	2021 WTRC Sharks Black & Gold Meet **October 3, 2021** **Held under the sanction of USA Swimming** **Sanction #: OH-22SC-13**	**Hosted by WTRC Sharks Swim Team**

Location:	Washington Township RecPlex 895 Miamisburg-Centerville Road, Dayton, OH 45459 (937) 433-0130
Facility:	The pool is indoors, consists of eight lanes, and is 25 yards in length. The timing system is comprised of Colorado pads, a Colorado start system, and Superior Swim Timing software. The competition course has not been certified in accordance with current *USA Swimming Rules and Regulations*, Article 104.2.2C(4).
Meet Director:	Bonnie Smith Bonniesmith1000@gmail.com (925) 324-3270
Meet Referee:	Rob Brooks teambrooks@woh.rr.com
Officials Contact for the Meet:	Rob Brooks teambrooks@woh.rr.com
Entry Chair:	Rick Guerin Fhguerin4th@gmail.com (937) 361-7296
COVID Compliance Officer for Meet	Kim Sperber kimsperber@gmail.com (937) 416-6830
Sanction:	In granting this sanction it is understood and agreed that USA Swimming shall be free from any liabilities or claims for damages arising by reason of injuries to anyone during the conduct of the event. As a condition of sanction, the WTRC Sharks Swim Team agrees to comply and to enforce all COVID-19 health and safety mandates and guidelines (including face covering, social distancing and mass gatherings) of USA Swimming, Ohio Swimming, the State of Ohio, local jurisdictions and the WTRC Meet Plan detailed in this packet. Meets conducted in violation of these requirements and safety plans are subject to having the sanction revoked and will not be issued sanctions for future meets during the COVID-19 sanctioning period.
Meet Type:	Intrasquad Meet This will be an in-person meet. The meet will be limited to 1 team. The number of swimmers will not exceed the posted facility capacity.
# of Sessions:	1

Disclaimers

The WTRC Sharks Swim Team has taken enhanced health and safety measures for you, our other guests, volunteers, and our athletes. Everyone must follow all posted instructions while attending this meet.

An inherent risk of exposure to COVID-19 exists in any public place where people are present. COVID-19 is an extremely contagious disease that can lead to severe illness and death. According to the Centers for Disease Control and Prevention, senior citizens and individuals with underlying medical conditions are especially vulnerable.

USA Swimming, Inc., cannot prevent you (or your child(ren)) from becoming exposed to, contracting, or spreading COVID-19 while participating in USA Swimming sanctioned events. It is not possible to prevent against the presence of the disease. Therefore, if you choose to participate in a USA Swimming sanctioned event, you may be exposing yourself to and/or increasing your risk of contracting or spreading COVID-19.

By attending or participating in this competition, you voluntarily assume all risks associated with exposure to COVID-19 and forever release and hold harmless USA Swimming and Ohio Swimming and each of their officers, directors, agents, employees or other representatives from any liability or

claims including for personal injuries, death, disease or property losses, or any other loss, including but not limited to claims of negligence and give up any claims you may have to seek damages, whether known or unknown, foreseen or unforeseen, in connection herewith.

