

FAST Summer Invitational

July 6-7, 2013

**hosted by Flyers Aquatic Swim Team
at the Kennedy Recreation Center Pool
St. Louis, MO**

**Held under the sanction of USA Swimming/Ozark Swimming
Sanction # 5603**

Eligibility

Open to currently registered USA Swimming athletes only. "Applied for..." will not be accepted. On deck registration is not available. Swimmers who do not hold current USA Swimming membership will be dropped from the meet. There is a \$100 fine for entering nonregistered athletes in an Ozark meet. Coaches must be currently registered with USA Swimming as Coach members.

Athletes attending the meet unaccompanied by a USA Swimming coach must report to the Meet Referee or Meet Director prior to warming up for each session. The athlete will be assigned to a coach on deck for each session of the meet they are entered in.

Any swimmer entered in the meet must be certified by a USA Swimming member coach as being proficient in performing a racing start or must start each race from within the water. When unaccompanied by a member coach, it is the responsibility of the swimmer or the swimmer's legal guardian to ensure compliance with this request.

Meet Format

All of the technical and administrative rules of USA Swimming will apply. All events are timed finals.

Meet Contacts

Meet Director: Angie Dorsey (314) 852-5216 adorsey@fast-swimming.com

Meet Referee: Bruce Dreyer (314) 221-3802 bdreyer@fast-swimming.com

Meet Entry Contact: Angie Dorsey (314) 852-5216 adorsey@fast-swimming.com

Officials Coordinator: Jeff Heveroh (314) 846-2541 fastofficials@fast-swimming.com

Safety Marshall: Brian Ullery (314) 821-8390 brian.ullery@gmail.com

Facility

The Kennedy Recreation Complex pool is an outdoor 8 lane, 50 meter course. It is equipped with a fully automated timing system. There will be seating on the deck and an in-door crash area for swimmers & spectators.

Directions & Parking

The Kennedy Recreation Complex pool is located at **6050 Wells Road, St. Louis, MO 63128**. A Google map link is available on the FAST team website (www.fast-swimming.com).

Entry Fees

Swimmer Surcharge: \$7.00 per swimmer

Individual Events: \$4.00 per individual event

No Refunds will be issued with the following exception. If a swimmer has not scratched out of a limited event and is held out of the event due to the entry limits (i.e. Open 200 Free), the team will be mailed a refund for the entry fee following the meet. This exception does not apply to swimmers who are scratched from a limited event during the positive check-in process.

Entry Limits

The meet will be limited to 150 swimmers prior to the addition of the host team entry. No Team entry will be split. The host team reserves the right to limit the entry for any specific event in order to provide reasonable timelines for each session. The host team reserves the right to include an additional heat of girls and boys in the Open 200 Individual Medley and Open 200 Freestyle to be filled by swimmers from the host team.

Swimmers may enter a maximum of 3 individual events per day.

Proof of Time for Limited Events (200 IM & 200 Free)

All entries for limited events will require proof of time. The USA SWIMS database will be used to verify all entry times. All entry times must be long course meters times. Conversion times will not be accepted.

The Open 200 Individual Medley and Open 200 Freestyle will be limited to 1 heat of 10&Under, 2 heats of 11-12, and 3 heats of 13&Over. If the timeline allows, more heats may be added.

Entry Process

FAST will begin to accept entries on **Wednesday, June 12th at 9:00am CT.**

All Teams are required to send an entry file that is compatible with the Hytek Meet Manager Program.

All entries should be submitted by email to adorsey@fast-swimming. FAST will send a confirmation email once your entry email has been received. This **does not** indicate acceptance into the meet.

The signed meet entry summary form and the check for the team entry fees **must** be received by the entry deadline in order to be considered for acceptance.

Please mail your summary forms and checks (made payable to Flyers Aquatic Swim Team) to:

Angie Dorsey

C/O FAST

PO Box 8595

St. Louis, MO 63126

The **Entry Deadline** for the meet will be **Friday, June 14, 2013 at 12 pm CT.**

Entries may be accepted after the deadline if the meet is not full.

FAST will contact each team by email no later than 5 pm CT on Friday, June 14, 2013 to confirm acceptance into the meet.

Acceptance Criteria for Team Entries (listed in order of priority)

1. Teams will be accepted on a first come-first serve basis until the meet capacity has been reached.

Deck entries may be accepted at the discretion of the Meet Director.

Pre-Meet Information & Meet Results

Once the entry deadline has passed, a psych sheet will be posted on the FAST website (www.fast-swimming.com). A technical bulletin will be emailed to all participating clubs prior to the meet which will include estimated timelines, warm-up assignments and any other pertinent meet information.

Meet Results will be posted at the meet throughout each session. The official final results will be posted on the Ozark Swimming website (www.ozarkswimming.org) following the meet.

Awards

There will be heat awards for all heat winners.

Positive Check-in

We will deck seed the Open 200 Individual Medley and Open 200 Freestyle. All swimmers will be required to check-in no later than 30 minutes prior to the session start time. Failure to Check-in will be considered a scratch.

Swim Suits

The only suits allowed are those permitted by FINA and in compliance with current USA Swimming rules.

Vendor

B&B Aquatics will have caps and goggles available for sale in the crash area.

Concessions

Concessions will be available in the concession area, just off of the pool deck. No outside food or beverages will be allowed in the facility per rules of the Kennedy Recreation Center.

Ozark Policy/Facility Rules

As per USA Swimming guidelines, cameras & video recording devices (including cell phones with such capability) are prohibited in all locker rooms. Kennedy Recreation Complex is a tobacco-free facility with no use of tobacco products on the pool deck or in the adjacent buildings. Changing into or out of swimsuits other than in locker rooms or other designated areas is not appropriate and is prohibited

Additional Notes to Coaches, Officials, Parents, and Athletes

- All events will be swum fastest to slowest.
- The St. Louis County Park's Department is not allowing anyone other than FAST to use canopies on the deck. Canopies will be used to shade the start and turn ends. Any portable canopies or tents that coaches or families bring for shade will not be allowed to be put up by the Kennedy Recreation Center staff.
- No outside food or beverages will be allowed in the facility per rules of the Kennedy Recreation Center.

Event Program

Saturday Morning Warm-up: 7:00 am Meet Starts: 8:00 am		
Girls	Event	Boys
1	12&Under 100 Freestyle	2
3	13&Over 100 Freestyle	4
5	12&Under 50 Backstroke	6
7	13&Over 200 Backstroke	8
9	12&Under 100 Breaststroke	10
11	13&Over 100 Breaststroke	12
13	12&Under 50 Butterfly	14
15	13&Over 200 Butterfly	16
17	Open 200 Individual Medley (limited to 1 heat of 10&Under; 2 heats of 11-12, and 3 heats of 13&Over)	18

Sunday Morning Warm-up: 7:00 am Meet Starts: 8:00 am		
Girls	Event	Boys
19	12&Under 50 Freestyle	20
21	13&Over 50 Freestyle	22
23	12&Under 100 Backstroke	24
25	13&Over 100 Backstroke	26
27	12&Under 50 Breaststroke	28
29	13&Over 200 Breaststroke	30
31	12&Under 100 Butterfly	32
33	13&Over 100 Butterfly	34
35	Open 200 Freestyle (limited to 1 heat of 10&Under; 2 heats of 11-12, and 3 heats of 13&Over)	36