



CSP TIDERIDERS™  
SPRINT YOUR OWN AGE MEET  
October 19<sup>th</sup>, 2019

HELD UNDER the Sanction of USA SWIMMING AND OZARK SANCTION #

In granting this approval, it is understood and agreed that USA Swimming shall be free and held harmless from any liabilities or claims for damages arising by reason of injuries to anyone during the conduct of the event.

LOCATION: Pattonville High School, 2497 Creve Coeur Mill Road, St. Louis, MO 63043

FACILITY: The pool is 11 lanes, 25 yards, equipped with Kiefer-McNeil starting blocks, Kiefer-McNeil wave eater, non-turbulent lane markers & Daktronics Timing System and Dolphin Wireless Stopwatch Timing System. The minimum depth of the competition pool at the start is 6' and at the turn end is 6'. The competition course has not been certified in accordance with 104.2.2C(4). THIS IS A NO SMOKING FACILITY.

MEET DIRECTORS: Amanda Dieckhaus 913-908-8382 or [adieckhaus@msn.com](mailto:adieckhaus@msn.com)

MEET REFEREE: Kim Weiss 636-244-0832 or [weiss5218@charter.net](mailto:weiss5218@charter.net)

Teams participating in the meet should provide officials. Please contact Kim Weiss if you are able to work.

SAFETY MARSHALL: Chris McCrary

ADMIN. OFFICIAL: Terry Varney Freerks 314-727-7946 or [tvf@cspswim.com](mailto:tvf@cspswim.com)

WARM-UPS: Warm-up: 11 & Overs 7:30 – 7:55 AM Session I  
7:55 – 8:20 AM Session II  
Meet Starts: 8:30 AM  
10 & Unders 12:00 – 12:25 PM Session I  
12:25 – 12:50 PM Session II  
Meet Starts: 1:00 PM

Warm-up lanes will be assigned. Warm-up procedure will be as defined by Ozark LSC safety regulations. A swimmer attending the meet without a USA-S certified coach must report to the meet referee or meet director prior to warming up for each session in which he/she is swimming. The swimmer will then be assigned to a coach on deck for each session of the meet that he/she has entered. The meet referee or his designee shall instruct the swimmer in the safety rules for the meet and assign them to warm-up lanes.

ELIGIBILITY: All swimmers must be athlete members of USA Swimming at the time of meet entry. "Applied for" will not be accepted. Swimmers entered in the meet who do not hold current membership will be dropped from the meet and their entry fees will not be refunded. Swimmer's age on the first day of the meet Saturday, October 19, 2019 determines age for the meet. Failure to provide the required proof will result in the team not being entered in the meet. Any swimmer (and or the team) found not having current USA Swimming membership who swims in an Ozark sanctioned meet is subject to a \$100.00 fine per athlete. Any swimmer entered in the meet must be certified by a USA Swimming member coach as being proficient in performing a racing start or must start each race from within the water. When unaccompanied by a member coach, it is the responsibility of the swimmer or the swimmer's legal guardian to ensure compliance with this request.



