



2018 Ozark Long Course Champs

July 26-29, 2018

Shea Natatorium – Carbondale, IL

Host: Saluki Swim Club

Sanction: Held under USA Swimming/Ozark Swimming Sanction #5964 Time Trial #5965

Key Officials

- Meet Referee: Dan Dreisewerd dandreisewerd@gmail.com 314-497-5556
- Admin Referees: Andy Allman – AAllman@amscontrols.com 314-724-2126 & Jeff Heveroh – jeff@stonebridgefin.com 314-799-5400
- Meet Director: Thomas Huggins – salukiswimming@gmail.com 618-559-5992
- Safety Marshalls: Kate Fakhoury, Alan Montgomery, and Shalayne Ragar
- Meet Entries: Melinda Montgomery – aosalukiswimming@gmail.com 618-322-6773

Location: Shea Natatorium in the Student Recreation Center 600 East Grand Avenue on the SIU Campus, Carbondale, Illinois 62901

Facility: The Dr. Edward J. Shea Natatorium is in the Student Recreation Center, Southern Illinois University at Carbondale. Indoor, 10 lane, 50-meter pool with non-turbulent lane markers and fully automatic timing system. The competition will be held in 8 lanes and one lane will be available for continuous warm-up/warm-down throughout the meet. Overhead seating for 500 spectators is available as well as generous on-deck areas for swimmers and coaches.

Smoking is not permitted anywhere on the SIU campus. Food is not permitted in the pool balcony or on the pool deck. Only swim coaches, athletes, and meet workers will be allowed on deck during the meet. Spectators can view the meet from the spectator area above the pool.

The competition course has been certified in accordance with 104.2.2C(4). The copy of such certification is on file with USA Swimming. The pool depth at the start end of the pool is 5 ft. The pool depth at the turn end of the pool is 4 ft.

Please see the attached sheet with facility rules!

Changing Policy: Shea Natatorium provides ample men's, women's, and inclusive changing facilities. Deck changes (changing into or out of swimsuits other than in the locker rooms or other designated areas) are prohibited.

Camera Policy: Per USA Swimming and Ozark Swimming guidelines, use of audio or visual recording devices, including a cell phone, is not permitted in the area behind the starting blocks, changing areas, rest rooms, or locker rooms. Violators will be reported to law enforcement or other government authorities and/or may be barred from the facility during this sanctioned event. Flash photography is not authorized at any time during this meet.

Drone Policy: Operation of a drone, or any other flying apparatus, is prohibited over the venue (pools, athlete/coach areas, spectator areas and open ceiling locker rooms) any time athletes, coaches, officials and/or spectators are present.

Schedule:

Thursday Timed Finals (13 & Over):

Warm-up: 3:25-3:50 p.m.

Meet Starts: 4:00 p.m.

Friday Prelims (13 & Over):

1st Warm-up: 6:45-7:15 a.m. 2nd Warm-up 7:15-7:45 a.m.

Meet Starts: 8:00 a.m.

Friday Afternoon (11-12 Prelims, 10 & Under Timed Finals):

1st Warm-up 12:00-12:25 p.m. 2nd Warm-up 12:25-12:50 p.m.

Meet Starts: 1:00 p.m.

Friday Finals (11 & Over):

1st Warm-up 3:45-4:15 p.m. 2nd Warm-up 4:15-4:45 p.m.

Meet Starts: 5:00 p.m.

Saturday Prelims (13 & Over):

1st Warm-up: 6:45-7:15 a.m. 2nd Warm-up 7:15-7:45 a.m.

Meet Starts: 8:00 a.m.

Saturday Afternoon (11-12 Prelims, 10 & Under Timed Finals):

1st Warm-up 12:00-12:25 p.m. 2nd Warm-up 12:25-12:50 p.m.

Meet Starts: 1:00 p.m.

Saturday Finals (11 & Over):

1st Warm-up 3:45-4:15 p.m. 2nd Warm-up 4:15-4:45 p.m.

