



**American  
Red Cross**

# **Safety Training for Swim Coaches**

United States Aquatic Sports Convention  
USA Swimming

# Safety Training for Swim Coaches

## Full Course

- For new coaches or those with expired certifications
- 3 hours online training, including final exam
- 3 hours in-water skills session

## Review Course

- For coaches with current Red Cross STSC certifications
- 3 hours online training, including final exam
- :50 minutes in-water skills session

Certificate issued: **Safety Training for Swim Coaches/First Aid**

# Safety Training for Swim Coaches with Adult and Child CPR/AED

- Options available for full, review and challenge courses
- Instructors must have credentials for each course they are teaching
- Length of course depends on type of course
- Course includes:
  - Online content for Safety Training for Swim Coaches
  - In-water skills session
  - In class knowledge and skill session for CPR/AED

Certificate issued: **Safety Training for Swim Coaches/  
First Aid/Adult and Child CPR/AED**

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# Safety Training for Swim Coaches Online Content Only

- For coaches certified in:
  - Lifeguarding
  - Shallow Water Lifeguarding
- 3 hours online training, including final exam
- No in-water skills session

Acceptable documentation:

- **Safety Training for Swim Coaches Progress Report**
- **Safety Training for Swim Coaches Online Content Only certificate**

# Do coaches have to take the new course now?

- It depends on the expiration date of their current Safety Training for Swim Coaches certificate. Their certificate is valid until the expiration date indicated.
- Coaches need to **take the new course prior to the expiration of your current certification.**
- Have them check their 2013 USA Swimming membership card or Deck Pass account to check the expiration date of their current certificate.

# If a coach has a current Lifeguarding certificate, what should he or she do?

- Register for and complete the **Safety Training for Swim Coaches Online Content Only** course, which is available on [redcross.org/takeaclass](https://redcross.org/takeaclass).
- Present the following course completion certificates to the LSC Registrar:
  - Lifeguarding (see the **USA Swimming List of Approved Safety Courses** for eligible certificates)
  - Safety Training for Swim Coaches Online Content Only

*When combined with a current STSC Online Content Only certificate, the validity period of the Lifeguarding certificate will be recognized by USA Swimming as meeting the Coaches Safety Education Requirement.*

# Where is the written exam that used to be on the USA Swimming website?

- The option to just take the **written exam is no longer available.**
- Coaches must now complete the Safety Training for Swim Coaches Blended Learning course, which includes an online component and an in-water skills session.

# How do coaches find the online content only course?

The screenshot shows the 'Take a Class' page on the American Red Cross website. The page is divided into three main steps: 1. Select Your Location (Cocoa, FL 32922), 2. Select a Class Category (with a dropdown menu open showing 'Water Safety Education' selected), and 3. Search for Classes (with a 'Find Classes' button). Below the search steps, there is a section titled 'Take a training course to learn from the experts' with text about emergency responders and lifeguards. At the bottom, there are three featured course cards: 'First Aid/CPR Certification', 'Lifeguarding', and 'Babysitter's Training'.

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Disaster Training Registration

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## Take a Class

Register for Classes in Your Area

- Select Your Location  
Cocoa, FL 32922 [Edit](#)
- Select a Class Category  
All Categories  
Babysitting  
Bloodborne Pathogens  
Child Care  
Emergency Preparedness Education  
Family Caregiving  
Family First Aid  
First Aid, CPR, AED for Lay Responder  
First Aid, CPR, AED for Professional Responder  
HIV/AIDS Prevention Education  
Instructor Training  
Lifeguarding  
Medical Career Training  
Nurse Assistant Training  
Pet First Aid  
Small Craft Safety  
Swimming Lessons  
**Water Safety Education**  
Youth Courses
- Search for Classes  
[Find Classes](#)

**Take a training course to learn from the experts**

The emergency responder. The lifeguard at your pool. They gain the skills they need to prepare for and respond to emergencies. AED and CPR training. Get engaged. Get certified.

Each year, an average of more than 9 million people take a Red Cross training class, including First Aid, CPR, and AED. An important new skill, you're in the right place.

