

# 2016 Red River Valley Wahoos Santa Invite Dec 10, 2016

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**Event Hosted By:** Red River Valley Wahoos

**Sanctioned By:** North Dakota Swimming, Inc. as an entity of USA Swimming.

**Meet Sanction Number:** ND2402



**Purpose:** To encourage and promote good sportsmanship, competitive swimming among age group swimmers and to have fun. Good sportsmanship is required of all athletes, coaches, officials, and spectators.

**Meet Referee:** Matt Nilles  
701-741-5538  
mlnilles@gra.midco.net

**Admin Official:** Janna Schill  
**Starter:** Andy Gasparini  
**Other Officials:** Dawnita Nilles  
Bryon Hills  
**Safety Marshal:** Jason Uhrir

**Meet Manager / Entries:** Janna Schill  
4189 Sun Circle  
Grand Forks, ND 58201  
701-213-0610

**NEW EMAIL:** [rrv.meetmanager@gmail.com](mailto:rrv.meetmanager@gmail.com)

**Entry Deadline:** Electronic entries: Sunday  
**December 4 2016 at 8 PM Central Time**

Paper entries with email back-up  
**Postmark: December 1, 2016**

**Meet Site:** UND Hyslop Pool  
2751 2<sup>nd</sup> Ave North (South Entrance)  
Grand Forks, ND 58202

**Directions to:** : The meet location is the University of North Dakota Hyslop Sports Center at the corner of 2<sup>nd</sup> Avenue North and Columbia Road on the UND campus.

**Facility:** The UND Hyslop Pool is an eight lanes by 50 meters with bulkheads dividing it into 25 yards for short-course length. Starting blocks are at the east end of the pool and the depth of the pool is 13 feet. There is a Daktonics timing system and complete scoreboard which displays the swimmers' names for each event. The competition pool conforms to USA Swimming Rules and Regulations – 2010 Article 103.3. The pool is certified in accordance with USA Swimming requirements 104.2 C (3).

**Concessions:** Concessions of beverages, snacks, and meet programs will be available in the upper level of the pool area.

**Food and Container Policy:** TEAMS ARE RESPONSIBLE FOR CLEANING UP THEIR AREAS AT THE CONCLUSION OF EACH SESSION.

**Parking Information:** Free! Please follow signs for swim meet parking that will be posted on the streets outside the pool area.

**Programs:** Programs containing seeded events for all sessions will be available for purchase. The estimated start times will be posted in the programs but will not be used as the official timeline. Cost of programs will be \$3.00

**Lodging:** If you need assistance in finding lodging please contact the Greater Grand Forks Convention and Visitors Bureau at: (701) 746-0444

**Internet Information:** Psych sheets and meet information will be posted to the following web site <http://www.rrvywohos.org> prior to the start of the meet.

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**Officials:** All officials will be USA Swimming certified officials. An Officials meeting will be held 30 minutes before the start of each Session.

Uniform for officials is a white North Dakota Officials polo shirt with blue shorts, pants or skirts, with white shoes.

**Coaches and Officials Hospitality:** A hospitality room will be provided with refreshments and snacks for coaches and officials.

**Athlete Conduct:** All athletes will be required to adhere to the NDLSLSC Code of Conduct.

**USA Swimming Membership:** All swimmers must be a current 2016 or 2017 registered athlete member of US Swimming or CASA. Current 2016 USA Swimming coaches' registration with required additional certification is required of all Coaches. **Coaches must be able to provide proof of current coaching credentials while on deck. Use of the USA Swimming Deck Pass as proof of verification is acceptable.**

**Racing Start Proficiency:** Any swimmer entered in the meet must be certified by a USA Swimming member-coach as being proficient in performing a racing start or must start each race from within the water. When unaccompanied by a member-coach, it is the responsibility of the swimmer or the swimmer's legal guardian to ensure compliance with this requirement.

**Course Certification:** The competition pool conforms to USA Swimming Rules and Regulations, Article 103.3. The competition course has been certified in accordance with 104.2.2C (3) and (4). The copy of such certification is on file with USA Swimming.

