

8-22-18

**Parkway Swim Club
Pentathlon**

September 21-22, 2018
Kirkwood High School
801 W Essex Ave, Kirkwood, MO, 63021

Hosted By: Parkway Swim Club

Sanction: Pending

Officials:

Meet Director: Michelle White
Meet Referee: Stephanie Peterson
Safety Marshall: Blair Porter

Facility: An 8 lane, 25 yard pool with 8 starting blocks and competitor non-turbulent lane lines. There is an additional 5 lane, 20 yard pool for warm up/warm down separated by a bulk head.

Parking: There is very little parking directly in front of the pool. Cars may be parked on Chopin St or in the parking lot on Essex or Dougherty Ferry Drive.

Warm-up:

Friday PM: Warm up Session 1: 5:00-5:25 PM
Warm up Session 2: 5:25-5:50 PM
Warm up Session 3: 5:50 PM-6:15 PM
Meet Start: 6:25 PM
Saturday AM: Warm up Session 1: 8:00-8:25 AM
Warm up Session 2: 8:25-8:50 AM
Warm-up Session 3: 8:50-9:15 AM
Meet Start: 9:25 AM
Saturday PM: Warm up Session 1: 2:30-2:55 PM
Warm up Session 2: 2:55-3:10 PM
Warm up Session 3: 3:10-3:35 PM
Meet Starts: 3:45 PM

Warm up Procedure: Warm-up lanes will be assigned after the meet has been seeded. The host team reserves the right to extend the warm up period for safety considerations. Warm up procedure will be defined by Ozark LSC regulations.

Eligibility:

All swimmers must be current members of USA Swimming. "Applied for" will not be accepted. Swimmers entered in the meet who do not hold current membership will be dropped from the meet and entry fees will NOT be refunded. A swimmer's age on the day of the meet will determine age for the meet.

A swimmer attending a meet without a USA-S certified coach must report to the meet referee or meet director prior to warming up for each session in which he is swimming. The swimmer will then be assigned to a coach on deck for each session of the meet that he has entered.

Any swimmer found not to have a current USA Swimming membership who swims in an Ozark sanctioned meet, and/ or the team, is subject to a \$100 fine per swim.

Any swimmer entered in the meet must be certified by a USA Swimming member coach as being proficient in performing a racing start or must start each race from within the water. When unaccompanied by a member coach, it is the responsibility of the swimmer or the swimmers legal guardian to ensure compliance of this request.

All coaches must hold a valid USA Swimming Coaches Card and all officials must be USA certified.

Entries:

Swimmers can swim up to five events for the meet. Swimmers can do no more than 1 event in session 1 (Friday night) and no more than 3 events each in sessions 2 & 3. Swimmers must swim in all five events in their age group to be eligible for overall pentathlon awards. NO 10 & under swimmers may swim in the open events.

All entries MUST have current USA Swimming registration numbers. Entry age will be the age of the swimmer on Friday, September 21, 2018.

The meet will be limited to 500 swimmers, including the host team. No team entries will be split. Entries will be accepted starting at noon on Monday, September 10, 2018. Entries must be received by noon on Thursday, September 13th. Entries should be submitted via email. Telephone/fax entries will not be

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accepted. Please enter using short course yards times only. Email entries to pkwymeetentry@gmail.com

Fees:

\$20.00 per swimmer

\$7.00 facility surcharge

Scoring Awards: The swimmer with the lowest cumulative time for all five events of the appropriate age group shall be declared the winner. A swimmer must compete in all five events to be considered for an award. If a swimmer is disqualified in one or more events, that swimmer is ineligible for a pentathlon award.

Age Group Tracks for High Point:

8 & Under 25's and 100 IM

8 & Under 50's and 100 IM

9-10 50's and 100 IM

9-10 100's and 200 IM

11-12 50's and 100 IM

11-12 100's and 200 IM

11-12 200's and 400 IM

13-14 100's and 200 IM

13-14 200s and 400 IM

15 & Over 100's and 200 IM

15 & Over 200's and 400 IM

Seeding: The meet will be pre seeded and a psych sheet will be sent to teams on Wednesday, September 20th.

Competition Rules: The 2017 USA Swimming/ Ozark Swimming official rules shall govern the meet, and all technical and administrative rules of USA Swimming will apply. A swimmers age as of September 21, 2018 shall determine their age for the entire meet.

Safety:

Possessing a still or video camera or a cell or video phone is absolutely prohibited in all dressing areas, locker rooms, bathrooms, or any other locations where swimmers may be dressing. Any person so found possessing

such devices in these areas will immediately be expelled from the meet with all fees forfeited, and subject to further Ozark LSC and/ or USA Swimming sanctions and penalties.

Swim Suits:

The only swim suits allowed are those permitted by FINA and in compliance with current USA Swimming rules. The USA Swimming Rule, accepted by the Ozark Swimming House of Delegates, will be in effect. It reads as follows:

102.9 SWIMWEAR

1. Design

- A. Swimsuits worn for all 12 and under group defined competition shall not cover the neck, extend past the shoulder, nor past the knee.
- B. Swimsuits worn for competition must be non-transparent and conform to the current concept of the appropriate.
- C. The referee shall have the authority to bar offenders from the competition until they comply with the rule.

Vendor: No Vendor will be available for this meet

Concessions: Concessions will be available at the meet

**Parkway Pentathlon
September 21-21, 2018**

| GIRLS | Friday PM | BOYS |
|--------------|-------------------|-------------|
| 1 | 12 & Under 100 IM | 2 |
| 3 | 9-12 200 IM | 4 |
| 5 | 13 & Over 200 IM | 6 |
| 7 | Open 400 IM | 8 |

| GIRLS | Saturday AM | BOYS |
|--------------|--------------------|-------------|
| 9 | 8 & Under 25 fly | 10 |
| 11 | 12 & Under 50 fly | 12 |
| 13 | 9-12 100 fly | 14 |
| 15 | 13 & Over 100 fly | 16 |
| 17 | Open 200 fly | 18 |
| 19 | 8 & Under 25 back | 20 |
| 21 | 12 & Under 50 back | 22 |
| 23 | 9-12 100 back | 24 |
| 25 | 13 & Over 100 back | 26 |
| 27 | Open 200 back | 28 |

| GIRLS | Saturday PM | BOYS |
|--------------|----------------------|-------------|
| 29 | 8 & Under 25 breast | 30 |
| 31 | 12 & Under 50 breast | 32 |
| 33 | 9-12 100 breast | 34 |
| 35 | 13 & Over 100 breast | 36 |
| 37 | Open 200 breast | 38 |
| 39 | 8 & Under 25 free | 40 |
| 41 | 12 & Under 50 free | 42 |
| 43 | 9-12 100 free | 44 |
| 45 | 13 & Over 100 free | 46 |
| 47 | Open 200 free | 48 |

NO 10 & UNDER SWIMMERS MAY ENTER THE OPEN EVENTS

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Entry Summary & Release Form

This form is part of your entry and must be signed and returned for your entry to be accepted.

Entry deadline: Thursday, September 13, 2018

Club: _____ Code: _____ LSC: _____

Address: _____

City: _____ State: _____ Zip: _____

Head Coach: _____ Phone: _____

Entry Contact: _____ Phone: _____

Email: _____

Number of Coaches Attending: _____

Entry Summary:

Number of Swimmers Entered: _____ x \$27.00= _____

Total Amount Enclosed: _____

Mail your check payable to Parkway Swim Club

Mail to:
Ashley Blue
c/o Parkway Swim Club
13157 North Olive Spur Rd
St. Louis, Mo 63141