

## 2014 Ozark Senior Championships

February 21-23, 2014

**Sanction:**

**Host:**

Parkway Swim Club  
13157 North Olive Spur Road  
St. Louis, MO 63141

**Meet Director:**

Michelle Quigley – mkq@aol.com

**Meet Referee:**

Brian Perkins – btpqa@aol.com  
Stephanie Petersen – legos-lb@sbcglobal.net

**Admin Official:**

Chari Gay – charigay@yahoo.com

**Marshall:**

Sandy Crook – sandycrook@charter.net

**Location:**

Pattonville High School  
2497 Creve Coeur Mill Road  
Maryland Heights, MO 63043

**Facility:**

25 yard, 11 lane indoor pool with 8 starting blocks and competitor non-turbulent lane lines. Meet will be competed in 8 lanes with 2 lanes available for warm-up/cool down.

**Meet Safety:**

In accordance with the recommendations of USA Swimming and the Ozark LSC, the Parkway Swim Club will operate this meet under the guidance of a Marshall. **Per Ozark LSC Policy, cell phones with photo and video recording devices are prohibited in all locker rooms.**

Except where venue facilities require otherwise, changing into or out of swimsuits other than in the locker rooms or other designated areas is not appropriate and is prohibited by Ozark.

**Classification:**

Senior Championships is a 15 & Over meet competed in prelims/finals format with qualifying times for distance events. A minimum of a B time is required to compete in the 400 IM, 500 free, 1000 free. **Proof of time is required for all 400 IM, 500 free, and 1000 free entrants.**

**Eligibility:**

Open to currently registered USA swimmers in the Ozark LSC aged 15 and Over.

All swimmers must be athlete member of USA Swimming. “Applied for” will not be accepted. Swimmers entered in the meet who do not hold current membership will be dropped from the meet and entry fees will NOT be refunded. Swimmers age on the day of the meet will determine age for the meet.

Any swimmer found not to have a current USA Swimming membership who swims in an Ozark sanctioned meet, and/ or the team is subject to a \$100 fine per swim.

Any swimmer entered in the meet must be certified by a USA Swimming member coach as being proficient in performing a racing start or must start each race from within the water. When unaccompanied by a member-coach, it is the responsibility of the swimmer or the swimmer’s legal guardian to ensure compliance with this request.

All coaches must hold a valid USA Swimming Coaches Card and all officials must be USA certified.

**Qualifying Period:** None

**Schedule:**

Warm-Ups:

**Friday Night:**

Warm-up Session 1: 4-4:30 p.m. Warm-up Session 2: 4:30-5 p.m.

**Meet starts at 5:10 p.m.**

**Saturday and Sunday Prelims**

Warm-up Session 1: 8-8:40 a.m. Warm-up Session 2: 8:40-9:20 a.m. **Meet starts at 9:30 a.m.**

**Saturday and Sunday Finals**

Warm-up Session 1: 4-4:35 p.m. Warm-up Session 2: 4:35-5:10 p.m. **Meet Starts at 5:20 p.m.**

**Format:**

This is a prelim/final championship meet. There will be an “A” (championship) final and a “B” (consolation) final for the Top 16 swimmers from the Friday evening and Sunday morning preliminary heats in all events except the 400 IM, 1000 free- which will be timed finals.

Friday:

Friday evening will be a prelim session following the high school dual meet line-up, except the 200 Relays (which will be swum

Saturday evening) and including the 400 Free Relay at the end of the session.

Saturday AM:

Time Trial Session

- Deck entries will be accepted Friday night through the end of the first warm-up Saturday morning (8:40am)
- Event file will be emailed to coaches for electronic meet entry (just like the event file for Friday/Sunday events)

Saturday PM:

Saturday evening will be the finals from Friday night's prelim heats, the Top 16 athletes returning in each event, the 200 Medley Relay will take place at the beginning of the session and the 200 Free Relay will be swum at the end

Sunday AM:

Prelim session for 200 Back/200 Breast/200 Fly. The 400 IM and 1000 FR will be swum as timed finals.

Sunday PM:

Top 16 Finals for 200s of Stroke and the 400 Medley Relay.

During finals there will be a "ready room" and parade of finalists for the "A" final of each event. All finalists of the "B" and "A" heats will be required to check in with the ready room at least 2 events before their heat. "A" finalists will be paraded out to music and have their names announced. The "B" heat will be swum prior to the "A" final. The "B" finalists will have their names announced during their event. Any swimmer that does not report to the ready room in a timely manner will be called for once over the loud speakers, if they do not show up immediately, the alternate will swim.

