



**Great Times Invitational**  
**November 4-6, 2016**  
**Held under the Sanction of USA Swimming**  
**Ozark Swimming Sanction # 5858**

**GENERAL INFORMATION**

|                   |  |                                   |  |                              |
|-------------------|--|-----------------------------------|--|------------------------------|
| <b>Location</b>   | Central Municipal Pool<br>205 Caruthers<br>Cape Girardeau, MO 63701  |                                   |  |                              |
| <b>Directions</b> | From I-55/Exit 96: Head east off the exit (William Street, or Rte. K). After approximately 1.5 miles, turn left at Kingshighway and go North. Turn right at the next stoplight (Independence). Go approximately two blocks and turn left on Clark Street. After turning on Clark Street, the pool bubble should be visible off to the right.                                 |                                   |  |                              |
| <b>Facility</b>   | Central Municipal Pool is 25 yards by 50 meters, equipped with a fully automated Colorado timing system. Six, Eight or Ten lanes will be used for competition. The competition course has been certified in accordance with 104.2.2C(4). The copy of such certification is on file with USA Swimming. Continuous warm-up/warm-down space is provided during the competition. |                                   |  |                              |
| <b>Contacts</b>   | <b>Meet Directors:</b>   | Joe Bening<br>Brad Walters        | <a href="mailto:jbening@rivercityaquatics.org">jbening@rivercityaquatics.org</a><br><a href="mailto:bwalters@rivercityaquatics.org">bwalters@rivercityaquatics.org</a> | 573-275-1625<br>573-579-0656 |
|                   | <b>Entry Coordinator:</b>  | Jason Cravens                     | <a href="mailto:jcravens@rivercityaquatics.org">jcravens@rivercityaquatics.org</a>   | 314-719-6618                 |
|                   | <b>Entry Fees:</b>   | Dave Maxton                       | <a href="mailto:dmaxton@rivercityaquatics.org">dmaxton@rivercityaquatics.org</a>   | 573-335-8454                 |
|                   | <b>Meet Referee:</b>   | Bruce Dreyer                      | <a href="mailto:cbdinvestments@yahoo.com">cbdinvestments@yahoo.com</a>   | 314-221-3802                 |
|                   | <b>Officials Coordinator:</b>  | Allison Davis                     | <a href="mailto:adavis@rivercityaquatics.org">adavis@rivercityaquatics.org</a>   | 573-270-7312                 |
|                   | <b>Administrative Official:</b>  | Loretta Bell                      | <a href="mailto:lbell@rivercityaquatics.org">lbell@rivercityaquatics.org</a>   | 573-225-2112                 |
|                   | <b>Safety Marshall:</b>  | Jessica Shemwell<br>Brandy Thomas | <a href="mailto:jshemwell@rivercityaquatics.org">jshemwell@rivercityaquatics.org</a><br><a href="mailto:bthomas783@gmail.com">bthomas783@gmail.com</a>                 | 573-803-8370<br>573-547-8680 |

**MEET DESCRIPTION**

**Rules**

- All technical and administrative rules of USA Swimming will apply.
- All coaches must hold a valid USA Swimming Coach's Card and all officials must have their current USA Swimming and certification cards displayed while on the pool deck.
- A swimmer attending a meet without a USA-S certified coach must report to the meet referee or meet director prior to warming up for each session in which the swimmer is participating. The swimmer will then be assigned to a coach on deck for each session of the meet the swimmer has entered.
- Use of audio or visual recording devices, including a cell phone, is not permitted in changing areas, restrooms, or locker rooms.
- Changing into or out of swimsuits other than in the locker rooms or other designated areas is prohibited

## Eligibility

- All swimmers must be athlete members of USA Swimming. 'Applied for' memberships will not be accepted.
- Swimmers entered in the meet who do not hold current membership will be dropped from the meet and an Ozark fine of \$100 will be assessed (entry fees will not be refunded in this case).
- Any swimmer entered in the meet must be certified by a USA Swimming member coach as being proficient in performing a racing start or must start each race from within the water. When unaccompanied by a member-coach, it is the responsibility of the swimmer or the swimmer's legal guardian to ensure compliance with this request.
- Swimmer's age on **Friday, November 4, 2016** determines age for the meet.

