

# 2019 Ozark Long Course Champs



**July 25-28, 2019**

**Chuck Fruit Aquatic Center**

**Edwardsville, IL**

OZARK SWIMMING  
LONG COURSE CHAMPIONSHIPS  
JULY 25-28, 2019

**Host(s):** Edwardsville Swimming

**Sanction:** Held under USA Swimming/Ozark Swimming Sanction #

**Key Officials**

- Meet Referee: Stephanie Petersen 314-307-6093/ legos-lb@sbcglobal.net
- Admin Referee: Dana LeVasseur 804-986-9591/ dnalver@hotmail.com
- Meet Director: Bob Rettle 618-407-7665/ edwyswim@yahoo.com
- Safety Marshall: Brooke Osborn 618-972-3885/ brookelowery@yahoo.com
- Meet Entries: [edwyswim@yahoo.com](mailto:edwyswim@yahoo.com)

**Location:**

Chuck Fruit Aquatic Center  
6168 Center Grove Rd.  
Edwardsville, IL 62025  
618-407-7665

**Directions**

From I-255: Take the IL-162 exit, EXIT 29, toward Glen Carbon/Granite City. Merge onto IL- 62 toward Glen Carbon. Turn left onto N Bluff Rd/IL-157/IL-162. Continue to follow Bluff Rd/IL-157. Turn slight right onto S State Route 157/IL-157. Turn right onto Center Grove Rd. Destination is on your Right.

**Deck Policy:** Deck changes, changing into or out of swimsuits other than in the locker rooms or other designated areas, are prohibited.

**Camera Policy:** Per USA Swimming and Ozark Swimming guidelines, use of audio or visual recording devices, including a cell phone, is not permitted in the area behind the starting blocks, changing areas, rest rooms, or locker rooms. Violators will be reported to law enforcement or other government authorities and/or may be barred from the facility during this event. Flash photography is not authorized at any time during this meet.

