

**Parkway Swim Club
Presents
Last Chance Meet**

July 6-7th, 2012
Parkway North High School
12860 Fee Fee Road
St. Louis, MO 63146

Hosted By: Parkway Swim Club

Sanction: #5488

Facility: 25 yard, 6 lane indoor pool with __6__ starting blocks and competitor non-turbulent lane lines.

Parking: Free parking is available at the school. Please do not park in front of the dumpsters.

Warm ups:

**Friday PM: Session 1 2:15-3:00 p.m. Session 2 3-3:45 p.m.
MEET STARTS AT 4:00 P.M.**

**Saturday AM: Session 1 7-7:45 a.m. Session 2 7:45-8:30
MEET STARTS AT 8:45 A.M.**

**Saturday PM: Session 1 3-3:45 p.m. Session 2 3:45-4:30
MEET STARTS AT 4:45 P.M.**

Warm Up Procedure

Warm-up lanes will be assigned after the meet has been seeded. The host team reserves the right to extend the warm up period for safety considerations. Warm up procedure will be defined by Ozark LSC regulations.

Eligibility

All swimmers must be registered for the 2012-year with USA swimming. Swimmers who are entered and are found to be not registered will be dropped from the meet and will forfeit their meet entry fees.

All swimmers must be athlete member of USA Swimming. "Applied for" will not be accepted. Swimmers entered in the meet who do not hold current membership will be dropped from the meet and entry fees will NOT be refunded. Swimmers age on the day of the meet will determine age for the meet.

Any swimmer found not to have a current USA Swimming membership who swims in an Ozark sanctioned meet, and/ or the team is subject to a \$100 fine per swim.

Any swimmer entered in the meet must be certified by a USA Swimming member coach as being proficient in performing a racing start or must start each race from within the water. When unaccompanied by a member coach, it is the responsibility of the swimmer or the swimmers legal guardian to ensure compliance of this request.

All coaches must hold a valid USA Swimming Coaches Card and all officials must be USA certified.

Entries

Entries will be accepted starting at noon on Tuesday, June 26th, 2012. Entries must be received by noon on Thursday June 28th, 2012.

Entries should be submitted via email. Telephone/ fax entries will not be accepted. Please enter using short course yards only. Email entries to Katie Christensen at pkwymeetentries@hotmail.com.

Swimmers may swim 4 individual events PER DAY.

FEES

\$3.00 per individual event

\$12.00 per relay event

\$5.00 facility surcharge

Awards

No awards will be given for this meet. Results will be available by email or on the Parkway Swim Club website at www.pkwy.org.

Scoring

Meet will not be scored.

Seeding

The meet will be pre-seeded and a heat sheet will be sent to teams on Thursday July 5. Deck entries will be accepted up to the start of the meet.

Competition Rules

The 2012 USA Swimming/ Ozark Swimming official rules shall govern the meet, and all technical and administrative rules of USA Swimming will apply. Swimmers age as of July 6, 2012 shall determine age for the entire meet.

Safety

Possessing a still or video camera or a cell or video phone is absolutely prohibited in all dressing areas, locker rooms, bathrooms, or any other locations where swimmers may be dressing. Any person so found possessing such devices in these areas will

immediately be expelled from the meet with all fees forfeited, and subject to further Ozark LSC and/ or USA Swimming sanctions and penalties.

Swim Suits

The only suits allowed are those permitted by FINA and in compliance with current USA Swimming rules. The USA Swimming Rule, accepted by the Ozark Swimming House of Delegates, will be in effect. It reads as follows:

102.9 SWIMWEAR

1. Design

- A. Swimsuits worn for all 12 and under group defined competition shall not cover the neck, extend past the shoulder, nor past the knee.
- B. Swimsuits worn for competition must be non-transparent and conform to the current concept of the appropriate.
- C. The Referee shall have the authority to bar offenders from the competition until the comply with the rule.

Officials: Meet Director: Michelle White
 Meet Referee: Stephanie Peterson
 Safety Marshall: Sandy Crook

Vendor:

No Vendor will be available for this meet.

Concessions:

Concessions will be available at the meet.

**LAST CHANCE MEET
July 6-7, 2012**

**FRIDAY P.M. SESSION
ORDER OF EVENTS**

GIRLS		BOYS
1	12& Under 50 Fly	2
3	OPEN 200 Fly	4
	10 MINUTE BREAK	
5	OPEN 100 Breast	6
	10 MINUTE BREAK	
7	12 & Under 50 Back	8
9	OPEN 200 Back	10
	10 MINUTE BREAK	
11	OPEN 200 Free	12
13	Open 400 Medley Relay	14
	10 MINUTE BREAK	
15	Open 400 IM	16

**SATURDAY A.M. SESSION
ORDER OF EVENTS**

GIRLS		BOYS
17	OPEN 100 Free	18
	10 MINUTE BREAK	
19	12& Under 50 Breast	20
21	OPEN 200 Breast	22
	10 MINUTE BREAK	
23	OPEN 100 Fly	24
25	Open 400 Free Relay	26
	10 MINUTE BREAK	
27	Open 500 Free	28

SATURDAY P.M. SESSION

GIRLS		BOYS
29	OPEN 100 Back	30
	10 MINUTE BREAK	
31	OPEN 50 Free	32
	10 MINUTE BREAK	
33	OPEN 200 IM	34
	10 MINUTE BREAK	
35	Open 1000 Free	36

Entry summary and release form

The form is part of your entry and must be signed and returned for your entry to be accepted.

Entry deadline-Thursday, March 1, 2012.

Club:_____Code:_____LSC:_____

Address:_____

City:_____State_____Zip:_____

Head Coach:_____Phone:_____

Entry Contact:_____Phone:_____

E-mail:_____

Number of Coaches attending:_____

Entry Summary

Number of swimmers entered_____x \$5.00=_____

Number of individual entries_____x\$3.00=_____

Total amount enclosed:=_____

Make your check payable to Parkway Swim Club

Mail to:

Katie Christensen, Meet Entry Chair

c/o Parkway Swim Club

13157 North Olive Spur Rd

St. Louis, Mo 63141