

Long Course Championship 2016



July 29-31, 2016

Shea Natatorium – Carbondale, IL

OZARK SWIMMING
2016 LONG COURSE CHAMPIONSHIPS
JULY 29-31, 2016

Host(s): Saluki Swim Club and River City Aquatics

Sanction: Held Under USA Swimming/Ozark Swimming Sanction #5837

Key Officials

- Meet Referee: Bill Rener - wrener@lmi.org (618) 792-1028
- Admin Referee: Jeff Heveroh - jeff@stonebridgefin.com (314) 799-5400
- Meet Director: Thomas Huggins - salukiswimming@gmail.com (618) 559-5992
- Safety Marshall: Bill Woelbeling - woelbelingw@gmail.com (618) 985-5942
- Meet Entries: Melinda Montgomery - aosalukiswimming@gmail.com

Location: Shea Natatorium in the Student Recreation Center 600 East Grand Avenue on the SIU campus, Carbondale, Illinois 62901

Facility: The Dr. Edward J. Shea Natatorium in the Student Recreation Center, Southern Illinois University at Carbondale. Indoor, 10-lane, 50 meter pool with non-turbulent lane markers and fully automatic timing system. The competition will be held in 8 lanes and one lane will be available for continuous warm-up/warm-down throughout the meet. Overhead seating for 500 spectators is available as well as generous on-deck areas for swimmers and coaches.

Smoking is not permitted anywhere on the SIU campus. Food is not permitted in the pool balcony or on the pool deck. Only swim coaches, athletes, and meet workers will be allowed on deck during the meet. Spectators can view the meet from the spectator area above the pool.

The competition course has been certified in accordance with 104.2.2C(4). The copy of such certification is on file with USA Swimming. The pool depth at the start end of the pool is 5ft. The pool depth at the turn of the pool is 4ft.

Please see the attached sheet with facility rules!

Changing Policy: Shea Natatorium provides ample men's, women's, and inclusive changing facilities. Deck changes, changing into or out of swimsuits other than in the locker rooms or other designated areas, are prohibited.

Camera Policy: Per USA Swimming and Ozark Swimming guidelines, use of audio or visual recording devices, including a cell phone, is not permitted in the area behind the starting blocks, changing areas, rest rooms, or locker rooms. Violators will be reported to law enforcement or other government authorities and/or may be barred from the facility during this sanctioned event. Flash photography is not authorized at any time during this meet.

Concessions: Concessions will be available during the competition. The concession stand is located on the upper level of the facility and is operated by the SIU Rec Center staff. B&B

Aquatics will be on the upper level of the facility for your swimming gear needs. Personalized event apparel will also be available for purchase during the event.

Parking: Parking is available in lots north and south of the Recreation Center. During all sessions of the meet, you can park anywhere in lot #94 and #100 (not a metered/numbered spot). You must pay any time you use a paid parking spot – they are NEVER free. Please see the attached parking flyer.

Schedule:

Friday Prelims (13 & Over)

1st Warm-up – 6:45 a.m. – 7:15 a.m.; 2nd warm up - 7:15 a.m. – 7:45 a.m.
Meet Starts – 8:00 am

Friday Afternoon (11 & 12 Prelims, 10 & Under are timed Finals)

1st Warm-up – 12:50 p.m. – 1:15 p.m.; 2nd warm up - 1:15 p.m. – 1:40 p.m.
Meet Starts – 1:50 p.m.

Friday Finals (11 & Over)

1st Warm-up – 5:00 p.m. – 5:30 p.m.; 2nd warm up - 5:30 p.m. – 6:00 p.m.
Meet Starts - 6:15 p.m.

Saturday Prelims (13 & Over)

1st Warm-up – 6:45 a.m. – 7:15 a.m.; 2nd warm up - 7:15 a.m. – 7:45 a.m.
Meet Starts – 8:00 a.m.

Saturday Afternoon (11 & 12 Prelims, 10 & Under are timed Finals)

1st Warm-up – 12:50 p.m. – 1:15 p.m.; 2nd warm up - 1:15 p.m. – 1:40 p.m.
Meet Starts – 1:50 p.m.

Saturday Finals (11 & Over)

1st Warm-up – 5:00 p.m. – 5:30 p.m.; 2nd warm up - 5:30 p.m. – 6:00 p.m.
Meet Starts - 6:15 p.m.