Organization Regulations/Waivers	
USA Swimming Rules	• At a sanctioned competitive event, all USA Swimming athletes must be under the supervision of a USA Swimming member coach. Arrangements for coach supervision must be made in advance of the meet. • Any swimmer entered in the meet must be certified by a USA Swimming member-coach as being proficient in performing a racing start or must start each race from within the water without the use of the backstroke ledge. When unaccompanied by a member-coach, it is the responsibility of the swimmer or the swimmer's legal guardian to ensure compliance with this requirement. • The use of audio or visual recording devices, including a cell phone, is not permitted in changing areas, rest rooms or locker rooms. • Use of cameras, cell phones or any other recording device is not permitted immediately behind the starting blocks at either end of the racing course(s) during race starts, competition and warm-ups. Please refer to the Safe Sport section of the Ohio Swimming, Inc. policies and procedures for further information regarding the use of visual recording devices. • Deck changes are prohibited. • Operation of a drone, or any other flying apparatus, is prohibited over the venue (pools, athlete/coach areas, spectator areas and open ceiling locker rooms) any time athletes, coaches, officials and/or spectators are present. • Flash photography is not permitted at the start of any race. • All applicable adults participating in or associated with this meet acknowledge that they are subject to the provisions of the USA Swimming Minor Athlete Abuse Prevention Policy (MAAPP) and that they understand that compliance with the MAAPP policy is a condition of participation in the conduct of this competition.
Technical Suit Ban	Per USA Swimming Rule 102.8.1F, 12 & Under athletes may not compete in Technical Suits at this meet. A Technical Suit is one that has the following components: • Any male or female suit with bonded or taped seams regardless of fabric or silhouette; or • Any male or female suit with woven fabric extending to the knee or mid-thigh regardless of the seam type.
Ohio State Laws that are applicable to Ohio Swimming sanctioned events	• Ohio's Return to Play Law (ORC 3313.539 and ORC 3314.03) requires that coaches and referees either (1) complete a free online training once every three (3) years in recognizing the symptoms of concussion or (2) hold a pupil-activity program permit from the Ohio State Board of Education. Free online concussion training is offered through the National Federation of State High School Association and Centers of Disease Control. Training links can be found at www.swimohio.com under Safe Sport>Concussion. • There will be the required number of certified lifeguard(s) on duty at all times at this meet per Ohio Administrative Code 3701-31-04-E-4.
COVID-19 Information	• Avoid getting closer than six (6) feet to anyone coughing or sneezing. • Wash your hands frequently with soap and water for 20 seconds or use hand sanitizer that has 60-95% alcohol. • Avoid touching your eyes, nose, and mouth. • Cover your mouth with a tissue or your elbow if you cough or sneeze. Throw the tissue in the trash then wash your hands. • Stay home if you are sick, and away from the pool and from fellow team members. • FACE COVERINGS: If requested, all meet participants – coaches, officials, administrators, spectators, vendors and athletes (between events) - must wear face coverings and comply with mandated social distancing and mass gathering rules.
Waiver/Release	• By entering this meet, you are granting permission for the names of any or all of your team's swimmers to be published on the internet in the form of Psych Sheets, Meet Results, or any other documents associated with the running of this meet. • All participants agree to be filmed and photographed by the host club approved photographer(s) and videographers and to allow the right to use names and pictures before, during, or after the meet such as in public psych sheets, heat sheets, and results or featured on the host club or OSI website or social media or in public broadcast of the event via television or webcast. Parents and guardians of minor swimmers who do not wish their swimmers to participate in interviews or have individual pictures featured on any media should inform their team's head coach and the Meet Director prior to the meet.

Entering the Meet	
Eligibility:	• This is a closed meet. All contestants must be current members of the WTRC Sharks Swim Team and registered USA Swimming members. Registrations will not be accepted at the meet.

Entering the Meet	
	• All adult athletes must hold current Athlete Protection Training certification. • Age on the first day of the meet will determine age for the entire meet.
Disability Swimmers:	Ohio Swimming and WTRC welcome swimmers with a disability to participate in this meet. At the time of entry, the Meet Director requests the following: ▪ The athlete's coach provide advance notice of any necessary accommodations ▪ List in the email with the Hy-Tek entry (or on paper) the swimmer's name, entry times, strokes/distances, days/sessions, and how the swimmer prefers to be seeded. Preferred seeding will be with the same age group in either the same distance race or a longer distance race (i.e., 50 free during the 100 free). Exceptions to this should be listed in the "necessary accommodations" information that accompanies the meet entries. More information is available under Adapted Swimming on the Ohio Swimming website.
Entry Limits **Entry Fees:**	• Swimmers may swim a maximum of four (4) individual events per day, and a maximum of two (2) relays. • $5.00 per individual event. • $8.00 per relay event. • $5.00 OH LSC surcharge per swimmer. • No facility fee for this event.
Entry Procedures:	• Deadline for receipt of entries is September 29, 2021. • Entries must be submitted in SCY using an electronic meet entry software (Hy-Tek/Team Unify). • Send entries via email to: fhguerin4th@gmail.com • Please include the names of any Outreach swimmers in the email. • Checks should be made payable to: WTRC Sharks Swim Team • "No Time" (NT) entries will be accepted. • The Meet Director reserves the right to limit entries, if necessary, to manage the timeline and number of competitors and spectators at each session.
Warm-up and Safety Guidelines:	• The meet host will provide a complete schedule of warm-up procedures to include lane assignments and times, which must be adhered to by all participants. This information will be distributed in advance of the meet. • Warm-ups will be monitored jointly by the Meet Director and Meet Referee (or their special designees). • Except during supervised racing starts, swimmers must enter the pool feet first in a cautious manner with one hand in contact with the pool deck. • Ohio LSC Swimming Safety Guidelines and Warn-Up Procedures will be in effect for this meet. • No spectators allowed on deck.
Competition Guidelines:	• This meet will be a timed finals meet. • This meet will be contested in SCY. • Deck entries will be accepted at the meet. • A Clerk of Course may be available for 8 & Under events but is subject to change based on current health and safety protocols.
Awards:	• There will be awards at this meet. • Results will not be posted during the meet, but the meet will be available via Meet Mobile and final results will be posted on the team website.
General:	Bottled water will be provided for officials, coaches, and volunteers during the meet. Limited hospitality will be provided for officials and coaches. Concessions will not be available at this meet.

