



2021 OH CM Jose Cerda Memorial Swimville Invitational
Held under the sanction of USA Swimming
November 12 & 13, 2021
Sanction #: OH-22SC-32

Hosted by



**CINCINNATI
MARLINS, INC.**

Revised 10/18/21 (see highlights)

Location:	Keating Natatorium, St. Xavier High School 616 W. North Bend Rd Cincinnati, OH 45224
Facility:	Keating Natatorium is an 8 lane x 50 meter indoor pool with a removable bulkhead in place to make 2 25 yard competition pools. The water depth is 6ft from the balcony (south) end of the pool to 4ft in depth at the Scoreboard (north) end of the pool The competition course has been certified in accordance with current USA Swimming Rules and Regulations, Article 104.2.2C(4). The copy of such certification is on file with USA Swimming.
Meet Director:	DeAnna McKeown mckeown@fuse.net
Meet Referee:	Steven Connock sconnock3@gmail.com / (513) 633-3860
Officials Contact for the Meet:	Rob Razzano rrazzano@bakerlaw.com
Entry Chair:	Lisa Habel lhabel@cincy-marlins.com / 513-604-4214 Entries: mmanager@cincy-marlins.com
COVID Compliance Officer for Meet	Andrew Nixon Andrewnixon1@gmail.com
Sanction:	<i>In granting this sanction it is understood and agreed that USA Swimming shall be free from any liabilities or claims for damages arising by reason of injuries to anyone during the conduct of the event.</i> <i>As a condition of sanction, Cincinnati Marlins agrees to comply and to enforce all COVID-19 health and safety mandates and guidelines (including face covering, social distancing and mass gatherings) of USA Swimming, Ohio Swimming, the State of Ohio, local jurisdictions and the Cincinnati Marlins Meet Plan detailed in this packet. Meets conducted in violation of these requirements and safety plans are subject to having the sanction revoked and will not be issued sanctions for future meets during the COVID-19 sanctioning period.</i>
Meet Type:	<i>Invitational Meet. This will be an in-person meet. The meet will be limited to one end.</i>
# of Sessions:	4 Sessions over 2 days, 1 pool per session.

Disclaimers

Cincinnati Marlins has taken enhanced health and safety measures for you, our other guests, volunteers, and our athletes. Everyone must follow all posted instructions while attending this meet.

An inherent risk of exposure to COVID-19 exists in any public place where people are present. COVID-19 is an extremely contagious disease that can lead to severe illness and death. According to the Centers for Disease Control and Prevention, senior citizens and individuals with underlying medical conditions are especially vulnerable.

USA Swimming, Inc., cannot prevent you (or your child(ren)) from becoming exposed to, contracting, or spreading COVID-19 while participating in USA Swimming sanctioned events. It is not possible to prevent against the presence of the disease. Therefore, if you choose to participate in a USA Swimming sanctioned event, you may be exposing yourself to and/or increasing your risk of contracting or spreading COVID-19.

By attending or participating in this competition, you voluntarily assume all risks associated with exposure to COVID-19 and forever release and hold harmless USA Swimming and Ohio Swimming and each of their officers, directors, agents, employees or other representatives from any liability or claims including for personal injuries, death, disease or property losses, or any other loss, including but not limited to claims of negligence and give up any claims you may have to seek damages, whether known or unknown, foreseen or unforeseen, in connection herewith.