Meet Starts: 5:00 p.m.

Sunday Prelims (13 & Over):

1st Warm-up: 6:45-7:15 a.m. 2nd Warm-up 7:15-7:45 a.m.

Meet Starts: 8:00 a.m.

Sunday Afternoon (11-12 Prelims, 10 & Under Timed Finals):

1st Warm-up: 12:00-12:25 p.m. 2nd Warm-up 12:25-12:50 p.m.

Meet Starts: 1:00 p.m.

Sunday Finals (11 & Over):

1st Warm-up: 3:10-3:30 p.m. 2nd Warm-up: 3:30-3:50 p.m.

Meet Starts: 4:00 p.m.

Meet Format and Procedures: This is a Preliminary & Final Championship Meet. The 10 & Under events will be timed final events. The 11-12 age group events will include an “A” (championship) final for the Top 8 swimmers from the afternoon preliminary heats in all events except the 400 Free which will be a timed final event with the top 8 seeded athletes competing during the finals session. 13-14 and 15 & Over events will include an “A” (championship) final and a “B” (consolation) final for the Top 16 swimmers from the morning’s preliminary heats in all events except the 400 IM and 400 Free, which will be timed final events with the top 8 seeded athletes competing during the finals session and the 1500 free will be a timed final event swum on Thursday evening. The 400 IM, 400 Free, and 1500 Free are positive check in events that will be deck seeded. All relay events will be swum as timed finals.

During Finals, there will be a “ready room” and parade of finalist for the “A” final of each event. All finalists of the “B” and “A” heats will be asked to check in with the ready room at least 2 events before their race. “A” finalists will be paraded out to music and have their names announced while the music plays prior to their stepping up on the blocks. The “B” heat will be swum prior to the “A” final. The “B” (consolation) finalist will have their names announced during their event. Any swimmer who does not show up to the ready room in a timely fashion will be called for once over the loud speakers. If they do not show up immediately, the alternate will swim. Alternates will not be penalized for failure to show up for a finals event.

Time Trials: Time trials will be held at the end of the session each day of the meet for events 400 meters and down. Swimmers participating in time trials must be attempting a Central Zone cut qualifying time.

- Open to those swimmers entered in the Ozark Long Course Championship meet and for Ozark swimmers with proof of USA-S membership.
- Time trial fees are as follows: \$5 per splash.
- Time trials will be deck seeded. Entries and fees must be provided to the Admin Official by the announced deadline.

Meet Safety: In accordance with the recommendations of USA Swimming and the Ozark LSC, this meet will operate under the guidance of a Safety Marshall.

Concessions: Concessions will be available during the competition. The concession stand is located on the upper level of the facility and is operated by the SIU Rec Center Staff. B&B Aquatics will be on the upper level of the facility for your swimming gear needs. Personalized event apparel will also be available for purchase during the event.

Parking: Please see the included map for parking information.

Scoring will be to 16 places as follows:

Individual events: 20, 17, 16, 15, 14, 13, 12, 11, 9, 7, 6, 5, 4, 3, 2, 1

Relay events: 40, 34, 32, 30, 28, 26, 24, 22, 18, 14, 12, 10, 8, 6, 4, 2

The 1500 Free will be scored as 13-14 (Boys & Girls) and 15 & Over (Boys & Girls).

AWARDS:

Individual events: Medals for 1st through 8th place; Ribbons for 9th through 16th place.

Relay events: Medals for 1st through 3rd place; Ribbons for 4th through 8th place.

The Penny Taylor Memorial Award: This award will be presented to the outstanding swimmer of the meet as voted on by the coaches and through the following point system: 1 point for an Ozark Record, 1 point for winning an individual event, and 1 point for each coach's vote.

Ozark Team Sportsmanship Award: This award is presented to the team that displays the best sportsmanship, team support, positive attitudes, and has the best team appearance.

