

LC LAP COUNTER SHEET

Event _____

Heat _____

Meters	Lengths		Lane 1	Lane 2	Lane 3	Lane 4	Lane 5	Lane 6	Lane 7	Lane 8	Meters	Lengths
100	2										100	2
200	4										200	4
300	6										300	6
400	8										400	8
500	10										500	10
600	12										600	12
700	14	BELL									700	14
800	16										800	16
900	18										900	18
1000	20										1000	20
1100	22										1100	22
1200	24										1200	24
1300	26										1300	26
1400	28	BELL									1400	28
1500	30										1500	30