Organization Regulations/Waivers	
USA Swimming Rules	<ul style="list-style-type: none"> • At a sanctioned competitive event, all USA Swimming athletes must be under the supervision of a USA Swimming member coach. Arrangements for coach supervision must be made in advance of the meet. • Any swimmer entered in the meet <u>must</u> be certified by a USA Swimming member-coach as being proficient in performing a racing start or must start each race from within the water without the use of the backstroke ledge. When unaccompanied by a member-coach, it is the responsibility of the swimmer or the swimmer's legal guardian to ensure compliance with this requirement. • The use of audio or visual recording devices, including a cell phone, is not permitted in changing areas, rest rooms or locker rooms. • Use of cameras, cell phones or any other recording device is not permitted immediately behind the starting blocks at either end of the racing course(s) during race starts, competition and warm-ups. Please refer to the Safe Sport section of the Ohio Swimming, Inc. policies and procedures for further information regarding the use of visual recording devices. • Deck changes are prohibited. • Operation of a drone, or any other flying apparatus, is prohibited over the venue (pools, athlete/coach areas, spectator areas and open ceiling locker rooms) any time athletes, coaches, officials and/or spectators are present. • Flash photography is not permitted at the start of any race. • All applicable adults participating in or associated with this meet acknowledge that they are subject to the provisions of the USA Swimming Minor Athlete Abuse Prevention Policy (MAAPP) and that they understand that compliance with the MAAPP policy is a condition of participation in the conduct of this competition.
Technical Suit Ban	<p>Per USA Swimming Rule 102.8.1F, 12 & Under athletes may not compete in Technical Suits at this meet.</p> <p>A Technical Suit is one that has the following components:</p> <ul style="list-style-type: none"> • Any male or female suit with bonded or taped seams regardless of fabric or silhouette; or • Any male or female suit with woven fabric extending to the knee or mid-thigh regardless of the seam type.
Ohio State Laws that are applicable to Ohio Swimming sanctioned events	<ul style="list-style-type: none"> • Ohio's Return to Play Law (ORC 3313.539 and ORC 3314.03) requires that coaches and referees either (1) complete a free online training once every three (3) years in recognizing the symptoms of concussion or (2) hold a pupil-activity program permit from the Ohio State Board of Education. Free online concussion training is offered through the National Federation of State High School Association and Centers of Disease Control. Training links can be found at www.swimohio.com under Safe Sport>Concussion. • There will be the required number of certified lifeguard(s) on duty at all times at this meet per Ohio Administrative Code 3701-31-04-E-4.
COVID-19 Information	<ul style="list-style-type: none"> • Avoid getting closer than six (6) feet to anyone coughing or sneezing. • Wash your hands frequently with soap and water for 20 seconds or use hand sanitizer that has 60-95% alcohol. • Avoid touching your eyes, nose, and mouth. • Cover your mouth with a tissue or your elbow if you cough or sneeze. Throw the tissue in the trash then wash your hands. • Stay home if you are sick, and away from the pool and from fellow team members. • FACE COVERINGS: All meet participants – coaches, officials, administrators, spectators, vendors and athletes (between events) must wear face coverings and comply with mandated social distancing and mass gathering rules.
Waiver/Release	<ul style="list-style-type: none"> • By entering this meet, you are granting permission for the names of any or all of your team's swimmers to be published on the internet in the form of Psych Sheets, Meet Results, or any other documents associated with the running of this meet. • All participants agree to be filmed and photographed by the host club approved photographer(s) and videographers and to allow the right to use names and pictures before, during, or after the meet such as in public psych sheets, heat sheets, and results or featured on the host club or OSI website or social media or in public broadcast of the event via television or webcast. Parents and guardians of minor swimmers who do not wish their swimmers to participate in interviews or have individual pictures featured on any media should inform their team's head coach and the Meet Director prior to the meet.