## Format

- All events are timed finals.
- The meet is pre-seeded except for the "Limited Events" described below.
- Additional breaks may be inserted between events at the discretion of the Meet Referee and Meet Director in order to maintain an appropriate timeline for the athletes.

## Limited Events

- All events 400 yards and longer ("Limited Events") will require positive check-in and may be limited in order to keep the meet timeline reasonable.
- If a limit is imposed, notification of swimmers not making the cut in these events will be posted on the meet website on or before **Tuesday, November 1, 2016**. Alternative events will be allowed if entries are provided to the entry coordinator no later than **Thursday, November 3, 2016** at 12:00 am.
- Entries with no time for Limited Events will be accepted on a first-come, first-serve basis until the maximum (if any) is reached.
- Refunds may be requested and paid to the team in one lump sum. The request must be made within one week of the meet's end.
- Proof of time may be required and must be provided by the coach if the swimmer's time is in question for the Limited Events. The SWIMS database will be used to verify entry times.
- Coaches must check in their swimmers within 30 minutes prior to the start of each session.
- Swimmers not checked off will be scratched from that session.
- Swimmers who fail to swim a Limited Event after checking in will not be allowed to swim their next event.
- The **400 I.M., 500 Freestyle, 1000 Freestyle** and **1650 Freestyle** events will be swum fastest to slowest in alternating heats of women and men.
- Swimmers in the **1000 Freestyle** and **1650 Freestyle** events must provide one (1) timer and one (1) counter.
- Swimmers in the **500 Freestyle** event must provide their own counters.

## Relays

- Relay entry forms will be included in the coaches' packet and should be turned in prior to the scratch deadline.
- Coaches are asked to provide the full first and last names on the relay forms.

## ENTRY INFORMATION

### Entry Limits

- The meet will be limited to 500 swimmers.
- No team entries will be split.
- Swimmers are limited to 4 individual events per day, 10 individual events for the entire meet, and one relay event per day.
- No deck entries will be accepted, except as described earlier for swimmers cut from Limited Events.

### Entry Process

- River City Aquatics will only accept entries via e-mail in Hy-Tek Team Manager entry format. The TM event file is available for download on the [Ozark Swimming website](#).
- Enter times in short course yards (SCY) only. SCM and LCM times must be converted.
- Send the entry file as an email attachment to [jcravens@rivercityaquatics.org](mailto:jcravens@rivercityaquatics.org).

## ENTRY INFORMATION (CONTINUED)

- Confirmation of receipt of entries will be by reply e-mail. If confirmation is not received within 2 business days, please call. Confirmation of receipt of entries does not mean that entries are accepted into the meet.
- Entry changes will be allowed before the deadline providing that events or the meet are not full.
- Parents should make any entry request, or change request, via their team's coach and/or team's entry secretary.
- Entries will be accepted starting **Monday, October 17, 2016** at 8:00am CDT.
- All entries must be received by **Wednesday, October 26th, 2016** at 8:00pm CDT.

### Payment Information

- \$5.00 per swimmer per individual event
- \$8.00 per relay team per relay event
- \$8.00 surcharge per swimmer (includes \$2.00 Ozark LSC surcharge)
- Please make checks payable to "River City Aquatics".
- Payment and a signed *Meet Summary/Release Form* must be received within 5 business days after the email confirmation has been sent.
- Teams not accepted will have entries and fee payments returned.
- Send the signed Entry Summary and Release Form along with payment to:

Great Times Meet Entries  
C/O Dave Maxton, Treasurer  
2126 Yorktown Drive  
Cape Girardeau, MO 63701

## SCORING AND AWARDS

### Heat Sheets

- The Psych Sheet will be posted on the meet website on or before **Tuesday, November 1, 2016**.
- Heat sheets will be available for sale during the meet.
- Limited Events will be available in the program as a "psych sheet". Heat and lane assignments for these events will be posted as soon as the seeding process is complete.

### Results

- Results will be posted at the pool during the meet.
- Final results will be available on the [Ozark Swimming website](#) and emailed to each team following the meet.

### Scoring

- Individual event scoring will be to 16 places: 20-17-16-15-14-13-12-11-9-7-6-5-4-3-2-1.
- Relay event scoring will be to 8 places: 40-34-32-30-28-26-24-22.
- The 400 IM and 1000 Freestyle events will be scored as 11-12, 13-14 and 15 & Over only for high point.
- The 12 & Under 500 Freestyle event will be scored as 10 & Under and 11-12 only.
- Individual events listed as 13 & Over will be scored as 13-14 and 15 & Over.
- Points scored in an event will count towards the high point awards in the **event's** age group only.
- Points earned in 10 & Under events will **not** count towards the high point awards in the 8 & Under age group.

