

North Dakota LSC Travel Policy and Code of Conduct (5-1-11)

Travel Policy

In accordance with the USA Swimming Rulebook, club travel policies must be signed and agreed to by all athletes, parents, coaches, and other adults traveling with the NDLSL. In the event that an athlete violates the travel policy or code of conduct, the Head Coach shall report violations to the appropriate NDLSL leadership and to the parent or legal guardian of any affected athlete. Violations of a severe nature will result in more severe consequences, including (but not limited to) the swimmers' immediate return home, barring the swimmer from future All-Star/Zone Teams, or barring the swimmer from future North Dakota Swimming competitions.

1. Team managers and chaperones must be members of USA Swimming and have successfully passed a USA Swimming-administered criminal background check.
2. Regardless of gender, a coach shall not share a hotel room or other sleeping arrangement with an athlete (unless the coach is the parent, guardian, sibling, or spouse of that particular athlete).
3. During team travel, when doing room checks, attending team meetings and/or other activities, two-deep leadership and open and observable environments should be maintained.
4. When only one athlete and one coach travel to a competition, the athlete must have his/her parents' (or legal guardian's) written permission in advance to travel alone with the coach.
5. To ensure the propriety of the athletes and to protect the staff, there will be no male athletes in female athlete's rooms and no female athlete in male athlete's rooms at any time without a chaperone or coach present. Exceptions may be made by the Head Coach or chaperones for team activities.
6. Team members and staff traveling with the team will attend all team functions including meetings, practices, meals, and meet sessions, at the discretion of the Head Coach.
7. Swimmers are expected to remain with the team at all times during the trip.
8. Curfews shall be established by the Coaches each day of the trip and no team member may leave their room after curfew.
9. Any damage or thievery at the hotel will be the responsibility of the offending swimmer. No loud or obnoxious behavior will be tolerated in hallways or public areas.
10. Team members are expected to behave in an exemplary manner at all times. When visiting public places, swimmers should be polite and courteous to employees and other visitors.
11. Team or LSC officials shall obtain a signed Liability Release and should carry a signed Medical Consent or Authorization to Treat Form for each athlete.
12. The coaching staff and NDSI may establish any other rules as deemed necessary. The directions and decisions of coaches and chaperones are final.

Code of Conduct

Team members represent North Dakota Swimming and should keep their behavior in accordance with the high standards of North Dakota Swimming. Proper respect and sportsmanship should be displayed towards coaches, officials, administrators, teammates, fellow competitors and the public at all times. Any illegal or inappropriate behavior will not be tolerated including the possession or use of alcohol, tobacco products, or illegal drugs.

I recognize my responsibility to abide by these rules and requirements and those established by the NDLSL Coaching Staff. I have read and agree to comply with the aforementioned rules.

Signature _____

Date _____

Parent/Guardian Signature _____

Date _____

Head Coach Signature _____

Date _____