**Concessions:** Concessions will be available during the competition.

**Parking:** Parking is in the EHS Sports Complex that houses The Chuck Fruit Aquatic Center.

**Schedule:**

**Thursday (Distance Event and Sprint Relays for 13 & Over)**

Warm-Up 3:15 – 3:50 pm

Meet Starts – 4:00 pm

**Friday Prelims (13 & Over)**

1st Warm-up – 6:45 am – 7:15 am; 2nd warm up - 7:15 am – 7:45 am

Meet Starts – 8:00 am

**Friday Afternoon (11 & 12 Prelims, 10 & Under timed finals)**

1st Warm-up – 12:50 pm – 1:15 pm; 2nd warm up - 1:15 pm – 1:40 pm

Meet Starts – 1:50 pm

**Friday Finals (11 & Over)**

1st Warm-up – 5:00 pm – 5:30 pm; 2nd warm up - 5:30 pm – 6:00 pm

Meet Starts - 6:15 pm

**Saturday Prelims (13 & Over)**

1st Warm-up – 6:45 am – 7:15 am; 2nd warm up - 7:15 am – 7:45 am

Meet Starts – 8:00 am

**Saturday Afternoon (11 & 12 Prelims, 10 & Under timed finals)**

1st Warm-up – 12:50 pm – 1:15 pm; 2nd warm up - 1:15 pm – 1:40 pm

Meet Starts – 1:50 pm

**Saturday Finals (11 & Over)**

1st Warm-up – 5:00 pm – 5:30 pm; 2nd warm up - 5:30 pm – 6:00 pm

Meet Starts - 6:15 pm

**Sunday Prelims (13 & Over)**

1st Warm-up – 6:45 am – 7:15 am; 2nd warm up - 7:15 am – 7:45 am

Meet Starts – 8:00 am

**Sunday Afternoon (11 & 12 Prelims, 10 & Under are timed Finals)**

1st Warm-up – 12:50 pm – 1:15 pm; 2nd warm up - 1:15 pm – 1:40 pm

Meet Starts – 1:50 pm

**Sunday Finals (11 & Over)**

1st Warm-up – 4:00 pm – 4:30 pm; 2nd warm up - 4:30 pm – 5:00 pm

Meet Starts - 5:15 pm

**Meet Format and Procedures:** This is a Preliminary & Final Championship Meet. The 10 & under events will be timed final events. 11-12 & 13-14 events will include an “A” (championship) final and a “B” (consolation) final for the Top 16 swimmers from the morning’s preliminary heats in all events except the 400 IM, 400 Free, and 800 Free, which will be timed final events. 15 & Over will include an “A” (championship) final, “B” (consolation) final and “C” (bonus) final. The top 8 seeds from the distance events will swim during finals.

During Finals, there will be a “ready room” and parade of finalist for the “A” final of each event. All finalists of the “B” and “A” heats will be asked to check in with the ready room at least 2 events before their race. “A” finalists will be paraded out to music and have their names announced while the music plays prior to their stepping up on the blocks. The “B” heat will be swum prior to the “A” final. The “B” (consolation) finalist will have their names announced during their event. Any swimmer who does not show up to the ready room in a timely fashion will be called for once over the loud speakers. If they do not show up immediately, the alternate will swim. Alternates will not be penalized for failure to show up for a finals event.

**Meet Safety:** In accordance with the recommendations of USA Swimming and the Ozark LSC, this meet will operate this meet under the guidance of a Safety Marshall.

## **Scoring**

Scoring will be to 16 places as follows:

Individual events = 20, 17, 16, 15, 14, 13, 12, 11, 9, 7, 6, 5, 4, 3, 2, 1

Relay events = 40, 34, 32, 30, 28, 26, 24, 22, 18, 14, 12, 10, 8, 6, 4, 2

The 800 Free will be scored as 13-14 (Boys & Girls) and 15 and Over (Boys & Girls)

## **AWARDS**

Individual events: Medals for 1st through 8th; Ribbons for 9th through 16th

Relay events: Medals for 1st through 3rd; Ribbons for 4th through 8th

**The Penny Taylor Memorial Award:** This award will be presented to the outstanding swimmer of the meet as voted on by the coaches and through the following point system: 1 point for an Ozark Record, 1 point for winning an individual event, and 1 point for each coach's vote.

**Ozark Team Sportsmanship Award:** This award is presented to the team, which displays the best sportsmanship, team support, positive attitudes, and has the best team appearance.

**Individual High Point Trophies:** The top 3 swimmers scoring the highest number of individual points in each age group & gender will be awarded a high point trophy.

**Age Group Team Awards:** The team scoring the most points in each age group & gender will be announced at the conclusion of the meet. No awards will be given for these categories.

**Overall Team Awards (combined Gender and Age Groups):** Trophies will be presented to 1st, 2nd, 3rd place teams.

## **General Conduct**

### **Seeding and Swimmer Check-in:**

All Prelim/Final events (except for the 400 Free, 400 IM, and 800 Free which will be positive check in events) and 10 and under events will be pre-seeded. All relay events are timed final events and coaches must turn in relay cards by the announced deadlines. Turned in relay cards will be considered a positive check in. Any relays not turned in by the deadline will be scratched from the event.

The 800 free is a combined age group, timed final, deck seeded event. It will be seeded fastest to slowest alternating girl's and boy's heats. Swimmers must positively check-in for the 800 free by 10:00 a.m. on the day they are scheduled to swim the event. Any scratch after positively checking in for the 800 free will result in a \$50 fine payable to Ozark Swimming. Swimmers must provide their own timers (2) and lap-counter. For finals, swimmers only need to provide their own lap-counter. The 800 Free will be scored as 13-14 and 15 & Over.

### **Warm-up Procedures:**

Warm-up procedures will be defined by the Ozark LSC safety regulations. A swimmer attending a meet without a USA-S certified coach must report to the meet referee or meet director prior to warming up for each session in which he is swimming. The swimmer will then be assigned to a coach on deck for each session of the meet that he has entered. The referee or his designee shall instruct the swimmers in the safety rules and assign them to a lane.

Lanes will be assigned.