**First Aid/CPR Certification**  
I want First Aid/CPR

**Lifeguarding**  
Train for a great summer job or a challenging

**Babysitter's Training**  
I want to become a

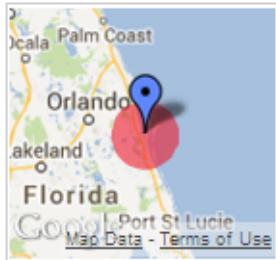


Home > Take a Class > Register for Classes

# Register for Classes

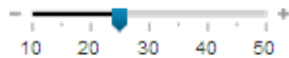
## Narrow Your Search

By Location:



Results for 25 miles from

Cocoa, FL 32922



By Category:

All Categories

Aquatics and Water Safety

Small Craft Safety

Lifeguarding

Swimming Lessons

LIST

CALENDAR

MAP

Displaying 1 of 1 results within 25 miles of Cocoa, FL

Your Selections:  Water Safety Education

Sort By:

Distance Class Title



Online

### Safety Training for Swim Coaches Online Content Only

Once you register for an online class, we will send you an email with a link to launch the class at any time that is convenient for you.

### Safety Training for Swim Coaches Online Content Only

INTENDED ONLY FOR THOSE WITH A CURRENT LIFEGUARDING OR SHALLOW WATER LIFEGUARDING CERTIFICATE. The Safety Training for Swim Coaches course option includes web-based delivery of content and an online exam. Successful course participants must present a certificate of course completion along with the current Lifeguarding or Shallow Water Lifeguarding certificate to their Local Swimming Committee (LSC) Registration Chair or YMCA Group Representative to help meet their Safety Training for Swim Coaches requirements. NOTE: COACHES WHO DO NOT HAVE A CURRENT LIFEGUARDING CERTIFICATE MUST REGISTER WITH AN INSTRUCTOR PRIOR TO GAINING ACCESS TO THE COURSE. [Learn more](#)

### View Course Materials

Once you register for an online class, we will send you an email with a link to launch the class at any time that is convenient for you.

