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| **Event Hosted By:** | FM Gators Swim Team |
| **Approved By** | Held under the sanction of USA Swimming. Sanction issued by the ND LSC. |
| **Meet Sanction #:** | ND-SC-19-003 |
| **Liability** | In granting this sanction it is understood and agreed that USA Swimming shall be immune from any liabilities or claims for damages arising by reason of injuries to anyone during the conduct of the event. | |
| **Meet Purpose** | To encourage and promote good sportsmanship, competitive swimming among age group swimmers and to have fun. Good sportsmanship is required of all athletes, coaches, officials, and spectators. | |

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| **Meet Referee** | Scott Mengelkoch | **Admin Official** | Brian Toay |
|  | 701-261-5001 | **Starter** | Paul Sjurseth |
|  | smengelkoch@msn.com | **Other Officials** | Doug Sharbono |
|  |  |  | Tina Snider  Chris Cerney  Chad Peterson  Alexa Vein |
|  |  | **Safety Marshall** | Fred Hebert |

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| **Meet Manager / Entries** | |
| Name | Brian Toay |
| Phone # | 701-541-3991 |
| Email Address | b\_toay@yahoo.com |
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| **Entry Deadline** | |
| Electronic Copies | November 14, 2019 |
| Paper Entries | Postmarked on or before November 12, 2019 |

