



Igloo Invitational
January 31 – February 2, 2014
Held under the Sanction of USA Swimming
Sanction # 5664
GENERAL INFORMATION

Location	Central Municipal Pool 205 Caruthers Cape Girardeau, MO 63701			
Directions	From I-55/Exit 96: Head east off the exit (William Street, or Rte. K). After approximately 1.5 miles, turn left at Kingshighway and go North. Turn right at the next stoplight (Independence). Go approximately two blocks and turn left on Clark Street. After turning on Clark Street, the pool bubble should be visible off to the right.			
Facility	Central Municipal Pool is 25 yards by 50 meters, equipped with a fully automated Colorado timing system. Six, Eight or Ten lanes will be used for competition. Continuous warm-up/warm-down space is provided during the competition.			
Contacts	Meet Director:	Clay Hahs	chahs@rivercityaquatics.org	573-579-0656
	Entry Coordinator:	Allison Davis	adavis@rivercityaquatics.org	573-270-7312
	Entry Fees:	Loretta Bell	lbell@rivercityaquatics.org	573-225-2112
	Meet Referee:	Bill Rener	WRENER@lmi.org	618-792-1028
	Officials Coordinator:	Allison Davis	adavis@rivercityaquatics.org	573-270-7312
	Safety Marshall:	Susan Richmond	srichmond@rivercityaquatics.org	573-579-3610
	Administrative Official:	Dave Maxton	dmaxton@rivercityaquatics.org	573-335-8454

MEET DESCRIPTION

Rules

- All technical and administrative rules of USA Swimming will apply.
- All coaches must hold a valid USA Swimming Coach's Card and all officials must have their current USA Swimming and certification cards displayed while on the pool deck.
- A swimmer attending a meet without a USA-S certified coach must report to the meet referee or meet director prior to warming up for each session in which he is swimming. The swimmer will then be assigned to a coach on deck for each session of the meet that he has entered.
- Cell phones with video and video recording devices are prohibited in all locker rooms.
- **DECK CHANGING IS PROHIBITED BY ALL SWIMMERS**

Eligibility

- All swimmers must be athlete members of USA Swimming. 'Applied for' memberships will not be accepted.
- Swimmers entered in the meet who do not hold current membership will be dropped from the meet

and an Ozark fine of \$100 will be assessed (entry fees will not be refunded in this case).

- Any swimmer entered in the meet must be certified by a USA Swimming member coach as being proficient in performing a racing start or must start each race from within the water. When unaccompanied by a member-coach, it is the responsibility of the swimmer or the swimmer's legal guardian to ensure compliance with this request.
- Swimmer's age on **Friday, January 31, 2014** determines age for the meet.

Format

- All of the technical and administrative rules of USA Swimming will apply. All events are timed finals.
- The meet is pre-seeded except for the "Limited Events" described below.

Limited Events

- All events 400 yards and longer ("Limited Events") will require positive check-in and may be limited in order to keep the meet timeline reasonable.
- If a limit is imposed, notification of swimmers not making the cut in these events will be posted on the meet website on or before **Tuesday, January 28th, 2014**. Alternative events will be allowed if entries are provided to the entry coordinator no later than **Thursday, January 30th** at 12:00 am.
- Entries with no time for Limited Events will be accepted on a first-come, first-served basis until the maximum (if any) is reached.
- Refunds may be requested and paid to the team in one lump sum. The request must be made within one week of the meet's end.
- Proof of time may be required and must be provided by the coach if the swimmer's time is in question for the Limited Events. A *Team Manager* "Proof of Time" report will be considered adequate proof.
- Coaches must check in their swimmers within 30 minutes prior to the start of each session.
- Swimmers not checked off will be scratched from that session.
- Swimmers who fail to swim a Limited Event after checking in will not be allowed to swim their next event.
- The **400 I.M.**, **500 Freestyle**, and **1000 Freestyle** events will be swum fastest to slowest in alternating heats of women and men.
- Swimmers in the **1000 Freestyle** must provide their own timers and counters.
- Swimmers in the **500 Freestyle** must provide their own counters.

