

**Parkway Swim Club
Presents**

Last Chance Meet

March 9-10th, 2013
Pattonville High School Aquatic Center
2497 Creve Coeur Road
Maryland Heights, MO 63043

Sanction: #5579

Hosted By: Parkway Swim Club

Facility: 25 yard, 10 lane indoor pool with _10_ starting blocks and competitor non-turbulent lane lines.

Parking: Free parking is available at the school. Please do not park in front of any dumpsters.

Warm ups: **Saturday AM: Session 1 7-7:40 a.m. Session 2 7:40-8:20**
MEET STARTS AT 8:30 A.M.

Saturday PM: Session 1 3-3:40 p.m. Session 2 3:40-4:20 p.m.
MEET STARTS AT 4:30 P.M.

Sunday AM: Session 1 7:00-7:40 a.m. Session 2 7:40-8:20 a.m.
MEETS STARTS AT 8:30 A.M.

Warm Up Procedure

Warm-up lanes will be assigned after the meet has been seeded. The host team reserves the right to extend or change the warm up period for safety considerations. Warm up procedure will be defined by Ozark LSC regulations.

Eligibility

All swimmers must be registered for the 2013-year with USA swimming. Swimmers who are entered and are found to be not registered will be dropped from the meet and will forfeit their meet entry fees.

All swimmers must be athlete member of USA Swimming. "Applied for" will not be accepted. Swimmers entered in the meet who do not hold current membership will be dropped from the meet and entry fees will NOT be refunded. Swimmers age on the day of the meet will determine age for the meet.

Any swimmer found not to have a current USA Swimming membership who swims in an Ozark sanctioned meet, and/ or the team is subject to a \$100 fine per swim.

Any swimmer entered in the meet must be certified by a USA Swimming member coach as being proficient in performing a racing start or must start each race from within the water. When unaccompanied by a member coach, it is the responsibility of the swimmer or the swimmers legal guardian to ensure compliance of this request.

All coaches must hold a valid USA Swimming Coaches Card and all officials must be USA certified.

Entries

Entries will be accepted starting at noon on Tuesday, February 26, 2013. Entries must be received by noon on Wednesday February 27th, 2013.

Entries should be submitted via email. Telephone/ fax entries will not be accepted. Please enter using short course yards only. Email entries to Stephanie Toth atstoth@pkwy.k12.mo.us.

Swimmers may swim 4 events PER DAY.

FEES

\$4.00 per individual event

\$7.00 swimmer surcharge

Awards

No awards will be given.

Scoring

Meet will not be scored.

Seeding

The meet will be pre-seeded and a heat sheet will be sent to teams on Wednesday March 6. Deck entries will be accepted up to the start of the meet.

Competition Rules

The 2013 USA Swimming/ Ozark Swimming official rules shall govern the meet, and all technical and administrative rules of USA Swimming will apply. Swimmers age as of March 9, 2013 shall determine age for the entire meet.

Safety

Possessing a still or video camera or a cell or video phone is absolutely prohibited in all dressing areas, locker rooms, bathrooms, or any other locations where swimmers may be dressing. Any person so found possessing such devices in these areas will immediately be expelled from the meet with all fees forfeited, and subject to further Ozark LSC and/ or USA Swimming sanctions and penalties.

Swim Suits

The only suits allowed are those permitted by FINA and in compliance with current USA Swimming rules. The USA Swimming Rule, accepted by the Ozark Swimming House of Delegates, will be in effect. It reads as follows:

102.9 SWIMWEAR

1. Design

- A. Swimsuits worn for all 12 and under group defined competition shall not cover the neck, extend past the shoulder, nor past the knee.
- B. Swimsuits worn for competition must be non-transparent and conform to the current concept of the appropriate.
- C. The Referee shall have the authority to bar offenders from the competition until they comply with the rule.

Officials: Meet Director: Michelle White
Meet Referee: Stephanie Peterson
Safety Marshall: Sandy Crook

Vendor:

No Vendor will be available for this meet.

Concessions:

Concessions will be available at the meet.

LAST CHANCE MEET
Saturday, March 9, 2013

SATURDAY A.M. SESSION
ORDER OF EVENTS

| GIRLS | | BOYS |
|--------------|-------------------------------|-------------|
| 1 | 12& Under 50 Fly | 2 |
| 3 | OPEN 200 Fly | 4 |
| 5 | OPEN 100 Breast | 6 |
| 7 | 12 & Under 50 Back | 8 |
| 9 | OPEN 200 Back | 10 |
| 11 | OPEN 200 Free | 12 |
| 13 | Open 400 IM | 14 |

SATURDAY P.M. SESSION
ORDER OF EVENTS

| GIRLS | | BOYS |
|--------------|--------------------------------|-------------|
| 15 | OPEN 100 Free | 16 |
| 17 | 12& Under 50 Breast | 18 |
| 19 | OPEN 200 Breast | 20 |
| 21 | OPEN 100 Fly | 22 |
| 23 | Open 500 Free | 24 |

SUNDAY A.M. SESSION

GIRLS

BOYS

| | | |
|-----------|------------------------|-----------|
| 25 | OPEN 100 Back | 26 |
| 27 | OPEN 50 Free | 28 |
| 29 | OPEN 200 IM | 30 |
| | 10 MINUTE BREAK | |
| 31 | Open 1000 Free | 32 |

Entry summary and release form

The form is part of your entry and must be signed and returned for your entry to be accepted.

Entry deadline-Wednesday, February 27.

Club: _____ Code: _____ LSC: _____

Address: _____

City: _____ State _____ Zip: _____

Head Coach: _____ Phone: _____

Entry Contact: _____ Phone: _____

E-mail: _____

Number of Coaches attending: _____

Entry Summary

Number of swimmers entered _____ x \$7.00= _____

Number of individual entries _____ x \$4.00= _____

Total amount enclosed:= _____

Make your check payable to Parkway Swim Club

Mail to:

Stephanie Toth, Meet Entry Chair

c/o Parkway Swim Club

13157 North Olive Spur Rd

St. Louis, Mo 63141