Individual High Point Trophies: The top 3 swimmers scoring the highest number of individual points in each age group & gender will be awarded a high point trophy.

Age Group Team Awards: The team scoring the most points in each age group & gender will be announced at the end of the meet. No awards will be given for these categories.

Overall Team awards (combined Gender and Age Groups): Trophies will be presented to 1st, 2nd, and 3rd place teams.

General Conduct

Seeding and Swimmer Check-in:

All Prelim/Final events (except for the 400 Free, 400 IM, and 1500 Free which will be positive check in events) and 10 & Under events will be pre-seeded. All relay events are timed final events and coaches must turn in relay cards by the announced deadlines. Turned in relay cards will be considered a positive check in. Any relays not turned in by the deadline will be scratched from the event.

The 1500 Free is a combined age group, timed final, deck seeded event. It will be seeded fastest to slowest alternating girl's and boy's heats. Swimmers must positive check-in for the 1500 free by 3:30 p.m. on Thursday. Swimmers must provide their own timer (two timers are preferred, and one is acceptable) and lap-counter. The 1500 Free will be scored as 13-14 and 15 & Over. The 400 free and 400 IM are positive check in, timed final events that will be deck seeded slowest to fastest, with the top 8 seeded athletes competing in the evening finals session. Teams entering the 800 Free Relay on Thursday evening must provide timers for each relay entered.

Warm-up Procedures:

Warm-up procedures will be defined by the Ozark LSC safety regulations. A swimmer attending a meet without a USA-S certified coach must report to the meet referee or meet director prior to warming up for each session in which s/he is swimming. The swimmer will then be assigned to a coach on deck for each session of the meet that he has entered. The referee or his designee shall instruct the swimmers in the safety rules and assign them to a lane. Lanes will be assigned.

Scratches:

1. Any swimmers NOT reporting for, or competing in, a preliminary heat or individual timed final event (except the 1500 free, 400 free, and 400 IM after positive check in)

shall not be penalized. Any swimmer checking in for the 1500 free, 400 free, and 400 IM, must swim that positive checked in event or they will not be allowed to swim their next individual event.

2. Any swimmer who qualifies for a consolation or championship final in an individual event who then fails to show up for said consolation or championship final event will not be allowed to swim their next individual event.

There will be no penalty for failure to compete in finals if:

1. The referee is notified in the event of illness or injury and accepts proof thereof.
2. A swimmer qualifying for a consolation or championship finals swim notifies the referee within thirty (30) minutes after the announcement of the finalist for that event that he/she may not intend to compete and further declares his/her intention within thirty (30) minutes following his last individual preliminary event. This is called a “declaring an intent to scratch”.
3. The swimmer “scratches” his or her finals swim within thirty (30) minutes following the announcement of the finalist for that event. The swimmer or coach of that swimmer must report to the announcer to “scratch” an event.
4. It is determined by the meet referee that failure to compete was caused by circumstances beyond the control of the swimmer.

Entry Procedures

Eligibility:

All swimmers must be athlete members of USA Swimming as provided in Article 302 of the USA Swimming Rule Book. “Applied for” will not be accepted. On deck registration is not available. Swimmers entered in the meet who do not hold current membership will be dropped from the meet, and entry fees will NOT be refunded. **If a swimmer swims and is not registered, a \$100.00 fine per athlete will be imposed. All swimmers must be a member of Ozark Swimming for this LSC Championship. Any swimmer entered in the meet must be certified by a USA Swimming member coach as being proficient in performing a racing start or must start each race from within the water. When unaccompanied by a member coach, it is the responsibility of the swimmer or the swimmer’s legal guardian to ensure compliance with this request.**

Entry Limit:

Individual Events: Swimmers may enter a maximum of 7 individual events for the entire meet and can enter no more than 3 individual events per day. Any swimmer who enters more than the prescribed number of events will be scratched down to the event limit starting with the highest event number on that day the over-entry occurs.

