



## Firecracker Frenzy 2013

June 28-30, 2013

Held under the sanction of USA Swimming and Ozark Swimming # 5610

### GENERAL INFORMATION

**Location** Central Municipal Pool  
205 Caruthers  
Cape Girardeau, MO 63701

**Directions** *From I-55/Exit 96:* Head east off the exit (William Street, or Rte. K). After approximately 1.5 miles, turn left at Kingshighway and go North. Turn right at the next stoplight (Independence). Go approximately two blocks and turn left on Clark Street. After turning on Clark Street, the pool bubble should be visible off to the right. *From IL146/MO74:* After crossing the Bill E. Emerson Memorial Bridge, head west and turn right/North on Kingshighway/61/34. Turn right at Independence. Go approximately two blocks and turn left on Clark Street. After turning on Clark Street, the pool will be off to the right.

**Facility** Cape Central Pool is 50 meters by 25 yards, equipped with a fully automated Colorado timing system. Ten long course lanes are available for competition. Continuous warm-up/warm-down will be provided.

<b>Contacts</b>	<b>Meet Directors:</b>	Joe Bening	<a href="mailto:jbening@rivercityaquatics.org">jbening@rivercityaquatics.org</a>	573-275-1625
		Jena Mabry	<a href="mailto:jmabry@rivercityaquatics.org">jmabry@rivercityaquatics.org</a>	573-576-9593
	<b>Entry Coordinator:</b>	Allison Davis	<a href="mailto:adavis@rivercityaquatics.org">adavis@rivercityaquatics.org</a>	573-270-7312
	<b>Entry Fees:</b>	Loretta Bell	<a href="mailto:lbell@rivercityaquatics.org">lbell@rivercityaquatics.org</a>	573-225-2112
	<b>Meet Referee:</b>	Bill Rener	<a href="mailto:wrener@lmi.org">wrener@lmi.org</a>	618-792-1028
	<b>Officials Coordinator:</b>	Allison Davis	<a href="mailto:adavis@rivercityaquatics.org">adavis@rivercityaquatics.org</a>	573-270-7312
	<b>Safety Marshalls:</b>	Cliff Palmer	<a href="mailto:capjlp@wildblue.net">capjlp@wildblue.net</a>	573-579-4742
		Eric Brazel	<a href="mailto:epbrazel@gmail.com">epbrazel@gmail.com</a>	573-225-5059
		Susan Richmond	<a href="mailto:srichmond@rivercityaquatics.org">srichmond@rivercityaquatics.org</a>	573-579-3610

### MEET DESCRIPTION

#### Rules

All technical and administrative rules of USA Swimming will apply.

All coaches must hold a valid USA Swimming Coach's Card and all officials must have their current USA Swimming and certification cards displayed while on the pool deck.

A swimmer attending a meet without a USA-S certified coach must report to the meet referee or meet director prior to warming up for each session in which he is swimming. The swimmer will then be assigned to a coach on deck for each session of the meet that he has entered.

Any swimmer entered in the meet must be certified by a USA Swimming member coach as being proficient in performing a racing start or must start each race from within the water. When unaccompanied by a member-coach, it is the responsibility of the swimmer or the swimmer's legal guardian to ensure compliance with this request.

Cell phones with video and video recording devices are prohibited in all locker rooms. Side entrances which bypass the locker rooms are available on the East side of the building.

Per USA Swimming Rules, Deck changing is not permitted by all swimmers.

No banners shall be attached to pool equipment without notification to Meet Host and Aquatics Supervisor.

## Eligibility

All swimmers must be athlete members of USA Swimming. "Applied for" memberships will not be accepted.

Swimmers entered in the meet who do not hold current membership will be dropped from the meet and an Ozark fine of \$100 will be assessed (entry fees will not be refunded in this case).

Swimmer's age on **Friday, June 28, 2013** determines age for the meet.

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## MEET DESCRIPTION (CONTINUED)

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### Format

- All events are timed finals.
- The meet is pre-seeded except for the "Limited Events" described below.

### Limited Events

- All events 400 meters and longer ("Limited Events") will require positive check-in and may be limited in order to keep the meet timeline reasonable.
- If a limit is imposed, notification of swimmers not making the cut in these events will be posted on the RCA website on or before **Wednesday, June 19, 2013**. Alternative events will be allowed if entries are provided to the entry director no later than **MIDNIGHT TUESDAY, JUNE 25, 2013**.
- Entries with no time for Limited Events will be accepted on a first-come, first-serve basis until the maximum (if any) is reached.
- Refunds may be requested and paid to the team in one lump sum. The request must be made within one week of the meet's end.
- Proof of time may be required and must be provided by the coach if the swimmer's time is in question for the Limited Events. A *Team Manager* "Proof of Time" report will be considered adequate proof.
- Coaches must check in their swimmers within 30 minutes prior to the start of each session.
- Swimmers not checked off will be scratched from that session.

