58.39	1:02.89	1:12.29
2:52.29	2:29.89	2:19.19	2:08.49	1:57.79	1:49.79	1:47.39	200	Free	1:38.39	1:40.29	1:47.89	1:57.69	2:07.49	2:17.29	2:37.89
7:40.59	6:40.69	6:12.09	5:43.49	5:14.79	4:52.09	4:48.09	500	Free	4:28.29	4:32.69	4:54.09	5:19.39	5:45.99	6:12.59	7:08.29
15:53.09	13:49.19	12:49.99	11:50.79	11:05.29	10:03.59	9:56.79	1000	Free	9:13.19	9:25.49	10:24.29	11:02.59	11:57.79	12:52.99	14:48.49
26:32.19	23:05.19	21:26.19	19:47.29	18:44.79	16:46.19	16:32.59	1650	Free	15:34.19	15:46.99	17:43.59	18:30.39	20:02.89	21:35.39	24:48.99
1:26.69	1:15.39	1:10.09	1:04.69	1:01.59	56.59	54.49	100	Back	49.69	50.99	56.89	58.59	1:03.49	1:08.39	1:18.69
3:08.69	2:44.09	2:32.39	2:20.69	2:13.49	2:01.29	1:57.69	200	Back	1:47.99	1:50.69	2:05.19	2:08.49	2:19.19	2:29.89	2:52.29
1:39.89	1:26.89	1:20.69	1:14.49	1:10.89	1:04.29	1:02.89	100	Breast	55.79	57.69	1:04.19	1:06.49	1:12.09	1:17.59	1:29.19
3:36.39	3:08.19	2:54.69	2:41.29	2:34.19	2:19.79	2:15.49	200	Breast	2:01.19	2:05.89	2:20.99	2:24.59	2:36.59	2:48.69	3:13.89
1:26.69	1:15.39	1:09.99	1:04.59	1:00.59	55.99	53.99	100								