

NDLSC 2018 Spring 2018 HoD meeting notes:

May 6th 2018, Expressway suites

Shane calls to order at 1:02pm

Roll Call: Alex, JoDell, Thomas, Janna, Shane, Bret, Amanda, Riley, Wayne, Kim, Erich, Lisa, Jason(board members)

Williston, MSC, BWST, ASK, DDST, FMY, WFF, Wahoos, MMSC, NLSA, AQST, not attending:

Housekeeping:

- Only the LSC rep has a vote, unless a proxy is approved by the general chair, there are quite a few proxies at this meeting.

Chair reports:

General Chair:

- 16 clubs in LSC, 9 clubs that sent reps to leadership school hosted by Randy Julian from USA Swimming. Stressing importance of continuing education.
- Strategic planning session is going to happen, consultant from USA Swimming will come. Tentatively scheduled for Aug. 26th in Bismarck. Started the process 5 years ago, and no plan was created. More information will go out as soon as the meeting date and location is set. We need buy in from the clubs as much as possible in order to create a good plan. If we don't get participation, our LSC is going to lose out as a whole. Possible compensation for hotels, etc. so it isn't a burden on the clubs.
- Board had a working session to look over P & P, line by line to make sure that it is up to date. This process has started and will have an updated copy online asap.
- Went to Denver last week, for USA Swimming zones meeting. Enlightening on best practices for governance, key items from USA Swimming were: Safe Sport, diversity & inclusion, we can do a better job of reaching out to difference races, etc.
- Required LSC by-laws: USA Swimming created task force to redo their own by-laws, spend many hours to create a template for different LSCs to adopt, will be voted on at convention in September. We will be able to hit the 'reset button' on our own by-laws and move forward
- Additional BoD meetings: Shane was under the impression that we are not having enough BoD meetings, the board voted to have a face to face meeting every quarter in order to get things done.
- Mighty 2500, the group that we are a part of. Bringing back the meetings, Colorado springs will hold the meeting. We are hoping to send as many reps as possible to get ideas and information that we can use at the local level.
- Midwest allstars: Kathy Aspaas was the head coach, lisa M, Pat A, were assistants. Turned out really well, Shane thanks all three for taking on the challenge on such short notice. Shane and Lisa were approached at convention and asked to commit right away, they made the exec. Decision to attend.

- Kathy: Would like feedback from parents, and coaches. No athlete seating on deck, all athletes were in the Gym, with the parents. New for us, but run very well in regards to timeline, etc. We are at the bottom of the pack when we went, as with other meets i.e. zones. Shane suggests a survey monkey to get that feedback.
- Pat & Lisa: Thanks to Kathy for all the work.
- Kathy has volunteered to head the trip again.
- The LSC has to provide these opportunities for the kids, but doesn't want to disrupt what meets are happening on the local level.
- Club Athlete Reps. Every club in ND is supposed to have one. We are trying to get our athletes more involved. The reps are to be the liaison to the board. This needs to happen right away if your club doesn't have one yet. That rep has to be 13 yrs or older. Face to face meetings, phone calls, etc. the kids need to be able to fulfill these duties.

Admin Vice Chair

- Getting P & P updated and posted ASAP!
- JAWS have been looking at developmental programs for their club and LSC, possible swimposium: offers coaching, athlete, parent branch conferences. Jamestown would like to host, waiting to see if ND can get in to have one. Only 2 spots are left for 2019.
 - Randy: 'A' list reps for each group can come in. great experience

Secretary

No report

Treasurer

- Approx.. \$130,000 in the bank
- Has reports for all clubs to see if LSC owes clubs anything, or if clubs owe LSC anything
- Working on Quadrennial budget

Registration Chair

- Will have athlete breakdown in the fall, end of LC season

Technical Chair

- Only 3 teams have all non-athletes in the clear.
- 47 non athletes are expired
- 279 non-athletes registered
 - Various teams owe money

Age Group Chair

- Thanks to Lisa M for stepping up with Sanctions, etc. duties are back to Janna

- Made emergency decision to make 11 & over boys times to 2016 SQ standards for this LC season. Task force to get more information from clubs/coaches to adjust the times for the future (new business)
 - o Times will be changed and posted ASAP
- Question on reimbursement
 - o If you get paperwork in for sanction request, you should get an \$80 reimbursement. We haven't been reimbursing because clubs have been doing all of the processes correct, 12 weeks ahead for requests, and 2 weeks for closing out the meet.
- Janna tries to update top times 2x per month, please have coaches tell parents that it cannot happen right away and to be patient. Janna needs all the information asap. Team is in charge of sending in out of state meets. Coach is the first person parents should go to, not Janna.
- SC records will be updated and distributed in the next month
- No conflicts for meets as of right now with meets for the next year. All star meet is the same as CAT5 meet in bis.

Sr. Vice Chair

- Zones hotel is set up, bussing is the only thing left
- Homewood suites in Roseville, block is being held until July 1.
 - o Information will be posted to website this week
 - o Team picture is at 1:30 on Aug. 1st

Coaches Rep

- Went to leadership conference in Houston
 - o Athletes need to be more involved in all aspects
 - o Talked about values, structuring programs and USA Swimming

Officials Rep

- 106 officials registered,
- Officials committee updated their policies, particularly to AO and Admin Ref
 - o Not changing at this point, just the actual written policies

Safety chair

- Zones meeting
 - o Safe sport was a huge deal, a lot of working sessions.
 - o USA Swimming is trying to make it as easy as possible to take ideas and bring them directly to the club level.
 - o 6 primary principles of Safe Sport
 - o USA Swimming sent out the 'Safe Sport Mondays' book to all clubs
 - o Teams will see more action from Jason on all the different things that go into being a safety chair, and the volunteers for the deck marshalls
 - o Shane:

- all clubs will need to have the Safe Sport coordinator and pass that info onto Jason
- clubs need to share the Safe Sport information to parents and swimmers a lot more. Athlete committee members will be taking APT training. Letting parents know at parent meetings.