### Awards

- High Point awards will be given to the top 8 male and top 8 female swimmers in **each** age group as follows: A special award will be presented to the High Point winner and medals will be awarded to the 2<sup>nd</sup> through 8<sup>th</sup> place swimmers in the High Point rankings in the age group.
- Ribbons will be awarded to the top 16 places in each individual event for the 8 & Under age group.
- In the event of a tie in total number of points, a 100 IM swim off will be held to determine the High Point winner for that age group (swim off will only be used to determine the first place high point ranking).
- Awards must be picked up by the team coach or team representative. No awards will be mailed.

## OTHER

- Concessions and hospitality will be available during the meet by River City Aquatics
- Swim apparel will be available for sale throughout the meet courtesy of “B&B Aquatics”

### Hotels

- Comfort Suites 2904 Old Orchard Rd 573-204-0014
- Drury Lodge 104 S Vantage Dr 573-334-7151
- Drury Suites 3303 Campster Dr 573-339-9500
- Hampton Inn 103 Cape West Parkway 573-651-3000
- Holiday Inn Express 3253 William St 573-334-4491
- Pear Tree Inn 3248 William St 573-334-3000
- Super 8 Motel 2011 N Kingshighway 573-339-0808
- Auburn Place 3265 Williams St 573-651-4486
- Candlewood Suites 485 South Mt. Auburn Rd 573-334-6868

### Websites

- River City Aquatics Team website: <http://www.rivercityaquatics.org>
- Ozark Swimming website: [https://www.teamunify.com/Home.jsp?\\_tabid\\_=0&team=czoslsc](https://www.teamunify.com/Home.jsp?_tabid_=0&team=czoslsc)
- USA Swimming website: <http://www.usaswimming.org>

## SCHEDULE OF EVENTS

Friday PM Session  
Warm-ups at **5:00PM**  
Session starts at **6:00 PM**

| Girls | Event             | Boys |
|-------|-------------------|------|
| 1     | 11&over 400 IM    | 2    |
| 3     | 12&under 500 Free | 4    |
| 5     | 11&over 1000 Free | 6    |

Saturday AM Session  
Warm-ups at **7:00 AM**  
Session starts at **8:00 AM**

| Girls | Event                  | Boys |
|-------|------------------------|------|
| 7     | 13&over 200 Free Relay | 8    |
| 9     | 13-14 200 IM           | 10   |
| 11    | 15&over 200 IM         | 12   |
| 13    | 13-14 100 Free         | 14   |
| 15    | 15&over 100 Free       | 16   |
| 17    | 13-14 100 Breast       | 18   |
| 19    | 15&over 100 Breast     | 20   |
| 21    | 13-14 200 Fly          | 22   |
| 23    | 15&over 200 Fly        | 24   |
| 25    | 13-14 100 Back         | 26   |
| 27    | 15&over 100 Back       | 28   |
|       | <b>10 minute break</b> |      |
| 29    | 13&over 500 Free       | 30   |

### Saturday PM Session

Warm-ups at end of AM session (**not before 12:00 pm**)

Session starts 60 minutes after end of AM session

| Girls | Event                   | Boys |
|-------|-------------------------|------|
| 31    | 8&under 100 Free Relay  | 32   |
| 33    | 10&under 200 Free Relay | 34   |
| 35    | 11-12 200 Free Relay    | 36   |
| 37    | 10&under 200 IM         | 38   |
| 39    | 11-12 200 IM            | 40   |
| 41    | 8&under 50 Free         | 42   |
| 43    | 10&under 100 Free       | 44   |
| 45    | 11-12 100 Free          | 46   |
| 47    | 8&under 25 Breast       | 48   |
| 49    | 10&under 50 Breast      | 50   |
| 51    | 11-12 50 Breast         | 52   |
| 53    | 8&under 25 Back         | 54   |
| 55    | 10&under 50 Back        | 56   |
| 57    | 11-12 50 Back           | 58   |
| 59    | 8&under 200 Free        | 60   |
| 61    | 10&under 100 Fly        | 62   |
| 63    | 11-12 100 Fly           | 64   |