\$19

Add to Cart

Add To Cart

Click to Chat

Catalog

# Once completed, what do coaches need to provide to the registrar?

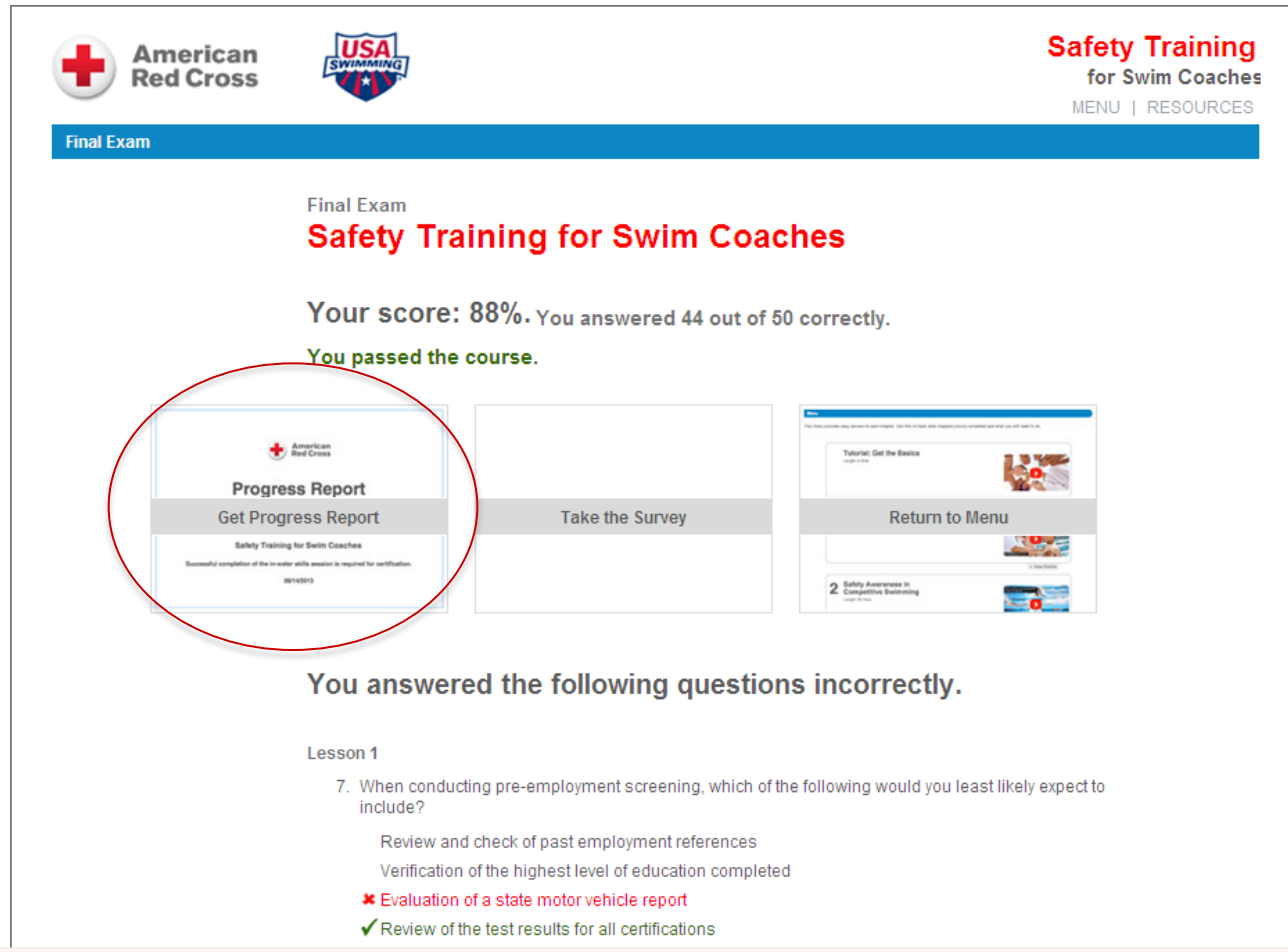
## Option 1: **Progress Report**



## Option 2: **Certificate**



# Where is the progress report?



**American Red Cross** **USA SWIMMING** **Safety Training for Swim Coaches**  
MENU | RESOURCES

**Final Exam**

Final Exam  
**Safety Training for Swim Coaches**

Your score: **88%**. You answered 44 out of 50 correctly.  
You passed the course.

**Get Progress Report** (circled in red)

Take the Survey

Return to Menu

You answered the following questions incorrectly.

Lesson 1

7. When conducting pre-employment screening, which of the following would you least likely expect to include?

- Review and check of past employment references
- Verification of the highest level of education completed
- ✘ Evaluation of a state motor vehicle report
- ✔ Review of the test results for all certifications

# A Closer Look: Progress Report



**Note the date of completion. No validity period is specified.**

# A Closer Look: Certificate

Feeds provic



## CERTIFICATE *of* COMPLETION

*This is to certify that:*

**Connie Tibbett**

*has attended*

Course Title - Safety Training for Swim Coaches Online Content Only

~~and has successfully completed the following elements~~

Safety Training for Swim Coaches Online Content Only : valid 2 Years

*Conducted by*

*Instructor:*

*on*

9/5/2013

**Note that the validity period is specified.**

# Can I print my certificate later? Yes!



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## Sign In

### Sign In to your Account

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E-mail Address:

Password:

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or [Sign up for a redcross.org account](#)

[Forgot your password?](#)

### Login to Your Other Red Cross Accounts

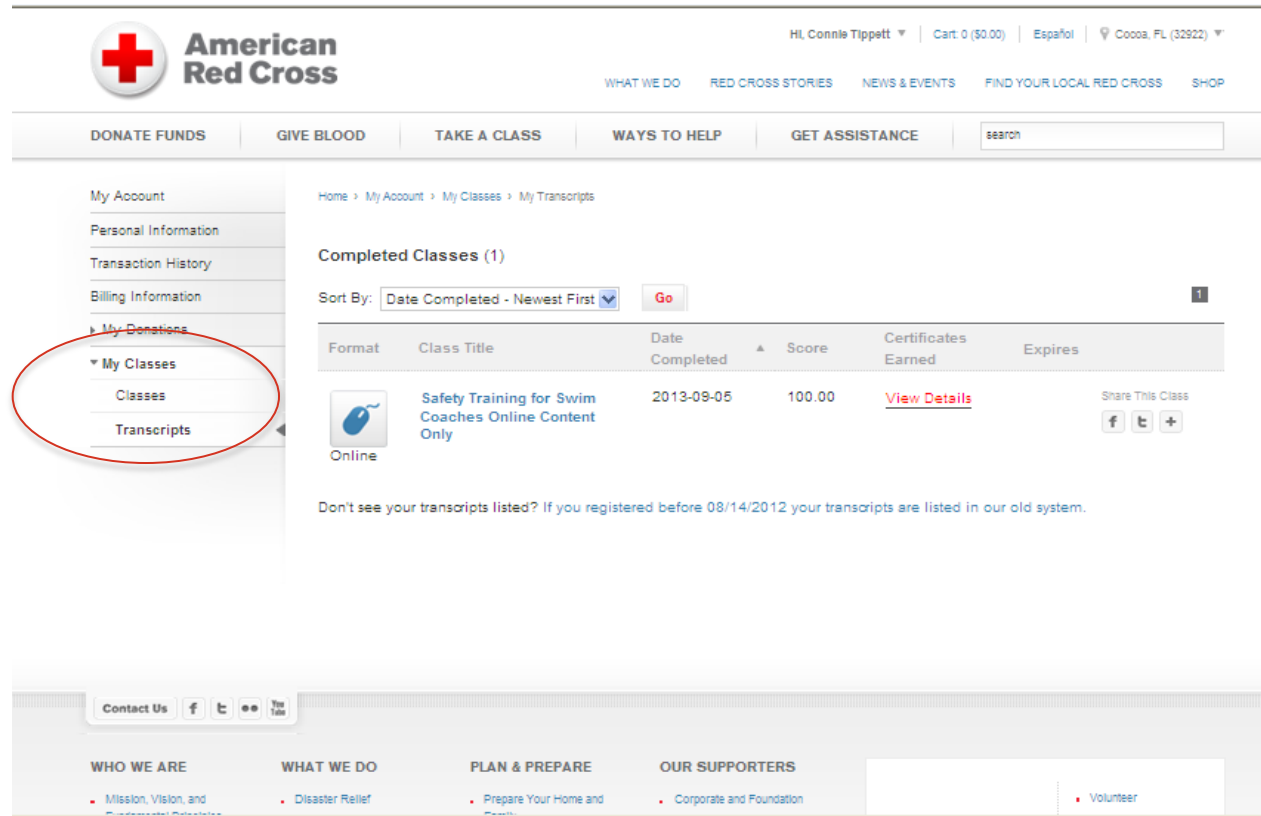
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- Are you a volunteer? [Sign in to your Volunteer Connection account](#)
- Are you a blood donor, blood drive coordinator, or hospital? [Sign in to your redcrossblood.org account](#)