Sunday Prelims (13 & Over)

1st Warm-up – 6:45 a.m. – 7:15 a.m.; 2nd warm up - 7:15 a.m. – 7:45 a.m.
Meet Starts – 8:00 a.m.

Sunday Afternoon (11 & 12 Prelims, 10 & Under are timed Finals)

1st Warm-up – 12:50 p.m. – 1:15 p.m.; 2nd warm up - 1:15 p.m. – 1:40 p.m.
Meet Starts – 1:50 p.m.

Sunday Finals (11 & Over)

1st Warm-up - 4:00 p.m. – 4:30 p.m.; 2nd warm up - 4:30 p.m. – 5:00 p.m.
Meet Starts - 5:15 p.m.

Meet Format and Procedures: This is a Preliminary & Final Championship Meet. The 10 & under events will be timed final events. 13-14 and 15 & Over events will include an “A” (championship) final and a “B” (consolation) final for the Top 16 swimmers from the mornings preliminary heats in all events except the 400 IM, 400 Free, and 1500 Free which will be timed final events with the top 8 seeded athletes competing during the finals session. 11-12 age group events will include an “A” (championship) final for the Top 8 swimmers from the afternoon preliminary heats. All 10 & under events and relay events will be swum as timed finals.

During Finals, there will be a “ready room” and parade of finalist for the “A” final of each event. All finalists of the “B” and “A” heats will be asked to check in with the ready room at least 2 events before their race. “A” finalists will be paraded out to music and have their names announced while the music plays prior to their stepping up on the blocks. The “B” heat will be swum prior to the “A” final. The “B” (consolation) finalist will have their names announced during their event. Any swimmer who does not show up to the ready room in a timely fashion will be called for once over the loud speakers. If they do not show up immediately, the alternate will swim. Alternates will not be penalized for failure to show up for a finals event.

Time Trials: Time trials will be held at the end of the session each day of the meet for events 400 meters and down. Swimmers participating in time trials must be attempting a Central Zone cut qualifying time.

- Open to those entered into the Ozark Long Course Championship meet and for Ozark swimmers with proof of USA-S membership.
- Time trial fees are as follows: \$5 per splash.
- Time trials will be deck seeded. Entries and fees must be provided to the Admin Official by the announced deadline.

Meet Safety: In accordance with the recommendations of USA Swimming and the Ozark LSC, this meet will operate this meet under the guidance of a Safety Marshall.

Scoring

Scoring will be to 16 places as follows:

Individual events = 20, 17, 16, 15, 14, 13, 12, 11, 9, 7, 6, 5, 4, 3, 2, 1

Relay events = 40, 34, 32, 30, 28, 26, 24, 22, 18, 14, 12, 10, 8, 6, 4, 2

The 1500 Free will be scored as 13-14 (Boys & Girls) and 15 and Over (Boys & Girls)

AWARDS

Individual events: Medals for 1st through 8th; Ribbons for 9th through 16th

Relay events: Medals for 1st through 3rd; Ribbons for 4th through 8th

The Penny Taylor Memorial Award: This award will be presented to the outstanding swimmer of the meet as voted on by the coaches and through the following point system: 1 point for an Ozark Record, 1 point for winning an individual event, and 1 point for each coach's vote.

Ozark Team Sportsmanship Award: This award is presented to the team, which displays the best sportsmanship, team support, positive attitudes, and has the best team appearance.

Individual High Point Trophies: The top 3 swimmers scoring the highest number of individual points in each age group & gender will be awarded a high point trophy.

Age Group Team Awards: The team scoring the most points in each age group & gender will be announced at the conclusion of the meet. No awards will be given for these categories.

Overall Team Awards (combined Gender and Age Groups): Trophies will be presented to 1st, 2nd, 3rd place teams.

General Conduct

Seeding and Swimmer Check-in:

All Prelim/Final events (except for the 400 Free, 400 IM, and 1500 Free which will be positive check in events) and 10 and under events will be pre-seeded. All relay events are timed final events and coaches must turn in relay cards by the announced deadlines. Turned in relay cards will be considered a positive check in. Any relays not turned in by the deadline will be scratched from the event.

The 1500 free is a combined age group, timed final, deck seeded event. It will be seeded fastest to slowest alternating girl's and boy's heats. The fastest 8 boys' and girls' will swim first in the Sunday finals session. All other heats will be swum at the conclusion of the Sunday prelim session. Swimmers must positively check-in for the 1500 free by 10:00 a.m. on the day they are scheduled to swim the event. Any scratch after positively checking in for the 1500 free will result in a \$50 fine payable to Ozark Swimming. Swimmers must provide their own timers (2) and lap-counter. For finals, swimmers only need to provide their own lap-counter. The 1500 Free will be scored as 13-14 and 15 & Over.

