



**Central Zone Open Water Championship**  
Sanction# WI2023-200OW  
Pleasant Prairie RecPlex / Lake Andrea Beach  
Pleasant Prairie, Wisconsin 53158  
Hosted by: Wisconsin Swimming, Inc.  
Friday, June 16<sup>th</sup>, 2023

- SANCTION:** Sanctioned by Wisconsin Swimming, on behalf of USA Swimming.  
Open Water Events: Sanction Number: WI2023-200OW
- RULES:** Current USA Swimming rules will govern the Meet. Please see Part Seven of the USA Swimming Rules and Regulations for a complete list of Open Water Rules.  
Open Water – Group start in water by age group. The swim will be unescorted.
- PARTICIPATING LSC'S:** Arkansas, Illinois, Indiana, Iowa, Lake Erie, Michigan, Midwestern, Minnesota, Missouri Valley, North Dakota, Ohio, Oklahoma, Ozark, South Dakota, and Wisconsin.
- SPONSORED BY:** USA Swimming, USA Swimming Central Zone Committee, and Wisconsin Swimming.
- HOSTED BY:** Wisconsin Swimming LSC
- MEET DIRECTOR:** Dennis DuChene – [dennis@visitkenosha.com](mailto:dennis@visitkenosha.com) – 262-620-3066
- MEET REFEREE:** Andrea Kelley – [bandkell@aol.com](mailto:bandkell@aol.com) – 319-929-3985
- ADMIN REFEREE:** Chadd Chatterton – [chaddrc11@gmail.com](mailto:chaddrc11@gmail.com) – 262-914-1692
- INDEPENDENT SAFETY OFFICER:** George Geanon – [gdgeanon@gmail.com](mailto:gdgeanon@gmail.com) - 262-691-0232
- ENTRY CHAIR:** Brian Temke – [temke@yahoo.com](mailto:temke@yahoo.com) – 414-688-3475
- ADMINISTRATIVE OFFICIAL:** Sarah Olson – [olsonswimming@gmail.com](mailto:olsonswimming@gmail.com)
- OFFICIALS:** We welcome all certified Open Water Officials to work this Championship, as it provides an excellent opportunity to achieve sessions as an Open Water Judge (OJ), Open Water Referee (OR) for recertification, or sessions for apprentices.
- OFFICIALS CLINIC:** Two parts Clinics: Tuesday, May 9 and Thursday, May 11 from 7-9pm via ZOOM. No fee. Links sent to individuals that have signed up closer to clinic –  
  
Sign-Up [https://docs.google.com/forms/d/e/1FAIpQLSfZFT\\_bcV-cLfqaRik6K0nh22tRoJl\\_qSsiOVs6if-3ffZU5A/viewform](https://docs.google.com/forms/d/e/1FAIpQLSfZFT_bcV-cLfqaRik6K0nh22tRoJl_qSsiOVs6if-3ffZU5A/viewform)  
Clinicians: Tom Lombardo and Jayne Spittler  
For LSCs with OW certifications, will satisfy clinic requirements
- OFFICIALS APPLICATION:** An online application for officiating, and/or attending the training clinic, can be found on the Meet Landing Page: [Wisconsin Swimming - Open Water Landing Page \(teamunify.com\)](https://www.wisconsin-swimming.com/teams/2023-open-water-championship)
- OFFICIALS BRIEFING:** Friday, June 16<sup>th</sup>, 2023 6:00am Central Standard Time in the Wruck Beach Pavilion.
- OFFICIALS UNIFORM:** White polo shirt and navy shorts or slacks. Navy swim trunks may be worn as well. Footwear appropriate for water submersion is recommended.
- MEET SITE:** Pleasant Prairie RecPlex Lake Andrea  
9900 Terwall Terrace  
Pleasant Prairie, WI 53158  
262-947-0437  
*Lake Andrea is adjacent to the RecPlex Aqua Arena.*



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**OPEN WATER COURSE:**

The open water event will be swum in Lake Andrea with all swims beginning and ending in the beach area. In-water start, in-water finish using finish/slap board.

