

# Chuck Fruit Senior Invitational

## Long Course Timed Finals – Long Course Time Trials

Presented by Edwardsville Swimming Dec 14-16, 2018

Hosted by: Chuck Fruit Aquatic Center

SANCTIONED BY: USA Swimming/Ozark Swimming

SANCTION NO: 5989

**ENTRIES DUE: by 5:00 pm, Mon Dec 10, 2018**

START TIMES: Friday Session: 6:00 pm

Saturday & Sunday Sessions: 9:00 am

POOL OPEN FOR WARM-UP: FRI 5:00 pm

SAT/SUN: 7:30 am

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**POOL:** Chuck Fruit Aquatic Center 6168 Center Grove Rd. Edwardsville, IL 62025

**COURSE:** The Chuck Fruit Aquatic Center pool is an indoor 50-meter pool; 25-yard competition area with eight (8) swimming lanes, and a warm-up area. This competition course with bulkhead in position has been certified in accordance with 104.2.2 (C). Pool depth dimensions at start end = 7', turn end = 12.5'.

**WARM-UP:** USA Swimming warm-up policies will be enforced by USA Swimming Officials. Swimmers warming up or down before, during, or after this swim meet must be under the direct supervision of a current **2018 or 2019 USA Swimming member coach**. There will be **NO DIVING** into the pool during these times except into the designated sprint lane(s) as directed by the meet referee. **WARM-UP RULES WILL BE ANNOUNCED AND POSTED.**

**MEET REFEREE:** The Meet Referee will oversee the meet. Any questions regarding conduct of the meet should be made directly to that person.

**RULES:** USA Swimming Rules will govern. Current OSI Meet procedure for heats and finals meets will be enforced and take precedence over any errors or omissions on this form.

**SWIMWEAR:** Swimwear must conform to USA Swimming Rule 102.8. Only swimsuits complying with FINA swimsuit specifications may be worn in any USA Swimming sanctioned or approved competition.

**DECK CHANGING:** Changing into or out of swimsuits other than in locker rooms or other designated areas is prohibited.

**DECK ACCESS:** Only certified USA Swimming officials and designated volunteers will be allowed on the pool deck. Coaches will be issued deck passes which are required for deck access before, and during the meet.

**RACING START CERTIFICATION:** Any swimmer entered in the meet must be certified by a USA Swimming member coach as being proficient in performing a racing start or must start each race from within the water. When unaccompanied by a member-coach, it is the responsibility of the swimmer or the swimmer's legal guardian to ensure compliance with this requirement.

**RECORDING DEVICES & MEDIA NOTICE:** The use of audio-visual recording devices, including cell phones, is not permitted in locker rooms, changing areas or restrooms. **Recording devices are not permitted behind the starting blocks during the starting sequence and throughout the meet.** This meet may be covered by the media, including photographs, video, web casting and other forms of obtaining images of athletes participating in the meet. Entry into the meet is acknowledgement and consent to this fact.

**FACILITY RULES:** Safety regulations require that the upstairs doors leading into the spectator area remain closed. Tobacco products are prohibited on ECUSD7 property. Chairs and coolers are not permitted in the spectator viewing area.

**DRONES:** Operation of a drone, or any other flying apparatus, is prohibited over the venue (pools, athlete/coach areas, spectator areas and open-ceiling locker rooms) any time athletes, coaches, officials and/or spectators are present.

**ELIGIBILITY & AFFILIATION:** Open to all athletes who hold 2018 or 2019 USA Swimming Registration. Registration application must be **received by the entry deadline** by the meet processor, administrative referee or OSI Office. Late application will be considered "on deck" and subject to penalties. Before the meet, a swimmer may change affiliation by submitting a CLUB TRANSFER form and the appropriate fee to your LSC Registrar. At the meet, a swimmer may UNATTACH by notifying the Administrative Referee in writing and paying the appropriate fee. A swimmer may not attach at the meet.

**QUALIFYING TIMES:** Submit ACTUAL times achieved for each event. If Standard is achieved in LONG COURSE METERS, enter event with LONG COURSE METER time, indicated on entry by "L". If standard is achieved in SHORT COURSE YARDS, enter event with SHORT COURSE YARD time, indicated on entry by "Y" If entering electronically, "L" or "Y" must be indicated on proof of time sheet. Times must have been achieved on or after September 1, 2017 and must be verifiable (meets not in SWIMS are provable only with official results subject to approval by OSI). Do Not submit NT (no time) or ET (estimated time). Discrepancies in submitted times may lead to disciplinary action. Coaches, swimmers & parents are reminded that this is a proof-of-time meet. **NOTE: All entry times will be verified in advance through the USA SWIMS database.** The meet will be seeded in the following order: a) LCM seeding priority b) SCY second seeding priority c) SCM Third seeding priority.