# Printing Your Certificate

- Select My Classes
- Select My Transcript
- Select View Details



The screenshot shows the American Red Cross website interface. The top navigation bar includes the logo, user name (HL Connie Tippett), cart information (0 (\$0.00)), language (Español), location (Cocoa, FL 32922), and various menu items like 'WHAT WE DO', 'RED CROSS STORIES', 'NEWS & EVENTS', 'FIND YOUR LOCAL RED CROSS', and 'SHOP'. Below this is a secondary navigation bar with 'DONATE FUNDS', 'GIVE BLOOD', 'TAKE A CLASS', 'WAYS TO HELP', and 'GET ASSISTANCE', along with a search box.

The main content area is divided into a left sidebar and a main panel. The sidebar contains a 'My Account' section with links for 'Personal Information', 'Transaction History', 'Billing Information', 'My Donations', and 'My Classes'. The 'My Classes' link is circled in red. Below it are 'Classes' and 'Transcripts' links.

The main panel shows the breadcrumb 'Home > My Account > My Classes > My Transcripts'. It displays 'Completed Classes (1)' with a 'Sort By' dropdown set to 'Date Completed - Newest First' and a 'Go' button. A table lists the completed class:

Format	Class Title	Date Completed	Score	Certificates Earned	Expires
Online	Safety Training for Swim Coaches Online Content Only	2013-09-05	100.00	<a href="#">View Details</a>	Share This Class <a href="#">f</a> <a href="#">t</a> <a href="#">+</a>

Below the table, a note states: 'Don't see your transcripts listed? If you registered before 08/14/2012 your transcripts are listed in our old system.'

The footer contains 'Contact Us' with social media icons, and four main sections: 'WHO WE ARE' (Mission, Vision, and Fundamental Principles), 'WHAT WE DO' (Disaster Relief), 'PLAN & PREPARE' (Prepare Your Home and Family), and 'OUR SUPPORTERS' (Corporate and Foundation, Volunteer).

# Sample Certificate

Feeds provic



## CERTIFICATE *of* COMPLETION

*This is to certify that.*

**Connie Toppet**

*has attended*

Course Title - **Safety Training for Swim Coaches Online Content Only**  
*and has successfully completed the following elements*

**Safety Training for Swim Coaches Online Content Only : valid 2 Years**

*Conducted by*

*Instructor:*

*on*

**9/5/2013**



# So, can a coach take the STSC Online Content Only and then take a Lifeguarding course?

- Yes. The validity period will be the “overlap” between the two certificates.
  - Once one of the certificates expire, the coach no longer meet the coaches safety education requirement.

# If a coach does not have a Lifeguarding certificate, what should he or she do?

- Register for and complete a **Safety Training for Swim Coaches** course that is scheduled through a Red Cross participating aquatics facility.
  - Once registered, the instructor will send the coach a registration deep link to **complete the online course content**.
  - The coach must also **complete the in-water skills session** scheduled as part of the course.
- If a coach has a current Safety Training for Swim Coaches certificate, he or she is eligible for the review course.