### **Scratches:**

- Any swimmers NOT reporting for, or competing in, a preliminary heat or individual timed final event (except the 800 Free, 400 Free, and 400 IM after positive check in) shall not be penalized.
- Any swimmer who qualifies for a consolation or championship final in an individual event who then fails to show up for said consolation or championship final event shall be ejected from the remainder of the meet.

### **There will be no penalty for failure to compete in finals if:**

- The referee is notified in the event of illness or injury and accepts proof thereof.
- A swimmer qualifying for a consolation or championship finals swim notifies the referee within thirty (30) minutes after the announcement of the finalist for that event that he/she may not intend to compete and further declares his/her intention within thirty (30) minutes following his last individual preliminary event. This is called a “declaring an intent to scratch”.
- The swimmer “scratches” his or her finals swim within thirty (30) minutes following the announcement of the finalist for that event. The swimmer or coach of that swimmer must report to the announcer in order to “scratch” an event.
- It is determined by the meet referee that failure to compete was caused by circumstances beyond the control of the swimmer.

### **Entry Procedures**

#### **Eligibility:**

All swimmers must be athlete members of USA Swimming as provided in Article 302 of the USA Swimming Rule Book. ‘Applied for’ will not be accepted. On deck registration is not available. Swimmers entered in the meet who do not hold current membership will be dropped from the meet, and entry fees will NOT be refunded. **If a swimmer swims and is not registered, a \$100.00 fine per athlete will be imposed. All swimmers must be a member of Ozark Swimming for this LSC championship. Any swimmer entered in the meet must be certified by a USA Swimming member coach as being proficient in performing a racing start or must start each race from within the water. When unaccompanied by a member-coach, it is the responsibility of the swimmer or the swimmer’s legal guardian to ensure compliance with this request.**

#### **Entry Limit:**

Individual Events: Swimmers may enter a maximum of 7 individual events for the entire meet and can enter no more than 3 individual events per day. Any swimmer who enters more than the prescribed number of events will be scratched down to the event limit starting with the highest event number on that day the over-entry occurs.

**Relay Events:** Each team will be permitted to enter two (2) scoring relays for each relay event. Teams may enter exhibition relays. All exhibition relays are to be entered at “NT”. You may enter “Relay Only” swimmers in the meet to swim on the relays, even if they do not have

individual events, but those swimmers' names must be included with your team's entries and must pay the posted surcharge for entering the meet.

### **Qualifying Times:**

Swimmers must have achieved the BB time standard in each event for which they are entered. Swimmers who only have the short course meter or short course yard cut for an individual event must enter at the short course meter or short course yard time achieved. The meet will be seeded in the following order:

- LCM first seeding priority
- SCM Second seeding priority
- SCY Third seeding priority.

The meet will be seeded in accordance to USA swimming rules (refer to rule 207.12.7).

### **Qualifying Period:**

**The qualifying swims must have occurred between July 26, 2018 and the entry deadline date of July 17, 2019.**

### **Proof of Times:**

The host club will confirm all entry times with the USA Swimming SWIMS database prior to the meet. Entry times must be validated by SWIMS to meet the standard of proof. Any entry time that is not found in SWIMS will be flagged and a report will be emailed to all entry contacts with flagged times prior to the meet. If a swimmer on the report chooses to compete and fails to achieve the BB time standard in a flagged event at the meet, a \$50 fine will be assessed, and the swimmer will be ejected from the remainder of the meet.

### **Entry Fees:**

Individual events = \$5.00

Relay events = \$20.00

Swimmer Surcharge \$18.00

**All entry fee checks should made payable to: ECUSD7 and hand delivered to Bob Rettle, prior to the start of your team's first warm-up!!!!**

### **Submitting:**

Please submit entries in long course meter times. Any entry times for limited events not found in SWIMS must be proven by other means; meet results or TM proof of times from USA Sanctioned meets are sufficient. Refunds for those who do not make the cut in these limited events will be issued to the teams who requested a refund within one week of the meet end. There will be no refunds for illness or weather-related absences. A check for fees and a hard copy of your team entry fees must be received within 7 business days of your acceptance.