Relay Events: Each team will be permitted to enter two (2) scoring relays for each relay event. Teams may enter exhibition relays. All exhibition relays are to be entered as “NT”. You may enter “Relay Only” swimmers in the meet to swim on the relays, even if they do not have individual events, but those swimmers names must be included with your team’s entries and must pay the posted surcharge for entering the meet.

Qualifying Times:

Swimmers must have achieved the BB time standard in each event for which they are entered. Swimmers who only have the short course meter or short course yard cut for an individual event must enter at the short course meter or short course yard time achieved. Those swimmers who achieve BB times in either the 1650/1500 free, or the 1000/800 free may enter the 1500 distance event. If entering with a cut other than the 1500 free time, enter at the time and in the course the time was achieved. The meet will be seeded in the following order:

- a) LCM first seeding priority
- b) SCM second seeding priority
- c) SCY third seeding priority

The meet will be seeded in accordance to USA Swimming rules (refer to rule 207.12.7).

Qualifying Period:

The qualifying swims must have occurred between July 28th, 2017 and the entry deadline date of July 18, 2018.

Proof of Times:

The host club will confirm all entry times with the USA Swimming SWIMS database prior to the meet. Entry times must be validated by SWIMS to meet the standard of proof. Any entry time that is not found in SWIMS will be flagged and a report will be emailed to all entry contacts with flagged times prior to the meet. If a swimmer on the report chooses to compete and fails to achieve the BB time standard in a flagged event at the meet, a \$50 fine will be assessed and the swimmer will be ejected from the remainder of the meet.

Entry Fees:

Individual events: \$4.00

Relay events: \$10.00

Swimmer Surcharge: \$10.00

All checks should be made payable to Saluki Swim Club.

Submitting Entries:

All entries (SDIF format) are required for this meet, and must be received by 5:00 p.m., July 18, 2018. Send all electronic entries to aosalukiswimming@gmail.com. You will receive an email verifying receipt of your entry. **If verification is not received, please contact Melinda Montgomery (aosalukiswimming@gmail.com) on July 19th by noon.** No phone or fax entries will be accepted. Entries requiring a signature or postage will not be accepted. Check and release form must be received before the start of the meet. Times must be submitted in the course the time was achieved. Swimmers who qualify with short course yard times, short course meters times, or swimmers who qualify for the 1500 free with a time other than a 1500 free time, must enter with those times.

****Entries must be received by 5:00 p.m., Wednesday, July 18th, 2018****

All entries must be mailed to: Saluki Swim Club, PO Box 3293, Carbondale, IL 62902

Event Schedule

Thursday Evening Timed Finals Session 1

Girls	Event	Boys
1	13 & Over 1500 Freestyle	2
3	13-14 800 Freestyle Relay	4
5	15 & Over 800 Freestyle Relay	6

Friday Morning Prelims Session 2

Girls	LCM BB	SCY BB	Events	SCY BB	LCM BB	Boys
7	1:15.39	1:05.79	13-14 100 Freestyle	1:00.89	1:09.99	8
9	1:13.59	1:04.59	15 & 100 Over Freestyle	58.39	1:07.09	10
11	3:25.59	2:58.29	13-14 200 Breaststroke	2:45.59	3:11.59	12
13	3:20.79	2:54.69	15 & Over 200 Breaststroke	2:36.59	3:02.49	14
15	1:21.09	1:11.39	13-14 100 Butterfly	1:06.39	1:15.49	16
17	1:19.49	1:09.99	15 & Over 100 Butterfly	1:03.39	1:11.79	18
19	3:03.39	2:39.19	13-14 200 I.M.	2:28.59	2:51.99	20
21	6:18.79	5:31.99	15 & Over 400 I.M.	5:05.59	5:47.29	22

