

American Energy/TYR Elite Meet

DECEMBER 20-22, 2019

Sanction # OK 19-048

This event is held under the Sanction of USA Swimming and Oklahoma Swimming.

HOST: American Energy Swim Club

LOCATION: **Edmond Public Schools Aquatic Center**
2901 Marilyn Williams Drive
Edmond, OK 73003

MEET DIRECTOR: Deanna Oliphant
(M) 405-204-9278
(E) deanna.oliphant@aecscok.org

MEET REFEREE: Denis Mink
(M) 214-616-7593
(E) denismink@mac.com

OQM: An application has been applied for this meet to be designated as a National Officials Qualifying Meet to all officials who wish to and are eligible to be evaluated for advancement or re-certification. No application to work the meet or for evaluation is required prior to the meet. Request for evaluation should be made to the meet referee. All officials are required to show current USA Swimming credentials to work this meet. All officials are encouraged to attend an official meeting one hour prior to the start of each session. This meeting will review and clarify any rules necessary as well as answer questions. The uniform for all prelim and future elite sessions will be white polo shirt over navy shorts/pants/skirt, as appropriate and white tennis shoes. The uniform for all finals sessions will be white polo shirt over navy pants/skirt, as appropriate and white tennis shoes.

MEET ADIM. OFFICIAL: Mitch Parks
(M) 405-790-9056
(E) mitch.parks@aecscok.org

FACILITIES: Twenty-five (25) Short Course Yard venue. The competition pool is certified according to USA-S rule 104.2.2C (4). A copy of this certification is on file with USA-S. The depth of the competition pool when measured for a distance of 3 feet 3 1/2 inches (1.0 meter) to 16 feet 5 inches (5.0 meters) at the start wall is 13 feet 6 inches and when measured for a distance of 3 feet 3 6 inches to 16 feet 5 inches (5.0 meters) at the turn/bulkhead is 7 feet 4 inches. Controlled temperatures. Eight lanes, with non-turbulent lane lines. Electronic timing system. Large spectator area. Warm-up pool available for continual use. The course has been certified in accordance with USA Swimming Rule 104.2.2C (4). A copy of this certification is on file with USA Swimming.

FORMAT: This meet is a Prelims/Finals meet, deck-seeded with “championship” seeding for morning session. A timed-final (“Future Elite”) session will be open to all swimmers who do not meet the eligibility qualifying times for the Prelims/Finals Session. “No Times” or “Coaches Times” will **not** be accepted for any sessions of this meet. The 400 IM, 500 and 1000 Freestyle will be swum fastest to slowest alternating women and men

ELIGIBILITY: The meet is open to registered USA athletes who have met the qualifying times shown on the list of events. No swimmer will be permitted to compete unless the swimmer is a member as provided in Article 302. Any swimmer entered in the meet must be certified by USA-S member-coach as being proficient in performing a racing start or must start each race from within the water without use of the backstroke ledge. When unaccompanied by a member-coach, it is the responsibility of the swimmer or the swimmer’s legal guardian to ensure compliance with this requirement. The Meet Director or Meet Referee may assist the swimmer in making arrangements for such supervision, but it is the swimmers responsibility to make such arrangements prior to the start of the meet.

On deck registration will not be available for this meet. Swimmers entering the prelim/final portion of the meet must have at least one provable entry time in order to enter the meet. Bonus swims are offered based on the following:

- a. 1 proven time allows for 2 bonus events
- b. 2 proven times allows for 3 bonus events
- c. 3 proven times allows for 3 bonus events
- d. 4 proven times allows for 3 bonus events
- e. 5 proven times allows for 2 bonus events

No bonus swims allowed in the 1000 Freestyle.

The Future Elite session has no qualifying times, however “No Times” or “Coaches Times” are not allowed – the swimmer must have a legal time in SWIMS. If a swimmer has a qualifying time for the prelims/finals session, they are not allowed to enter that event in the Future Elite session.

POOL DECK ACCESS:

Access to the pool/deck area will be limited to athletes, coaches, officials, timers and OKS representatives working the meet. Officials must show their current USA-S registration card or deck pass in order to receive deck privileges. Parents and other non-swimmers not involved in the running of this meet are requested to remain in designated spectator areas. Non – Athlete Registration cards do NOT grant access to the pool deck at any time.