- The lake course is pictured on page 7 of the meet information.
- There is a large spectator area along the beach with ample parking nearby.
- Swimmers will have access to the adjacent Pavilion area for changing.
- Spectators will be allowed in designated beach areas and concessions.
- Portable Toilets will be stationed onsite outside of the beach fence on the day of the competition for Spectators.
- Officials Meeting area will be announcement and by the Pavilion.
- The following distances will be swum by age group:
 

<u>10 &amp; Under:</u> 1.25K	<u>11-12:</u> 2.5K
<u>13-14:</u> 2.5K	<u>Open:</u> 5K

**TIMING SYSTEM:**

NK Stopwatches with Hy-Tek interface will be used.

**OPEN WATER EVENT SCHEDULE:**

Thursday, June 15th Central Standard Time-REGISTRATION-PACKET PICK UP & SWIMMER CLINIC:

3:30PM CT Central Zone Open Water Clinic

Clinic registrations must be submitted to the meet host by LSC representatives. Individual clinic registrations will not be accepted. The cost for the clinic will be \$15.00 per athlete. Checks must be made out to: *WISCONSIN SWIMMING, INC.*

Est: 6:00-7:30PM CT (after clinic concludes) – athlete registration, nail check, body marking available. It is recommended for athletes to check-in at the clinic on Thursday.

Friday, June 16th Central Standard Time-

MAIN EVENT Open Water Schedule for 5K & 13-14 2.5K Competitors:

6:00 – 7:00 AM CT: Officials Meeting

7:00 – 7:15 AM CT: Mandatory Coaches Meeting

6:45 AM CT: Registration & Check-In For 5K & 3K (if not done night before)

7:30 – 8:00 AM CT: Course Open for Warm-Up

8:00 – 8:15 AM CT: Participant Clinic/Pre-Race Meeting - MANDATORY 8:30 AM: First wave of 5K Begins

10:15 AM CT – Estimated Start for 2.5K FOR 13-14 Competitors.

Open Water Schedule for Swimmers Ages: 11-12 and 10&Under

9:00 AM CT: Registration & Check-In for 1.25K & 2.5K (if not done evening prior)

9:45 – 10:15 AM CT: Warm-Up in roped-in swim area

10:30– 10:45 AM CT: Participant Clinic/Pre-Race Meeting - MANDATORY

11:00 AM CT: approximate first wave start times for 11-12 2.5K

11:45 AM CT: approximate first wave of 10&Un 1.25K Begins

**SAFETY/WARM-UP PROCEDURES:**

- A. Swimmers should wear their LSC zone team cap during the race.
- B. The course will be patrolled by Pleasant Prairie Lifeguards and volunteers trained in water safety. The Pleasant Prairie Fire Department may provide Water Rescue Support and/or a certified EMT on site. This will be communicated later in the pre-race safety briefing.



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**LSC REPRESENTATIVE:** Each LSC must have a representative to act as a liaison between the LSC, Meet Director, and Independent Safety Officer. That person must be identified to the meet host at Registration / Check-in, in order to receive credentials. Please also email the Meet Director ([dennis@visitkenosha.com](mailto:dennis@visitkenosha.com)) by Tuesday, June 13<sup>th</sup>, 2023 who the LSC contact will be on site.

**ATHLETE ATTITUDE:** CODE OF CONDUCT and MEDICAL: If the LSC does not have its own form, these may be duplicated and signed by each athlete and his/her parent(s). Each LSC's representative must have these documents available to the host at all times. The Code of Conduct will be enforced.

**ELIGIBILITY:**

- A. Membership: All athletes must be regular (not seasonal) USA Swimming members with the LSC they represent.
- B. Swimmer's Age: Age of swimmer on day of competition shall be the age for competition.
- C. Qualifying Time/Eligibility: Qualification times shall be the National A time in the following:  
Open 5K: Minimum 15-16 "A" Time in 400/500, 800/1000 or 1500/1650 Freestyle  
13-14 2.5K: Minimum 13-14 "A" Time in 400/500, 800/1000 or 1500/1650 Freestyle  
11-12 2.5K: Minimum 11-12 "A" Time in 200, 400/500, 800/1000, or 1500/1650 Freestyle  
10&Under 1.25K: Minimum 10&Under "A" Time in 200 or 400/500 Freestyle

**ENTRY PROCEDURES:**

- A. **The LSC must submit its Open Water entries as one team, using the LSC as the club designation. All individual entries shall be consolidated and submitted as one entry. Separate entries from individuals or clubs will not be accepted. LSC entry chair shall verify times before submitting entries to host.**
- B. Each LSC must identify, on the official entry form, the name of the LSC and the name, address and telephone number, and email of the person in charge of entries for that LSC.
- C. Each swimmer entry must include first and last name, age as of June 16, 2023 and complete USA Swimming registration number.