*Upon successful completion of a full or review course, you will receive a Safety Training for Swim Coaches/First Aid certificate.*

# Can I accept the Progress Report as evidence of completing the full or review STSC course?

- No. The only acceptable documentation of completion of the full or review STSC are one of the following certificates:
  - Safety Training for Swim Coaches/First Aid
  - Safety Training for Swim Coaches/First Aid/Adult and Child CPR/AED

# Can the coach take the STSC Online Content Only course now then find an in-water skills session later?

- No. If the coach does not have an eligible Lifeguarding certificate (as indicated on the **USA Swimming List of Approved Safety Courses**), he or she must enroll in a Safety Training for Swim Coaches full or review course, which are blended learning offerings.

# How can a coach find a new Safety Training for Swim Coaches course?

- The new course is a blended learning offering—**online content combined with an in-water skills session**—that must be **set up in advance** in the Red Cross Learning Center.
- To find a course, check with a Red Cross participating aquatics facility for a **schedule of courses**.
- Your instructor will provide you a **registration deep link** to the online content and a schedule for the in-water skills session.
- If you cannot find a course, contact a **Safety Training for Swim Coaches, Lifeguarding or Water Safety instructor** at a Red Cross participating facility to get a course scheduled.

# Instructor Information

# Who Can Teach the Course

- Safety Training for Swim Coaches Instructors
- Lifeguarding Instructors
- Water Safety Instructors

# InstructorsCorner.org



**American  
Red Cross**

## Instructor's **Corner**

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### ***New* Safety Training for Swim Coaches**

**Blended  
Learning  
Course**



[Learn more](#)

## Safety Training for Swim Coaches

[Instructor Information](#) ▶

[Instructor Bulletin](#) ▶

[Instructor Update](#) ▶

[Forms and Fact Sheets](#) ▶

[Additional Resources](#) ▶

## Course Materials

[Instructor](#)

[Participant](#)

[Last Edition](#)

### **Instructor Materials**

[ACCESS DIGITAL MATERIALS](#) ▶

[FACT SHEETS](#) ▶

[SKILL SHEETS](#) ▶

[VIDEO: RESCUE SKILLS VIDEOS](#) ▶

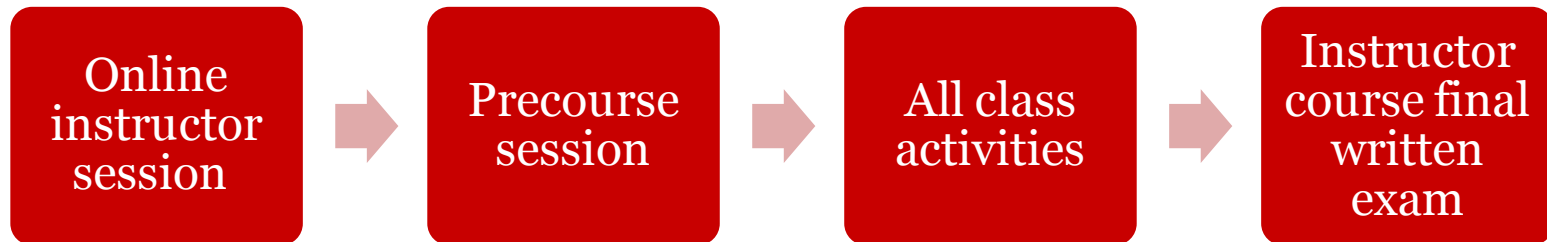


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# Can I Become a Safety Training for Swim Coaches instructor?

- Absolutely! To be eligible to be an instructor, you must be at least 16 years old and successfully complete the following:



# Setting Up Courses

- **Schedule STSC instructor courses** with local Authorized Providers
- LSCs and YMCA facilities need to coordinate with Red Cross Authorized Providers to **schedule STSC course offerings** that best meet the needs of coaches
  - *The months of greatest demand are April, May, September and October.*
- **Establish a schedule** (at least quarterly) with multiple course offerings throughout the year throughout the LSC

# How Can I Get More Information?

- For information about basic-level courses, go to:
  - [redcross.org/aquatics](https://www.redcross.org/aquatics)
  - [usaswimming.org/stsc](https://usaswimming.org/stsc)
- For instructor-level information, go to the Swim Coaches page of Instructor's Corner at:  
<http://www.instructorcorner.org/n/aquatics/safety-training-swim-coaches/>