**Swimsuits:** Current US Swimming policies governing swimsuits will be in effect and enforced.

**Deck Changing:** Changing into or out of swimsuits other than in locker rooms or other designated areas is prohibited.

**Audio or Visual Recording Devices:** Use of audio or visual recording devices, including a cell phone, is not permitted in changing areas, rest rooms or locker rooms.

**Meet Jury:** A meet jury will be formed by the meet referee. It will consist of one official (not the Meet Referee), and a Coaches' Rep. from the smallest and largest teams represented.

Until the Meet Jury renders a decision, the swimmer may compete under protest. An announcement to this effect shall be made prior to the race. The results of any race conducted under protest shall not be announced, nor prizes awarded, nor points scored until the jury has determined if and how their decision may affect the final scoring or awards.

The decision of the jury may be appealed by either party to the NDLSLSC Board of Review, pursuant to Article 401.

**Timing:** A DakTronics electronic timing system with two backup buttons and watches, horn start, and touch pads at the start end of the pool will be used.

**Changes to the Meet Information:** Any changes to the meet information will be discussed, reviewed, and voted on at the coaches meeting held before the beginning of the first session of the day. Changes must be approved by a unanimous vote of coaches in attendance at the appointed meeting.

**Rules:** Current USA Short Course rules and safety policies as adopted by the NDLSLSC and USA Swimming Rules and Regulations 2016 edition will govern the meet. This is a timed final meet. There will be a Clerk of Course. Swimmers should appear at designated area which will be addressed at the coaches meeting prior to the start of the meet. Swimmers arriving at the blocks and not ready to swim when their heat is called will be scratched from the

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event. Individual and relay events will not be accepted with no times (NT). Swimmers names, USA registration numbers and order of swimmers for relays are to be submitted with entries. Entry and Relay cards will not be used for this meet. The whistle protocol and horn start with no recall for false starts will be used. The Meet Referee has the right to combine any events or heats.

**If needed for timeline to meet the 4 hour guidelines, events may be seeded and swam as mixed events but awards will be give separately for boys and girls (except for the beanie relay which will be swam as a mixed-relay format).**

**The 8 and under 25 yard events will start on the turn end.**

**Warm-Up and Safety Policy:** Warm-ups will be a minimum of one hour. North Dakota Swimming, Inc. warm-up procedures and safety guidelines will be in effect at this meet. Backstroke swimmers must step into the water feet first. Safety Marshalls will remind all swimmers and athletes on deck of any violation of NDLS and US Swimming safety policies.

**Only Swimmers, coaches, officials, and working volunteers will be allowed on the pool deck.** The locker rooms are for swimmers only. Safety Marshalls will check credentials.

**Swimmers without a Coach Present:** USA Swimming athlete members must be under the supervision of a USA Swimming member coach during warm-up, competition, and warm-down. The Meet Director or Meet Referee shall assist the athlete in arranging for such supervision. Coaches are encouraged to make arrangements in advance if they cannot attend the meet with their swimmers.

**Eligibility/Meet Type:** Age as of December 10, 2016 shall determine age group for swimmers, including age group relays. Entries are open to 2016 or 2017 registered USA and CASA swimmers.

**Awards:** Individual ribbons: 1-16

Santa Claus Invite Candy Cane Relay ribbons:

1-3 for the following age relay grouping (8 & under; 10 & and Under; 11-12; 13-18). The candy cane Relay can be any combination of boys and girls.

Individual awards will be based on the following age groups: 8 &U, 9-10, 11-12, 13-14, 15-18 and 19 & Older. 19 and older athletes **will not** receive awards.

**Entry Limitations:** Each swimmer may swim a maximum of 5 individual events and 1 Santa relay (all relays will be swam as mixed relays).

Swimmers may not swim-up an age group in individual events.

**Meet Schedule:**  
Warm-ups: Start at 8:15 a.m.  
Officials meeting at 8:45 a.m. in pool office  
Timers meeting with the Chief Timer: 9:15 a.m. NE corner of pool deck.  
Coaches meeting with referee at 9:15 am (15 minutes prior) to the start of the meet in pool office  
Competition begins at 9:30 a.m.

