



Edwardsville Swimming

Presents

LONG COURSE KICK OFF

April 12-14, 2019



**Sanction:** Ozark Swimming #Pending

**Host:** Edwardsville Swimming

**Location:** Chuck Fruit Aquatic Center  
6168 Center Grove Rd.  
Edwardsville, IL 62025  
618-407-7665

**Facility**

The pool is an 8 lane, 50 meters in length with 2 movable bulkheads with elevated spectator seating capacity of 499 as well as floor coach/team pool deck seating.

**Meet Director** – Bob Rettle: (618) 407-7665; edwyswim@yahoo.com

**Safety Marshall** – Brooke Osborn: (618) 972-3885; brookelowery@yahoo.com

**Meet Referee** – Brian Perkins: (314) 799-5685; btpqa@aol.com

**Admin Official** – Trish Grant: (618) 570-6117; edwyswim@yahoo.com

**Directions**

From I-255: Take the IL-162 exit, EXIT 29, toward Glen Carbon/Granite City. Merge onto IL-162 toward Glen Carbon. Turn left onto N Bluff Rd/IL-157/IL-162. Continue to follow N Bluff Rd/IL-157. Turn slight right onto S State Route 157/IL-157. Turn right onto Center Grove Rd. Destination is on your Right.

**Parking**

Parking is located in the EHS Sports Complex that houses The Chuck Fruit Aquatic Center.

**Schedule**

	Friday Evening	Saturday/ Sunday Mornings*	Saturday/Sunday Afternoons*
<b>1st Warm-up</b>	4:00 – 4:25 pm	6:30 – 6:55 am	1:00 – 1:25 pm
<b>2nd Warm-up</b>	4:25 – 4:50 pm	6:55 – 7:20 am	1:25 – 1:50 pm
<b>Session Start</b>	5:00 pm	7:30 am	2:00 pm

\* Saturday and Sunday afternoon warm-up start times are an estimate for planning purposes. Actual warm-up start times, along with specific team warm up assignments will be posted one week prior to the meet, once the meet has been seeded and the timelines are set.

**Eligibility**

Open to all registered athlete members of USA Swimming. USA Swimming memberships applied for will **not** be accepted. Swimmers entered in the meet who do not hold current membership will be dropped from the meet, and the entry fees will not be refunded. Additionally, if a swimmer swims and is not registered, a \$100 fine will be imposed. Swimmer’s age on April 12, 2019 determines their age group for the meet.

## **Events**

All events are timed finals. A swimmer may enter four individual events per day. Any swimmer who enters more than the maximum number will be scratched down to the limit, starting with the highest event number on the day the over-entry occurs. Deck entries will be accepted if the meet is not filled on **ONLY** as **NEW ADDITIONS** and **ONLY** to fill empty lanes; **CHANGES WILL NOT BE ACCEPTED**. Entry fee for deck entries are \$10.00 per individual event and \$40.00 per relay.

## **Limited Events**

All of Friday evening events, Saturday's 400 Free, and Sunday's 400 IM will be limited, as described in the meet packet event list. Swimmers not making the cut in the 400 Free or the 400 IM will be notified by e-mail by Friday, April 5<sup>th</sup>, 2019 and allowed to choose another event as described under "Entries". The deadline for choosing another event is Monday, April 8<sup>th</sup>, 2019. If you entered a limited event and do not make the cut, you will remain entered in that event and charged for it, unless you scratch that event by the deadline of Monday, April 8<sup>th</sup>, 2019.

## **Check In**

There will be a positive check in for all limited events. Swimmers who have not checked in 30 minutes prior to the start of the session will not be seeded in those events.

## **Entry Fees**

\$5.00 per individual event with an \$18 Ozark Swimming Surcharge per swimmer.

## **Entries**

Entries will be accepted starting immediately, through **Thursday, April 4<sup>th</sup>, 2019 at 11:59 PM**, or until the meet is filled, as determined by the meet director and meet referee. Please note that the meet may be filled **BEFORE THE DEADLINE DATE**. Please submit entries in long course meter times.

