**Sanction Request Requirements**

1. In accordance with ND State COVID – 19 Guidelines, Williams County and The City of Williston follow the recommendations of Governor Burgum’s office. Williams County is currently in Orange/High Risk which is the level of significant transmission and high risk for the spread of COVID-19 limiting events to 25% occupancy. Currently Williams County limits events to 50 people, which is what the Williston Sea Lions will use as our meet guidelines.
2. Williston Sea Lions will not be allowing spectators during the meet
3. Our meet will be limited to 50 people/swimmers/volunteers in the swimming pool area, the Williston ARC has set aside the EAST side of the basketball courts, and the Teen Lounge for a staging area for our swimmers. The basketball courts will have a curtain down and chairs will be placed approximately six feet apart to assure proper distancing is in place. We will limit volunteers to ensure that we do not exceed the maximum occupancy numbers.
4. Williston Sea Lions plans to live stream the meet on our private Facebook page so parents and/or legal guardians have access to and/or observe their child.
5. We have three athletes that are swimming unattached, athlete names have been sent into Brian and we are awaiting approval
6. The meet will be pre-seeded and sent in for approval to the LSC and No deck entries will be allowed after approval from the LSC
7. The below information will be added as an insert to heat sheets and the program. This will appear in the second page of the program and added as the first page to the heat sheet.

**An inherent risk of exposure to COVID-19 exists in any public place where people are present. COVID-19 is an extremely contagious disease that can lead to severe illness and death. According to the Centers for Disease Control and Prevention, senior citizens and individuals with underlying medical conditions are especially vulnerable.**

**USA Swimming, Inc., cannot prevent you (or your child(ren)) from becoming exposed to, contracting, or spreading COVID-19 while participating in USA Swimming sanctioned events. It is not possible to prevent against the presence of the disease. Therefore, if you choose to participate in a USA Swimming sanctioned event, you may be exposing yourself to and/or increasing your risk of contracting or spreading**

**COVID-19. BY ATTENDING OR PARTICIPATING IN THIS COMPETITION, YOU VOLUNTARILY ASSUME ALL RISKS ASSOCIATED WITH EXPOSURE TO COVID-19 AND FOREVER RELEASE AND HOLD HARMLESS USA SWIMMING AND [THE LSC] AND EACH OF THEIR OFFICERS, DIRECTORS, AGENTS, EMPLOYEES OR OTHER REPRESENTATIVES FROM ANY LIABILITY OR CLAIMS INCLUDING FOR PERSONAL INJURIES, DEATH, DISEASE OR PROPERTY LOSSES, OR ANY OTHER LOSS, INCLUDING BUT NOT LIMITED TO CLAIMS OF NEGLIGENCE AND GIVE UP ANY CLAIMS YOU MAY HAVE TO SEEK DAMAGES, WHETHER KNOWN OR UNKNOWN, FORESEEN OR UNFORESEEN, IN CONNECTION WITH EXPOSURE, INFECTION, AND/OR SPREAD OF COVID-19 RELATED TO PARTICIPATION IN THIS COMPETITION.**