**ENTRY RESPONSIBILITY:**

- A. The coach, swimmer, or swimmer representative who enters any Central Zone Championship Meet attests that all times on the entry are true and correct achieved qualifying times for each event entered and that all entered swimmers are eligible under current rules. He/she assumes all responsibility for false or incorrect times or times which are unacceptable under USA Swimming or Central Zone rules and shall be assessed a \$100 penalty payable to the Central Zone for each false or incorrect entry unless absolved of the fine by the elected officers of the Central Zone, their designee or a Board of Review. Additional action or penalty may be taken or levied as deemed appropriate by the Central Zone or USA Swimming.
- B. Appeal of fines or penalties imposed is to be made to the elected officers of the Central Zone, their designee, and/or a Board of Review.

**ENTRY FEES:** \$30.00 (\$25.00 per open water event, \$1.00 per swimmer Central Zone Surcharge and \$4.00 per swimming WI Swimming Splash Fee)  
Make check payable to: *Wisconsin Swimming, Inc.*



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**ENTRY CHAIRPERSON:** Email entries to: Brian Temke – [temke@yahoo.com](mailto:temke@yahoo.com) 414-688-3475

**ENTRY DEADLINES:**

A. Open Water entries must be submitted to the host entry chairperson electronically by 12:00p Central Standard Time on Monday, June 12, 2023. The hard copy (electronic) of the open water entries must accompany the team entry file. It is the responsibility of each LSC to verify entry times, receipt and readability of any entries, and submission of entry. Entry chair must verify by email or follow-up phone call to the host entry chair.

B. Each LSC shall receive a team entry report including an exception report of the LSC team entries via e-mail by 6 p.m. Monday, June 12, 2023. Any corrections to the original entries should be formatted in a new entry file and sent to the entry chair via email by 12:00p on Tuesday, June 13th, 2023. Justification of the exception report should be included in a word document or PDF file. No new swimmers may be added to LSC entries after the Tuesday, June 13th, 2023 12:00p deadline. Any corrections or updates after 12:00p on Wednesday, June 14th, 2023 shall go to the eligibility jury.

C. All entry reports and start lists will be posted to the meet landing page.

There will be NO on-site entries at this meet.

**SEEDING/CONDUCT:**

All swimmers must report to the registration area before they receive their ID Card, body marking, cap, and wave number.

- Please make sure that fingernails and toenails are trimmed and all jewelry (including piercings) and watches are removed prior to registration. Swimmers must be nail-checked before body marking.
- There will be no penalty for scratching; entry fees will not be refunded.
- Athletes or their Representative must notify the Clerk of Course if they decide to scratch from their event after completing registration.
- No swimmer shall be allowed to use or wear any device that may be an aid to his/her speed. Swimmers will start in the water, and finish in water (hand touching finish board)
- Each age group (and possibly gender) will start separately.
- Each Swimmer should be wearing a team (LSC) cap.

**SAFE SPORT INFORMATION:**

The USA Swimming Safe Sport program is USA Swimming's comprehensive abuse prevention program dedicated to creating a healthy and positive environment free from abuse for all its members. Components of the program include, but are not limited to, providing education and training, enforcing policies (such as the Minor Athlete Abuse Prevention Policy), rules and best practice guidelines, promoting healthy boundaries and mandatory reporting of violations.

The Minor Athlete Abuse Prevention Policy prohibits Adult Participants (as defined) from having one-on-one interactions with minor athletes which are not within an observable and interruptible distance from another adult. Adult Participants are required to abide by this policy in full during this meet.

