

# **Parkway Swim Club**

## **Time Trial**

Sunday, November 6<sup>th</sup>, 2016  
Parkway SOUTH High School  
801 Hanna Rd.  
Ballwin, MO 63021

**Sanction:** The meet is sanctioned by USA swimming # pending.

**Hosted By:** Parkway Swim Club

**Facility:** 25 yard, 6 lane indoor pool with 6 starting blocks and competitor non-turbulent lane lines.

**Parking:** Free parking is available at the school.

**Warm ups:** **Sunday AM:**  
**WARMUP AT 8:30 am**  
**MEETS STARTS AT 9:30 am**

There will be a 10 minute break after events 12, 24, and 34.

### **Warm Up Procedure**

Warm-up lanes will be open to all swimmers attending. The host team reserves the right to extend or change the warm up period for safety considerations. Warm up procedure will be defined by Ozark LSC regulations and USMS regulations.

### **Eligibility**

Entries limited to currently registered USA swimmers. USA Swimming memberships applied for will not be accepted. Ozark swimmers' registration will be checked at the registration table. Swimmers registered in other LSCs must provide proof of registration. Teams will incur a \$100 fine for each non-registered swimmer entered. Any swimmer found not to have a current USA Swimming membership who swims in an Ozark sanctioned meet, and/ or the team is subject to a \$100 fine per swim.

Any swimmer entered in the meet must be certified by a USA Swimming member coach as being proficient in performing a racing start or must start each race from within the water. When unaccompanied by a member coach, it is the responsibility of the swimmer or the swimmers legal guardian to ensure compliance of this request.

All coaches must hold a valid USA Swimming Coaches Card and all officials must be USA certified.

### **Entries**

Hytec/Team Unify meet entries will be accepted prior to noon on Wednesday November 2, 2016. After that all entries must be deck entries submitted on Sunday, November 6, 2016 from 7:30 - 9 AM. Swimmers and/or their representative will fill out entry cards with the following information: Name, Age, USA Swimming number, Club and Event number. There will not be any additional charge for deck entries. Deck entries will not be seeded with advanced entries and will be added in available lanes and/or additional heats.

All swimmers are limited to 4 individual events.

**FEES for USA Swimmers:**

**\$2.50 per individual event**

**\$3.00 swimmer surcharge**

**Competition Rules**

The 2017 USA Swimming/ Ozark Swimming official rules and the 2017 USMS Swimming rules shall govern the meet as applicable, and all technical and administrative rules of USA Swimming will apply. Swimmers age as of November 6, 2016 shall determine age for the entire meet.

**Safety**

**Possessing a still or video camera or a cell or video phone is absolutely prohibited in all dressing areas, locker rooms, bathrooms, or any other locations where swimmers may be dressing. Any person so found possessing such devices in these areas will immediately be expelled from the meet with all fees forfeited, and subject to further Ozark LSC and/ or USA Swimming sanctions and penalties.**

**Swim Suits**

The only suits allowed are those permitted by FINA and in compliance with current USA Swimming rules. The USA Swimming Rule, accepted by the Ozark Swimming House of Delegates, will be in effect. It reads as follows:

**102.9 SWIMWEAR**

**1. Design**

- A. Swimsuits worn for all 12 and under group defined competition shall not cover the neck, extend past the shoulder, nor past the knee.
- B. Swimsuits worn for competition must be non-transparent and conform to the current concept of appropriate.
- C. The Referee shall have the authority to bar offenders from the competition until they comply with the rule.

**Officials:** Meet Director: Michelle White  
Meet Referee: Stephanie Petersen  
Safety Marshall: Blair Porter

**Vendor:**

No Vendor will be available for this meet.

**Concessions:**

Concessions will be available at the meet.

**PKWY TIME TRIAL**  
**Sunday November 6<sup>th</sup>, 2016**

**ORDER OF EVENTS**

<b>GIRLS</b>		<b>BOYS</b>
1	Open 200 Butterfly	2
3	12&Under 50 Freestyle	4
5	OPEN 100 Freestyle	6
7	12 & Under 50 Breaststroke	8
9	OPEN 100 Breaststroke	10
11	OPEN 200 Freestyle	12
	<b>BREAK</b>	
13	OPEN 200 IM	14
15	OPEN 400 IM	16
17	12&Under 100 IM	18
19	OPEN 100 Backstroke	20
21	12& Under 50 Butterfly	22
23	OPEN 500 Freestyle	24
	<b>BREAK</b>	
25	OPEN 50 Freestyle	26
27	OPEN 200 Breaststroke	28
29	OPEN 100 Butterfly	30
31	12&Under 50 Backstroke	32
33	OPEN 200 Backstroke	34
	<b>BREAK</b>	
35	OPEN 1650/ 1000 Freestyle	36