Disability Chair

- currently 2 athletes with disabilities, they are welcome to compete at State but need an ICP classification.
- Randy: the USA Swimming disability committee will come up with time standards that LSCs can utilize or not.
- Shane: clubs can do a better job of reaching out to disabled kids so that they know the swimming community is a welcome place for them.

Diversity & Inclusion report

- Lisa went to the meeting, was amazed by the programs that some LSCs have, i.e. native American programs, etc. not just skin color
- Diversity & Inclusion camp, up to 4 athletes are paid for attendance, missed the camp but there is a meet next year in Oklahoma,
- As a board, we are going to try and use every opportunity
- Dan (NLSA): looking if there is scholarships from the LSCs to help these clubs for these opportunities

Jr. Athlete Rep (Riley)

- Went to Leadership Summit
 - Amazed at the things they can do to make their voice heard.
 - Discussed their day:
 - So well received, it will become an annual event. Our LSC will be trying to send the max amount of athletes every time.
 - Getting ideas from other LSCs that are further along in the athlete leadership realm than we are

Athlete at Large (Jake Sm)

- Concern: nothing in place to replace his position, not even a plan
- Concern: very few opportunities for 15 & Overs as far as meets, or leadership conferences
- Shane: timeline of approx. 10 days for athlete reps to replace jake
 - Needs to be 13 to be rep, 16 to be on LSC or Sophomore

Elections

- Admin vice chair: Bret Haglund, no other nominations
 - Motion to close nominations by Wayne, Pat 2nds motion carries
- Sr. Vice Char: Anne McDonagh, no other nominations
 - Motion to close nominations by wayne, janna 2nds, motion carries

- Registration chair: JoDell, no other nominations
 - o Motion to close nominations by wayne, Thomas 2nds, motion carries
- Diversity & Inclusion chair: Kim Kuntz, no other nominations
 - o Motion by wayne to close nominations, Bret 2nds, motion carries
- Secretary: Erich & Stacy, no other nominations
 - o Ballots: Stacy was voted in.

Old Business

- State Meet Format Task Force (Janna)
 - o 644 swimmers in the water, increase of 50 swimmers, feedback was that there was a lot of swimmers. Task force was to study what we want State to look like, mostly influencing SC state. Increase 145.9% of reg. swimmers in ND. As our numbers increase, so do our growing pains. Our biggest number group is 12 & unders. We need to have data to support whatever decision that is made.
 - Janna, Alex, Kim, (Jake, Riley, Demi), (Jeff, Pat, Brian, Jeannie), Theresa(FMY), Angie H.(NLSA).
 - Discussion about possible ideas.
- Club Registration fees
 - o Discussion about club reg. fees last meeting
 - Board voted to eliminate Sm/Med/Lrg designation in regards to club reg fees. And a flat rate to \$150 was instituted.

New Business

- Officers and directors insurance, no bonding for our treasurer. LSC is finding out what that costs to bond the treasurer.
- 2018 central zones will be in Minneapolis
 - o Budget was discussed, net expense of \$7,800 (get numbers from Shane)
 - o Info will be going out on the website soon
 - o Pat asked about last year, net exp. \$6,203.
 - With needing to rent a van because of too many kids
- Flex Memberships
 - o Randy: Sept. 1st LSCs can approve a \$20 year round membership, 'USA lite', 15% of kids don't do swim meets. Allowed to swim in 2 meets per calendar year. Approved meets do not count against your 2 meets, including Y meets, Midwest regionals. Can pay the difference to upgrade from flex to premium memberships. 18 & Unders only
 - Pat asks if the LSC will be in charge of keeping track of the athletes that have already done the 2 meets. Randy states: that USA Swimming Tech Dept is working so that swimmers would get flagged in recon reports for meets. Kids might fall through the cracks and we are hoping that no one gets too upset and that it is a work in progress. More discussion about flex
 - o Things are due in May, if LSC approves clubs can or not.

- Wayne makes motion to approve for ND LSC, Pat 2nds. Motion carries unanimously
- Registration timeline and process
 - Lisa: trying to get CPR/Safety/Lifeguard or in-water to be completed in the oct/nov/dec window
- Term limits
 - There was discussion about term limits, 2 year terms are not long enough to get a hold on things. Nothing we need to do now, but informational for today
- Athlete registration fees
 - LSC wants to get a little extra revenue to increase athlete opportunities.
 - Board voted and approved the move from \$8 to LSC to \$10 to LSC to match the Flex membership from USA Swimming.
- Athlete development task force
 - Looking for people that are interested in being on this task force.
 - Emily Poppe, Joanna Baltes, Anna Rae Clark,
- Randy
 - Expected at convention, national ban on tech suits for 12 & unders unless they qualify for sectionals and above. Probably kick in in late 2019 or 2020.

Shane Motions to adjourn, Thomas 2nds, Motion Carries.

Meeting adjourns at 3:45pm

Old Business