# SC LAP COUNTER SHEET

Event _____ Heat _____

| Yards | Lengths | | Lane 1 | Lane 2 | Lane 3 | Lane 4 | Lane 5 | Lane 6 | Lane 7 | Lane 8 | Yards | Lengths |
|---|---|---|---|---|---|---|---|---|---|---|---|---|
| 50 | 2 | | | | | | | | | | 50 | 2 |
| 100 | 4 | | | | | | | | | | 100 | 4 |
| 150 | 6 | | | | | | | | | | 150 | 6 |
| 200 | 8 | | | | | | | | | | 200 | 8 |
| 250 | 10 | | | | | | | | | | 250 | 10 |
| 300 | 12 | | | | | | | | | | 300 | 12 |
| 350 | 14 | | | | | | | | | | 350 | 14 |
| 400 | 16 | | | | | | | | | | 400 | 16 |
| 450 | 18 | BELL | | | | | | | | | 450 | 18 |
| 500 | 20 | | | | | | | | | | 500 | 20 |
| 550 | 22 | | | | | | | | | | 550 | 22 |
| 600 | 24 | | | | | | | | | | 600 | 24 |
| 650 | 26 | | | | | | | | | | 650 | 26 |
| 700 | 28 | | | | | | | | | | 700 | 28 |
| 750 | 30 | | | | | | | | | | 750 | 30 |
| 800 | 32 | | | | | | | | | | 800 | 32 |
| 850 | 34 | | | | | | | | | | 850 | 34 |
| 900 | 36 | | | | | | | | | | 900 | 36 |
| 950 | 38 | BELL | | | | | | | | | 950 | 38 |
| 1000 | 40 | | | | | | | | | | 1000 | 40 |
| 1050 | 42 | | | | | | | | | | 1050 | 42 |
| 1100 | 44 | | | | | | | | | | 1100 | 44 |
| 1150 | 46 | | | | | | | | | | 1150 | 46 |
| 1200 | 48 | | | | | | | | | | 1200 | 48 |
| 1250 | 50 | | | | | | | | | | 1250 | 50 |
| 1300 | 52 | | | | | | | | | | 1300 | 52 |
| 1350 | 54 | | | | | | | | | | 1350 | 54 |
| 1400 | 56 | | | | | | | | | | 1400 | 56 |
| 1450 | 58 | | | | | | | | | | 1450 | 58 |
| 1500 | 60 | | | | | | | | | | 1500 | 60 |
| 1550 | 62 | | | | | | | | | | 1550 | 62 |
| 1600 | 64 | BELL | | | | | | | | | 1600 | 64 |
| 1650 | 66 | | | | | | | | | | 1650 | 66 |