Friday Afternoon 10 & Under Timed Finals and 11-12 Prelims Session 3

Girls	LCM BB	SCY BB	Events	SCY BB	LCM BB	Boys
23	1:18.49	1:08.29	11-12 100 Freestyle	1:05.89	1:15.69	24
25	1:31.49	1:19.99	10 & Under 100 Freestyle	1:18.79	1:30.29	26
27	1:41.39	1:27.39	11-12 100 Breaststroke	1:25.49	1:38.49	28
29	2:01.49	1:44.99	10 & Under 100 Breaststroke	1:41.89	1:57.69	30
31	38.29	34.09	11-12 50 Butterfly	34.19	38.69	32
33	47.29	41.79	10 & Under 50 Butterfly	40.49	45.99	34
			*** 5 Minute Break ***			
35			11-12 400 Free Relay			36

Friday Evening Finals Session 4

Girls		Events		Boys
7	Top 16 From Prelims	13-14 100 Freestyle	Top 16 From Prelims	8
9	Top 16 From Prelims	15 & 100 Over Freestyle	Top 16 From Prelims	10
23	Top 8 From Prelims	11-12 100 Freestyle	Top 8 From Prelims	24
11	Top 16 From Prelims	13-14 200 Breaststroke	Top 16 From Prelims	12
13	Top 16 From Prelims	15 & Over 200 Breaststroke	Top 16 From Prelims	14
27	Top 8 From Prelims	11-12 100 Breaststroke	Top 8 From Prelims	28
15	Top 16 From Prelims	13-14 100 Butterfly	Top 16 From Prelims	16
17	Top 16 From Prelims	15 & Over 100 Butterfly	Top 16 From Prelims	18
31	Top 8 From Prelims	11-12 50 Butterfly	Top 8 From Prelims	32
19	Top 16 From Prelims	13-14 200 IM	Top 16 From Prelims	20
21	Top 8 Seeded Athletes	15 & Over 400 IM	Top 8 Seeded Athletes	22
		*** 5 Minute Break ***		
37		13-14 400 Free Relay		38
39		15 & Over 400 Free Relay		40

Saturday Morning 13 & Over Prelims Session 5

Girls	LCM BB	SCY BB	Events	SCY BB	LCM BB	Boys
41	2:55.59	2:32.39	15 & Over 200 Backstroke	2:19.19	2:41.39	42
43	2:59.39	2:35.39	13-14 200 Backstroke	2:25.89	2:49.69	44
45	33.79	29.79	15 & Over 50 Freestyle	26.79	30.19	46
47	34.59	30.29	13-14 50 Freestyle	27.89	31.99	48
49	2:59.69	2:36.19	15 & Over 200 IM	2:21.79	2:43.99	50
51	6:27.59	5:39.69	13-14 400 IM	5:17.39	6:04.69	52
53	5:32.89	6:12.09	15 & Over 400 Freestyle	5:45.99	5:09.89	54

Saturday Afternoon 10 & Under Timed Finals 11-12 Prelims Session 6

Girls	LCM BB	SCY BB	Events	SCY BB	LCM BB	Boys
55	1:31.09	1:18.49	11-12 100 Backstroke	1:15.79	1:29.09	56
57	1:45.99	1:30.69	10 & Under 100 Backstroke	1:29.69	1:43.59	58
59	35.79	31.49	11-12 50 Freestyle	30.29	34.69	60
61	39.89	35.19	10 & Under 50 Freestyle	34.49	39.49	62
63	3:11.49	2:47.79	11-12 200 IM	2:44.19	3:09.29	64
65	3:43.19	3:15.59	10 & Under 200 IM	3:13.19	3:40.79	66
** 10 Minute Break **						
67			11-12 400 Medley Relay			68
69			10 & Under 200 Medley Relay			70
71	5:56.49	6:38.39	11-12 400 Freestyle	6:27.49	5:48.69	72