If entering with a non-conforming time, (SCY OR SCM), the swimmer must enter with the time achieved in the nonconforming course. Seeding of all heats will be in the following order: LCM's (Long Course Meters), SCY's (Short Course Yards) then SCM's (Short Course Meters).

Any entry times for limited events not found in SWIMS must be proven by other means; meet results or TM proof of times from USA Sanctioned meets are sufficient. There will be no refunds for illness or weather-related absences. Swimmers not making the cut in the 400 Free or the 400 IM will be notified by e-mail by Friday, April 5<sup>th</sup>, 2019 and allowed to choose another event as described under "Entries". The deadline for choosing another event is Monday, April 8<sup>th</sup>, 2019. E-mail entries only will be accepted. All entries must be in Hy-Tek Team Manager Format. E-mail entries will receive a confirmation that their e-mail was received. If you do not receive a confirmation, please contact Coach Bob at (618) 407-7665. Confirmation does not mean that your entry has been accepted. Teams will be notified of acceptance no later than April 5<sup>th</sup>, 2019. A check for fees and a hard copy of your team entry fees must be received within 7 business days of your acceptance.

## **Entry Deadline – APRIL 4<sup>th</sup>, 2019**

Entries may be accepted after the deadline if the meet is not full. Entry fees must accompany each entry.

## **Make Checks Payable to: ECUSD7**

### **Mail to:**

ECUSD7  
P.O. Box 866  
Edwardsville, IL 62025

## **Awards**

Ribbons: 1st – 16th place  
(12&U events will be scored as 8&U, 9-10, and 11-12; 13&O events will be scored as 13-14 and 15&O)

## **Meet Safety**

In accordance with the recommendations of USA Swimming and Ozark LSC, the CFAC will operate this meet under the guidance of a meet Safety Marshall. Use of audio or visual recording devices, including cell phones, is not permitted in changing areas, restrooms, locker rooms, or behind the starting blocks. NO deck changing is allowed and if caught, will be removed from the rest of the meet and requested to leave the facility.

### Rules

- This meet is being held under the sanction of USA Swimming, and all technical and administrative rules of USA Swimming shall apply. In granting this approval, it is understood and agreed that USA Swimming shall be free and held harmless from any liabilities or claims for damages arising by reason of injuries to anyone during the conduct of the event.
- All swimmers who are not accompanied by a USA Swimming certified coach must report to the meet referee or meet director prior to warming up before each session in which he/she is swimming. The swimmer will be assigned to a coach on deck.
- Coaches must always have their meet and USA credentials while on the pool deck. All coaches must have a current USA Swimming Coaches Card or a current Deck Pass. Coach assistants will not be permitted on the pool deck without the same credentials required of the coaches.
- No parents are permitted on the pool deck unless they are volunteers with appropriate credentials assigned to work that session.
- The only swimsuits permitted are those in compliance with FINA and USA Swimming rules. Changing into or out of swimsuits other than in locker rooms or other designated areas is not permitted.
- Any swimmer entered in the meet must be certified by a USA Swimming member-coach as being proficient in performing racing start or must start each race from within the water. When unaccompanied by a member-coach, it is responsibility of the swimmer or the swimmer's legal guardian to ensure compliance with this requirement.
- **If a swimmer positively checks in for a limited event and does not swim the event, they will be disqualified from their next event.**

### Facility Rules

1. Keep all trash picked up and do not block exit doors or aisles.
2. Swimmers, parents, and spectators are not permitted in any unauthorized areas. No Coolers are allowed on the pool deck or in spectator seating. We want to make sure all spectators have a place to sit.
3. "No Smoking" laws are in effect. No smoking or tobacco products are allowed on District 7 property.
4. Cell phones with video and video recording devices are prohibited in all locker rooms and restrooms, and in the starting block area.
5. No photography will be permitted from behind the starting blocks.
6. The upstairs doors, leading into the spectator area, must ALWAYS be closed, per Fire Marshal order.

### Concessions

Food and drink will be available for purchase throughout the meet.

### Vendor

B&B Aquatics will be available throughout the meet.