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- ENTRIES:** The host team reserves the right to limit the meet to the first 300 for the AM session and 300 swimmers in the PM session. No team entry will be split. Swimmers may swim up to four (4) individual events. Entries should be submitted via email or on a HY-TEK COMM LINK 3.5 DISK. Telephone/fax entries will not be accepted. All entries must be received by the entry deadline. Please enter in yards times only. **DECK ENTRIES WILL NOT BE ACCEPTED.**
- DEADLINE:** Entries will be accepted beginning at 9:00 AM on Wednesday, October 2<sup>nd</sup>, 2019. Entry deadline is 3:00 PM, Friday, October 4<sup>th</sup>, 2019. Email entries to: [meetentry@cspswim.com](mailto:meetentry@cspswim.com). Hard copy with check payable to CSP Tideriders and Entry Summary Release Form must be received 7 days after email confirmation that your entry has been accepted. **All times may be updated until 3:00 PM, Monday, October 14<sup>th</sup>, 2019.**
- Mark Imig  
Entry Chair CSP Tideriders  
2627 Hope Avenue  
St. Louis, MO 63143
- FEES:** Individual Events: \$5.00 per event  
Relays: \$10 per relay  
Surcharge: \$10.00 per individual swimmer
- MEET SAFETY:** In accordance with the recommendations of USA Swimming and Ozark LSC, the CSP Tideriders will operate this meet under the guidance of a meet Safety Marshall. Use of audio or visual recording devices, including a cell phone, is not permitted in changing areas, restrooms, or locker rooms.
- MEET INFO:** Make sure to have your families check the meet information section of our website, at [www.cspswim.com](http://www.cspswim.com) in case of any changes due to weather and for any other updates that may apply.
- RULES:** Held under the sanction of USA Swimming. All technical and administrative rules of USA Swimming/Ozark will apply. Except where venue facilities require otherwise, changing into or out of swimsuits other than in locker rooms or other designated areas is not appropriate and is strongly discouraged. All swimmers will compete with contestants of their own age only.
- AGE GROUPS:** All swimmers will compete with contestants of their own age only.  
15 – 18, 14, 13, 12, 11 will in the morning and 10, 9, 8, 7 & 6 year olds swim in the afternoon.  
Age as of Saturday, October 20, 2018 will determine eligibility for meet all age categories.
- EVENTS:** Enter swimmers at fastest yard times. With the exception of the IM's, NT will be accepted. All swimmers entered in the IM event must meet the entry time.
- AWARDS:** Individual events: 1<sup>st</sup> - 16<sup>th</sup> (Ribbons) for 12 & Unders  
Individual events: 1<sup>st</sup> – 8<sup>th</sup> (Ribbons) for 13 & Overs  
Relay events: 1<sup>st</sup> – 3<sup>rd</sup> (Ribbons)
- BULLPEN:** All events will be called in the gym. Coaches are asked to observe space limitations on the deck and keep their swimmers in the gym. **SPECTATORS ARE NOT ALLOWED ON THE POOL DECK.**
- CONDUCT:** No food or drinks are allowed in the gymnasium.
- HOSPITALITY:** There will be a hospitality area for officials and coaches.
- COACHES:** Only 2018 certified USA Swimming coaches will be permitted on the pool deck.  
USA Swimming Coach's cards may be checked by the meet referee.
- VENDOR:** B & B Aquatics will be selling swimming apparel during the meet. Concessions will be available.



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Saturday AM Session

Girls	Qualifying Times	Event	Qualifying Times	Boys
1		15 – 18 200 MEDLEY RELAY		2
3		13 – 14 200 MEDLEY RELAY		4
5		11 – 12 200 MEDLEY RELAY		6
7	1:24.39	15 – 18 YEAR OLD 100 IM	1:20.89	8
9	1:24.39	14 YEAR OLD 100 IM	1:20.89	10
11	1:24.39	13 YEAR OLD 100 IM	1:20.89	12
13	1:24.39	12 YEAR OLD 100 IM	1:20.89	14
15	1:24.39	11 YEAR OLD 100 IM	1:20.89	16
17	NT	15 – 18 YEAR OLD 50 FLY	NT	18
19	NT	14 YEAR OLD 50 FLY	NT	20
21	NT	13 YEAR OLD 50 FLY	NT	22
23	NT	12 YEAR OLD 50 FLY	NT	24
25	NT	11 YEAR OLD 50 FLY	NT	26
27	NT	15 – 18 YEAR OLD 50 BACK	NT	28
29	NT	14 YEAR OLD 50 BACK	NT	30
31	NT	13 YEAR OLD 50 BACK	NT	32
33	NT	12 YEAR OLD 50 BACK	NT	34
35	NT	11 YEAR OLD 50 BACK	NT	36
37	NT	15 – 18 YEAR OLD 50 BREAST	NT	38
39	NT	14 YEAR OLD 50 BREAST	NT	40
41	NT	13 YEAR OLD 50 BREAST	NT	42
43	NT	12 YEAR OLD 50 BREAST	NT	44
45	NT	11 YEAR OLD 50 BREAST	NT	46
47	NT	15 – 18 YEAR OLD 50 FREE	NT	48
49	NT	14 YEAR OLD 50 FREE	NT	50
51	NT	13 YEAR OLD 50 FREE	NT	52
53	NT	12 YEAR OLD 50 FREE	NT	54
55	NT	11 YEAR OLD 50 FREE	NT	56
57		15 – 18 200 FREE RELAY		58
59		13 – 14 200 FREE RELAY		60
61		11 – 12 200 FREE RELAY		62

