

2012-13 USA Swimming Grand Prix Series Minneapolis, MN November 9-11, 2012 The University of Minnesota Aquatic Center

THIS MEET WILL BE CAPPED AT 600 SWIMMERS

ENTRY DATES There will be two sets of qualifying standards for this meet ("A" and "B"). Swimmers who are members of USA Swimming with one or more "A" gualifying standards may enter the meet through USA Swimming's OME system (usaswimming.org/ome) on a first-come basis until the entry cap is reached beginning Tuesday, September 18, 2012 at 11:00 am Central Time, and may enter any number of events in which they have at least a "B" gualifying standard. \geq If the entry cap has not been reached, swimmers who are members of USA Swimming with one or more "B" gualifying standards may enter through USA Swimming's OME system (usaswimming.org/ome) on a first-come basis until the entry cap is reached beginning Tuesday. September 25, 2012 at 11:00 am Central Time, and may enter any number of events in which they have a "B" qualifying standard. If the entry cap has not been reached, entries for foreign swimmers who are not members of USA Swimming will be accepted on a first-come basis until the entry cap is reached beginning Wednesday, September 26, 2012 at 11:00 am Central Time (24 hours after U.S. "B" entries open). Athletes (U.S. and foreign) that are ranked in the top 50 in the world in one or more events on \triangleright September 1, 2012, or that swim a time during the 2012-2013 Grand Prix season that places them in the top 50 internationally, are exempt from the entry cap and may enter any events in which they have at least a "B" gualifying standard, beginning September 18, 2012 until the entry deadline. Qualification Period: January 1, 2011, through the entry deadline, 11:59 pm on Tuesday, October 30, 2012 or as soon as the entry cap is reached (top 50 athletes are exempt from the cap). Entries are not accepted until they have been officially submitted in the OME system. HOST **Twin Cities Swim Team** SANCTION This meet is Sanctioned by USA Swimming. **ELIGIBILITY** This meet is open to all swimmers who are members of USA Swimming or their respective FINA federation, and who have achieved the published time standard. The qualifying period is 24 months prior to the entry deadline. This meet will be capped when the entries reach 600 swimmers. Any swimmer who has one or more times which were ranked in the top 50 of the World Rankings during the past year is exempt from the entry cap, provided their entries are received by the entry deadline. FORMAT This meet will be conducted in SCY. At the discretion of the Meet Referee, two pools may be used for preliminaries. All individual events except the 1650 freestyles will be conducted on a Preliminaries and Finals basis. Preliminary sessions may be conducted in flights, with the fastest seven heats of events 200y or less, and the fastest five heats of 400y events in the "A" flight, and all remaining heats in the "B" flight. "A" flights will be concluded each morning prior to beginning the "B" flights. The top 32 swimmers from preliminaries will advance to finals. Eight swimmers will gualify for an A. B. C. and D heat in the Finals. In the Finals, the B heat will swim first, followed by the A heat. After all these heats are completed, the D heat will be swum, followed by the C heat. All but the fastest two seeded heats of relays will be swum in the preliminary sessions. The fastest two seeded relay heats in each event will be swum at the end of the "A/B" finals session.

Events shall be seeded in order of SCY, SCM, LCM.