Saturday Evening Finals Session 7

Girls		Events		Boys
55	Top 8 From Prelims	11-12 100 Backstroke	Top 8 From Prelims	56
43	Top 16 From Prelims	13-14 200 Backstroke	Top 16 From Prelims	44
41	Top 16 From Prelims	15 & Over 200 Backstroke	Top 16 From Prelims	42
59	Top 8 From Prelims	11-12 50 Freestyle	Top 8 From Prelims	60
47	Top 16 From Prelims	13-14 50 Freestyle	Top 16 From Prelims	48
45	Top 16 From Prelims	15 & Over 50 Freestyle	Top 16 From Prelims	46
63	Top 8 From Prelims	11-12 200 IM	Top 8 From Prelims	64
51	Top 8 Seeded Athletes	13-14 400 IM	Top 8 Seeded Athletes	52
49	Top 16 From Prelims	15 & Over 200 IM	Top 16 From Prelims	50
71	Top 8 Seeded Athletes	11-12 400 Freestyle	Top 8 Seeded Athletes	72
53	Top 8 Seeded Athletes	15 & Over 400 Freestyle	Top 8 Seeded Athletes	54
*** 5 Minute Break ***				
73		13-14 400 Medley Relay		74
75		15 & Over 400 Medley Relay		76

Sunday Morning 13 & Over Prelims Session 8

Girls	LCM BB	SCY BB	Events	SCY BB	LCM BB	Boys
77	2:42.59	2:22.19	13-14 200 Freestyle	2:12.79	2:32.29	78
79	2:38.69	2:19.19	15 & Over 200 Freestyle	2:07.49	2:26.09	80
81	1:34.99	1:22.39	13-14 100 Breaststroke	1:15.59	1:28.09	82
83	1:32.49	1:20.69	15 & Over 100 Breaststroke	1:12.09	1:23.49	84
85	1:23.59	1:11.69	13-14 100 Backstroke	1:06.89	1:18.29	86
87	1:21.99	1:10.09	15 & Over 100 Backstroke	1:03.49	1:14.69	88
89	2:59.49	2:37.89	13-14 200 Butterfly	2:26.99	2:49.19	90
91	2:54.79	2:34.89	15 & Over 200 Butterfly	2:20.59	2:40.39	92
93	5:40.89	6:20.09	13-14 400 Freestyle	5:58.99	5:24.09	94

Sunday Afternoon 10 & Under Timed Finals and 11-12 Prelims Session 9

Girls	LCM BB	SCY BB	Events	SCY BB	LCM BB	Boys
95	2:50.39	2:29.69	11-12 200 Freestyle	2:24.59	2:45.19	96
97	3:20.99	2:57.39	10 & Under 200 Freestyle	2:47.99	3:12.09	98
99	45.49	39.99	11-12 50 Breaststroke	39.59	45.39	100
101	53.99	47.49	10 & Under 50 Breaststroke	46.59	53.29	102
103	41.19	35.59	11-12 50 Backstroke	35.29	40.89	104
105	48.89	41.89	10 & Under 50 Backstroke	42.39	49.19	106
107	1:28.49	1:18.29	11-12 100 Butterfly	1:16.49	1:26.29	108
109	1:52.99	1:39.09	10 & Under 100 Butterfly	1:37.99	1:51.39	110
			*** 5 Minute Break ***			
111			10 & Under 200 Freestyle Relay			112

Sunday Evening Finals Session 10

Girls		Events		Boys
95	Top 8 From Prelims	11-12 200 Freestyle	Top 8 From Prelims	96
77	Top 16 From Prelims	13-14 200 Freestyle	Top 16 From Prelims	78
79	Top 16 From Prelims	15 & Over 200 Freestyle	Top 16 From Prelims	80
99	Top 8 From Prelims	11-12 50 Breaststroke	Top 8 From Prelims	100
81	Top 16 From Prelims	13-14 100 Breaststroke	Top 16 From Prelims	82
83	Top 16 From Prelims	15 & Over 100 Breaststroke	Top 16 From Prelims	84
103	Top 8 From Prelims	11-12 50 Backstroke	Top 8 From Prelims	104
85	Top 16 From Prelims	13-14 100 Backstroke	Top 16 From Prelims	86
87	Top 16 From Prelims	15 & Over 100 Backstroke	Top 16 From Prelims	88
		5 Minute Break		
107	Top 8 From Prelims	11-12 100 Butterfly	Top 8 From Prelims	108
89	Top 16 From Prelims	13-14 200 Butterfly	Top 16 From Prelims	90
91	Top 16 From Prelims	15 & Over 200 Butterfly	Top 16 From Prelims	92
93	Top 8 Seeded Athletes	13-14 400 Freestyle	Top 8 Seeded Athletes	94