**Individual Entries:** A swimmer may enter a maximum of two (2) individual events and a total of three (3) events in the prelim session Friday evening. A swimmer may enter a maximum of three (3) individual events for the Saturday morning time trial session and two (2) relays in the evening. A swimmer may enter a maximum of three (3) individual events for the Sunday morning prelim session and a total of four (4) events Sunday including the relay.

Any swimmer who enters more than the prescribed number of events will be scratched down to the event limit starting with the highest number event on the day the over entry occurs.

**Relay Entries:** Clubs may enter a maximum of two (2) scoring relays per event. They will be designated A and B. Clubs may enter more than two relays, only A and B will score. All relays will be swum as timed finals. The 400 Free Relay will be swum at the conclusion of Friday Prelims. The 200 Medley will be swum at the beginning of finals on Saturday evening and the 200 Free Relay will be swum at the conclusion of Saturday evening finals. Relay cards are due to the clerk of course at the beginning of the session they will be swum.

**Entries/Deadline:** Email entries (SDIF format) are preferred for this meet and must be received by **9:00am Wednesday February 12, 2014**. You will receive an email verifying receipt of your entry. **If verification is not received by Wednesday, February 12, 2013 at NOON, contact Colin Kennedy.** No phone or fax entries will be accepted. Entries requiring a signature or postage will not be accepted. Checks and release forms must be received by February 17, 2014. Times must be submitted in the course the time was achieved.

All entries must be mailed to:  
Parkway Swim Club  
13157 North Olive Spur Road  
Saint Louis, MO 63141

**Fees:** Individual Events: \$4.00  
Time Trial Events: \$5.00  
Relay Events: \$10.00  
Swimmer Surcharge: \$10.00  
**All checks should be made payable to Parkway Swim Club**

**Scoring:** Scoring will be to 16 places as follows:  
Individual Events: 20, 17, 16, 15, 14, 13, 12, 11, 9, 7, 6, 5, 4, 3, 2,  
1  
Relay Events: 40, 34, 32, 30, 28, 26, 24, 22, 18, 14, 12, 10, 8, 6, 4,  
2

**Awards:** The Top 3 swimmers scoring the highest number of individual points per gender will be awarded a high point trophy. Trophies will be presented to 1<sup>st</sup>, 2<sup>nd</sup> and 3<sup>rd</sup> place teams for combined team scores.

**General Conduct:** This meet is held under the sanction of USA Swimming, and all technical and administrative rules of USA Swimming shall apply.

Any swimmer entered in the meet must be certified by a USA Swimming member coach as being proficient in performing a racing start or must start each race from within the water.

All swim suits must be in compliance with FINA and USA Swimming rules.

All coaches must hold a valid USA Swimming Coaches Card and all officials must be USA certified.

No parents are permitted on the pool deck unless they are volunteers assigned to work that session.

All prelim/final events will be pre-seeded. All relay events require coaches to submit relays cards by designated times and this will count as positive check in. Any relays not turned in by the deadline will be scratched from the event.

There will be positive check in for the distance events (400 IM, 1000 free). Swimmers must be checked in prior to the conclusion of warm-up. Any scratch after positively checking in will result in a \$50 fine payable to Ozark Swimming.

**Swimmers must provide their own counter for the 500 free and 1000 free. Timers will be supplied for the 400 IM and 500 free. Swimmers will need to provide their own timer for the 1000 free.**

Warm-up procedures will be defined by the Ozark LSC safety regulations. A swimmer attending the meet without a USA-S registered coach must report to the meet referee prior to warming up. The referee or his designee shall instruct the swimmers in the safety rules and assign them to a lane. Lanes will be assigned.

**Scratches:** Any swimmers NOT reporting for or competing in a preliminary heat or individual timed final (except after positive check in) shall not be penalized.

Any swimmer who qualifies for a consolation or championship final in an individual event who then fails to show up for said consolation or championship final event shall be ejected from the remainder of the meet.

**THERE WILL BE NO PENALTY FOR FAILURE TO COMPETE IN FINALS IF:**

- A) the referee is notified in the event of illness or injury and accepts proof thereof,
- B) a swimmer qualifying for a consolation or championship finals swim notifies the referee within thirty (30) minutes after the announcement of the finalists for that event that he/she may not intend to compete and further declares his/her intention within thirty (30) minutes following his/her last individual preliminary event, this is called “Declaring an Intent to Scratch,”
- C) the swimmer scratches his or her finals swim within thirty (30) minutes following the announcement of the finalists for that event. The swimmer or their coach must report to the announcer in order to scratch an event,
- D) it is determined by the meet referee that failure to compete was caused by circumstances beyond the control of the swimmer.