Warm-up Procedures:

Warm-up procedures will be defined by the Ozark LSC safety regulations. A swimmer attending a meet without a USA-S certified coach must report to the meet referee or meet director prior to warming up for each session in which he is swimming. The swimmer will then be assigned to a coach on deck for each session of the meet that he has entered. The referee or his designee shall instruct the swimmers in the safety rules and assign them to a lane.

Lanes will be assigned.

Scratches:

1. Any swimmers NOT reporting for, or competing in, a preliminary heat or individual timed final event (except the 1500 Free, 400 Free, and 400 IM after positive check in) shall not be penalized.

2. Any swimmer who qualifies for a consolation or championship final in an individual event who then fails to show up for said consolation or championship final event shall be ejected from the remainder of the meet.

There will be no penalty for failure to compete in finals if:

1. The referee is notified in the event of illness or injury and accepts proof thereof.
2. A swimmer qualifying for a consolation or championship finals swim notifies the referee within thirty (30) minutes after the announcement of the finalist for that event that he/she may not intend to compete and further declares his/her intention within thirty (30) minutes following his last individual preliminary event. This is called a “declaring an intent to scratch”.
3. The swimmer “scratches” his or her finals swim within thirty (30) minutes following the announcement of the finalist for that event. The swimmer or coach of that swimmer must report to the announcer in order to “scratch” an event.
4. It is determined by the meet referee that failure to compete was caused by circumstances beyond the control of the swimmer.

Entry Procedures

Eligibility:

All swimmers must be athlete members of USA Swimming as provided is Article 302 of the USA Swimming Rule Book. ‘Applied for’ will not be accepted. On deck registration is not available. Swimmers entered in the meet who do not hold current membership will be dropped from the meet, and entry fees will NOT be refunded. **If a swimmer swims and is not registered, a \$100.00 fine per athlete will be imposed. All swimmers must be a member of Ozark Swimming for this LSC championship. Any swimmer entered in the meet must be certified by a USA Swimming member coach as being proficient in performing a racing start or must start each race from within the water. When unaccompanied by a member-coach, it is the responsibility of the swimmer or the swimmer’s legal guardian to ensure compliance with this request.**

Entry Limit:

Individual Events: Swimmers may enter a maximum of 7 individual events for the entire meet and can enter no more than 3 individual events per day. Any swimmer who enters more than the prescribed number of events will be scratched down to the event limit starting with the highest event number on that day the over-entry occurs.

Relay Events: Each team will be permitted to enter two (2) scoring relays for each relay event. Teams may enter exhibition relays. All exhibition relays are to be entered at “NT”. You may enter “Relay Only” swimmers in the meet to swim on the relays, even if they do not have individual events, but those swimmers names must be included with your team’s entries and must pay the posted surcharge for entering the meet.

Qualifying Times:

Swimmers must have achieved the BB time standard in each event for which they are entered. Swimmers who only have the short course meter or short course yard cut for an individual event

must enter at the short course meter or short course yard time achieved. Those swimmers who achieve BB times in either the 1650/1500 free, or the 1000/800 free may enter the 1500 distance event. If entering with a cut other than the 1500 free time, enter at the time and in the course the time was achieved. The meet will be seeded in the following order:

- a) LCM first seeding priority
- b) SCM Second seeding priority
- c) SCY Third seeding priority.

The meet will be seeded in accordance to USA swimming rules (refer to rule 207.12.7).

Qualifying Period:

The qualifying swims must have occurred between July 24th, 2015 and the entry deadline date of July 22nd, 2016

Proof of Times:

The host club will confirm all entry times with the USA Swimming SWIMS database prior to the meet. Entry times must be validated by SWIMS to meet the standard of proof. Any entry time that is not found in SWIMS will be flagged and a report will be emailed to all entry contacts with flagged times prior to the meet. If a swimmer on the report chooses to compete and fails to achieve the BB time standard in a flagged event at the meet, a \$50 fine will be assessed and the swimmer will be ejected from the remainder of the meet.