**If needed for timeline to meet the 4 hour guidelines, events may be seeded and swam as mixed events but awards will be give separately for boys and girls (except for the beanie relay which will be swam as a mixed-relay format).**

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**Fees:** \$ 5.50 per swimmer for NDLSA fee  
\$ 1.50 per swimmer per individual event  
\$ 3.00 per Relay event  
\$ 1.00 per unattached swimmer (if applicable)  
25.50 per swimmer for timer/pool rental

Summary cost per calculation sheet is attached. Checks must accompany entries and made payable to Red River Valley Wahoos.

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## Fee Calculation Form – return with your entry

Club Name: \_\_\_\_\_ Club Abbreviation: \_\_\_\_\_  
 Coach: \_\_\_\_\_ Coach's Cell Phone # ( ) \_\_\_\_\_  
 Entries Chair: \_\_\_\_\_ Phone # ( ) \_\_\_\_\_

Number of Swimmers	Amount	Number	Number
	Total Swimmers x \$5.50 NDLSLSC Fee =		
	25.50 per swimmer for timer/pool rental		
	\$ 1.00 per unattached swimmer (if applicable)		
	Total Individual Events x \$1.50 =	# of boys	# of girls
	Total Relay Events x \$3.00 =	# of boys	# of girls
		Total Boys	Total Girls
	Total Due =		

Make checks payable to: Red River Valley Wahoos **All fees are due with your entry.**  
 Summaries should be mailed with payment (see entries address below).

**Who should RRVY Wahoos contact if we have a problem with your entry?  
 PRINT CLEARLY and provide an e-mail contact you trust!**

Name: \_\_\_\_\_ E-Mail: \_\_\_\_\_  
 Day Phone # ( ) \_\_\_\_\_ Evening Phone # ( ) \_\_\_\_\_

*(If you are having a team representative pick up awards, the name and phone number of this person.)*

Name: \_\_\_\_\_ Phone: \_\_\_\_\_

**Mail Entries to:**  
 Red River Valley Wahoos  
 Attention: c/o Janna Schill  
 4189 Sun Circle  
 Grand Forks, ND 58201  
[rrv.meetmanager@gmail.com](mailto:rrv.meetmanager@gmail.com)

Please send a PDF of all entries along with the Hytek Entry File.

**ENTRIES DUE Electronic Entries (via email to Meet Manager) December 4, 2016 8 P.M.**  
**Paper Entries (with email backup) – Postmark December 1, 2016**  
**Late ENTRIES WILL BE CHARGED A \$50.00 LATE FEE**

**Wahoo Fall Invite  
RRVY Wahoos  
December 12, 2015  
First event starts at 9:30 AM.**

<u>Girls/Boys</u>	<u>Events</u>
1/2	200 I.M. (9 & over)
3/4	25 Free (8 & under )
5/6	200 Back (11 & Over)
7/8	100 Free (Open)
9/10	25 Back (8 and Under)
11/12	50 Back (Open)
13/14	50 Free (Open)
15/16	100 Back (Open)
17/18	100 Breast (Open)
19/20	25 Breast (8 & under)
21/22	100 Fly (Open)

5 Minute Break

23 Candy Cane Relay – Mixed open 100 Free Relay: Awards will be given for the top 3 relays for each age group (8 & Under; 10 and Under, 11-12, 13-18). All relay members will wear need to transport a large candy-cane during the swim. The Candy Cane will be passed between relay members during the race. Candy Canes will be provided at each lane. Age group will be based on the oldest swimmer's age on each relay. All relays will be swam and awarded as mixed relays (Any Combination of boys and girl relays allowed).

5 Minute Break

24/25	50 Breast (Open)
26/27	25 Fly (8 and Under)
28/29	200 Fly (11 & over)
30/31	50 Fly (Open)
32/33	100 I.M. (Open)
34/35	200 Free (9 and Older)
36/37	200 Breast (11 & Over)
38/39	500 Free (9 & over)