**TIME TRIALS:** Time trial will be held 20 minutes after the conclusion of the Saturday and Sunday sessions. Any event may be contested, except the 800 Free and 1500 Free. Athletes may not exceed six (6) events per day, including time trial events. The deadline for time

trial entries will be 10:30 am each day. Time trials are \$10 per event, for athletes already entered in the meet. Athletes not already entered in the meet may enter time trial events, but must pay the \$18 surcharge, in addition to the \$10 per time trial event, **at the time of request.**

**800 & 1500 FREESTYLE:** Events 23-24 and 37-38 will be swum fastest to slowest alternating women and men heats.

**ENTRY LIMIT:** A swimmer may enter all events for which the time standard has been met and can be verified. A swimmer may swim no more than six (6) individual events per day, in addition to one (1) relay per day. A swimmer who meets the automatic time standard for at least one event is eligible to enter the 50 Butterfly, 50 Backstroke, 50 Breaststroke, and **ONE** bonus event.

**ENTRY FORMAT:** Individual entry charge of **\$5.00 per entered event plus \$18.00 surcharge and Relay fee \$20.00**, must accompany entry. Club electronic entry is encouraged. NO REFUNDS. If submitting a **Standard Meet Entry Form** for swimmer, card must be filled out including entire USA Swimming registration number. A check for the total amount must accompany each entry to the address below. All payment must be made before a team can participate in the meet.

**ENTRY SUBMISSION:** E-mail entries to [edwyswim@yahoo.com](mailto:edwyswim@yahoo.com) by Monday Dec. 10<sup>th</sup>, 2018, 5:00 pm. Any additions or updates after the deadline will be considered. Confirmation of your entry will be sent by e-mail by Tuesday Dec. 11<sup>th</sup> at 10:00am. If you do not receive confirmation by this time, please contact Bob Rettle, at 618-407-7665.

**MEET LIMIT:** The Chuck Fruit Senior Invitational will be limited to the first 300 athletes. Entries will be processed "first come, first served."

**NO CERTIFIED, REGISTERED OR SPECIAL DELIVERY MAIL WILL BE ACCEPTED.**

**MAKE CHECKS PAYABLE TO: ECUSD7**

**Mail To: ECUSD7  
PO Box 866  
Edwardsville, IL 62025**

**Electronic Entry file (entry.zip):  
[edwyswim@yahoo.com](mailto:edwyswim@yahoo.com)  
(must include Word or .pdf file)**

It is understood and agreed that USA Swimming, ECUSD7, & Chuck Fruit Aquatic Center shall be free from any liabilities or claims for damages arising by reason of injuries to anyone during the conduct of the event.

**Chuck Fruit Senior Invitational**  
Long Course Timed Finals-Long Course Time Trials

**Date: December 14-16, 2018**

**Friday Session: Open warm-ups 5:00-5:50 pm; 6:00 pm start time**  
**Saturday & Sunday Sessions: Open warm-ups 7:30-8:50 am; 9:00 AM start time**

**Entries due: 5:00pm Monday 12/10/18**

WOMEN

Friday 12/14/18

MEN

Event	Qualifying Time			Stroke/Distance	Qualifying Time			Event
	Yards	SCM	LCM		Yards	SCM	LCM	
1	2:34.89	2:51.19	2:56.79	200 IM	2:30.89	2:46.69	2:53.89	2
3	29.09	32.19	33.19	50 Free	27.89	30.89	32.09	4
5	6:07.79	5:21.89	5:29.09	400 Free	5:57.69	5:12.99	5:21.89	6

WOMEN

Saturday 12/15/18

MEN

Event	Qualifying Time			Stroke/Distance	Qualifying Time			Event
	Yards	SCM	LCM		Yards	SCM	LCM	
7				200 Medley Relay				8
9				50 Backstroke				10
11	5:29.29	6:03.89	6:16.89	400 IM	5:19.79	5:53.39	6:08.69	12
13	1:11.49	1:18.99	1:20.79	100 Fly	1:09.59	1:16.89	1:18.59	14
15	2:18.19	2:32.69	2:37.29	200 Free	2:13.49	2:27.49	2:32.49	16
17	1:20.39	1:28.89	1:33.39	100 Breaststroke	1:18.39	1:26.59	1:30.39	18
19	1:11.79	1:19.29	1:23.29	100 Backstroke	1:09.29	1:16.59	1:21.49	30
21				50 Breaststroke				22
				20-minute warm-up				
23	21:20.59	21:13.09	22:04.99	1500/800 Free	12:27.89	10:54.59	11:18.59	24

WOMEN

Sunday 12/16/18

MEN

Event	Qualifying Time			Stroke/Distance	Qualifying Time			Event
	Yards	Meters	LCM		Yards	Meters	LCM	
25				200 Free Relay				26
27				50 Fly				28
29	2:31.39	2:47.29	2:55.59	200 Backstroke	2:27.99	2:43.49	2:52.19	30
31	1:03.09	1:09.69	1:12.49	100 Free	1:00.89	1:07.29	1:09.89	32
33	2:54.09	3:12.39	3:19.49	200 Breaststroke	2:47.09	3:04.59	3:12.59	34
35	2:34.99	2:51.29	2:55.59	200 Fly	2:31.39	2:47.29	2:53.19	36
				20-minute warm-up				
37	12:41.19	11:06.19	11:31.59	800/1500 Free	20:52.99	20:45.69	21:37.39	38