2018 Ozark Long Course Champs Entry Summary and Release Form

Club: _____ Code: _____ LSC: _____

Address: _____

City: _____ State: _____ Zip: _____

Head Coach: _____

Phone: _____

E-mail: _____

Number of Coaches attending: _____

ENTRY SUMMARY

Number of swimmers entered: _____ x \$10.00 = _____

Number of individual entries: _____ x \$4.00 = _____

Number of Relay entries: _____ x \$10.00 = _____

Total amount enclosed: = _____

RELEASE

Saluki Swim Club, Inc., Southern Illinois University, Ozark Swimming, and USA Swimming shall be held harmless for any and all liabilities or claims for damages arising by reasons of injuries to anyone during the conduct of the meet. It is understood and agreed that USA Swimming shall be free and held harmless from any liabilities or claims for damages arising by reason of injuries to anyone during the conduct of the event.

I certify that all individuals in the submitted entry files are registered athlete members of USA Swimming, and are eligible to participate in this event. I further certify that proper registration applications and fees have submitted for entrants prior to completing this form and prior to the entry deadline.

Signature: _____ Title: _____ Date: _____

MAKE YOUR CHECK PAYABLE TO SALUKI SWIM CLUB AND MAIL TO:

Saluki Swim Club
PO Box 3293
Carbondale, IL 62902

This signed form along with entry fees must be received for your entry to be processed.

SIU Student Recreation Center

Rules and Policies

The following are the rules and policies for the use of the SIU Student Recreation Center during swimming competitions. These policies are in place for the safety of all swimmers, guests, students, and Rec Center members. We appreciate your help in abiding by these rules.

Parents & Spectators

Parking information is on the enclosed map.

Parent spectators are not allowed in the lower portion of the SIU Rec Center. Once entering the building, parents and spectators will be directed upstairs to spectator area. Only swimmers will be allowed into the lower level of the Rec Center. Your swimmers will be allowed to go upstairs to the spectator area to see you.

You are welcome to bring your own chairs to use in the 2nd floor hallway observation areas, but you must take your chairs with you when you leave the building. Please DO NOT leave your chairs overnight or between sessions. The SIU Student Rec Center is not responsible for any items left in the building. Any chairs or items left overnight or between sessions will be removed.

Parent volunteers should check in at the front. All parent volunteers listed on the worker sign-up sheet will be given volunteer credentials and will be allowed access to the lower level. Parent volunteers should immediately report to the pool deck, entering through the locker rooms.