Pursuant to USA Swimming Rules and Regulations and federal law, it is every member's responsibility to immediately (i.e., within 24 hours) report any incident of child abuse, including physical or sexual abuse, to law enforcement and the U.S. Center for SafeSport. Reporting must occur when an individual has firsthand knowledge of misconduct or where specific and credible information has been received from a victim or knowledgeable third



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party. A report to the U.S. Center for SafeSport may be made via telephone at 833-5US-SAFE (833-587-7233) or online at [www.uscenterforsafesport.org/report-a-concern](http://www.uscenterforsafesport.org/report-a-concern). Various state laws may also require reporting to law enforcement or to a designated child protection agency.

For information on how to report other alleged violations, including without limitation, the USA Swimming Code of Conduct and the Minor Athlete Abuse Prevention Policy, please visit [www.usaswimming.org/report](http://www.usaswimming.org/report).

All athletes age 18 and older must complete Athlete Protection Training in order to be a USA Swimming registered member in good standing. Any athlete who turns 18 on or after May 17<sup>th</sup>, 2023 which is 30 days prior to the last date of the actual competition, who has not completed Athlete Protection Training by the first day of competition, will be prohibited from participating in the competition until such time as all membership requirements are completed. Times achieved by an athlete who turns age 18 on or after June 16, 2023, who competes in this USA Swimming sanctioned event without completing this membership requirement, will NOT count for qualification or recognition. This includes participation as a member of a relay.

Each club is responsible for the conduct of its swimmers. Any person who, in the opinion of the Meet Director or Meet Marshall, is harmful to others or to other's property may be required to leave the competition. No swimmer will be allowed access to the designated event start/finish/rest area without a coach member present. If the home club coach is not planning to attend event, swimmer must designate a supervising coach. Arriving with fellow LSC club/coach is preferred. However, if a swimmer arrives without a coach, he/she must find a willing coach at the facility to sign supervision form before a credential can be issued. Any swimmer entered in the meet must be certified by a USA Swimming member-coach as being proficient in performing a racing start. It is the responsibility of the swimmer or the swimmer's legal guardian to ensure compliance with this requirement.

Use of audio or visual recording devices, including a cell phone, is not permitted in changing areas, rest rooms or locker rooms. Operation of a drone, or any other flying apparatus, is prohibited over the venue (pools, athlete/coach areas, spectator areas and open ceiling locker rooms) any time athletes, coaches, officials and/or spectators are present.

All U.S. athletes, coaches, and staff expecting to receive a deck pass should be prepared to show proof of current USA Swimming membership. Coaches must meet and have current certifications for all the requirements of coach membership including successfully passing the required background check and APT course.



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- TIME LIMITS:** All swimmers must finish within 30 minutes of the first finisher of their race to be a legal finisher in order to place or score points.
- ABANDONMENT:** Where emergency conditions require a race to be halted before it is completed, the race shall be restarted at the earliest possible time and the full distance completed. A Meet Committee will be convened if needed.
- SCORING:** Open Water events: 20, 17, 16, 15, 14, 13, 12, 11, 9, 7, 6, 5, 4, 3, 2, 1
- AWARDS:** Individual Open Water events:  
MEDALS: 1st-8th place  
RIBBONS: 9th-16<sup>th</sup> place
- ADMISSION/PARKING:** There are no fees for Admission or Parking
- EVENT LANDING PAGE:** Event Landing Page: <https://www.teamunify.com/team/czwiisc/page/events/lsc-hosted-open-water>
- REFRESHMENT:** Refreshments may be available through RecPlex Beach concessions.
- WARM-UP:** Warm-up and warm-down area will be in designated beach area adjacent to the open water course. This area will be lifeguard supervised on Friday during the event only.





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**SPECTATORS:**

Picnic tables will be available in viewing area. Spectators are welcome to bring their own lawn chairs and blankets. There is only setup on the beach in designated areas. Spectators will not be allowed in the pavilion during the competition. This area is designated to competitors ONLY. Portable toilets and wash stations will be made available for spectators.

**ECK CHANGE POLICY:**

Except where venue facilities require otherwise, changing into or out of swimsuits other than in locker rooms or other designated areas is not allowed.

