

# OHIO SWIMMING

## 2018 Long Course Junior Olympics

### TIME STANDARDS

Ohio Swimming 2018 Long Course Junior Olympic Qualifying Times						
GIRLS			BOYS			
<u>13-14</u>	<u>11-12</u>	<u>10 &amp; Under</u>		<u>10 &amp; Under</u>	<u>11-12</u>	<u>13-14</u>
29.79	31.09	34.79	<b>50 Free</b>	35.89	31.39	28.09
1:03.79	1:07.79	1:18.49	<b>100 Free</b>	1:19.49	1:08.79	1:00.99
2:18.59	2:28.09	2:51.19	<b>200 Free</b>	2:54.19	2:28.69	2:13.79
4:55.29	5:14.99		<b>400 Free</b>		5:15.49	4:46.29
10:19.65			<b>800 Free</b> (qual time for 1500 Free)			9:52.99
20:10.59			<b>1500 Free</b>			19:16.79
	36.49	41.69	<b>50 Back</b>	43.09	36.99	
1:14.29	1:19.69	1:31.09	<b>100 Back</b>	1:34.29	1:20.69	1:11.29
2:38.19	2:48.79		<b>200 Back</b>		2:51.09	2:33.99
	41.49	<b>47.29</b>	<b>50 Breast</b>	49.69	42.19	
1:23.99	1:30.99	1:44.59	<b>100 Breast</b>	1:49.79	1:32.79	1:21.99
3:03.59	3:17.29		<b>200 Breast</b>		3:20.99	2:57.79
	34.29	39.49	<b>50 Fly</b>	41.69	35.19	
1:11.39	1:18.39	<b>1:36.09</b>	<b>100 Fly</b>	1:43.29	1:19.99	1:09.49
2:46.99	3:07.99		<b>200 Fly</b>		3:18.59	2:39.79
2:38.99	2:49.79	3:15.09	<b>200 IM</b>	3:22.89	2:54.39	2:30.99
5:40.69	6:09.49		<b>400 IM</b>		6:10.99	5:25.79
2:05.19	2:10.59	2:27.19	<b>200 Free Relay</b>	2:31.09	2:11.89	1:57.99
4:27.99	4:44.79		<b>400 Free Relay</b>		4:48.99	4:16.19
9:42.09			<b>800 Free Relay</b>			9:21.99
(see 400 MR)	2:30.59	2:51.99	<b>200 Med Relay</b>	2:58.89	2:33.09	(see 400 MR)
5:08.19	5:32.79		<b>400 Med Relay</b>		5:38.39	4:57.99

Approved 4/15/18