Please submit entries to: [edwyswim@yahoo.com](mailto:edwyswim@yahoo.com)

**\*\*Entries must be received by 8:00 p.m. Wednesday July 17th, 2019\*\***

## **Facility Rules**

- 1. Keep all trash picked up and do not block exit doors or aisles.**
- 2. Swimmers, parents, and spectators are not permitted in any unauthorized areas. No coolers are allowed on the pool deck or in spectator seating. We want to make sure all spectators have a place to sit. No chairs are permitted in the spectator area.**
- 3. Upstairs doors leading into the spectator area must remain closed at all times, per Fire Marshall order.**
- 4. “No Smoking” laws are in effect. No smoking or tobacco products are allowed on District 7 property.**
- 5. Cell phones with video and video recording devices are prohibited in all locker rooms and restrooms, and in the starting block area.**
- 6. No photography will be permitted from behind the starting blocks.**

## **Event List**

Thursday

Girls	Event	Boys
1	13 – 14 200 Free Relay	2
3	15 & Over 200 Free Relay	4
	***5 Minute Break***	
5	13 & Over 800 Free	6
	***5 Minute Break***	
7	13 – 14 200 Medley Relay	8
9	15 & Over 200 Medley Relay	10

Friday Prelims AM

11	13-14 200 Free	12
13	15 & Over 200 Free	14
	***10 Minute Break***	
15	13-14 100 Breast	16
17	15 & Over 100 Breast	18
19	13-14 100 Fly	20
21	15 & Over 100 Fly	22
	***10 Minute Break***	
23	13-14 400 IM (top 8 seeds swim in finals)	24
25	15 & Over 400 IM (top 8 seeds swim in finals)	26

Friday PM

Girls	Event	Boys
27	10 & Under 200 Free	28
29	11-12 200 Free	30
	***10 Minute Break***	
31	10 & Under 100 Breast	32
33	11-12 100 Breast	34
35	10 & Under 50 Fly	36
37	11-12 50 Fly	38
	***10 Minute Break***	
39	10 & U 200 Medley Relay	40
41	11 – 12 400 Medley Relay	42

Friday Finals

Girls	Event	Boys
43	11 – 12 200 Free Relay	44
11	13-14 200 Free	12
13	15 & Over 200 Free	14
29	11-12 200 Free	30
	***10 Minute Break***	
15	13-14 100 Breast	16
17	15 & Over 100 Breast	18
33	11-12 100 Breast	34
19	13-14 100 Fly	20
21	15 & Over 100 Fly	22
37	11-12 50 Fly	38
	***10 Minute Break***	
23	13-14 400 IM (top 8 seeds swim in finals)	24
25	15 & Over 400 IM (top 8 seeds swim in finals)	26
	***5 Minute Break***	
45	13 – 14 800 Free Relay	46
47	15 & Over 800 Free Relay	48



Saturday AM

Girls	Event	Boys
49	13-14 200 IM	50
51	15 & Over 200 IM	52
	***10 Minute Break***	
53	13-14 50 Free	54
55	15 & Over 50 Free	56
	***10 Minute Break***	
57	13 – 14 100 Back	58
59	15 & Over 100 Back	60
	***10 Minute Break***	
61	13-14 400 Free (top 8 seeds swim in finals)	62
63	15 & Over 400 Free (top 8 seeds swim in finals)	64

Saturday PM

Girls	Event	Boys
65	11-12 200 IM	66
67	10 & Under 200 IM	68
69	11-12 50 Free	70
71	10 & Under 50 Free	72
	***10 Minute Break***	
73	11 – 12 100 Back	74
75	10 & Under 100 Back	76
	***10 Minute Break***	
77	11-12 400 Free (top 8 seeds swim in finals)	78

