



Spring Fever

May 15-17, 2015

hosted by Flyers Aquatic Swim Team
at Kennedy Recreation Center
St. Louis, MO

**Held under the sanction of USA Swimming/Ozark Swimming
Sanction # TBD**

Eligibility

Open to currently registered USA Swimming athletes only. "Applied for..." will not be accepted. On deck registration is not available. Swimmers who do not hold current USA Swimming membership will be dropped from the meet. There is a \$100 fine for entering nonregistered athletes in an Ozark meet. Coaches must be currently registered with USA Swimming as Coach members.

Athletes attending the meet unaccompanied by a USA Swimming coach must report to the meet referee or meet director prior to warming up for each session. The athlete will be assigned to a coach on deck for each session of the meet they are entered in.

Any swimmer entered in the meet must be certified by a USA Swimming member coach as being proficient in performing a racing start or must start each race from within the water. When unaccompanied by a member coach, it is the responsibility of the swimmer or the swimmer's legal guardian to ensure compliance with this request.

In granting this sanction it is understood and agreed that USA Swimming shall be free from any liabilities and claims for damages arising from damages or injuries to anyone during the conduct of the event.

Meet Format

All of the technical and administrative rules of USA Swimming will apply. All events are timed finals.

Meet Contacts

Admin Official/Meet Director: Angie Dorsey (314) 845-3978 adorsey@fast-swimming.com

Co-Meet Referees: Bruce Dreyer (314) 221-3802 bdreyer@fast-swimming.com

John Traube (314) 267-2971 john@traubetent.com

Meet Entry Contact: Angie Dorsey (314) 845-3978 entries@fast-swimming.com

Officials Coordinator: Jeff Heveroh (314)846-2541 fastofficials@fast-swimming.com

Safety Marshall: Brian Ullery (314)821-8390 brian.ullery@gmail.com

Facility

The Kennedy Recreation Complex pool is a heated, outdoor 8 lane, 50 meter course. It is equipped with a fully automated timing system. There will be seating on the deck and an indoor crash area for swimmers & spectators.

The competition course has been certified in accordance with USA Swimming Rule 104.2.2C(4). The copy of such certification is on file with USA Swimming. The pool depth at the start end is 13ft. The pool depth at the turn end is 3ft.

Directions & Parking

The Kennedy Recreation Complex pool is located at **6050 Wells Road, St. Louis, MO 63128**. A Google map link is available on the FAST team website (www.fast-swimming.com).

Entry Fees

Swimmer Surcharge: \$5.00 per swimmer
Individual Events: \$5.00 per individual event

No Refunds will be issued.

Entry Limits

The meet will be limited to 250 swimmers prior to the addition of the host team entry. No Team entry will be split. The host team reserves the right to limit the entry for any specific event in order to provide reasonable timelines for each session.

Swimmers may enter a maximum of 2 individual events during the Friday session & 4 individual events per day for the Saturday and Sunday sessions for a total of a maximum of 10 individual entries for the meet.

Entry Process

FAST will begin to accept entries on **Monday, April 27, 2015 at 9:00am CT**.

All Teams are required to send an entry file that is compatible with the Hytek Meet Manager Program.

All entries should be submitted by email to entries@fast-swimming. FAST will send a confirmation email once your entry email has been received. This **does not** indicate acceptance into the meet.

The signed meet entry summary form and the check for the team entry fees **must** be received within 7 days of the entry deadline.

Please mail your summary forms and checks (made payable to Flyers Aquatic Swim Team) to:

Angie Dorsey
C/O FAST
PO Box 8595
St. Louis, MO 63126

The **Entry Deadline** for the meet will be **Wednesday, April 29, 2015 at 5 pm CT**. Entries may be accepted after the deadline if the meet is not full.

FAST will contact each team by email no later than 5 pm CT on Friday, May 1, 2015 to confirm acceptance into the meet.

Acceptance Criteria for Team Entries (listed in order of priority)

1. Teams that attended FAST meets within the past two seasons will be accepted until the meet capacity has been reached.
2. Teams that provide a list of officials who are committed to attending the meet (and have contacted our official's coordinator) will be given priority over teams that do not provide a list of officials.
3. Teams that did not attend FAST meets within the past two seasons will be accepted on a first come-first serve basis until the meet capacity has been reached.

Deck entries may be accepted at the discretion of the administrative official.

Pre-Meet Information & Meet Results

A technical bulletin will be emailed to all participating clubs prior to the meet which will include estimated timelines, warm-up assignments and any other pertinent meet information.

Meet Results will be posted at the meet throughout each session. The official final results will be posted on the Ozark Swimming website (www.ozarkswimming.org) following the meet.