SEEDING

SCHEDULE	Prelims: 9:00 am Finals: 6:00 pm Practice will be available 7:00 am-8:00 pm beginning two days prior to the competition.
TECHNICAL MEETING	A technical meeting will be held at the pool at 6:00 pm on Wednesday, November 8, 2012. Coaches are responsible for all information presented at this meeting.
DISTANCE EVENTS	The 1650 Freestyle events will swim as Timed Finals, with the fastest heat of each event in the Finals; all other heats will swim fastest to slowest, alternating women and men, following the Prelims.
RULES	Unless otherwise noted herein, this meet shall be conducted in accordance with current USA Swimming Rules and Regulations. Please note that use of audio or visual recording devices, including a cell phone, is not permitted in changing areas, rest rooms or locker rooms. A Meet Committee consisting of at least one official, one coach, and one athlete will be appointed by the Meet Referee to review conflicts arising from administrative matters.
WARM UP	Feet-first entries only, except in designated lanes and times. Violations may result in disqualification from next individual event or expulsion from the meet. More detailed warm up procedures will be distributed at registration and during the Technical Meeting. The competition course will be open for ten minutes prior to the start of the "C/D" Finals.
SCORING	There will be no team scoring for this competition, however scores will be kept for individual high point performances. Scoring will be on a sixteen (16) place basis as follows: 20, 17, 16, 15, 14, 13, 12, 11, 9, 7, 6, 5, 4, 3, 2, 1.
AWARDS	There will be no awards at this meet. At the time of publication, prize money for this event and other Series events is under review and will be determined in late 2012.
ENTRY INFORMATION	A swimmer may enter as many events as he or she wishes, provided that he or she has met the qualifying requirements. Each swimmer may participate in a maximum of seven individual events, with no more than three individual events per day. Distance events <i>may</i> be limited to the six fastest heats of men and women.
FOREIGN ENTRIES	Foreign swimmers who are members of USA Swimming may be entered through the OME system with "A" or "B" qualifying standards according to the entry dates on page one, provided the entry cap has not been reached. Foreign swimmers with "A" or "B" qualifying standards who are not members of USA Swimming cannot use the OME system, and should contact the Entry Chair to submit entries beginning <i>Wednesday, September 26, 2012</i> at 11:00 am Central Time, provided the entry cap has not been reached. Foreign federations and clubs should contact USA Swimming as soon as possible for a formal invitation to the meet. For additional assistance with entries, please contact Josh Fowler at <i>jfowler@usaswimming.org</i> or 719-866-4578.
RELAYS	All but the fastest two seeded heats of relays will be swum in the preliminary sessions. The fastest two seeded relay heats in each event will be swum at the end of the "A/B" finals session. Relay-only swimmers will be allowed in this meet, but will not be allowed to swim in time trials.
SWIMMERS WITH DISABILITIES	Coaches entering swimmers with disabilities that require any accommodations are required to provide advance notice in writing to the meet director by the entry deadline accompanying their meet entry file, including the need for any personal assistants required and/or registered service animals. Failure to provide advance notice may limit the host's ability to accommodate all requests.
ENTRY FEES	Individual Events\$10.00 per eventRelays\$20.00 per eventCoach Credential\$20.00 per coach
CHECK-IN	Positive check-in is required for all events over 400y and all relays. Swimmers entered in the 1650 may indicate their preference to swim the event in the preliminary session. The top 8 swimmers who state no preference shall be seeded to compete in the finals. In order to make their designation, swimmers or their coaches must mark on the positive check-in sheet their preference to swim during preliminaries. The swimmers or coach should CLEARLY write "AM" next to their name when they check-in if they desire to swim in the preliminaries. Positive check-in is due no later than 30 minutes before the start of prelims on the day of the event. All relay cards are due to the Administrative Referee no later than 30 minutes following the start of finals for each night's relays.
SCRATCHES	Scratches for day 1 events are due 15 minutes after the conclusion of the technical meeting, and 30 minutes after the start of finals for all subsequent day's events.
SCRATCH PENALTY	There is no penalty for failing to compete in a preliminary, timed final, or relay heat, except an individual event in which a swimmer has not scratched prior to the appropriate deadline will be counted toward that

