

THE REC-PLEX SHARKS SWIM TEAM  
Presents

# Meet Me in St. Louis

May 31 – June 2, 2013

**Sanction:** Ozark Swimming # TBD

**Host:** St. Peters Rec-Plex Sharks

**Location:** City of St. Peters Rec-Plex  
5200 Mexico Road  
St. Peters, MO 63376  
(636) 939-2386

**Facility:** The pool is 50 meters in length with a movable bulkhead. There are 8 lanes which are 9 feet wide and have 6" Competitor non-turbulent lane lines. The minimum pool depth at the start end is 12' 10" and at the turn end (and for 50-meter event starts) is 6' 4-1/2". The competition course has been certified in accordance with USA Swimming rule 104.2.2C(4), and a copy of the certification is on file with USA Swimming. A Colorado System 5 timing system will be used with an 8-line scoreboard. There is permanent seating for 1300 spectators.

**Meet Director:** Rebecca Ostrander (636) 922-3116 or [rebajeff@sbcglobal.net](mailto:rebajeff@sbcglobal.net)

**Safety Marshall:** Denise Zavertnik

**Meet Referee:** Steve Grimm (314) 910-8274 or [stephen.b.grimm@boeing.com](mailto:stephen.b.grimm@boeing.com)  
Teams participating in the meet should provide officials. Please contact Steve Grimm if you are able to work.

**Directions:** From I-70, take the Cave Springs exit (#225) and head south. Turn right (west) onto Mexico Road and travel 1.6 miles. The Rec-Plex is on the left just past Lutheran High School.

**Parking:** Prime parking is in front of the Rec-Plex. Additional parking is behind the Rec-Plex, at St. Peters City Hall & Lutheran High School.

**Schedule:**

	<u>Friday Evening</u>	<u>Saturday/Sunday Mornings</u>	<u>Saturday/Sunday Afternoons*</u>
<b>1<sup>st</sup> Warm-up</b>	4:00 – 4:25 pm	6:30 – 6:55 am	1:00 – 1:25 pm
<b>2<sup>nd</sup> Warm-up</b>	4:25 – 4:50 pm	6:55 – 7:20 am	1:25 – 1:50 pm
<b>Session Start</b>	5:00 pm	7:30 am	2:00 pm

\* Saturday and Sunday afternoon times are an estimate for planning purposes. Actual times will be posted one week prior to the meet, once the meet has been seeded and the timelines are set.

**Eligibility:** Open to all **currently** registered athlete members of USA Swimming. USA Swimming memberships applied for will **not** be accepted. Swimmers entered in the meet who do not hold current membership will be dropped from the meet, and the entry fees will not be refunded. If a swimmer swims and is not registered, a \$100 fine will be imposed. Swimmer's age on May 31, 2013 determines their age group for the meet.

**Events:** All events are Timed Finals. A swimmer may enter three individual events per day. Any swimmer who enters more than the maximum number will be scratched down to the limit, starting with the highest event number on the day the over-entry occurs. We reserve the right to pre-seed the meet at our discretion, if timelines permit. We further reserve the right to limit or eliminate events due to the timeline.  
**NO DECK ENTRIES WILL BE ALLOWED.**

**Distance Events:** All Friday evening events, the 400 Free, and the 400 IM will be limited to the specified number of fastest swimmers.

**Check In:** There will be a positive check in for all limited events. Swimmers who have not checked in 30 minutes prior to the start of the session will not be seeded in those events.

**Awards:**

Ribbons: 1<sup>st</sup> – 16<sup>th</sup> place  
(10&U events will be scored as 8&U, 9-10, and 11-12; 13&O events will be scored as 13-14 and 15&O)

**Rules:**

This meet is being held under the sanction of USA Swimming, and all technical and administrative rules of USA Swimming shall apply.

All swimmers who are not accompanied by a USA Swimming certified coach must report to the meet referee or meet director prior to warming up before each session in which he/she is swimming. The swimmer will be assigned to a coach on deck.

All coaches must have a current USA Swimming Coaches Card. Coach assistants will not be permitted on the pool deck without the same credentials required of the coaches. Credentials must be displayed at all times while on the pool deck. This will be strictly enforced.

No Parents are permitted on the pool deck unless they are volunteers assigned to work that session.

The only swimsuits permitted are those in compliance with FINA and USA Swimming rules.

Any swimmer entered in the meet must be certified by a USA Swimming member-coach as being proficient in performing a racing start or must start each race from within the water. When unaccompanied by a member-coach, it is the responsibility of the swimmer or the swimmer's legal guardian to ensure compliance with this requirement.

Except where venue facilities require otherwise, changing into or out of swimsuits other than in locker rooms or other designated areas is not appropriate and is strongly discouraged.