- Swimmers who fail to swim a Limited Event after checking in will not be allowed to swim their next event.
- The **400 I.M.**, **800 Freestyle** and **1500 Freestyle** events will be swum fastest to slowest in alternating heats of women and men.
- Each swimmer in events **1500 Freestyle** and **800 Freestyle** must provide their own timer and counter.
- The **400 Freestyle** event will be swum slowest to fastest, not alternating.

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## ENTRY INFORMATION

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### Entry Limits

The meet will be limited to 400 swimmers.

No team entries will be split.

Swimmers are limited to 4 individual events per day and 10 individual events for the entire meet.

No deck entries will be accepted, except as described earlier for swimmers cut from Limited Events.

RCA has sole discretion to determine which entries to accept. In exercising this discretion, RCA will consider: strength of entry and level of competition, balance of age groups and gender in entries, and number of officials provided by team.

### Entry Process

River City Aquatics will only accept entries via e-mail in *Hy-Tek Team Manager* entry format. The TM event file is available for download from the [Ozark Swimming website](#) or from the [meet website](#).

Enter times in long course meters (LCM) only.

Send the entry file as an email attachment to [adavis@rivercityaquatics.org](mailto:adavis@rivercityaquatics.org).

Confirmation of receipt of entries will be by reply e-mail. If confirmation is not received within 2 business days, please call or email the Entry Coordinator.

Confirmation of receipt of entries does not mean that entries are accepted into the meet. If verification is not received, **please contact Allison Davis on Tuesday, June 18, 2013 by NOON.**

Entry changes will be allowed before the deadline when possible.

Unattached swimmers and/or swimmers without access to Team Manager: we will process your entries manually until the entry deadline. To enter, please send an email to [adavis@rivercityaquatics.org](mailto:adavis@rivercityaquatics.org) with the following information: Full Name, DOB, Team Name/LSC, USAS# and the events to enter (Evt#, Evt Name, Seed Time).

### Payment Information

\$4.50 per swimmer per individual event

\$7.00 surcharge per swimmer (includes \$2.00 Ozark LSC surcharge)

Please make checks payable to "River City Aquatics".

Payment and a signed *Meet Summary/Release Form* must be received within 5 business days after the email confirmation has been sent.

Teams not accepted will have entries and fee payments returned.

Send the signed *Entry Summary and Release Form* (last page of this document) and payment to:

River City Aquatics,  
Attn: Loretta Bell, Treasurer  
3213 County Road 316  
Cape Girardeau, MO 63701

- Entries will be accepted starting **Wednesday, May 29, 2013** at 9:00am CDT.
- All entries must be received by **Wednesday, June 12, 2013** at 9:00pm CDT.

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## SCORING AND AWARDS

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### Heat Sheets

The psych sheet will be available on the [meet website](#) on or before **Wednesday, June 19, 2013**.

The meet program (heat sheets) will be available for sale during the meet.

Positive Check-in Events will be available in the program as a psych sheet. Heat and lane assignments for these events will be posted as soon as the seeding process is complete.

### Results

Results will be posted during the meet.

Final results will be available on the [Ozark Swimming website](#) and through the [USA Swimming website](#) after the meet.

### Scoring

Scoring will be to 16 places as follows: 20-17-16-15-14-13-12-11-9-7-6-5-4-3-2-1.

Events listed as **9-12** will be scored as **9-10** and **11-12**.

Events listed as **11 & Over** will be scored as **11-12**, **13-14** and **15 & Over**.

Events listed as **13 & Over** will be scored as **13-14** and **15 & Over**.

### Awards

Ribbons will be awarded to the top 8 places in each individual event for the **8 & Under** age group only.

High Point awards will be given to the top 8 male and top 8 female swimmers in each age group, as follows:

1<sup>st</sup> Place: High Point trophy.

2<sup>nd</sup> – 8<sup>th</sup> Places: Medals.

In the event of a tie for 1<sup>st</sup> place, a 50m swim off will be held to determine the placing. A drawing will determine the stroke to be swum.

Awards must be picked up by the team coach or team representative. No awards will be mailed.

**INCLEMENT WEATHER: IN THE EVENT OF INCLEMENT WEATHER THE CAPE MUNICIPAL POOL STAFF WILL EVACUATE THE POOL DECK.**

### **OTHER**

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**Concessions** Concessions will be available during the meet by River City Aquatics.

**Swim Apparel** Swim apparel will be available from On the Blocks during the meet.

**Hospitality** Hospitality will be available during the meet for coaches and officials.

<b>Hotels</b>			
	Comfort Suites	2904 Old Orchard Rd.	573-204-0014
	Drury Lodge	104 S Vantage Dr.	573-334-7151
	Drury Suites	3303 Campster Dr.	573-339-9500
	Hampton Inn	103 Cape West Parkway	573-651-3000
	Holiday Inn Express	3253 William St.	573-334-4491
	Pear Tree Inn	3248 William St.	573-334-3000
	Super 8 Motel	2011 N Kingshighway	573-339-0808
	Victorian Inn and Suites	3265 Williams St.	573-651-4486
	Town House Inn	505 N Kingshighway	573-335-2700
	Candlewood Suites	485 South Mt. Auburn Rd	573-334-6868