Entering the Meet	
Eligibility:	<ul style="list-style-type: none"> All contestants must be currently registered USA Swimming members. Registrations will not be accepted at the meet. All adult athletes must hold current Athlete Protection Training certification. Age on the first day of the meet will determine age for the entire meet.
Disability Swimmers:	<ul style="list-style-type: none"> Ohio Swimming welcomes swimmers with a disability. Entry Procedures: <ol style="list-style-type: none"> Enter the USA-S swimmers with a disability electronically or on the paper entry form. Provide the grouping the swimmer is identified under (P1, P2, P3) and any necessary accommodations. List in the email with the electronic entry (or on the paper entry) the swimmer's name, entry times, based on grouping (P1, P2, P3) strokes/distances and days/sessions. Preferred seeding is in the swimmer's age group entered event at the same distance with their equivalent non-conforming time to ensure seeding in the initial heats. See the Ohio Swimming Policy Book for Grouping descriptions (P1, P2, P3).
Entry Limits Entry Fees:	<ul style="list-style-type: none"> Swimmers may swim a maximum of 6 individual events per day. \$5.00 per individual event. \$5 OH LSC surcharge per swimmer.
Entry Procedures:	<ul style="list-style-type: none"> Deadline for receipt of entries is Wednesday, October 27. <u>Entries NOT accepted earlier than Tuesday, October 12.</u> Entries must be submitted in SCY using an electronic meet entry software (Hy-Tek/Team Unify). Unattached swimmers (not with a team) are encouraged to use Hytek's TM Lite for entry submission. Entries not completed through a team software are subject to a \$25/swimmer surcharge. These fees are due at the time of the entry submission. Send entries via email to: mmanager@cincy-marlins.com. Include team name in the subject. Please include the names of any Outreach swimmers in the email. Checks should be made payable to: Cincinnati Marlins, due 3 days after entry <u>deadline</u>. "No Time" (NT) entries will be accepted. The Meet Director reserves the right to limit entries as necessary to manage the timeline and number of competitors and spectators at each session.
Warm-up and Safety Guidelines:	<ul style="list-style-type: none"> The meet host will provide a complete schedule of warm-up procedures to include lane assignments and times, which must be adhered to by all participants. This information will be distributed in advance of the meet. Warm-ups will be monitored jointly by the Meet Director and Meet Referee (or their special designees). Except during supervised racing starts, swimmers must enter the pool feet first in a cautious manner with one hand in contact with the pool deck. Ohio LSC Swimming Safety Guidelines and Warn-Up Procedures will be in effect for this meet. No spectators allowed on deck.
Competition Guidelines:	<ul style="list-style-type: none"> This meet will be a Timed Finals meet. This meet will be contested in SCY. This meet will be pre-seeded. Deck entries will accepted at the meet at the discretion of the Meet Director as determined 4 days before meet start. Friday events will swim fast to slow, and may be seeded combined women & men.
Awards:	<p>There will be awards at this meet. Ribbons – 1st – 8th for age groups with all events scored and awarded separately as follows: 8&Under, 9-10, 11-12, 13&Over</p> <ul style="list-style-type: none"> Results will be posted during the meet
General:	<ul style="list-style-type: none"> Bottled water will be provided for officials, coaches and volunteers during the meet. NO GLASS CONTAINERS permitted. Concessions will be available for limited items. Gym MAY be available for swimmer use. Please check website for specifics. Beacon Orthopedic Athletic Trainer will be available in hallway to the pool. This meet will be published on meet mobile (technology permitting) and on the meet page after the meet.

Entering the Meet	
	<ul style="list-style-type: none"> • The meet will be livestreamed for at home viewing (technology permitting). • Should spectators be permitted: General Admissions Charge: \$5.00 (Children 10&Under free) Heat Sheets: \$3.00
Meet Revisions:	<ul style="list-style-type: none"> • Cincinnati Marlins reserves the right to modify meet format as necessary for session limits. Any changes will be reviewed with teams already entered in the meet. <p>Please visit the meet page on cincy-marlins.com for updated meet information the week of the meet</p>

2021 OH CM Jose Cerda Memorial Swimville Invitational

NOVEMBER 12 & 13, 2021

Sanction # OH-22SC-32

ORDER OF EVENTS

Women- Odd Numbered Events, Men- Even. All events Short Course Yards.

FRIDAY

EVENING Session

Warm UP: 5:00 – 6:00pm

Start: 5:40 pm 1000 Free

all other events: not before 6:00 pm

101 - 102	13&O	1000 Free
103 - 104	10&U	200 IM
105 - 106	11&O	400 IM
107 - 108	10&U	200 Free
109 - 110	11&O	500 Free

All Friday Events:

Seeded Fast to Slow;

MAY be limited to top 48

(1000 Free may be limited to top 24);

MAY be seeded Women & Men combined.

(see meet notes for updated limit & scratch information)

SATURDAY 13 & Over

Timed Finals Session

Warm Up: 7:00 – 8:00am

Start: 8:10am

201-202	13&O	100 Back
203-204	13&O	200 Free
205-206	13&O	100 Fly
207-208	13&O	200 IM
209-210	13&O	200 Breast
211-212	13&O	50 Free
213-214	13&O	100 Free
215-216	13&O	100 Breast
217-218	13&O	200 Back
219-220	13&O	200 Fly

SATURDAY 11-12

Timed Finals Session

Warm Up: tbd

Start: not before 1:00pm

241-242	11-12	100 Back
243-244	11-12	50 Free
245-246	11-12	100 Fly
247-248	11-12	100 IM
249-250	11-12	200 IM
251-252	11-12	50 Breast #
253-254	11-12	200 Breast#
255-256	11-12	200 Free
257-258	11-12	100 Free
259-260	11-12	100 Breast
261-262	11-12	50 Back #
263-264	11-12	200 Back #
265-266	11-12	50 Fly #
267-268	11-12	200 Fly #

Note - 11-12 Events:

The intent of these paired events is that the 11-12 swimmer PICKS ONE of the pair. There will NOT be a break after the 50's.