Entering the Meet	
	A swim gear vendor may be available at this meet, subject to current health protocols.

WTRC Sharks 2021 Black & Gold Meet
ORDER OF EVENTS

Sunday, October 3, 2021

Session #1			Session #1			Session #1	
Event #	**Event Description**		**Event #**	**Event Description**		**Event #**	**Event Description**
1	Girls Mixed Age Group 100 Medley Relay*		15	Girls 11-12 50 Backstroke		29	Girls 9-10 50 Butterfly
2	Boys Mixed Age Group 100 Medley Relay*		16	Boys 11-12 50 Backstroke		30	Boys 9-10 50 Butterfly
3	Girls 8&U 25 Freestyle		17	Girls 13&O 100 Backstroke^		31	Girls 11-12 50 Butterfly
4	Boys 8&U 25 Freestyle		18	Boys 13&O 100 Backstroke^		32	Boys 11-12 50 Butterfly
5	Girls 9-10 50 Freestyle		19	Girls 8&U 25 Breaststroke		33	Girls 13&O 100 Butterfly^
6	Boys 9-10 50 Freestyle		20	Boys 8&U 25 Breaststroke		34	Boys 13&O 100 Butterfly^
7	Girls 11-12 50 Freestyle		21	Girls 9-10 50 Breaststroke		35	Girls 10&U 100 IM#
8	Boys 11-12 50 Freestyle		22	Boys 9-10 50 Breaststroke		36	Boys 10&U 100 IM#
9	Girls 13&O 100 Freestyle^		23	Girls 11-12 50 Breaststroke		37	Girls 11-12 100 IM
10	Boys 13&O 100 Freestyle^		24	Boys 11-12 50 Breaststroke		38	Boys 11-12 100 IM
11	Girls 8&U 25 Backstroke		25	Girls 13&O 100 Breaststroke^		39	Girls 13&O 200 IM^
12	Boys 8&U 25 Backstroke		26	Boys 13&O 100 Breaststroke^		40	Boys 13&O 200 IM^
13	Girls 9-10 50 Backstroke		27	Girls 8&U 25 Butterfly		41	Girls 8&U 100 Free Relay
14	Boys 9-10 50 Backstroke		28	Boys 8&U 25 Butterfly		42	Boys 8&U 100 Free Relay

Sunday, October 3, 2021

Session #1			Session #			Session #	
Event #	**Event Description**		**Event #**	**Event Description**		**Event #**	**Event Description**
43	Girls Mixed Age Group 100 Free Relay*						
44	Boys Mixed Age Group 100 Free Relay*						

*Mixed Age Group Relays will consist of a swimmer from the 10&U, 11-12, 13-14 and 15&O age groups
^13&O events will be scored as 13-14 and 15&O
#10&U 100 IM will be scored as 8&U and 9-10

Summary of Fees/Release Form
WTRC Sharks 2021 Black & Gold Meet

Team Name	
Club Name	
Coach	
Coach Phone	
Coach Email	
Team Address	

Item	Total #	Cost per	Total
Individual Entries		$5.00 per event	
Relay Entries		$8.00 per relay	
OSI Swimmer Surcharge		$5.00 per swimmer	
Host Team Facility Surcharge		$0 per swimmer	
Total Fees Due			

Waiver, Acknowledgement and Liability Release:
I, the undersigned coach, or team representative, verify that all the swimmers and coaches listed on the enclosed entry are registered with USA Swimming. I acknowledge that I am familiar with the Safety Rules of USA Swimming, Inc. and Ohio Swimming, Inc. regarding warm-up procedures and meet safety guidelines, and that I shall be responsible for the compliance of my swimmers with those rules during this meet. WTRC Sharks Swim Team, the Washington Township RecPlex, Ohio Swimming, Inc., and USA Swimming, Inc., their agents, employees, and coaches shall be held free and harmless from any and all liabilities or claims for damages arising by reason of illness or injury to anyone during the conduct of this meet. I also acknowledge that by entering this meet, I am granting permission for the names of any or all of my team's swimmers to be published on the internet in the form of Psych Sheets, Meet Results, or any other documents associated with the running of this meet.

_____

Signature (Coach or Club Representative) Club Title (Coach etc)

_____

Name of Club Date

Send this form with check to:

WTRC Sharks Swim Team
895 Miamisburg-Centerville Rd, Dayton, OH 45459

For posting at the Meet Facility and/or added to Heat Sheets

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