Meet website: <http://www.rivercityaquatics.org>

River City Aquatics website: <http://www.rivercityaquatics.org>

Ozark Swimming website: <http://www.ozarkswimming.org>

USA Swimming website: <http://www.usaswimming.org>

## SCHEDULE OF EVENTS

### Friday PM Session

Warm-ups at 3:30 - 4:20 PM

Session starts at 4:30 PM

1	11 & Over 400 IM	2
3	11 & Over 1500 Freestyle	4

### Saturday AM Session

Warm-ups at 7:00 - 7:50 AM

Session starts at 8:00 AM

5	11-12 200 Freestyle	6
7	9-10 200 Freestyle	8
9	11-12 200 IM	10
11	9-10 200 IM	12
13	11-12 100 Butterfly	14
15	9-10 50 Butterfly	16
17	11-12 200 Backstroke	18
19	9-10 100 Backstroke	20
21	11-12 100 Breaststroke	22
23	9-10 50 Breaststroke	24
25	11-12 400 Freestyle	26

### Sunday AM Session

Warm-ups at 7:00 - 7:50 AM

Session starts at 8:00 AM

57	9-10 100 Freestyle	58
59	11-12 100 Freestyle	60
61	9-10 100 Butterfly	62
63	11-12 200 Butterfly	64
65	9-10 50 Backstroke	66
67	11-12 100 Backstroke	68
69	9-10 100 Breaststroke	70
71	11-12 200 Breaststroke	72
73	9-10 50 Freestyle	74
75	11-12 50 Freestyle	76
77	9-10 400 Freestyle	78

### Saturday PM Session

Warm-ups at end of AM session (not before 12:00 pm)

Session starts **50** minutes after end of AM session

27	13-14 200 IM	28
29	15 & Over 200 IM	30
31	8 & Under 100 Freestyle	32
33	13-14 100 Freestyle	34
35	15 & Over Freestyle	36
37	8 & Under 50 Butterfly	38
39	13-14 100 Butterfly	40
41	15 & Over 100 Butterfly	42
43	8 & Under 100 Backstroke	44
45	13-14 200 Backstroke	46
47	15 & Over 200 Backstroke	48
49	13-14 100 Breaststroke	50
51	15 & Over 100 Breaststroke	52
53	8 & Under 50 Breast	54
55	13 & Over 400 Freestyle	56

### Sunday PM Session

Warm-ups at end of AM session (not before 12:00 pm)

Session starts **50** minutes after end of AM session

79	13 -14 200 Freestyle	80
81	15 & Over 200 Freestyle	82
83	13-14 100 Backstroke	84
85	15 & Over 100 Backstroke	86
87	8 & Under 50 Backstroke	88
89	13-14 200 Butterfly	90
91	15 & Over 200 Butterfly	92
93	8 & Under 100 Butterfly	94
95	13-14 200 Breaststroke	96
97	15 & Over 200 Breaststroke	98
99	8 & Under 100 Breaststroke	100
101	13-14 50 Freestyle	102
103	15 & Over 50 Freestyle	104
105	8 & Under 50 Freestyle	106
107	13 & Over 800 Freestyle	108

# SUMMARY AND RELEASE FORM

## Firecracker Frenzy – June 28-30, 2013 - USAS #

This form is part of your entry and must be signed and returned for your entry to be accepted.

Club: \_\_\_\_\_ Code: \_\_\_\_\_ LSC: \_\_\_\_\_

Address: \_\_\_\_\_

City: \_\_\_\_\_ State: \_\_\_\_\_ ZIP: \_\_\_\_\_

Head Coach: \_\_\_\_\_ Phone: \_\_\_\_\_

Entry Contact: \_\_\_\_\_ Phone: \_\_\_\_\_

E-mail: \_\_\_\_\_

### ENTRY SUMMARY

Number of Swimmers entered . . . . . \_\_\_\_\_ x \$7.00 = \_\_\_\_\_

Number of individual event entries . . . . . \_\_\_\_\_ x \$4.50 = \_\_\_\_\_

Total amount entered . . . . . = \_\_\_\_\_

### MAKE CHECKS PAYABLE TO RIVER CITY AQUATICS AND MAIL TO:

River City Aquatics  
Attn: Loretta Bell, Treasurer  
3213 County Road 316  
Cape Girardeau, MO 63701

**Do not send entries, disks, or paper backup with this form.  
The River City Aquatics accepts only e-mail entries for this meet.**

### RELEASE

River City Aquatics, City of Cape Girardeau, Cape Girardeau School District, USA Swimming, and Ozark Swimming shall be held harmless for any and all liabilities or claims for damages arising by reasons of injuries due to anyone during the conduct of the meet.

I certify that all individuals in the submitted entry files are registered athlete members of USA Swimming, and are eligible to participate in this event. I further certify that proper registration applications and fees have been submitted for entrants prior to completing this form and prior to the entry deadline.

Signature: \_\_\_\_\_

Title: \_\_\_\_\_ Date: \_\_\_\_\_