Entry Fees:

Individual events = \$4.00

Relay events = \$10.00

Swimmer Surcharge = \$10.00

All checks should be made payable to Saluki Swim Club

Submitting:

Email entries (SDIF format) are required for this meet, and must be received by 5:00 pm, July 22nd, 2016. Send all electronic entries to aosalukiswimming@gmail.com. You will receive an email verifying receipt of your entry. **If verification is not received, please contact Melinda Montgomery (aosalukiswimming@gmail.com) on July 23rd by NOON.** No phone or fax entries will be accepted. Entries requiring a signature or postage will not be accepted. Check and release form must be received by July 27th, 2016. Times must be submitted in the course the time was achieved. Swimmers who qualify with short course yard times, short course meters times, or swimmers who qualify for the 1500 free with a time other than a 1500 free time, must enter the meet with those times.

****Entries must be received by 5:00 p.m., Friday, July 22nd, 2016****

All entries must be mailed to:

Saluki Swim Club

PO Box 3293

Carbondale, IL 62902

EVENT SCHEDULE

Friday Morning Prelims

Girls	LCM BB	SCY BB	Event	SCY BB	LCM BB	Boys
1	1:15.49	1:06.29	13 – 14 100 Free	1:01.59	1:10.79	2
3	1:14.09	1:04.99	15 & Over 100 Free	58.69	1:07.39	4
5	3:26.69	3:00.19	13 – 14 200 Breast	2:47.59	3:14.49	6
7	3:21.19	2:56.39	15 & Over 200 Breast	2:40.49	3:04.09	8
9	1:21.79	1:12.19	13 – 14 100 Fly	1:07.09	1:16.29	10
11	1:19.99	1:10.69	15 & Over 100 Fly	1:03.89	1:12.69	12
13	13 – 14 800 Free Relay					14
15	15 & Over 800 Free Relay					16
17	6:30.39	5:42.19	13 – 14 400 IM	5:20.29	6:08.79	18
19	6:18.79	5:32.89	15 & Over 400 IM	5:07.69	5:51.59	20

Friday Afternoon Session

Girls	LCM BB	SCY BB	Event	SCY BB	LCM BB	Boys
21	1:18.99	1:08.29	11 – 12 100 Free	1:06.99	1:16.29	22
23	1:32.19	1:21.09	10 & Under 100 Free	1:19.39	1:30.89	24
25	1:41.89	1:28.69	11 – 12 100 Breast	1:26.49	1:39.99	26
27	2:01.69	1:45.59	10 & Under 100 Breast	1:41.99	1:58.39	28
29	38.79	34.59	11 – 12 50 Fly	34.69	39.29	30
31	47.89	42.39	10 & Under 50 Fly	41.39	46.79	32
*** 10 Minute Break ***						
33	11 – 12 400 Free Relay					34

Friday Evening Finals

Girls	Event			Boys
1	Top 16 From Prelims	13 – 14 100 Free	Top 16 From Prelims	2
3	Top 16 From Prelims	15 & Over 100 Free	Top 16 From Prelims	4
21	Top 8 From Prelims	11 – 12 100 Free	Top 8 From Prelims	22
5	Top 16 From Prelims	13 – 14 200 Breast	Top 16 From Prelims	6
7	Top 16 From Prelims	15 & Over 200 Breast	Top 16 From Prelims	8
25	Top 8 From Prelims	11 – 12 100 Breast	Top 8 From Prelims	26
9	Top 16 From Prelims	13 – 14 100 Fly	Top 16 From Prelims	10
11	Top 16 From Prelims	15 & Over 100 Fly	Top 16 From Prelims	12
29	Top 8 From Prelims	11 – 12 50 Fly	Top 8 From Prelims	30
17	Top 8 Seeded Athletes	13 – 14 400 IM	Top 8 Seeded Athletes	18
19	Top 8 Seeded Athletes	15 & Over 400 IM	Top 8 Seeded Athletes	20

Saturday Morning Prelims

rls	LCM BB	SCY BB	Event	SCY BB	LCM BB	Boys
35	2:59.39	2:36.29	13 – 14 200 Back	2:27.09	2:49.89	36
37	2:55.79	2:32.99	15 & Over 200 Back	2:20.69	2:41.39	38
39	34.89	30.49	13 – 14 50 Free	28.19	31.99	40
41	34.29	29.99	15 & Over 50 Free	26.89	30.19	42
43	3:05.29	2:40.79	13 – 14 200 IM	2:30.29	2:53.69	44
45	3:00.29	2:36.79	15 & Over 200 IM	2:23.29	2:45.49	46
47	5:41.19	6:22.39	13 – 14 400 Free	6:01.69	5:27.89	48
49	5:34.69	6:12.69	15 & Over 400 Free	5:47.89	5:12.79	50

