



## St. Louis, Missouri



# Halloween Howl

October 27 & 28, 2012

Held under the Sanction of USA Swimming #5526

### General Information:

<b>Location</b>	Lafayette High School 17050 Clayton Road Wildwood, Missouri 63011
<b>Directions</b>	Located at the corner of Hwy 109 and Clayton Road in Wildwood
<b>Course</b>	8-lane, 25 yard pool, equipped with Paragon starting blocks, Kiefer McNeil nonturbulent lane markers and a Colorado Timing System.
<b>Format</b>	All events will be timed finals.

***RCSA is committed to providing a meet fully accessible to persons with disabilities.  
Please contact the Meet Director for more information.***

### Meet Operation:

<b>Warm-ups</b>	Saturday/Sunday Morning (11-12, 13-14) 7:00-7:30 a.m. Session A* 7:30-8:00 a.m. Session B* 8:15 a.m. Meet Start
	Saturday/Sunday Afternoon (8&U, 10&U, Open) 12:45-1:15 p.m. Session A* 1:15-1:45 p.m. Session B* 2:00 p.m. Meet Start

***\*Optional Sprints during last 5 mins. of each session.***

## Warm-up Procedures

Saturday and Sunday warm-ups will be divided into two groups. Lane assignments will be made based upon entry size for the session and each team. Teams will be notified of their warm-up session after all entries are received. The host team reserves the right to extend the warm-up periods for safety consideration. Warm-up procedures will be defined by Ozark Safety Regulations.

A swimmer attending the meet without a USA-S certified coach must report to the Meet Referee or Meet Director prior to warming up for each session he/she is swimming. The swimmer will be instructed in the safety rules and will be assigned to a lane/coach.

## Check-In

Positive check-in is required by all swimmers for each session. Check-in is required at least 30 minutes prior to start of each session. Failure to positively check-in will result in the swimmer being scratched from that session. ***The host team reserves the right to pre-seed Saturday and Sunday events if the timeline permits.***

## Rules

Current USA Short Course Rules will govern the meet. There will be no recall on a false start. All coaches must hold a valid USA Swimming Coach card, and all officials must have their current USA Swimming and certification cards DISPLAYED while on the pool deck. All technical and administrative rules of USA swimming will apply.

**ONLY OFFICIALS, COACHES, SWIMMERS AND PARENTS WORKING AS TIMERS (INCLUDING THOSE TIMING THE 500FR/1650FR), RUNNERS, SAFETY, BULLPEN, OR HOSPITALITY WILL BE PERMITTED ON THE POOL DECK. THIS RULE WILL BE STRICTLY ENFORCED.**

Any swimmer entered in the meet must be certified by a USA Swimming member coach as being proficient in performing a racing start or must start each race from within the water. When unaccompanied by a member-coach, it is the responsibility of the swimmer or the swimmer's legal guardian to ensure compliance with this request.

Cell phones with video and video recording devices are prohibited in all locker rooms.

**Swimsuit regulation 102.9 effective October 1, 2009:** Swimwear shall include only a swimsuit, cap, and goggles; armbands or leg bands shall not be regarded as part of the swimsuit and are not allowed. In swimming competitions, the competitor must wear only one swimsuit in one or two pieces. All swimsuits shall be made from textile materials. For men, the swimsuit shall not extend above the navel or below the knees, and for women, shall not cover the neck, extend past the shoulder, nor extend below the knee. Only swimsuits complying with FINA swimsuit specifications may be worn in any USA Swimming sanctioned or approved competition. Swimsuits worn for competition must be non-transparent and conform to the current concept of

appropriate. The Referee shall have the authority to bar offenders from the competition until they comply with the rule.

<b>Safety</b>	In accordance with USA Swimming and Ozark Guidelines, the warm-up sessions and the meet will be under the guidance of a meet Safety Marshal.
<b>Conduct</b>	Loud radios, running, roughhousing, and ball playing in the bullpen / hallways will be prohibited. Unauthorized areas will be clearly marked and entrance into those designated areas will be prohibited to all meet participants and spectators.
<b>Qualifying Times</b>	<b>**BB TIMES OR SLOWER**</b>
<b>Event Limits</b>	Swimmers may enter a total of 4 events per day on Saturday and Sunday.
<b>Distance Events</b>	For the 500 Freestyle on Sunday, host team will provide timers, <b>but each swimmer must provide own lap counter.</b> The 500 Freestyle will be swum fastest to slowest, alternating girls and boys heats.
<b>Bullpen</b>	Swimmers should report to the bullpen for their events.
<b>Concessions:</b>	Concessions will be available. All food and drink is restricted to the concession area. COOLERS, FOOD, AND BEVERAGES ARE NOT PERMITTED IN THE BULLPEN OR POOL AREA. Coolers brought into the building must be left in the hall outside of the bullpen and pool and their contents consumed only in the concession area. This is in accordance with Rockwood School District policy and is expected of every participant as guests in their facilities.
<b>Vendors</b>	B&B Aquatics will have items for sale at the meet. Fine Designs will be selling Halloween Howl meet attire on Saturday and Sunday.
<b>Awards</b>	14& under events: Double ribbons for places 1-8 Open events: Ribbons for places 1-8
<b>Heat Sheets</b>	Meet programs will be available for sale, and heat sheets are free with the purchase of a meet program.
<b>Results</b>	Final results can be requested by contacting the Meet Entry Secretary.
<b>Other</b>	Smoking is prohibited on all Rockwood School District campuses, both in the buildings and on the surrounding campus grounds.
<b>Hospitality</b>	A hospitality room will be provided for coaches and USA officials.