ENTRY INFORMATION

Entry Limits

- The meet will be limited to 400 swimmers.
- No team entries will be split.
- Swimmers are limited to 4 individual events per day and 10 individual events for the entire meet.
- No deck entries will be accepted, except as described earlier for swimmers cut from Limited Events.
- RCA has sole discretion to determine which entries to accept. In exercising this discretion, RCA will consider:
 - Strength of entry and level of competition
 - Balance of age groups and gender in entries
 - Number of officials provided by team

Entry Process

- River City Aquatics will only accept entries via e-mail in Hy-Tek Team Manager entry format. The TM event file is available for download on the [Ozark Swimming website](#).
- Enter times in short course yards (SCY) only. SCM and LCM times must be converted.
- Send the entry file as an email attachment to coach@rivercityaquatics.org.
- Confirmation of receipt of entries will be by reply e-mail. If confirmation is not received within 2 business days, please call. Confirmation of receipt of entries does not mean that entries are accepted into the meet.

ENTRY INFORMATION (CONTINUED)

- Teams are asked to submit a single early entry file and then limit themselves to one final time and entry update before the entry deadline. Entry changes will be allowed before the deadline providing that events or the meet are not full.
- Parents should make any entry request, or change request, via their team's coach and/or team's entry secretary.
- Entries will be accepted starting **Monday, January 13th, 2014** at 8:00am CDT.
- All entries must be received by **Wednesday, January 22nd, 2014** at 8:00pm CDT.

Payment Information

- \$4.50 per swimmer per individual event
- \$8.00 surcharge per swimmer (includes \$2.00 Ozark LSC surcharge)
- Please make checks payable to "River City Aquatics".
- Payment and a signed *Meet Summary/Release Form* must be received within 5 business days after the email confirmation has been sent.
- Teams not accepted will have entries and fee payments returned.
- Send the signed Entry Summary and Release Form along with payment to:

Igloo Invitational Meet Entries
C/O Loretta Bell, Treasurer
3213 County Road 316
Cape Girardeau, MO 63701

SCORING AND AWARDS

Heat Sheets

- The Psych Sheet will be available on the meet website on or before **Wednesday, January 29th, 2014**.
- Heat sheets will be available for sale during the meet.
- Limited Events will be available in the program as a "psych sheet". Heat and lane assignments for these events will be posted as soon as the seeding process is complete.

Results

- Results will be posted during the meet.
- Final results will be available on the [Ozark Swimming website](#) and through the [USA Swimming website](#) after the meet.

Scoring

- Individual event scoring will be to 16 places: 20-17-16-15-14-13-12-11-9-7-6-5-4-3-2-1.
- The Open 400 IM and 1000 Freestyle events will be scored as 11-12, 13-14 and 15 & Over only.
- The 12 & Under 500 Freestyle event will be scored as 10 & Under and 11-12 only.
- Events listed as 13 & Over will be scored as 13-14 and 15 & Over.
- Points scored in an event will count towards the high point awards in the **event's** age group only.
- Points earned in 10 & Under events will **not** count towards the high point awards in the 8 & Under age group.

Awards

- High Point awards will be given to the top 8 male and top 8 female swimmers in each age group as follows:
 - A special award for the High Point winner.
 - Medals for 2nd through 8th places for High Point winners.
- Ribbons will be awarded to the top 16 places in each individual event for the 8 & Under age group only.
- In the event of a tie in total number of points, a 50y swim off will be held to determine the placing (top 8 only). A drawing will determine the stroke to be swum.
- Awards must be picked up by the team coach or team representative. No awards will be mailed.

OTHER

- Concessions and hospitality will be available during the meet by River City Aquatics
- Swim apparel will be available for sale throughout the meet courtesy of “**On the Blocks**”

Hotels

- Comfort Suites 2904 Old Orchard Rd 573-204-0014
- Drury Lodge 104 S Vantage Dr 573-334-7151
- Drury Suites 3303 Campster Dr 573-339-9500
- Hampton Inn 103 Cape West Parkway 573-651-3000
- Holiday Inn Express 3253 William St 573-334-4491
- Pear Tree Inn 3248 William St 573-334-3000
- Super 8 Motel 2011 N Kingshighway 573-339-0808
- Auburn Place 3265 Williams St 573-651-4486
- Candlewood Suites 485 South Mt. Auburn Rd 573-334-6868

Websites

- River City Aquatics Team website: <http://www.rivercityaquatics.org>
- Ozark Swimming website: <http://www.ozarkswimming.org>
- USA Swimming website: <http://www.usaswimming.org>