swimmer's seven-event limit. A swimmer qualifying for an A, B, C, or D Final who fails to compete shall be barred from the remainder of the meet, unless excused by the Administrative Referee. **TIME TRIALS** Time Trials may be conducted at the discretion of the Meet Referee. Entry fees for time trials will be the same as the meet entry fees. Time trials count toward a swimmer's individual event total for each day, but not the meet total. Relay-only swimmers will not be allowed in time trials. Athletes may need to provide their own lane timer and lap counter for time trial events. SAFETY Marshals will be in place during warm-up periods and USA Swimming safety rules will be in effect. A warmup schedule will be posted in the venue. It is the responsibility of the swimmer or of the swimmer's legal guardian to ensure compliance USA Swimming safety procedures. **TICKET INFO** For spectator information, please refer to the host's website at usaswimming.org/grandprix An officials' meeting will be held one hour prior to each session at the pool. **OFFICIALS MEETING** HOTELS For up-to-date hotel information, please refer to the host's website at usaswimming.org/grandprix **EVENT PERSONNEL** Joel Black joelblack@mindspring.com (336) 817-2838 REFEREE MEET DIRECTOR Annie White amwhite @umn.edu (612) 625-5339 HEAD COACH Ryan L'Roy Iroy0001@umn.edu (612) 626-3944 Any photographs, videotape or other audio and/or visual recordings of the event created by a spectator may BROADCAST be used solely for such spectator's personal non-commercial use, and may not be broadcast, published or **STATEMENT** disseminated, or used for any commercial purposes, without the prior written consent of USA Swimming. All participants agree to be filmed and photographed by the official photographer(s) and network(s) of USA IMAGE Swimming under the conditions authored by USA Swimming, and allow event organizers the right to use **AUTHORIZATION** names, pictures, likenesses, and biographical information before, during or after the period of participation in USA Swimming competitions to promote such competitions. All participants agree not to use or authorize use of pictures in the uniforms and equipment provided by USA Swimming for the purpose of trade, without the consent of USA Swimming. All participants agree not to use medals or photos, or portraits or films with the medals, which are received for performances in this competition, for the purpose of trade. Furthermore, participants agree to return these uniforms and equipment, bearing USA Swimming logos and marks, if and when requested. LIABILITY USA Swimming, the LSC, the facility, and the host organization shall accept no responsibility for liability or injuries sustained by any individual, athlete, coach, official, meet volunteer, or spectator while traveling to and from or while participating in this event. Damage to the facility, when proved, will cause the offending participant, if unattached, or the offending swimmer's club, if attached, to be held accountable for repairs. All participants and guests must adhere to the facility rules and coaches must supervise their swimmers at all times. Glass containers are not permitted in the facility. Children must be supervised at all times. FACILITY University of Minnesota Aquatic Center, 1910 University Ave SE, Minneapolis, MN 55455 The competition pool consists of an 8-lane 25 Y indoor pool ranging in depth from 7' to 7'10". Lanes are eight feet wide. The competition course has been certified in accordance with 104.2.2C(4). The copy of such certification is on file with USA Swimming. A separate six-lane warm-up pool will be available. Parking is available at the University Hotel lot adjacent from the University Aquatic Center to those teams PARKING staying at the University Hotel. General parking will be available in the University Ave. Ramp and the Washington Ave. Ramp. Hourly rates state at \$3.00 with a daily maximum of \$12.00. There is a charge for each entry. General parking is also available in Lot 37 off of 5th St. SE and the Marron Lot on Oak St. SE. Rates for these lots are \$3.75 per entry. Prices are subject to change and rates may vary based on specific lots and other events on campus. For the most up-to-date parking information and maps, please visit the University of Minnesota Parking and Transportation website: http://www1.umn.edu/pts/. **BUILDING ACCESS** Access to the building and pool is through the North Entrance only. There will be no access from the South Entrance (University Hotel side). **DECK ACCESS** Entrance to the building is through the North Natatorium Event Entrance/Aquatic Center Lobby doors. Coaches, Officials and Athletes may enter the deck area, using event credentials, through the gate on the North Concourse. No spectators will be allowed on the pool deck. There will be a \$30 charge to replace a lost credential. ADMISSION Single-session admission including a Heat Sheet: \$15.00 Children under eight: \$5.00 Additional Heat Sheets: \$5.00 Psych Sheets: \$10.00 All-Session Pass, including a Psych Sheet and Heat Sheets: \$65.00



2012-13 USA Swimming Grand Prix Series November 9-11, 2012 University of Minnesota Aquatic Center, Minneapolis, MN Short Course Yards

