

Club Wolverine COVID-19 Mitigation Policy Effective 1/1/2022

All swimmers registered with Club Wolverine are required to provide a weekly negative PCR COVID-19 Test, administered by a certified testing site or a health care provider, to participate in the following week of practice and meets. Test results must be uploaded to the portal, saved by swimmer's full name and the date of the test. Testing must be completed weekly and results uploaded by Sunday night at 11:59pm. The first weekly testing cycle will close on 1/9/2022.

Swimmers who provide proof of full COVID-19 vaccination as defined by the CDC will not be required to test weekly unless they are exhibiting symptoms of COVID-19 (defined below this). The swimmer's proof of vaccination card must be on file with Club Wolverine. Full COVID-19 vaccination status is defined by the CDC as: *"To ensure adequate time for an immune response to occur, a person is considered fully vaccinated 2 weeks after completion of a two-dose mRNA series."*

Additionally, all vaccinated individuals who are eligible for a booster COVID-19 shot must receive a booster dose no later than 2/4/2022 to remain considered fully vaccinated. Failure to do so will revert the swimmer to the weekly testing protocol. As vaccinated swimmers become eligible for a booster dose (5 months after the completion of the second mRNA vaccine) after 2/4/2022, a grace period of 30 days after booster eligibility will be granted to complete the booster shot. Failure to complete the booster within the given time period will revert the swimmer back to the testing protocol.

All swimmers, regardless of vaccination status, who are ill or who are exhibiting two or more symptoms of COVID-19 must take a PCR or antigen test for COVID-19. If a swimmer tests positive for COVID-19 on an antigen or PCR test, the swimmer can return to practice 10 days after the positive test is reported, so long as they are symptom free. Or, the swimmer may submit a negative PCR test 5 days after a positive antigen test or 5 days after symptoms subside. If they are sick, swimmers are required to report all antigen and/or PCR test results to their coach. Additionally, all swimmers, regardless of vaccination status, are required to report any and all household cases or contact cases of COVID-19 (school, sleepovers, parties in which the swimmer is deemed a close contact) directly to Club Wolverine. Required quarantine, isolation, and testing protocols, as outlined by the Washtenaw County Health Department, will be followed.

Symptoms of COVID-19, as outlined by the Washtenaw County Health Department, are as follows: *fever, cough, shortness of breath or difficulty breathing, severe tiredness/fatigue, sore throat, muscle or body aches, diarrhea, loss of taste or smell, runny nose/congestion, nausea or vomiting or diarrhea*. These symptoms are subject to change as guidance from the CDC and Washtenaw County Health Department are updated.

Swimmers who have been positive for COVID-19 within the last 60 days and provide medical documentation of the positive result are exempt from the weekly testing until the 60 day period expires.