Saturday Afternoon Session

Girls	LCM BB	SCY BB	Event	SCY BB	LCM BB	Boys
51	10 & Under 200 Medley Relay					52
53	1:31.09	1:19.49	11 – 12 100 Back	1:17.49	1:30.09	54
55	1:48.39	1:33.49	10 & Under 100 Back	1:30.79	1:43.89	56
57	35.99	31.69	11 – 12 50 Free	30.69	35.09	58
59	40.69	35.69	10 & Under 50 Free	34.99	39.69	60
61	3:13.49	2:49.49	11 – 12 200 IM	2:47.39	3:11.39	62
63	3:43.89	3:17.29	10 & Under 200 IM	3:16.29	3:42.49	64
65	5:56.49	6:38.59	11 – 12 400 Free	6:32.79	5:48.69	66

Saturday Evening Finals

Girls	Event			Boys
35	Top 16 From Prelims	13 – 14 200 Back	Top 16 From Prelims	36
37	Top 16 From Prelims	15 & Over 200 Back	Top 16 From Prelims	38
53	Top 8 From Prelims	11 – 12 100 Back	Top 8 From Prelims	54
39	Top 16 From Prelims	13 – 14 50 Free	Top 16 From Prelims	40
41	Top 16 From Prelims	15 & Over 50 Free	Top 16 From Prelims	42
57	Top 8 From Prelims	11 – 12 50 Free	Top 8 From Prelims	58
43	Top 16 From Prelims	13 – 14 200 IM	Top 16 From Prelims	44
45	Top 16 From Prelims	15 & Over 200 IM	Top 16 From Prelims	46
61	Top 8 From Prelims	11 – 12 200 IM	Top 8 From Prelims	62
47	Top 8 Seeded Athletes	13 – 14 400 Free	Top 8 Seeded Athletes	48
49	Top 8 Seeded Athletes	15 & Over 400 Free	Top 8 Seeded Athletes	50
65	Top 8 Seeded Athletes	11 – 12 400 Free	Top 8 Seeded Athletes	66
67	13 – 14 400 Medley Relay			68
69	15 & Over Medley Relay			70

Sunday Morning Prelims

Girls	LCM BB	SCY BB	Event	SCY BB	LCM BB	Boys
71	2:42.69	2:22.89	13 – 14 200 Free	2:14.19	2:33.79	72
73	2:39.49	2:19.99	15 & Over 200 Free	2:08.39	2:27.89	74
75	1:35.49	1:22.99	13 – 14 100 Breast	1:16.69	1:28.09	76
77	1:33.89	1:21.99	15 & Over 100 Breast	1:13.59	1:25.49	78
79	1:23.69	1:12.69	13 – 14 100 Back	1:08.29	1:18.99	80
81	1:22.29	1:10.79	15 & Over 100 Back	1:04.69	1:15.49	82
83	2:59.49	2:40.09	13 – 14 200 Fly	2:28.89	2:49.59	84
85	2:55.89	2:34.89	15 & Over 200 Fly	2:22.29	2:41.49	86
*** 10 Minute Break ***						
87	13 & Over 1500 Free					88

Sunday Afternoon Session

Girls	LCM BB	SCY BB	Event	SCY BB	LCM BB	Boys
89	10 & Under 200 Free Relay					90
91	2:50.69	2:29.69	11 – 12 200 Free	2:25.99	2:46.19	92
93	3:23.39	2:58.29	10 & Under 200 Free	2:50.19	3:13.29	94
95	45.59	40.59	11 – 12 50 Breast	40.29	45.99	96
97	54.69	47.79	10 & Under 50 Breast	47.49	54.69	98
99	41.69	36.09	11 – 12 50 Back	36.09	41.49	100
101	49.59	43.29	10 & Under 50 Back	43.19	49.49	102
103	1:29.69	1:19.39	11 – 12 100 Fly	1:17.59	1:28.29	104
105	1:53.99	1:40.39	10 & Under 100 Fly	1:39.39	1:52.79	106
107	11 – 12 400 Medley Relay					108