**If a swimmer positively checks in for a limited event and does not swim the event, they will be disqualified from their next event.**

**Entry Fees:**

\$4.00 per individual event  
\$10.00 Ozark Swimming Surcharge

**Entries:**

Entries will be accepted starting **April 22, 2013 at 9:00 a.m.** and accepted through **April 24, 2013**, or until the meet is filled. Please note that the meet may be filled **BEFORE THE DEADLINE DATE**. Please submit entries in long course meter times. No time conversions are allowed for any events. **Proof of time for all limited events must be sent in with entry.** Team Manager proof of time is sufficient. Refunds for those who do not make the cut in these limited events will be issued to the teams who request a refund within one week of the meet end. Swimmers not making the cut in the 400 Free or the 400 IM will be allowed to choose another event if the timeline permits. E-mail entries will be accepted or you may submit an entry on a 3.5" magnetic disk. All entries must be in Team Manager format. E-mail entries will receive confirmation that their e-mail was received by automatic response. If you do not receive a confirmation, please contact Karen Butz at (636) 688-1512. Confirmation does not mean that your entry has been accepted. Teams will be notified of acceptance by May 2, 2013. A check for fees and a hard copy of your team entry and team entry fees must be received within 7 business days of your acceptance. The Rec-Plex Sharks swim team has the sole discretion to determine which entries to accept. In exercising this discretion, the Sharks will consider: number of officials provided by the team, balance of age groups and gender in entries, level of competition, and geographic location. *Teams should send with their entry the names of those officials planning to work the meet.*

**Entry deadline: APRIL 24, 2013**

Entries may be accepted after the deadline if the meet is not full.

Entry fees must accompany each entry.

Make checks payable to: **Rec-Plex Sharks Swim Team**

Mail to: Karen Butz, Meet Entry Chair  
C/O Rec-Plex Sharks Swim Team  
13 Arrowhead Circle  
St. Charles, MO 63301  
(636) 688-1512  
[Sharkmeetentry@yahoo.com](mailto:Sharkmeetentry@yahoo.com)

**Meet Results:** Meet results will be e-mailed to all participating teams.

**Meet Safety:** In accordance with the recommendations of USA Swimming and Ozark LSC, the Rec-Plex Sharks will operate this meet under the guidance of a meet Safety Marshall. Use of audio or visual recording devices, including a cell phone, is not permitted in changing areas, restrooms, or locker rooms.

**Concessions:** Food and drink will be available in the food court beginning at 6:30 am.

**Facility Rules:**

1. Keep all trash picked up and do not block exit doors or aisles.
2. Swimmers, parents, and spectators are not permitted in any unauthorized areas. **The following areas are off limits:** Gymnasium, Ice Rink, Weight Room, Jacuzzi & Sauna, and Leisure Pool.
3. No outside chairs, food, drinks, or coolers are permitted in the Rec-Plex, per the City of St. Peters. Only items purchased from the concession stand are permitted in the spectator area. No food or drink is permitted on the pool deck. "No Smoking" laws are in effect, and smokers are required to smoke outside of the building.
4. Swimmers may rest in the areas behind the spectator stands. Meet participants and non-swimmers may purchase a daily admission to use the facility.
5. Cell phones with video and video recording devices are prohibited in all locker rooms and restrooms.

**Vendor:** **On The Blocks Aquatics** will be available throughout the meet for your swim equipment needs.

**Camping:** **St. Peters 370 Lakeside Park**  
Please reference the Rec-Plex Sharks when making reservations.  
<http://www.stpetersmo.net/rvpark.aspx>  
(636) 387-LAKE (5253)

### Friday Evening

Girls		Event	Boys	
1	Top 40	13-14 200 IM	Top 40	2
3	Top 40	15&O 200 IM	Top 40	4
5	Top 24	10&U 200 IM	Top 24	6
7	Top 32	11-12 200 IM	Top 32	8
9	Top 40	13-14 200 Free	Top 40	10
11	Top 40	15&O 200 Free	Top 40	12
13	Top 24	10&U 200 Free	Top 24	14
15	Top 32	11-12 200 Free	Top 32	16

### Saturday Morning

Girls	Event	Boys
17	13&O 100 Fly	18
19	13&O 200 Breast	20
21	13&O 100 Free	22
23	13&O 100 Back	24
25	13-14 400 IM *	26
27	15&O 400 IM *	28

*\* These events are limited to the top 24 swimmers*

### Saturday Afternoon

Girls	Event	Boys
29	12&U 100 Breast	30
31	12&U 50 Back	32
33	12&U 50 Fly	34
35	12&U 100 Free	36

### Sunday Morning

Girls	Event	Boys
37	13&O 100 Breast	38
39	13&O 200 Fly	40
41	13&O 50 Free	42
43	13&O 200 Back	44
45	13-14 400 Free *	46
47	15&O 400 Free *	48

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### Sunday Afternoon

Girls	Event	Boys
49	12&U 100 Fly	50
51	12&U 50 Breast	52
53	12&U 50 Free	54
55	12&U 100 Back	56