SCHEDULE OF EVENTS

Friday PM Session

Warm-ups at 5:00PM
Session starts at 6:00 PM

Women		Men
1	Open 400 IM	2
3	12 & Under 500 Free	4
5	Open 1000 Free	6

Saturday AM Session

Warm-ups at 7:00 AM
Session starts at 8:00 AM

Women		Men
7	8 & Under 100 IM	8
9	13-14 200 IM	10
11	15 & Over 200 IM	12
13	8 & Under 25 Free	14
15	13-14 100 Free	16
17	15 & Over 100 Free	18
19	8 & Under 50 BR	20
21	13-14 100 Breast	22
23	15 & Over 100 Breast	24
25	8 & Under 25 Fly	26
27	13-14 200 Fly	28
29	15 & Over 200 Fly	30
31	8 & Under 50 Back	32
33	13-14 100 Back	34
35	15 & Over 100 Back	36
37	13 & Over 500 Free	38

Saturday PM Session

Warm-ups at end of AM session (not before 12:00 pm)
Session starts 60 minutes after end of AM session

Women		Men
39	10 & Under 200 IM	40
41	11-12 200 IM	42
43	10 & Under 100 Free	44
45	11-12 100 Free	46
47	10 & Under 50 Breast	48
49	11-12 50 Breast	50
51	10 & Under 50 Back	52
53	11-12 50 Back	54
55	10 & Under 100 Fly	56
57	11-12 100 Fly	58

Sunday AM Session

Warm-ups at 7:00 AM
Session starts at 8:00 AM

Women		Men
59	8 & Under 100 Free	60
61	13-14 200 Free	62
63	15 & Over 200 Free	64
65	8 & Under 50 Fly	66
67	13-14 100 Fly	68
69	15 & Over 100 Fly	70
71	8 & Under 25 Breast	72
73	13-14 200 Breast	74
75	15 & Over 200 Breast	76
77	8 & Under 25 Back	78
79	13-14 200 Back	80
81	15 & Over 200 Back	82
83	8 & Under 50 Free	84
85	13-14 50 Free	86
87	15 & Over 50 Free	88

Sunday PM Session

Warm-ups at end of AM session (not before 12:00 pm)
Session starts 60 minutes after end of AM session

Women		Men
89	10 & Under 50 Free	90
91	11-12 50 Free	92
93	10 & Under 50 Fly	94
95	11-12 50 Fly	96
97	10 & Under 100 Breast	98
99	11-12 100 Breast	100
101	10 & Under 100 Back	102
103	11-12 100 Back	104
105	10 & Under 100 IM	106
107	11-12 100 IM	108
109	10 & Under 200 Free	110
111	11-12 200 Free	112

ENTRY SUMMARY AND RELEASE FORM

Igloo Invitational Swim Meet – January 31 – February 2, 2014 - USAS Sanction #Pending

This form is part of your entry and must be signed and returned for your entry to be accepted.

Club: _____ Code: _____ LSC: _____
Address: _____
City: _____ State: _____ ZIP: _____
Head Coach: _____ Phone: _____
Entry Contact: _____ Phone: _____
E-mail: _____

ENTRY SUMMARY

Number of Swimmers entered _____ x \$8.00 = _____
Number of individual event entries _____ x \$4.50 = _____
Number of relay event entries _____ x \$9.00 = _____
Total amount entered _____ = _____

MAKE CHECKS PAYABLE TO RIVER CITY AQUATICS AND MAIL TO:

River City Aquatics
Attn: Loretta Bell, Treasurer
3213 County Road 316
Cape Girardeau, MO 63701

Do not send entries, disks, or paper backup with this form.

River City Aquatics accepts only e-mail entries for this meet.

RELEASE

River City Aquatics, City of Cape Girardeau, Cape Girardeau School District, USA Swimming, and Ozark Swimming shall be held harmless for any and all liabilities or claims for damages arising by reasons of injuries due to anyone during the conduct of the meet. I certify that all individuals in the submitted entry files are registered athlete members of USA Swimming, and are eligible to participate in this event. I further certify that proper registration applications and fees have been submitted for entrants prior to completing this form and prior to the entry deadline.

Signature: _____

Title: _____ Date: _____