

2021KCST LUNSFORD WARMUP ASSIGNMENTS

FRIDAY PM	1	2	3	4	5	6	7	8
5:00-5:25	CM	WTRC	WTRC	WTRC	WTRC/KCST	KCST	KCST	KCST
5:25-5:50	DR	DR	DR	DR	DR	DR	DR	CFY/LIFE

Meet starts at 6:00pm

SATURDAY AM	1	2	3	4	5	6	7	8
7:00-7:20	DR	DR	DR	DR	DR	DR	DR	DR
7:20-7:40	CM	CM	CM	CM	CM	CM	CM	KCST
7:40-8:00	MAC	MAC/CFY	WTRC	WTRC	WTRC	LIFE	LIFE	KCST

Meet starts 8:10am

SATURDAY PM	1	2	3	4	5	6	7	8
11:30-11:50	KCST	KCST	KCST	KCST/LIFE	LIFE	LIFE	LIFE	CM
11:50-12:10	DR	DR	DR	DR	DR	CFY	CFY	CFY
12:10-12:30	MAC	WTRC	WTRC	WTRC	WTRC	WTRC	WTRC	WTRC

Meet starts at 12:40pm

SUNDAY AM	1	2	3	4	5	6	7	8
7:00-7:20	WTRC	WTRC	WTRC	KCST	KCST	KCST	LIFE	LIFE
7:20-7:40	CM	CM	CM	CM	CM	CM	CM	CM
7:40-8:00	DR	DR	DR	DR	DR	DR	DR	MAC

Meet starts at 8:10am

SUNDAY PM	1	2	3	4	5	6	7	8
10:30-10:50	WTRC	WTRC	WTRC	WTRC	WTRC	WTRC/LIFE	LIFE	LIFE
10:50-11:10	KCST	KCST	KCST	KCST	KCST/CFY	CFY	CFY	CFY
11:10-11:30	DR	DR	DR	DR	DR	CM	MAC	MAC

Meet starts at 11:40am