## Entry Information:

- Eligibility** All swimmers must be athlete members of USA Swimming. "Applied for" will not be accepted. Registration numbers (USA numbers) must accompany the entry. Swimmers entered in the meet who do not hold current USA Swimming membership will be dropped from the meet; entry fees will NOT be refunded, and an Ozark fine of \$100 will be assessed. Swimmer's age on Saturday, October 27, 2012, determines age for the meet.
- General** The meet will be limited to a total of 525 swimmers, including host team. No team entry will be split. Entries will be accepted immediately.
- The Meet Entry Deadline is Tuesday, October 2, 2012, at 5 p.m. CDT. Teams not accepted will have entries returned by Friday, October 5, 2012.** Teams are encouraged to use the TM Event file as posted for the Halloween Howl on the Calendar page on [www.ozarkswimming.org](http://www.ozarkswimming.org).  
**No deck entries will be accepted.**
- Entries** Please submit entries with short course yard times. Teams using HY-TEK Team Manager may submit their entries via e-mail or on 3.5 magnetic disks as a Commlink File. All entries must include a hard copy of entries and a check. **WHEN ENTRIES ARE RECEIVED VIA E-MAIL, A HARD COPY AND CHECK MUST BE RECEIVED WITHIN 7 CALENDAR DAYS.** A confirmation e-mail will be sent following the receipt of e-mail entries. If confirmation is not received within 24 hours of your electronic submission, call Beth Paskoff at (636) 891-6635. (Please note, entries will only be opened during RSCA office hours, Tuesday through Thursday, 9am-12pm CDT.)
- Confirmation of receipt does not mean entry is accepted.**
- When the hard copy and check have been received-- within 7 days--the team will be notified of acceptance. **Entries requiring signature or postage will not be accepted.** *Please provide e-mail, phone and fax contact information.*
- Entry Fees** \$5.00 per individual event  
\$4.00 swimmer surcharge
- Entry Deadline** Entries open on September 18, 2012, at 9:00 a.m. The meet entry deadline is Tuesday, October 2, 2012, at 5 p.m. CDT or until the meet entry limit is reached. Teams not accepted will have entries returned by Friday, October 5, 2012.

Make checks payable to Rockwood Swim Club and mail to:

**Beth Paskoff--Meet Entry Secretary**

**Rockwood Swim Club**

**17165 Lafayette Trails Ct.**

**Wildwood, MO 63038**

**(636) 891-6635.**

*(Please do not put entry in mailbox without postage.)*

**Entry E-mail**            rscameetentry@gmail.com

**Meet Director:** Michelle Hepper (636) 448-3096

**Referee:** Ernie Paskoff (636) 273-9873

**Safety Coordinator:** Susie Hidalgo

**Officials Coordinator:** Tom Lombardo (314) 952-3667

## **SCHEDULE OF EVENTS**

<b>Saturday Morning</b>		
<b>Girls Event #</b>	<b>Event</b>	<b>Boys Event #</b>
1	11-12 200 IM	2
3	13-14 200 Free	4
5	11-12 50 Back	6
7	13-14 100 Back	8
9	11-12 100 Fly	10
11	13-14 200 Fly	12
13	11-12 100 Breast	14
15	13-14 200 Breast	16
17	11-12 50 Free	18
19	13-14 50 Free	20

<b>Saturday Afternoon</b>		
<b>Girls Event #</b>	<b>Event</b>	<b>Boys Event #</b>
21	10 & U 200 IM	22
23	13 & Over 400 IM	24
25	Open 200 Free	26
27	10 & U 100 Free	28
29	8 & U 25 Free	30
31	Open 100 Back	32
33	10 & U 50 Back	34
35	8 & U 50 Back	36
37	Open 200 Fly	38
39	10 & U 100 Fly	40
41	8 & U 25 Fly	42
43	Open 200 Breast	44
45	10 & U 100 Breast	46
47	8 & U 25 Breast	48
49	Open 50 Free	50

<b>Sunday Morning</b>		
<b>Girls Event #</b>	<b>Event</b>	<b>Boys Event #</b>
51	11-12 100 IM	52
53	13-14 200 IM	54
55	11-12 100 Free	56
57	13-14 100 Free	58
59	11-12 100 Back	60
61	13-14 200 Back	62
63	11-12 50 Fly	64
65	13-14 100 Fly	66
67	11-12 50 Breast	68
69	13-14 100 Breast	70
71	11-12 200 Free	72

<b>Sunday Afternoon</b>		
<b>Girls Event #</b>	<b>Event</b>	<b>Boys Event #</b>
73	10 & U 200 Free	74
75	13 & Over 500 Free	76
77	10 & U 100 IM	78
79	Open 200 IM	80
81	8 & U 50 Free	82
83	10 & U 50 Free	84
85	Open 100 Free	86
87	8 & U 25 Back	88
89	10 & U 100 Back	90
91	Open 200 Back	92
93	8 & U 50 Fly	94
95	10 & U 50 Fly	96
97	Open 100 Fly	98
99	8 & U 50 Breast	100
101	10 & U 50 Breast	102
103	Open 100 Breast	104