Saturday Finals

Girls	Event	Boys
79	11-12 200 Medley Relay	80
49	13-14 200 IM	50
51	15 & Over 200 IM	52
65	11-12 200 IM	66
	***10 Minute Break***	
53	13-14 50 Free	54
55	15 & Over 50 Free	56
69	11-12 50 Free	70
	***10 Minute Break***	
57	13 – 14 100 Back	58
59	15 & Over 100 Back	60
73	11 – 12 100 Back	74
	***10 Minute Break***	
61	13-14 400 Free (top 8 seeds swim in finals)	62
63	15 & Over 400 Free (top 8 seeds swim in finals)	64
77	11-12 400 Free (top 8 seeds swim in finals)	78
81	13 – 14 400 Medley Relay	82
83	15 & O 400 Medley Relay	84

Sunday AM

Girls	Event	Boys
85	13-14 200 Back	86
87	15 & Over 200 Back	88
89	13-14 200 Breast	90
91	15 & Over 200 Breast	92
	***10 Minute Break***	
93	13-14 100 Free	94
95	15 & Over 100 Free	96
	***10 Minute Break***	
97	13-14 200 Fly	98
99	15 & Over 200 Fly	100
	***5 Minute Break***	
101	13-14 400 Free Relay	102
103	15 & Over 400 Free Relay	104

Sunday PM

Girls	Event	Boys
105	11-12 50 Back	106
107	10 & 50 Back	108
	***10 Minute Break***	
109	11-12 50 Breast	110
111	10 & Under 50 Breast	112
	***10 Minute Break***	
113	11-12 100 Free	114
115	10 & Under 100 Free	116
	***10 Minute Break***	
117	11-12 100 Fly	118
119	10 & Under 100 Fly	120
	***5 Minute Break***	
121	11-12 400 Free Relay	122
123	10 & Under 200 Free Relay	124

Sunday Finals

Girls	Event	Boys
105	11-12 50 Back	106
85	13-14 200 Back	86
87	15 & Over 200 Back	88
109	11-12 50 Breast	110
89	13-14 200 Breast	90
91	15 & Over 200 Breast	92
	***10 Minute Break***	
113	11-12 100 Free	114
93	13-14 100 Free	94
95	15 & Over 100 Free	96
	***10 Minute Break***	
117	11-12 100 Fly	118
97	13-14 200 Fly	98
99	15 & Over 200 Fly	100

## Local Hotels Within 5 Minutes of Pool

### Holiday Inn Express & Suites Edwardsville, IL



- Rooms with microwave, mini fridge and Keurig® brewer
- Complimentary hot breakfast
- Complimentary Wi-Fi
- Indoor pool & fitness center
- Nearby walking/biking trails



1000 Plummer Dr, Edwardsville, IL 62025  
618-692-7255  
hiexpress.com/edwardsvilleil  
fb.me/HolidayInnExpressEdwardsvilleIL

### Comfort Inn Edwardsville, IL



- Newly-renovated
- Re-opened April 2017
- Complimentary hot breakfast
- Complimentary Wi-Fi
- Indoor pool & fitness center
- Convenient access to SIUe campus and downtown St. Louis with easy I-270 access



3080 S SR 157, Edwardsville, IL 62025  
618-656-4900  
choicehotels.com/il423  
fb.me/ComfortInnEdwardsville

### Holiday Inn Express Troy, IL



- Rooms with microwave, mini fridge and Keurig® brewer
- Complimentary hot breakfast
- Complimentary Wi-Fi
- Indoor pool & fitness center
- Brand new hotel



2011 Formosa Rd, Troy, IL 62294  
618-667-2301  
hiexpress/troyil  
fb.me/HolidayInnExpressTroyIL

### Towneplace Suites by Marriott Edwardsville, IL



- Spacious suites with full kitchens
- Complimentary hot breakfast
- Complimentary Wi-Fi
- Indoor pool & fitness center
- Extended stay rates



6160 Center Grove Rd, Edwardsville IL  
Pre-Opening 618-692-5298  
OPNING JANUARY 2019

For group rates and availability, please contact our Sales Coordinator, Jasmine Kumar  
at 618-692-5296 or [jkumar@genhotels.com](mailto:jkumar@genhotels.com)