Swimmers, Coaches, and Officials

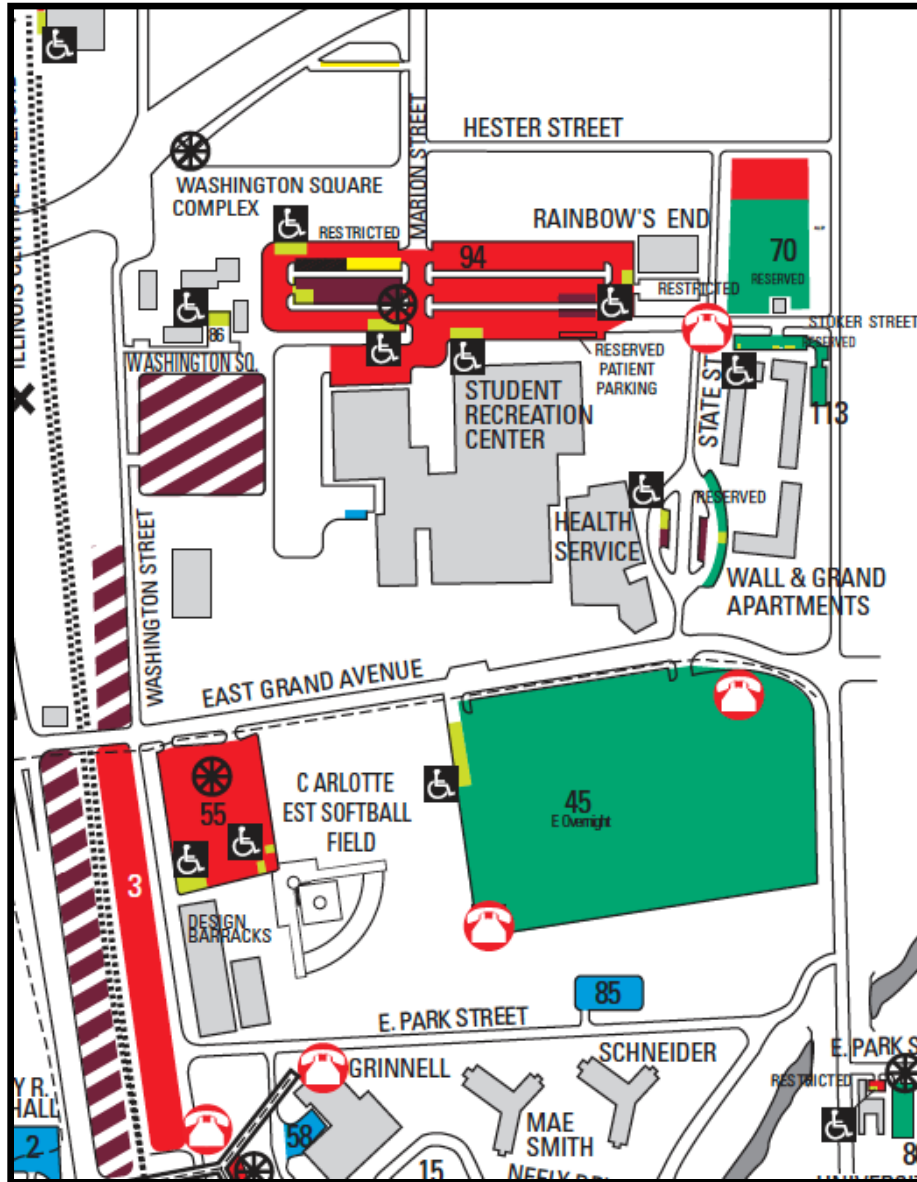
Swimmers, Coaches, and Officials will be admitted to the lower level of the Rec Center. Swimmers should identify themselves as swimmers and Coaches and Officials should show their USA Swimming Coaches Registration card at the gate.

If young swimmers need an escort to the locker room area, there will be staff there to escort swimmers to the locker room. Parents will not be allowed to escort swimmers to the locker room or pool deck.

Swimmers, Coaches, and Officials should enter and exit the pool area through the locker room. Please use only the locker rooms to enter and exit the pool area.

When downstairs, swimmers should only be in the pool area or the locker room. **Swimmers are welcome to go upstairs to the spectator area, but they must be dry and wearing shirt, shoes, and clothes and exit through the locker room area.**

Ozark Swimming 2018 Long Course Championship Parking Information



Parking for the 2018 Ozark Long Course Championship on the grounds of Southern Illinois University is spacious and convenient. Parking lots 94, 45, 55, and 3 have been made available for our (mostly) unrestricted use during the meet. Meters and other payment requirements in these lots have been suspended. The only restrictions that remain in place are handicapped usage rules and spaces marked “Reserved Patient Parking” and “Restricted” in lot 94. If you require disability access, please note that there is a drop off loop on the South side of the Rec with ground level entrance to the upper viewing area.