**Event Schedule:**

**Friday Night**

<b>Girls</b>	<b>Event</b>	<b>Boys</b>
<b>1</b>	<b>200 Free</b>	<b>2</b>
<b>3</b>	<b>200 IM</b>	<b>4</b>
<b>5</b>	<b>50 Free</b>	<b>6</b>
<b>10 Minute Break</b>		
<b>7</b>	<b>100 Fly</b>	<b>8</b>
<b>9</b>	<b>100 Free</b>	<b>10</b>
<b>11</b>	<b>500 Free</b>	<b>12</b>
<b>10 Minute Break</b>		
<b>13</b>	<b>100 Back</b>	<b>14</b>
<b>15</b>	<b>100 Breast</b>	<b>16</b>
<b>10 Minute Break</b>		
<b>17</b>	<b>400 Free Relay</b>	<b>18</b>

**Saturday Morning Time Trial**

<b>Girls</b>	<b>Event</b>	<b>Boys</b>
<b>101</b>	<b>500 Free</b>	<b>102</b>
<b>103</b>	<b>100 Fly</b>	<b>104</b>

<b>105</b>	<b>200 Back</b>	<b>106</b>
<b>107</b>	<b>100 Breast</b>	<b>108</b>
<b>10 Minute Break</b>		
<b>109</b>	<b>200 Free</b>	<b>110</b>
<b>111</b>	<b>50 Free</b>	<b>112</b>
<b>113</b>	<b>400 IM</b>	<b>114</b>
<b>115</b>	<b>200 Fly</b>	<b>116</b>
<b>10 Minute Break</b>		
<b>117</b>	<b>100 Back</b>	<b>118</b>
<b>119</b>	<b>200 Breast</b>	<b>120</b>
<b>121</b>	<b>100 Free</b>	<b>122</b>
<b>123</b>	<b>1000 Free</b>	<b>124</b>
<b>125</b>	<b>200 IM</b>	<b>126</b>

**Saturday Night Finals**

<b>Girls</b>		<b>Event</b>		<b>Boys</b>
<b>19</b>		<b>200 Medley Relay</b>		<b>20</b>
<b>10 Minute Break</b>				
<b>1</b>	<b>Top 16</b>	<b>200 Free</b>	<b>Top 16</b>	<b>2</b>
<b>3</b>	<b>Top 16</b>	<b>200 IM</b>	<b>Top 16</b>	<b>4</b>
<b>5</b>	<b>Top 16</b>	<b>50 Free</b>	<b>Top 16</b>	<b>6</b>
<b>10 Minute Break</b>				
<b>7</b>	<b>Top 16</b>	<b>100 Fly</b>	<b>Top 16</b>	<b>8</b>
<b>9</b>	<b>Top 16</b>	<b>100 Free</b>	<b>Top 16</b>	<b>10</b>
<b>11</b>	<b>Top 16</b>	<b>500 Free</b>	<b>Top 16</b>	<b>12</b>
<b>10 Minute Break</b>				
<b>13</b>	<b>Top 16</b>	<b>100 Back</b>	<b>Top 16</b>	<b>14</b>
<b>15</b>	<b>Top 16</b>	<b>100 Breast</b>	<b>Top 16</b>	<b>16</b>
<b>10 Minute Break</b>				
<b>21</b>		<b>200 Free Relay</b>		<b>22</b>

**Sunday Prelims**

<b>Girls</b>	<b>Event</b>	<b>Boys</b>
<b>23</b>	<b>400 IM</b>	<b>24</b>
<b>25</b>	<b>200 BK</b>	<b>26</b>
<b>10 Minute Break</b>		
<b>27</b>	<b>200 Breast</b>	<b>28</b>
<b>29</b>	<b>200 Fly</b>	<b>30</b>

<b>33</b>	<b>1000 Free</b>	<b>34</b>
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**Sunday Finals**

<b>Girls</b>		<b>Event</b>		<b>Boys</b>
<b>25</b>	<b>Top 16</b>	<b>200 BK</b>	<b>Top 16</b>	<b>26</b>
<b>27</b>	<b>Top 16</b>	<b>200 Breast</b>	<b>Top 16</b>	<b>28</b>
<b>29</b>	<b>Top 16</b>	<b>200 Fly</b>	<b>Top 16</b>	<b>30</b>
<b>10 Minute Break</b>				
<b>35</b>		<b>400 Medley Relay</b>		<b>36</b>