Saturday PM Session

63	1:42.59	10 YEAR OLD 100 IM	1:39.39	64
65	1:42.59	9 YEAR OLD 100 IM	1:39.39	66
67	NT	8 YEAR OLD 25 FLY	NT	68
69	NT	7 YEAR OLD 25 FLY	NT	70
71	NT	6 AND UNDER 25 FLY	NT	72
73	NT	10 YEAR OLD 50 FLY	NT	74
75	NT	9 YEAR OLD 50 FLY	NT	76
77	NT	8 YEAR OLD 25 BACK	NT	78
79	NT	7 YEAR OLD 25 BACK	NT	80
81	NT	6 & UNDER 25 BACK	NT	82
83	NT	10 YEAR OLD 50 BACK	NT	84
85	NT	9 YEAR OLD 50 BACK	NT	86
87	NT	8 YEAR OLD 25 BREAST	NT	88
89	NT	7 YEAR OLD 25 BREAST	NT	90
91	NT	6 & UNDER 25 BREAST	NT	92
93	NT	10 YEAR OLD 50 BREAST	NT	94
95	NT	9 YEAR OLD 50 BREAST	NT	96
97	NT	8 YEAR OLD 25 FREE	NT	98
99	NT	7 YEAR OLD 25 FREE	NT	100
101	NT	6 & UNDER 25 FREE	NT	102
103	NT	10 YEAR OLD 50 FREE	NT	104
105	NT	9 YEAR OLD 50 FREE	NT	106



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## Entry Summary and Release Form

This form is part of your entry and must be signed and returned for your entry to be accepted.

Club: \_\_\_\_\_ Code: \_\_\_\_\_ LSC \_\_\_\_\_

Address: \_\_\_\_\_

City: \_\_\_\_\_ State: \_\_\_\_\_ Zip: \_\_\_\_\_

Head Coach: \_\_\_\_\_

Phone: \_\_\_\_\_ Email: \_\_\_\_\_

Entry Contact: \_\_\_\_\_

Phone: \_\_\_\_\_ Email: \_\_\_\_\_

Number of Coaches attending: \_\_\_\_\_

### Entry Summary

Number of Swimmers entered \_\_\_\_\_ x \$10.00 = \_\_\_\_\_

Number of Individual Events \_\_\_\_\_ x \$5.00 = \_\_\_\_\_

Number of Relay Events \_\_\_\_\_ x \$10.00 = \_\_\_\_\_

Total Enclosed = \_\_\_\_\_

Make your check payable to **CSP Tideriders** and mail to:

2627 Hope Avenue

St Louis, MO 63143

Along with your check please include this Entry Summary/Release form.

### RELEASE

CSP Tideriders Swimming Team, USA Swimming, and Ozark Swimming, Pattonville High School shall be held harmless for any and all liabilities or claims for damages arising by reasons of injuries to anyone during the conduct of the meet.

I certify that all individuals in the submitted entry files are registered athlete members of USA Swimming, and are eligible to participate in this event. I further certify that proper registrations applications and fees have been submitted for entrants prior to completing this form and to the entry deadline.

Signature: \_\_\_\_\_ Title: \_\_\_\_\_ Date: \_\_\_\_\_