In consideration of Timeline: please choose no more than 1- 200 event.

Pairs:

50 Breast / 200 Breast

50 Back / 200 Back

50 Fly / 200 Fly

SATURDAY 10 & Under

Timed Finals Session

Warm Up: tbd

Start: not before 3:00pm

271-272	10&U	50 Back
273-274	10&U	50 Free
275-276	10&U	50 Fly
277-278	10&U	100 IM
279-280	10&U	50 Breast
281-282	8&U	25 Free
283-284	9-10	100 Free
285-286	8&U	25 Breast
287-288	9-10	100 Breast
289-290	8&U	25 Back
291-292	9-10	100 Back
293-294	8&U	25 Fly
295-296	9-10	100 Fly

Summary of Fees/Release Form
2021 OH CM Jose Cerda Memorial Swimville Invitational

Team Name	
Club Name	
Coach	
Coach Phone	
Coach Email	
Team Address	

Item	Total #	Cost per	Total
Individual Entries		\$5.00 per event	\$
OSI Swimmer Surcharge (Do not include Outreach Swimmers)		\$5.00 per swimmer	\$
Outreach Swimmer Entries		\$5.00/event	Minus \$
Total Fees Due:			\$

Waiver, Acknowledgement and Liability Release:

I, the undersigned coach, or team representative, verify that all the swimmers and coaches listed on the enclosed entry are registered with USA Swimming. I acknowledge that I am familiar with the Safety Rules of USA Swimming, Inc. and Ohio Swimming, Inc. regarding warm-up procedures and meet safety guidelines, and that I shall be responsible for the compliance of my swimmers with those rules during this meet. Cincinnati Marlins, Keating Natatorium, Ohio Swimming, Inc., and USA Swimming, Inc., their agents, employees, and coaches shall be held free and harmless from any and all liabilities or claims for damages arising by reason of illness or injury to anyone during the conduct of this meet. I also acknowledge that by entering this meet, I am granting permission for the names of any or all of my team's swimmers to be published on the internet in the form of Psych Sheets, Meet Results, or any other documents associated with the running of this meet.

 Signature (Coach or Club Representative)

 Club Title (Coach etc)

 Name of Club

 Date

Send this form with check to:

Cincinnati Marlins, Business Manager, 616 W. North Bend Rd. Cincinnati, OH 45224-1424

APPENDIX 1: Meet Safety Plan for all teams participating.

COVID Procedures / Information	
<p>Specific COVID Protocols for this Meet</p>	<p>The following COVID-19 Protocols will be observed to ensure the safety of all athletes, coaches, volunteers, and spectators during the meet:</p> <p>Capacity</p> <ul style="list-style-type: none"> • Per ODH regulations, the maximum number of participants gathered at Keating may be limited. Participants are defined as swimmers, coaches, officials, volunteers, and all other applicable adults as defined by MAAPP. • Cincinnati Marlins will “live stream” the Meet (technology permitted) so parents will have an opportunity to watch their swimmer. Parents are encouraged to volunteer. <p>Athlete, Coaches & Volunteer Safety</p> <ul style="list-style-type: none"> • Masks/cloth face coverings will be mandatory for all participants. Swimmers only have an exception during the swim cycle. The ‘swim cycle’ is defined as the time period beginning with the swimmer being called for their warmup or race until their warmup/race/cool down has ended. Swimmers must wear their mask/cloth face covering when not swimming • Athletes will be seated in the stands or in the Gym should it be available. Gym availability will be announced the week of the meet. • Appropriate social distancing should be maintained. • Meet Marshals will help monitor the number of people on the pool deck throughout the meet. • Additional or modified protocols may be in place. This will be announced 1 week before the meet. <p>Spectator Safety</p> <ul style="list-style-type: none"> • The number of spectators, if any, may be limited. This will be announced approximately 1 week before the meet. <p>Meet Safety</p> <ul style="list-style-type: none"> • Concessions & hospitality (for workers) will be available with limited items. • Meet Marshals will help monitor the number of people on the pool deck throughout the meet and help direct traffic from the entrance to the pool area and then to the exit upon the conclusion of the meet.
<p>Locker rooms/restrooms</p>	<ul style="list-style-type: none"> • Locker rooms will be open for swimmers to quickly change in to/out of suits. At no time should swimmers congregate in the locker rooms. • Spectators must use lobby restrooms not locker rooms.