The Meet Director and Meet Referee reserve the right to limit deck access in the event of overcrowding, inappropriate behavior or for any reason concerning the safety or the efficient operation of the meet. USA-S Rules of Conduct will be strictly enforced.

DECK CHANGING:

Deck changes are prohibited.

CODE OF CONDUCT:

Any individual who exhibits a behavior of a threatening, abusive or derogatory manner toward an official or member of the meet operations committee is subject to immediate removal and further expulsion from the meet. Coaches will be notified of the actions of their respective teams. Anyone found to be misrepresenting themselves as a certified coach will be removed from the deck. The Code of Conduct for USA Swimming as outlined in Article 304.2 and 304.3 will be enforced at the meet.

LIABILITY RELEASE:

In granting this sanction it is understood and agreed that USA Swimming shall be free from any liabilities or claims for damages arising by reason of injuries to anyone during the conduct of the event. It is further understood that Oklahoma Swimming Inc., all officials, American Energy Swim Club, Mitch Park YMCA and Edmond Public Schools Aquatic Center shall be free from any liabilities or claims for damages arising by reason of injuries to anyone during the conduct of the event. It is understood and agreed that USA Swimming shall be free from any liabilities or claims for damages arising by reason of injuries to anyone during the conduct of the event. Damage to the facility, when proven, will cause the offending swimmer or swimmers, if unattached, or the offending swimmer’s club, if attached, to be accountable for repairs.

DISABILITIES:

American Energy Swim Club welcomes athletes with disabilities. Please alert the Meet Director to any accommodations that may be required at the entry deadline.

ENTRY LIMITS:

Prelims/Finals- Individuals: Three (3) events per day with a maximum of 7 events for the meet, plus relays. Relays are limited to an A and B relay women and men per team. Athletes may enter as many events as desired but must “scratch down” to a maximum of 7 events for the meet. Deck entries may be accepted at the discretion of the Meet Director based on the number of swimmers in a given event or the total meet. All “Deck Entry” events will be seeded at the LCM cut for the meet. The deadline for deck entries is the same as the scratch deadline for each day’s events. Entries will be limited to 500 athletes for the Prelims/Finals session.

Future Elite: Three (3) total individual events per day including deck entries. The maximum number of individual events for the meet will be limited to 9. Entries will be limited to 200 athletes for the Future Elite sessions.

Swimming in both sessions: A swimmer can participate in both sessions with the intent to allow swimmers to have a more complete meet schedule. A swimmer cannot swim a Future Elite event for which they have an Elite session qualifying time. If a prelim/final swimmer participates in any Future Elite session, they are limited to a total of 3 events per day with a meet maximum of 7 events.

RELAYS:

Saturday RELAYS are swum in the evening sessions. Sunday relays will take place during the morning session unless a team declares by Saturday at 6 pm that they wish to swim in the evening session. Teams are limited to 2 Relays an A and B relay for both women and men. Relays are swum slowest to fastest.

ENTRY FORMS:

All entries must be made online using OME, which will open October 1st at 3 pm CST. OME is not an eligibility report. It is the coach's responsibility to know for which events his or her athlete is qualified. Only times found in the SWIMS database are used for seeding in this meet. All entry times must have been achieved between the qualifying time date range for the meet beginning on Friday September 1, 2017 through Monday, December 16, 2019. Each entry time used must be from a Sanctioned, Approved or Observed Swim in accordance with USA Swimming Rules and Regulations. The OME for this event is formatted to force the use of the fastest provable entry time found during the qualifying entry period.

The host will provide a Team Manager or suitable event file on the host web site and at the time of the distribution of the Meet Book to the club contacts. The event file can be used to assist you in completing your entries in the OME.

Coaches can update entry times until the close of the OME. By not checking out, coaches maintain the flexibility to remove swimmers or events. Once you check out of the OME you cannot delete existing entries. You may return to update time for existing athletes, and new swimmers and events up until the close of the OME entry period. You must check out of the OME prior to the entry deadline to have your entries placed in the meet. Times entered in the OME do not automatically update. If there have been improved times since you started the entry process the coach or person making entries must update times for this process to happen. Once you have completed your online entry, you will receive an email confirmation. If you do not receive a confirmation from the OME you need to contact the Meet Director, Deanna Oliphant, immediately. After an entry has been submitted, removals must be managed by Meet Admin Staff. Please keep ALL electronic correspondence and bring them with you to the meet.