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| **Meet Site** | Fargo Davies High School Pool |
| **Address** | 7150 – 25th Street S.  Fargo, ND 58104 |
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| **Facility Information** | The Fargo Davies Pool is an eight (8) lane, 25-yard pool. The pool is 13’6” ft. deep at the starting end and 4’6” ft. deep at the turn end. The competition pool conforms to USA Swimming Rules and Regulations – 2010 Article 103.3. The pool has not been certified in accordance with USA Swimming requirements 104.2.2C (3) and (4).    **Retail:**  Caps, goggles, suits, & misc. swim accessories will be available for purchase. We will also have a shirt company making shirts on Saturday and Sunday.  **Internet Information:** Meet Mobile will have the published Psych sheets |
| **Timing Information** | Daktronics electronic timing system with two backup buttons and watches, horn start, and touch pads at the start of the pool. Swiss Timing Omega start box may be used. |
| **Course Certification** | The competition pool conforms to USA Swimming Rules and Regulations, Article 103.3.  The competition pool has not been certified in accordance with 104.2.2C(4) |
| **Eligibility / Meet Type** | Age as of November 22, 2019, shall determine age group for swimmers, including age group relays. On deck registration is allowed for this meet, but proof of a current USA registration is required. |
| **Racing Start Proficiency** | Any swimmer entered in the meet must be certified by a USA Swimming member-coach as being proficient in performing a racing start or must start each race from within the water. When unaccompanied by a member-coach, it is the responsibility of the swimmer or the swimmer’s legal guardian to ensure compliance with this requirement. |
| **USA Swimming Membership** | ALL current 2019-2020 registered athlete members of USA Swimming are eligible to participate.  No swimmer will be permitted to compete unless the swimmer is a member as provided in Article 302.  Current 2019-2020 USA Swimming coaches’ registration with required additional certification is required of all Coaches. Upon request, Coaches must be able to provide proof of current certification. Deck pass is an acceptable form of proof of membership. |
| **Swimmers without a coach present** | USA Swimming athlete members must be under the supervision of a USA Swimming member coach during warm-up, competition, and warm-down. The Meet Director or Meet Referee shall assist the athlete in arranging for such supervision. Coaches are encouraged to make arrangements in advance if they cannot attend the meet with their swimmers. |
| **Officials** | All officials will be USA Swimming certified officials. An Officials meeting will be held **45 minutes** before the start of each Session. Uniform for officials is a white North Dakota Officials polo shirt with khaki shorts, pants or skirts, with white shoes. We will need as many officials as possible. **If you plan to officiate, please contact Brian Toay and let him know which sessions you will be available. Application will be made to make this an Officials Qualifying Meet. Anyone interested in obtaining National Certification should contact Scott Mengelkoch.** |
| **Rules** | Current USA Short Course rules and safety policies as adopted by the NDLSC and USA Swimming Rules and Regulations 2019 edition will govern the meet.   * Sessions 1, 3, and 6 are timed finals. Sessions 2, 4, 5, and 7 will be prelim/finals sessions. * The whistle protocol and horn start with no recall for false starts will be used. * The Meet Referee has the right to combine any events or heats. * If timeline exceeds the 4 hour time limit the relays will be scratched. * Swimmers should appear at designated area which will be addressed at the coaches meeting prior to the start of the meet Swimmers arriving at the blocks and not ready to swim when their heat is called will be scratched from the event. * Individual and relay events will be accepted with no times (NT). * Swimmers names and USA/CASA registration numbers are to be submitted at time of entries. * Events may be seeded and swam as mixed-gender events. * All events will be swam based on entry time with the fast entry times being swam in the last heat of each event. * All relays may be swam as mixed gender relays pursuant to USA Swimming Guidelines. * National scratch procedures per current USA swimming rule book, section 207.11.6 **will be enforced**. The scratch box will be at the General Meeting and will close at 5:00 pm on Friday for Saturday’s events and 30 minutes after the start of warm-ups on Saturday evening for Sunday’s events. |
| **On Deck Registration** | On deck registration is allowed. The fee for that registration is due upon registration. |
| **Warm-up & Safety Policy** | Warm-ups for sessions 1, 2, 3, 5, and 6 will be a minimum of one hour. Warm-ups for sessions 4 and 7 will be 45 minutes. North Dakota Swimming, Inc. warm-up procedures and safety guidelines will be in effect at this meet. Backstroke swimmers must step into the water feet first. Safety Marshalls will remind all swimmers and athletes on deck of any violation of NDLSC and US Swimming safety policies.  **Only Swimmers, coaches, officials, and working volunteers will be allowed on the pool deck. The locker rooms are for swimmers only. Safety Marshals will check credentials.**  **MAAPP Protocol**: Coaches, Officials, and Volunteers are directed use the bathrooms located immediately across from the hospitality room, or in the upstairs hallway close to concessions. The locker rooms on deck and in the foyer are for athletes only. |
| **Awards** | Individual ribbons: 1st – 16th place for all age groups for Friday night’s IMX  Relay ribbons: 1st – 8th place for all age groups  Individual medals: 1st – 3rd place for all age groups (for events Saturday & Sunday)  Individual ribbons: 4th – 16th place for all age groups  Winners of the IMX challenge (for each age/gender) will win a T-Shirt.  Top 3 team high point trophies will be awarded at the conclusion of the meet.  Scoring will be based on USA Swimming’s Standards: 6 & under, 7-8, 9-10, 11-12, 13-14,  15 & older. |
| **Entry Limitations:** | On Friday, swimmers are limited to four (4) individual events. For Saturday & Sunday all 11 and over swimmers are limited to three (3) individual events and (1) relay event. For Saturday & Sunday all 10 & under swimmers are limited to four (4) individual events and (1) relay event.  Due to potential time line issue the meet will be limited to 400 swimmers for Saturday and Sunday.  For the 11 & over 500 free entries will be capped at **64** swimmers, and **32** for the 1000 free (on first-come basis). Teams will be allowed to update their entries up until the deadline.  Teams will be restricted to a maximum of 3 relays (A, B, & C) per team, gender, and age group for the 11 & Over Sessions. Relays are to be either 4 male, 4 female, or (mixed) 2 male & 2 female.  Open Lane Swims: Will only be allowed, but will be exhibition only and will not advance or score. The splash fee is $5.00 per event. Sign-up is on a first-come basis at the timing table. Swimmers must be registered in the swim meet in order to have the opportunity to participate in Open Lane Swims. Swimmers may not exceed the event limit events including Open Lane Swims. Swimmers may scratch an event in order to swim on Open Lane Swim to stay within the entry limit. No refunds will be given for scratched events. Deck entries will not be allowed. |
| **Time Trials** | Will not be offered. |
| **Swimsuits:** | Current US Swimming policies governing swimsuits will be in effect and enforced. |
| **Deck Changing:** | Deck changing is not allowed. |
| **Audio or Visual Recording Devices**: | Use of audio or visual recording devices, including a cell phone, is not permitted in changing areas, rest rooms, locker rooms, or behind the start blocks. |
| **Operations of Drones** | Operation of a drone, or any other flying apparatus, is prohibited over the venue (pools, athlete/coach areas, spectator areas and open-ceiling locker rooms) any time athletes, coaches, officials and/or spectators are present. |
| **Meet Jury** | A meet jury will be formed by the meet referee. It will consist of one official (not the  Meet Referee), and a Coaches' Rep. from the smallest and largest teams represented. Until the Meet Jury renders a decision, the swimmer may compete under protest.  An announcement to this effect shall be made prior to the race. The results of any race conducted under protest shall not be announced, nor prizes awarded, nor points scored until the jury has determined if and how their decision may affect the final scoring or awards.  The decision of the jury may be appealed by either party to the Central Zones Board of Review, pursuant to Article 401. |
| **Changes to the Meet Information**: | Any changes to the meet information will be discussed, reviewed, and voted on at the coaches meeting held before the beginning of the first session of the day. Changes must be approved by a unanimous vote of coaches in attendance at the appointed meeting. |
| **Concessions** | Full concessions will be available during this meet |
| **Parking Information** | Parking is free |
| **Food & Container Policy** | **ABSOLUTLY NO GLASS CONTAINERS WILL BE ALLOWED BEHIND THE BLEACHERS, ON THE BLEACHERS, IN THE LOCKER ROOMS, OR IN THE POOL AREA. PERSONS IN VIOLATION OF THIS POLICY WILL BE ASKED TO LEAVE THE AQUATIC FACILITY.**  *Red liquids are not allowed on deck at this pool! No Exceptions.*  Teams are responsible for cleaning up their areas at the conclusion of each session. Teams will be bill accordingly if they do not clean up their area. |
| **Programs** | **Programs:** Programs containing seeded events for all sessions will be available for purchase. The estimated start times will be posted in the programs but will not be used as the official timeline. |
| **Lodging** | See attached list of discount rates provided by the FM Convention and Visitor’s Bureau. |