### Sunday AM Session

Warm-ups at **7:00 AM**

Session starts at **8:00 AM**

| Girls | Event                    | Boys |
|-------|--------------------------|------|
| 65    | 13&over 200 Medley Relay | 66   |
| 67    | 13-14 200 Free           | 68   |
| 69    | 15&over 200 Free         | 70   |
| 71    | 13-14 100 Fly            | 72   |
| 73    | 15&over 100 Fly          | 74   |
| 75    | 13-14 200 Breast         | 76   |
| 77    | 15&over 200 Breast       | 78   |
| 79    | 13-14 200 Back           | 80   |
| 81    | 15&over 200 Back         | 82   |
| 83    | 13-14 50 Free            | 84   |
| 85    | 15&over 50 Free          | 86   |
|       | <b>10 minute break</b>   |      |
| 87    | 13&over 1650 Free        | 88   |

### Sunday PM Session

Warm-ups at end of AM session (**not before 12:00 pm**)

Session starts 60 minutes after end of AM session

| <b>Girls</b> | <b>Event</b>              | <b>Boys</b> |
|--------------|---------------------------|-------------|
| 89           | 8&under 100 Medley Relay  | 90          |
| 91           | 10&under 200 Medley Relay | 92          |
| 93           | 11-12 200 Medley Relay    | 94          |
| 95           | 8&under 25 Free           | 96          |
| 97           | 10&under 50 Free          | 98          |
| 99           | 11-12 50 Free             | 100         |
| 101          | 8&under 25 Fly            | 102         |
| 103          | 10&under 50 Fly           | 104         |
| 105          | 11-12 50 Fly              | 106         |
| 107          | 10&under 100 Breast       | 108         |
| 109          | 11-12 100 Breast          | 110         |
| 111          | 10&under 100 Back         | 112         |
| 113          | 11-12 100 Back            | 114         |
| 115          | 8&under 100 IM            | 116         |
| 117          | 10&under 100 IM           | 118         |
| 119          | 11-12 100 IM              | 120         |
| 121          | 8&under 100 Free          | 122         |
| 123          | 10&under 200 Free         | 124         |
| 125          | 11-12 200 Free            | 126         |

**ENTRY SUMMARY AND RELEASE FORM**  
**Great Times Invitational Swim Meet –November 4-6, 2016**  
**USAS Sanction # Pending**

This form is part of your entry and must be signed and returned for your entry to be accepted.

**Club:** \_\_\_\_\_ **Code:** \_\_\_\_\_ **LSC:** \_\_\_\_\_

**Address:** \_\_\_\_\_

**City:** \_\_\_\_\_ **State:** \_\_\_\_\_ **ZIP:** \_\_\_\_\_

**Head Coach:** \_\_\_\_\_ **Phone:** \_\_\_\_\_

**Entry Contact:** \_\_\_\_\_ **Phone:** \_\_\_\_\_

**E-mail:** \_\_\_\_\_

**ENTRY SUMMARY**

Number of Swimmers entered . . . . . \_\_\_\_\_ x \$8.00 = \_\_\_\_\_

Number of individual event entries . . . . \_\_\_\_\_ x \$5.00 = \_\_\_\_\_

Number of relay event entries . . . . . \_\_\_\_\_ x \$8.00 = \_\_\_\_\_

Total amount entered . . . . . = \_\_\_\_\_

**MAKE CHECKS PAYABLE TO RIVER CITY AQUATICS AND MAIL TO:**

River City Aquatics  
Attn: Dave Maxton, Treasurer  
2126 Yorktown Drive  
Cape Girardeau, MO 63701

**Do not send entries, disks, or paper backup with this form.**  
**River City Aquatics accepts only e-mail entries for this meet.**

**RELEASE**

It is understood and agreed that River City Aquatics, City of Cape Girardeau, Cape Girardeau School District, USA Swimming, and Ozark Swimming shall be free and held harmless from any liabilities or claims for damages arising by reasons of injuries due to anyone during the conduct of the meet. I certify that all individuals in the submitted entry files are registered athlete members of USA Swimming, and are eligible to participate in this event. I further certify that proper registration applications and fees have been submitted for entrants prior to completing this form and prior to the entry deadline.

**Signature:** \_\_\_\_\_

**Title:** \_\_\_\_\_ **Date:** \_\_\_\_\_