Awards

Awards will be given to 1st, 2nd and 3rd place swimmers in the 12&Under **broken** 200IM and **broken** 400IM and the 13&over **broken** 200IM and **broken** 400IM. Swimmers must swim the 50 Freestyle, 50 Backstroke, 50 Breaststroke, and 50 Butterfly to place in the broken 200IM. Swimmers must swim the 100 Freestyle, 100 Backstroke, 100 Breaststroke, and 100 Butterfly to place in the broken 400IM. The swimmer with the lowest cumulative time for all four events shall be declared the winner. A swimmer must complete all four events to be considered for an award. If a swimmer is disqualified in one or more events, that swimmer is ineligible for an award.

Positive Check-in

We will deck seed the all Friday evening events, the 13& Over 200 IM on Saturday and 400 Freestyle on Sunday. All swimmers will be required to check-in no later than 30 minutes prior to the session start time. Failure to Check-in will be considered a scratch.

All remaining events will be pre-seeded. Heat sheets will be available for sale in the concession area.

USA Swimming Swimsuit Legislation

The only suits allowed are those permitted by FINA and in compliance with current USA Swimming rules.

The criteria for allowable swimsuits at USA Swimming competition, under Rule 102.9, is as follows:

1. Swimsuits for men may not extend above the navel or below the knee and for women may not cover the neck or extend past the shoulders or below the knee;
2. No zippers or other fastening devices are allowed except for a waist tie on a brief or jammer; and
3. Suits must be of textile material and must not be made of any rubberized type of material such as polyurethane or neoprene.

Camera Policy

Per USA Swimming guidelines, no person shall use a camera or any other device capable of recording still or video images (including cell phones) in the area behind the starting blocks, in the locker rooms, changing areas, showers or restrooms. Violators may be reported to law enforcement or other governmental authorities and/or may be barred from the facility during this sanctioned event.

Vendor

B&B Aquatics will be at the meet.

Concessions

Concessions will be available just off of the pool deck.

Ozark Policy/Facility Rules

As per USA Swimming guidelines, cameras & video recording devices (including cell phones with such capability) are prohibited in all locker rooms. Kennedy Rec Center is a tobacco-free facility with no use of tobacco products on the pool deck or in the adjacent buildings.

Additional Notes to Coaches and Athletes

- All events will be swum fastest to slowest.
- Breaks will be added at the discretion of the meet referee.
- No additional crash space will be available. Swimmers are welcome to crash on the pool deck or just outside the pool area in the park.
- Spectators will be restricted to designated seating areas running the length of the pool. Spectators will be asked to not stand at the start and turn end of the pool to allow room for officials and timers.
- Spectators are welcome to bring pop-up tents for shade. All pop-up tents will need to be taken down at the end of each day of swimming.

Friday Evening Warm-up: 4:00 pm Meet Starts: 5:00 pm		
Girls	Event	Boys
1	13&Over 200 Freestyle	2
3	13&Over 400 Individual Medley	4

Saturday Morning Warm-up: 8:30 am Meet Starts: 9:30 am		
Girls	Event	Boys
5	11-12 100 Butterfly	6
7	10&Under 100 Butterfly	8
9	11-12 50 Breaststroke	10
11	10&Under 50 Breaststroke	12
13	11-12 50 Freestyle	14
15	10&Under 50 Freestyle	16
17	11-12 100 Backstroke	18
19	10&Under 100 Backstroke	20
21	12&Under 200 Individual Medley	22

Saturday Afternoon Warm-up: 1:30 pm Meet Starts: 2:45 pm		
Girls	Event	Boys
23	13&Over 100 Butterfly	24
25	13&Over 50 Breaststroke	26
27	13&Over 50 Freestyle	28
29	13&Over 100 Backstroke	30
31	13&Over 200 Individual Medley	32

Sunday Morning Warm-up: 8:30 am Meet Starts: 9:30 am		
Girls	Event	Boys
33	11-12 100 Freestyle	34
35	10&Under 100 Freestyle	36
37	11-12 50 Butterfly	38
39	10&Under 50 Butterfly	40
41	11-12 50 Backstroke	42
43	10&Under 50 Backstroke	44
45	11-12 100 Breaststroke	46
47	10&Under 100 Breaststroke	48
49	12&Under 200 Freestyle	50

Sunday Afternoon Warm-up: 1:30 pm Meet Starts: 2:45 pm		
Girls	Event	Boys
51	13&Over 100 Freestyle	52
53	13&Over 50 Butterfly	54
55	13&Over 50 Backstroke	56
57	13&Over 100 Breaststroke	58
59	13&Over 400 Freestyle	60