Northwest Designs will provide t-shirts.

### Hotel Accommodations

Hotels below are within 15 minutes or less of the pool. Contact the hotels directly for rates and availability.

Holiday Inn Express & Suites  
Edwardsville, IL



- Rooms with microwave, mini fridge and Keurig® brewer
- Complimentary hot breakfast
- Complimentary Wi-Fi
- Indoor pool & fitness center
- Nearby walking/biking trails



1000 Plummer Dr, Edwardsville, IL 62025  
618-692-7255  
[hiexpress.com/edwardsvilleil](http://hiexpress.com/edwardsvilleil)  
[fb.me/HolidayInnExpressEdwardsvilleIL](https://fb.me/HolidayInnExpressEdwardsvilleIL)

Comfort Inn  
Edwardsville, IL



- Newly-renovated
- Re-opened April 2017
- Complimentary hot breakfast
- Complimentary Wi-Fi
- Indoor pool & fitness center
- Convenient access to SIU campus and downtown St. Louis with easy I-270 access



3080 S SR 157, Edwardsville, IL 62025  
618-656-4900  
[choicehotels.com/il423](http://choicehotels.com/il423)  
[fb.me/ComfortInnEdwardsville](https://fb.me/ComfortInnEdwardsville)

Holiday Inn Express  
Troy, IL



- Rooms with microwave, mini fridge and Keurig® brewer
- Complimentary hot breakfast
- Complimentary Wi-Fi
- Indoor pool & fitness center
- Brand new hotel



2011 Formosa Rd, Troy, IL 62294  
618-667-2301  
[hiexpress/troyil](http://hiexpress/troyil)  
[fb.me/HolidayInnExpressTroyIL](https://fb.me/HolidayInnExpressTroyIL)

Towneplace Suites by Marriott  
Edwardsville, IL



- Spacious suites with full kitchens
- Complimentary hot breakfast
- Complimentary Wi-Fi
- Indoor pool & fitness center
- Extended stay rates

**TOWNEPLACE**  
**SUITES**®  
MARRIOTT

6160 Center Grove Rd, Edwardsville IL  
Pre-Opening 618-692-5298  
OPNING JANUARY 2019

For group rates and availability, please contact our Sales Coordinator, Jasmine Kumar  
at 618-692-5296 or [jkumar@genhotels.com](mailto:jkumar@genhotels.com)

Friday Evening		
Girls	Event	Boys
101	13-14 200 IM*	102
103	15 & O 200 IM *	104
105	10 & U 200 IM*	106
107	11-12 200 IM*	108
109	13-14 200 Free*	110
111	15 & O 200 Free*	112
113	10 & U 200 Free*	114
115	11-12 200 Free*	116

Saturday Morning		
Girls	Event	Boys
201	13 & O 100 Fly	202
203	13 & O 200 Breast	204
205	13 & O 100 Free	206
207	13 & O 100 Back	208
209	13 & O 200 Free Relay	210
211	13-14 400 IM*	212
213	15 & O 400 IM*	214

Saturday Afternoon		
Girls	Event	Boys
301	12 & U 100 Breast	302
303	12 & U 50 Back	304
305	12 & U 50 Fly	306
307	12 & U 100 Free	308
309	12 & U 200 Free Relay	310

#### Saturday Evening

401	12 & U 400 Free*	402
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Sunday Morning		
Girls	Event	Boys
501	13 & O 100 Breast	502
503	13 & O 200 Fly	504
505	13 & O 50 Free	506
507	13 & O 200 Back	508
509	13 & O 200 Medley Relay	510
511	13-14 400 Free*	512
513	15 & O 400 Free*	514

Sunday Afternoon		
Girls	Event	Boys
601	12 & U 100 Fly	602
603	12 & U 50 Breast	604
605	12 & U 50 Free	606
607	12 & U 100 Back	608
609	12 & U 200 Medley Relay	610

*\* These events are limited to top 24 swimmers.  
Positive check-in required.*

10 minute warm up/down breaks will be after events: 108, 204, 208, 304, 308, 504, 508, 604, and 608