Sunday Evening Finals

Girls	Event			Boys
87	Top 8 Seeded Athletes	13 & Over 1500 Free	Top 8 Seeded Athletes	88
91	Top 8 From Prelims	11 – 12 200 Free	Top 8 From Prelims	92
71	Top 16 From Prelims	13 – 14 200 Free	Top 16 From Prelims	72
73	Top 16 From Prelims	15 & Over 200 Free	Top 16 From Prelims	74
95	Top 8 From Prelims	11 – 12 50 Breast	Top 8 From Prelims	96
75	Top 16 From Prelims	13 – 14 100 Breast	Top 16 From Prelims	76
77	Top 16 From Prelims	15 & Over 100 Breast	Top 16 From Prelims	78
99	Top 8 From Prelims	11 – 12 50 Back	Top 8 From Prelims	100
79	Top 16 From Prelims	13 – 14 100 Back	Top 16 From Prelims	80
81	Top 16 From Prelims	15 & Over 100 Back	Top 16 From Prelims	82
103	Top 8 From Prelims	11 – 12 100 Fly	Top 8 From Prelims	104
83	Top 16 From Prelims	13 – 14 200 Fly	Top 16 From Prelims	84
85	Top 16 From Prelims	15 & Over 200 Fly	Top 16 From Prelims	86
109	13 – 14 400 Free Relay			110
111	15 & Over 400 Free Relay			112

Entry Summary and Release Form

Club: _____ Code: _____ LSC: _____

Address: _____

City: _____ State: _____ Zip: _____

Head Coach: _____

Phone: _____

Entry contact: _____

Phone: _____

E-mail: _____

Number of Coaches attending: _____

ENTRY SUMMARY

Number of swimmers entered _____ x \$10.00 = _____

Number of individual entries: _____ x \$4.00 = _____

Number of relay entries: _____ x \$10.00 = _____

Total amount enclosed: = _____

RELEASE

Saluki Swim Club, Inc., River City Aquatics, Southern Illinois University, and Ozark Swimming shall be held harmless for any and all liabilities or claims for damages arising by reasons of injuries to anyone during the conduct of the meet. It is understood and agreed that USA Swimming shall be free and held harmless from any liabilities or claims for damages arising by reason of injuries to anyone during the conduct of the event.

I certify that all individuals in the submitted entry files are registered athlete members of USA Swimming, and are eligible to participate in this event. I further certify that proper registration applications and fees have been submitted for entrants prior to completing this form and prior to the entry deadline.

Signature: _____ Title: _____ Date: _____

MAKE YOUR CHECK PAYABLE TO SALUKI SWIM CLUB AND MAIL TO:

PO Box 3293
Carbondale, IL 62902

This signed form along with entry fees must be received in order for your entry to be processed

SIU Student Recreation Center Rules and Policies

The following are the rules and policies for the use of the SIU Student Recreation Center during swimming competitions. These policies are in place for the safety of all swimmers, guests, students, and Rec Center members. We appreciate your help in abiding by these rules.

Parent Spectators

*Parking is open in the Rec Center lot on Saturday's and Sunday's. Please do not park in the Student Health Center parking spots.

*Parent spectators are not allowed in the lower portion of the SIU Rec Center. Once entering the building, parent spectators will be directed upstairs to spectator area. Parents will not be allowed into the lower level of the Rec Center. Your swimmers will be allowed to go upstairs to the spectator area to see you or get drinks, etc.

* You are welcome to bring your own chairs to use in the 2nd floor hallway observation areas, but you must take your chairs with you when you leave the building. Please DO NOT leave your chairs overnight or between sessions. The SIU Student Rec Center is not responsible for any items left in the building. Any chairs or items left overnight or between sessions will be removed.

*Parent volunteers should check in at the front. All parent volunteers listed on the worker sign-up sheet will be given volunteer credentials and will be allowed access to the lower level. Parent volunteers should immediately report to the pool deck, entering through the locker rooms.

Swimmers, Coaches, and Officials

*Swimmers, Coaches, and Officials will be admitted to the lower level of the Rec Center. Swimmers should identify themselves as swimmers and Coaches and Officials should show their USA Swimming Coaches Registration card at the gate.

* If young swimmers need an escort to the locker room area, there will be staff there to escort swimmers to the locker room. Parents will not be allowed to escort swimmers to the locker room or pool deck.

*Swimmers, Coaches, and Officials should enter and exit the pool area through the locker room. Please use only the locker rooms to enter and exit the pool area.

*When downstairs, swimmers should only be in the pool area or the locker room. Swimmers are welcome to go upstairs to the spectator area, but they must be dry and wearing shirt, shoes, and clothes and exit through the locker room area.

Event Parking