Coaches MUST use OME to apply for credentials. Please see credential area for more information.

1. For a swimmer to represent a USA Swimming Club in a competitive event, one hundred twenty (120) days must have elapsed without a swimmer having represented any other USA Swimming Club in a USA Swimming competition.
2. All RELAY ONLY swimmers must be entered into the meet using the OME. Relay Only swimmers must pay the facility surcharge fee in order to be entered in the meet.

Each team should make one check payable to: American Energy Swim Club or AESC for all entry fees. NO individual checks will be accepted. Entry fees including any entry surcharges must be received prior to the start of the meet.

ALL mail requiring signature confirmation for delivery will NOT be accepted.

Send payment to :
American Energy Swim Club
PO Box 20338
Oklahoma City, OK 73156

ENTRY FEES:

\$25.00 swimmer surcharge for each athlete participating in the meet.

The swimmer surcharge is required for all participants including relay only athletes.

Individual Event Entry fee is \$11.00 (\$2.00 goes to the OKS Aquatic Fund

Bonus Event Entry fee is \$17.00 (\$2.00 goes to OKS Aquatic Fund)

\$22.00 per relay entry (\$2.00 goes to the OKS Aquatic Fund).

Entry fees for deck entries, if accepted, will be:

\$17.00 for individual deck entry events (\$ 2.00 goes to the OKS Aquatic Fund)

\$30.00 for relay deck entry events (\$2.00 goes to the OKS Aquatic Fund)

Future Elite Session Individual Event Entry fee is \$8.00 (\$2.00 goes to OKS Aquatic Fund)

Future Elite Session \$15.00 Individual Deck entry events (\$2.00 goes to OKS Aquatic Fund)

ENTRY DEADLINE:

All entries must be submitted using OME (see OME entry procedures) by Monday, December 16, 2019 at 3:00 PM CDST. Psych Sheets are electronically sent to the person on file for the club entry based on contacts from the OME. Psych Sheets are made available to each attending team and posted on the club web site: www.aescok.org by no later than Monday, December 16, 2019 at 6:00 PM CDST. Following the distribution of the psych sheet corrections to current entries will be accepted until Midnight CDST December 16, 2019. No further corrections, revisions or deletions to current entries will be accepted after this deadline

SCRATCH SCHEDULE:

Friday prelim events: Scratches will be 45 min prior to session start time. Saturday & Sunday prelim events Scratches for the next day's events must be received no later than 6 pm the evening prior to the event. If any Top 8 athletes down seeds they will be placed in the fastest preliminary heat. Athletes seeded 9th place

or after will be notified sequentially of the opportunity to swim in the A Final until all spots for the A final are filled.

**SCRATCH
RULE:**

Failure to swim a prelim event will mean disqualification from the next event for that day. Swimmer must then declare Intent to Swim for the following days. Swimmers qualifying for a final in an individual event not wishing to swim finals must scratch within the announced "scratch time" and notify the Administration Official at the Resolution Desk. Any swimmer qualifying for a final in an individual event, who fails to compete in said event without scratching as noted above, shall be barred from further competition for the remainder of the meet. It is the swimmer's responsibility to report to the assigned heat and lane. Alternate swimmers should be present for possible placement in an open lane during finals. The names of the alternate swimmers will be called should a vacancy occur. Please note that a medical scratch approved by the Meet Referee, counts as an event and is regarded as a DQ, with no penalty imposed.

Failure to compete in a Future Elite event does not incur a penalty. However, it is requested that any scratches are submitted as soon as they are known before the start of the session.

Swimmers seeded in an A final are required to check-in to the ready area prior to the start of the C Final for that event. They are not required to parade to the blocks, but check-in is required. Any swimmer not checked in by that time shall be disqualified for Failure to Compete.