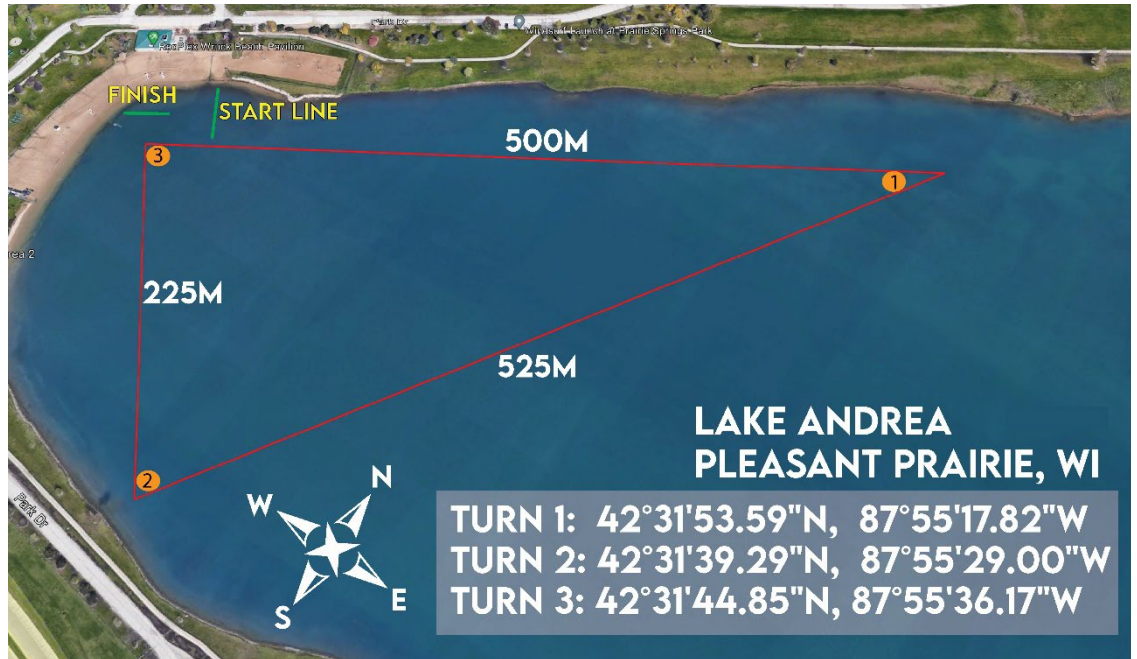
**PLEASANT PRAIRIE AND KENOSHA HOTEL & THINGS TO DO INFORMATION:**

Pleasant Prairie and Kenosha Convention & Visitors Bureau:  
<https://www.visitpleasantprairie.com/sports/competitive-swim/>  
<https://www.visitkenosha.com/>

Zone apparel will be available for purchase on site from Bella's Custom Design.

**ZONE APPAREL:**

**COURSE MAP**





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**RecPlex Liability Release Waiver/Photo Release**  
**MEET HOST LANDING PAGE LINK TO FORMS**

**Release and Hold Harmless Agreement**

As a participant in the program of the RecPlex, owned and operated by the Village of Pleasant Prairie, I recognize and acknowledge that there are certain risks of physical injury, and I agree to assume the full risk of any injuries, damages, or losses, which I may sustain as a result of participating in all activities connected with or associated with such program. I agree to relieve and relinquish all claims: I have as a result of participating in the program, against the Village of Pleasant Prairie and its officers, agents, and employees. I do hereby fully release and discharge the Village of Pleasant Prairie and its officers, agents, and employees from any and all claims from injuries, damages, or losses, which I may have or may accrue to me on an account of my negligence during participation in the program. I agree to indemnify and hold harmless and defend the Village of Pleasant Prairie and its officers, agents, and employees from all claims result from injuries, damages, and losses sustained during and arising out of the activities of the program.

**PHOTO RELEASE:**

RecPlex reserves the right to take photography and video throughout the inside and outside of the facility to use for, but not limited to: promotional materials, social media and advertising efforts. This includes the use of Zoom. I have read and understand the Release and Hold Harmless Agreement and the COVID-19 Warning and Disclaimer. I understand that my signature is required to take part in RecPlex programs. If the participant is under the age of 18, a parent or guardian signature is required.

**Athlete's Name(s)**

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**Printed Name of Athlete's Guardian/ Athlete over the age of 18**

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**Signature of Athlete's Guardian/ Athlete over the age of 18**

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Date: \_\_\_\_\_





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