"A" Standards

WOMEN				MEN		
SCY "A" Standard	SCM "A" Standard	LCM "A" Standard	EVENTS	LCM "A" Standard	SCM "A" Standard	SCY "A" Standard
			Day 1			
1:47.69	1:59.59	2:01.89	200y Freestyle	1:51.19	1:49.09	1:38.29
1:02.49	1:09.39	1:10.69	100y Breaststroke	1:02.99	1:01.79	55.69
53.89	59.79	1:00.99	100y Butterfly	54.39	53.39	48.09
4:17.99	4:46.39	4:52.09	400y Individual Medley	4:26.99	4:21.79	3:55.89
3:25.59	3:48.19	3:52.69	400y Free Relay	3:29.29	3:25.19	3:04.89
			Day 2			
1:59.29	2:12.39	2:14.99	200y Butterfly	2:01.79	1:59.49	1:47.59
23.19	25.69	26.19	50y Freestyle	23.19	22.79	20.49
55.69	1:01.79	1:02.99	100y Backstroke	56.59	55.49	49.99
4:42.69	4:11.89	4:16.89	500y/400m Freestyle*	3:57.39	3:51.79	4:19.19
2:14.59	2:29.39	2:33.39	200y Breaststroke	2:16.69	2:14.09	2:00.79
7:23.59	8:12.34	8:22.19	800y Free Relay	7:42.79	7:33.79	6:48.79
			Day 3			
16:37.59	16:52.09	17:12.29	W 1650y/1500m Freestyle			
9:42.39	8:38.49	8:48.79	W 1000y/800m Freestyle*			
2:01.79	2:15.19	2:17.89	200y Individual Medley	2:04.59	2:02.19	1:50.09
1:59.79	2:12.99	2:15.59	200y Backstroke	2:03.39	2:00.99	1:48.99
49.89	55.29	56.39	100y Freestyle	50.59	49.69	44.69
			M 1650y/1500m Freestyle	15:44.49	15:25.99	15:10.29
			M 1000y/800m Freestyle*	8:18.49	8:08.79	9:07.79
3:48.19	4:13.29	4:18.29	400y Medley Relay	3:50.09	3:45.59	3:23.29

*Swimmers may qualify for the 1650y freestyle events with any of the 1650y, 1500m, 1000y, or 800m qualifying standards. Qualifying period – January 1, 2011 through the entry deadline.











2012-13 USA Swimming Grand Prix Series November 9-11, 2012 University of Minnesota Aquatic Center, Minneapolis, MN Short Course Yards

"B" Standards

WOMEN				MEN		
SCY "B" Standard	SCM "B" Standard	LCM "B" Standard	EVENTS	LCM "B" Standard	SCM "B" Standard	SCY "B" Standard
			<u>Day 1</u>			
1:50.89	2:03.09	2:05.49	200y Freestyle	1:55.49	1:53.29	1:42.09
1:05.29	1:12.49	1:13.89	100y Breaststroke	1:06.69	1:05.39	58.99
55.69	1:01.79	1:02.99	100y Butterfly	57.09	55.99	50.49
4:24.79	4:53.89	4:59.69	400y Individual Medley	4:35.49	4:30.09	4:03.39
3:25.59	3:48.19	3:52.69	400y Free Relay	3:29.29	3:25.19	3:04.89
			Day 2			
2:02.09	2:15.49	2:18.19	200y Butterfly	2:06.29	2:03.89	1:51.59
23.79	26.39	26.89	50y Freestyle	24.29	23.89	21.49
57.49	1:03.79	1:04.99	100y Backstroke	59.39	58.29	52.49
4:50.59	4:18.69	4:23.79	500y/400m Freestyle*	4:05.19	4:00.39	4:29.29
2:20.89	2:36.39	2:39.49	200y Breaststroke	2:24.49	2:21.69	2:07.69
7:23.59	8:12.34	8:22.19	800y Free Relay	7:42.79	7:33.79	6:48.79
			Day 3			
16:43.49	16:57.99	17:18.29	W 1650y/1500m Freestyle			
9:59.19	8:52.89	9:03.49	W 1000y/800m Freestyle*			
2:05.59	2:19.49	2:22.19	200y Individual Medley	2:09.49	2:06.99	1:54.39
2:03.29	2:16.79	2:19.49	200y Backstroke	2:08.19	2:05.69	1:53.29
51.49	57.09	58.19	100y Freestyle	52.59	51.59	46.49
			M 1650y/1500m Freestyle	16:14.29	15:5519	15:39.89
			M 1000y/800m Freestyle*	8:23.39	8:13.59	9:13.39
3:48.19	4:13.29	4:18.29	400y Medley Relay	3:50.09	3:45.59	3:23.29

*Swimmers may qualify for the 1650y freestyle events with any of the 1650y, 1500m, 1000y, or 800m qualifying standards. Qualifying period – January 1, 2011 through the entry deadline.







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2012-13 USA Swimming Grand Prix Series Minneapolis, MN November 9-11, 2012 Austin, TX January 18-20, 2013 Orlando, FL February 14-16, 2013 Mesa, AZ April 11-13, 2013 Charlotte, NC May 9-12, 2013 Santa Clara, CA May 30-June 2, 2013