No penalty shall apply for Failure to Compete in finals if:

- 1. The Meet Referee is notified in the event of injury or illness and accepts the proof.**
- 2. A swimmer qualifying for a final heat based on the results of preliminaries notifies the Clerk of Course within 30 minutes after the announcement of qualifiers that he/she may not intend to compete and confirms his/her final intentions within 30 minutes following his/her last individual preliminary event.**
- 3. The Meet Referee determines that failure to compete was caused by circumstances beyond the control of the swimmer.**

**WARM UP
INFORMATION:**

Friday, Saturday, and Sunday will be single session warm ups using both the north pool and south pools for open, lap swim warm ups only in all lanes, during warm up time there will be no dive entries. The south pool will be available throughout the meet for warm-up and cool down use. OKS and Mitch Park YMCA/Edmond Public Schools Aquatic Center warm-up procedures will be followed. Coaches will maintain control of all activities in their warm-up lanes. **The Future Elite warm-ups will begin immediately after the end of the morning session but not earlier than 12:30 pm on Friday, Saturday and Sunday.** If meet exceeds 400 swimmers, we will open up the pool early as an open warm up to ease overcrowding. The Meet Referee will resolve any warm-up disputes.

**WARM-UP
PROCEDURES:**

Oklahoma Swimming warm-up procedures will be enforced. Only swimmers entered in individual events in each session may participate in that session's warm-up period. All swimmers must be under the direct supervision of a USA Swimming registered coach. Any swimmer entered in the meet must be certified by a USA Swimming member coach as being proficient in performing a racing start or must start each race from within the water. When unaccompanied by a member-coach, it is the responsibility of the swimmer or swimmer's legal guardian to ensure compliance with this requirement.

**WARM UP
GUIDELINES:**

PRE- MEET and GENERAL WARM –UP SESSIONS

- Control/Supervise: Key words for safe warm-ups.
- A designated supervisor shall be on deck during the entire warm-up period.
- Marshalls will be actively supervising the warm-ups to ensure proper procedures are followed.
- Swimmers shall enter the water feet first except for starts which are limited to specified lanes or times.
- The warm-up/warm down area will be supervised pursuant to the rules at all times.
- No paddles, bungees, buoys or kick boards are allowed. .
- No diving in lanes other than those designated for racing starts in an unassigned warm up session.
- The Meet Announcer may announce lane changes and /or warm- up changes.
- Coaches should understand that responsibility for supervision of their swimmers is the same at meets as when on deck at practice.
- Marshalls have the authority through the Meet Director and Meet Referee over warm-up. A swimmer and/or coach may be removed from the deck for interfering with the Marshall.
- The Meet Referee shall have the responsibility to establish and enforce rules for safe conduct within the competitive pool area during the duration of the swimming competition.
- There shall be at least one Marshall at each end of the warm up area to ensure the warm- up procedures will be followed.
- Warm-up procedures shall be enforced for any breaks scheduled during the competition

STARTS AND SPRINTS:

Starts and Sprints will be conducted at the times as referenced. Starts and sprints will be permitted in all warm up lanes. Please refer to the information regarding starts and sprints listed below. During sprints, swimmers will start from the starting blocks, exit at the bulkhead and walk back to the start area. Warm-up information will be posted at the Clerk of Course area and the athlete bleacher area.

MEET TIMES:

Friday General Meeting	All Coaches		8:30 AM
DAY	WARM UP	SPRINT	MEET START
Friday Prelim	7-8:15 am	8:15-8:30 am	9 am
Friday Future Elite	Not before 12:30 pm	1-1:15 pm	1:30 pm
Friday Finals	3:30-4:30 pm	4:30-4:45 pm	5 pm
Saturday Prelims	7-8:15 am	8:15-8:30 am	9 am
Saturday Future Elite	Not before 12:30 pm	1-1:15 pm	1:30 pm
Saturday Finals	3:30-4:30 pm	4:30-4:45 pm	5 pm
Sunday Prelims	7-8:15 am	8:15-8:30 am	9 am
Sunday Future Elite	Not before 12:30 pm	1-1:15 pm	1:30 pm
Sunday Finals	3:30-4:30 pm	4:30-4:45 pm	5 pm

RULES:

Rules contained in the 2019 USA-S Rules and Regulations shall govern the meet. All applicable adults participating in or associated with this meet, acknowledge that they are subject to the provisions of the USA Swimming Minor Athlete Abuse Prevention Policy (“MAAPP”), and that they understand that compliance with the MAAPP policy is a condition of participation in the conduct of this competition. USA Swimming requires all adult members to complete Athlete Protection training. This training and education requirement is not a part of the Minor Athlete Abuse Prevention Policy (MAAPP)

INDIVIDUAL AWARDS:

Finals will swim as follows: Bonus (C), Consolation (B), Final (A). Points for individual events will be awarded on a 20-17-16-15-14-13-12-11- 9-7-6-5-4-3-2-1 basis. Relay points will be doubles. Individual high point awards will be awarded in the amateur division (1st place male and female). No points awarded for C Final.

Saturday 50 Free Shoot Out: Round 1 will be first swims of the evening. C and B final will fall in line with Order of Events. Round 2 will be following the A Final of the Men’s 200 Breaststroke. Round 3 will be following the A Final of the Women’s 500 Free. During Round 3 the swim off for 3rd place will swim first then top two that have advanced. Swim order will be top to bottom of bracket order.

Prelims/Finals: TYR award prize packs for the meet will be given to AMATEUR ATHLETES for 1st, 2nd and 3rd place. For this meet, an AMATEUR ATHLETE will be defined as an athlete who either 1) has not completed their NCAA eligibility, or 2) has not given up their eligibility to compete as an amateur athlete at the NCAA level. Award ceremonies will occur during the finals sessions and will be included in the complete timeline for the meet.

The Future Elite sessions will NOT BE SCORED All individual events will be seeded together by gender but separated for awards by the specified age groups: 8-U, 9, 10, 11, 12, OPEN.

In the Future Elite session, ribbons will be given for the first eight (8) places in the 8- under, 9, 10, 11, and 12 age groups.

TEAM AWARDS:

High Point Team Trophies (1st, 2nd and 3rd) will be awarded in the following categories: male team, female team and combined team.

A portion of the swimmer surcharge will go into a travel fund. This fund will be distributed to the 1st, 2nd and 3rd place combined team winners. The host team is not eligible for travel fund money but is eligible to receive a team trophy.

FINAL RESULTS:

Results to SWIMS file will be sent electronically the OKS SWIMS Chair within 24 hours. OKS direct the complete meet results will be provided to the attending club and or unattached contacts as well as the OKS reporting group within 24 hours of completion of the meet. Complete results in publication format including splits will be given in the meet results. Results for TM, MM, BKUP of the meet will be given to each attending club.

- HEAT SHEETS:** Future Elite Session: \$8 (3 days)
Prelims Session: \$5 each day
Finals: \$2 each day
- CONCESSIONS:** A concessions area will be available to swimmers and spectator's downstairs by the entrance to the facility. Athletes are permitted to drink while sitting on deck.
- MERCHANDISE:** A "swim shop" of swim merchandise will be on site for this event.
- HOSPITALITY:** There will be a hospitality area available for officials and coaches working the meet.
- SAFETY:** Activities in the pool area that may result in injury are prohibited. Event Marshals will be appointed to monitor the activities of swimmers and spectators during warm-ups and the meet and are empowered by the safety rules of OKS to enforce the safety procedures. **Repeated violations or activities that are considered to be sufficiently dangerous may result in ejection from the meet.** Access to the pool/deck area will be limited as previously described. Swimmers failing to comply with the above safety rules are subject to disqualification and/or expulsion from the meet at the discretion of the Meet Referee.
- Use of audio or visual recording devices, including a cell phone, is not permitted in changing areas, rest rooms or locker rooms. Any one requesting access to the competition deck area for the purposes of team or individual photography must notify the Meet Director in advance in order to receive clearance. Access will be restricted so as to not allow for any interruption of the successful conduct of the meet. All other photographic opportunities must be conducted from the spectator seating area. It is the responsibility of the coach and athlete to acquaint themselves with all of the information contained in the Meet Letter document.
- DRONE USE:** Operation of a drone or any other flying apparatus is prohibited over the venue (pool, athletes/coach areas, spectator area and open ceiling locker rooms) any time athletes, coaches, officials and/or spectators are present