**Meet Schedule**

**Friday PM Session 1** I.M. ToughChallenge**:** This session is for **All** swimmers with all events being swam as timed finals. All heats will be swam as mixed gender and seeded by time slowest to fastest. The goal for this event will be to establish the fastest combined 200 IM time. Awards (“I.M Champ” T-Shirts) will be given out to the fasted combined 200 IM time for both men’s and women’s in all age groups. In addition, the top 8 11&over boys and top 8 11&over girls will qualify to swim the “**Mystery Medley**” relay at the beginning of the finals session on Saturday evening (Session 4).

Pool deck will open at 3:45. General Coaches meeting at 4:30 pm in the pool office; the scratch box will be available and will close at 5:30 pm for Saturday’s events only.

Warm-ups will begin at 4:15 pm on Friday for all age groups. The meet will begin at 5:30 pm.

**Saturday & Sunday 11 & over Preliminary Sessions 2 & 5**

Pool deck will open at 7:00. Coaches meeting will be at 7:30

Warm-ups will begin at 7:15 am, with the meet starting at 8:30 am.

**Saturday & Sunday 10 & under timed final Sessions 3 &6**

Warm-ups will begin approximately one hour following the end of the morning session, with the session starting approximately 1 hour after the start of warmups. A session timeline will be sent out the week of the meet.

**Saturday & Sunday 11 & over Finals Sessions 3 & 7**

Warm-ups will not begin before 4:00 pm, with the meet starting at approximately 1 hour after the start of warm-ups.

**SEE ATTACHED EVENT LIST FOR ALL 3 DAYS**

**Event Seeding:** this meet will be seeded slowest to fastest for the Preliminaries and the Timed Finals events.

* Please note that any event with fewer than 8 swimmers may be swam as timed final.
* The last 3 heats of all Preliminary events will be circle seeded.
* There will be one heat of all finals with the exception of all 50 yard events. Those events will have a “B” final, which will be swam before the “A” final.
* All 200 yard events and the 500/1000 free will be swam as timed final with the fastest heat swimming in the PM finals session. Downseeding will be available for those in the top heat that will not be available for the evening session.

Entry Fees:

$5.50 per swimmer for NDLSC fee.

$27.50 per swimmer for timer/pool rental

$1.50 per swimmer per individual event

$3.00 each relay event.

Summary cost per calculation sheet is attached.

Checks must accompany entries and made payable to FM Gators.

Fee Calculation Form – return with your entry

Club Name: Club Abbreviation:

Coach: Coach’s Cell Phone # ( )

Entries Chair: Phone # ( )

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| # |  | Amount |  | Number |  | Number |
|  | Total Swimmers x $5.50 NDLSC Fee = |  |  |  |  |  |
|  | $27.50 per swimmer for timer/pool rental |  |  |  |  |  |
|  | $1.00 per unattached swimmer (if applicable) |  |  |  |  |  |
|  | Total Individual Events x $1.50 = |  | # of boys |  | # of girls of girls |  |
|  | Total Relay Events x $3.00 = |  | # of boys |  | # of girls of girls |  |
|  |  |  | Total  Boys |  | Total  Girls |  |
|  | Total Due = |  |  |  |  |  |

Make checks payable to: FM Gators Swim Team

All fees are due with your entry.

Entries & Summaries should be mailed to the following:

FM Gators Swim Team

Attention: Brian Toay

4233 Ashton Ct. S.

Fargo, ND 58104

Who should FM Gators contact if we have a problem with your entry?

PRINT CLEARLY and provide an e-mail contact you trust!

Name: E-Mail:

Day Phone # ( ) Evening Phone # ( )

ENTRIES DUE Electronic Entries (via email to Meet Manager) November 9, 2017

Paper Entries (with email backup) – Postmark November 7, 2017

Late ENTRIES WILL BE CHARGED A $50.00 LATE FEE