American Energy/TYR Elite Meet

Order of Events/Qualifying Times Friday December 20, 2019

Women						Men
Event #	Long Course (M)	Short Course (Y)		Short Course (Y)	Long Course (M)	Event #
1	2:16.79 2:19.99	2:00.89 2:01.99	200 Freestyle	1:48.69 1:54.59	2:04.29 2:11.09	2
3	1:21.69 1:25.29	1:11.89 1:14.69	100 Breaststroke	1:03.09 1:10.39	1:12.89 1:19.99	4
5	1:09.49 1:12.69	1:01.59 1:03.69	100 Butterfly	54.99 59.59	1:02.69 1:07.79	6
7*	5:28.69 5:51.19	4:47.89 5:11.19	400 Ind. Medley**	4:29.19 4:51.99	5:06.59 5:29.39	8*
9	*****	*****	400 Free Relay	*****	*****	10

Bonus Event Qualifying times are in red

* Will be swam fastest to slowest alternating women and men

Order of Events Friday December 20, 2019 Future Elite Session

Women		Men
Event #		Event #
11	200 Freestyle	12
13	100 Breaststroke	14
15	100 Butterfly	16
17	50 Backstroke	18

Order of Events/Qualifying Times

Saturday December 21, 2019

Women						Men
Event #	Long Course (M)	Short Course (Y)		Short Course (Y)	Long Course (M)	Event #
19	2:35.29 2:39.69	2:16.19 2:19.19	200 Ind. Medley	2:03.79 2:09.69	2:22.79 2:28.49	20
21**	28.99 30.49	25.49 26.89	50 Freestyle*	22.49 24.89	25.89 27.99	22**
23	2:56.39 3:04.89	2:36.59 2:41.09	200 Breaststroke	2:21.79 2:33.29	2:43.39 2:55.29	24
25	1:10.89 1:14.09	1:01.89 1:04.89	100 Backstroke	56.69 59.79	1:06.39 1:09.19	26
27***	4:44.19 5:13.79	5:18.59 5:48.19	500 Freestyle**	4:57.19 5:26.29	4:26.49 4:55.49	28***
29	*****	*****	400 Medley Relay	*****	*****	30

**The top 8 swimmers from prelims will compete in the 50 freestyle shootout in finals.
PLEASE SEE ATTACHED SHOOTOUT BRACKET

*** Will be swam fastest to slowest alternating women and men

Order of Events

Saturday December 21, 2019 Future Elite Session

Women		Men
Event #		Event #
31	200 Ind. Medley	32
33	50 Freestyle	34
35	200 Breaststroke	36
37	100 Backstroke	38
39	50 Butterfly	40

Order of Events/Qualifying Times

Sunday December 22, 2019

Women					Men	
Event #	Long Course (M)	Short Course (Y)		Short Course (Y)	Long Course (M)	Event #
41	*****	*****	200 Medley Relay	*****	*****	42
			10 minute break			
43****	10:16.59	11:06.59	1000 Freestyle***	10:36.29	9:49.29	44****
45	2:33.49 2:41.29	2:14.59 2:20.79	200 Backstroke	2:06.69 2:14.49	2:25.79 2:33.59	46
47	1:02.69 1:05.09	55.39 56.49	100 Freestyle	49.69 52.99	56.99 1:00.39	48
49	2:41.29 2:45.29	2:23.69 2:24.19	200 Butterfly	2:13.49 2:14.89	2:32.39 2:34.09	50
51	*****	*****	200 Free Relay	*****	*****	52

**** The 1000 free will be TIMED FINALS. The Top 8 of both women and men will swim with finals. The remainder of the heats will be swum immediately after the 200 Free Relay in the preliminary session, fastest to slowest, alternating women and men.

Order of Events

Sunday December 22, 2019 Future Elite Session

Women		Men
Event #		Event #
53	50 Breaststroke	54
55	200 Backstroke	56
57	100 Freestyle	58
59	200 Butterfly	60
61	100 Individual Medley	62

American Energy Elite Meet

50 Free Shoot Out Bracket

Shoot out participants will report to the ready area before the meet to parade in.
For each sub sequential round they will report behind the blocks.

1st event Saturday Finals

